

Baltimore County Department of Aging and  
Baltimore City Health Department, Division of Aging and CARE Services

# COMMUNITY RESOURCES

## 2015



Travel Volunteer Opportunities Hearing Resources Dental Services Education  
In-Home Lab Services Pharmacy Apartments for Seniors Physicians Medicare  
Assisted Living **Guiding Your Path in the Region** Dental Services  
Senior Centers Advocacy Medicaid Home and Community Based Programs  
Hospital Financial Live-In-Caregivers Hearing Services Vision Services Travel

*Serving Older Adults, Baby Boomers, Families, Caregivers,  
Persons with Disabilities and Professionals*



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611 Central Avenue,  
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Towson, MD 21204  
410-887-2594

[www.baltimorecountymd.gov](http://www.baltimorecountymd.gov)

E-mail: [aginginfo@baltimorecountymd.gov](mailto:aginginfo@baltimorecountymd.gov)



County Executive Kevin Kamenetz  
and the County Council



Mayor Stephanie Rawlings-Blake  
and the City Council



**MARYLAND ACCESS POINT**  
YOUR LINK TO HEALTH & SUPPORT SERVICES  
[www.marylandaccesspoint.info](http://www.marylandaccesspoint.info)

**1-844-MAP LINK**



**MAP (Baltimore City)**

417 E. Fayette Street  
Sixth Floor  
Baltimore, MD 21202  
410-396-2273

[www.baltimorecity.gov](http://www.baltimorecity.gov)

[www.health.baltimorecity.gov](http://www.health.baltimorecity.gov)

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## MESSAGE FROM THE BALTIMORE COUNTY EXECUTIVE

It is my pleasure to introduce *Community Resources 2015* to Baltimore's citizens. We take pride in knowing that the 18th edition of *Community Resources* provides Baltimore's communities with information on the services and resources that support our families, loved ones and friends. This edition of *Community Resources* marks the third year that Baltimore County and Baltimore City Governments have partnered to create a regional resource directory to serve all of Baltimore's citizens.

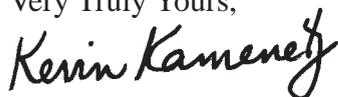
Seventy-five thousand complimentary copies of *Community Resources* will be circulated throughout Baltimore during 2015, and Baltimore County Government is particularly pleased to offer an online edition at [www.baltimorecountymd.gov/communityresources](http://www.baltimorecountymd.gov/communityresources).

We believe this directory provides one-stop shopping for every member of your community. The publication's content is as diverse as the needs of our residents. Please take a few moments to review the wide range of services and programs serving our citizens through Baltimore County Government.

*Community Resources* is a revenue-producing publication that helps support volunteerism in the County and is produced at no cost to Baltimore County Government.

Thank you for using *Community Resources 2015*. I hope you and your family will use the directory to explore all of the resources and services that Baltimore County and Baltimore City have to offer.

Very Truly Yours,



Kevin Kamenetz  
Baltimore County Executive



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[www.baltimorecountymd.gov/agencies/aging/commission.html](http://www.baltimorecountymd.gov/agencies/aging/commission.html)

## MESSAGE FROM THE BALTIMORE COUNTY COUNCIL



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[www.baltimorecountymd.gov/countycouncil](http://www.baltimorecountymd.gov/countycouncil)

*Community Resources 2015*, an annual publication of Baltimore County Government, celebrates its 18th year of providing a complimentary consumer directory to Baltimore communities. For the third year, we are pleased to welcome Baltimore City Government as a partner in order to offer one regional resource directory which combines both County and City resources and information.

The newest edition of *Community Resources* contains the most current information to support a range of activities and services. Upon reviewing the directory, please take note of the array of government services, non-profits and business partnership listings. We ask that you use and recommend *Community Resources* frequently by supporting the circulation of 75,000 copies in the Baltimore region.

We are proud to say *Community Resources* is created each year at no cost to Baltimore County citizens. Educate yourself, loved ones and friends with *Community Resources 2015*.

Yours Very Truly,

The Members of the  
Baltimore County Council

## Elder Abuse is a Crying Shame



[www.bcpl.info/stopelderabuse](http://www.bcpl.info/stopelderabuse)

**Baltimore County Restoring Elder Safety Today**

## MESSAGE FROM THE DIRECTOR

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It is my pleasure to introduce Baltimore County Department of Aging's (BCDA) 18th edition of *Community Resources 2015*; an annual resource directory serving older adults, baby boomers, caregivers, families, adults with disabilities and professionals. For the third year, this respected publication represents an important collaboration with Baltimore City Government in order to provide one informational resource for both Baltimore County and City residents. Our valued partnership forges an exciting opportunity to enrich the directory's content while expanding the publication's distribution through a regional outreach.

The content of *Community Resources* includes the most current information available for all citizens. As a Maryland Access Point site, particular emphasis has been placed on expanding the publication's resources to support persons with disabilities. The directory's content includes government, non-profit and business listings. Readers will also notice blue highlighted listings throughout the directory. These highlighted listings represent sponsors of the directory. By sponsoring this publication, businesses and non-profits are supporting the mission of BCDA. To learn more about powerful sponsorship and or advertising opportunities at the BCDA, please phone 410-887-2012.

*Community Resources* will be distributed in senior centers, libraries, hospitals, government agencies, doctor's offices, community associations, senior housing, faith communities, business partners, professional conferences, nutrition sites/services, outreach events and more. Also available online at [www.baltimorecountymd.gov/communityresources](http://www.baltimorecountymd.gov/communityresources), this resource is available 24/7 to support Internet-savvy clients, professionals and long-distance caregivers.

Creating a foundation for informed decision-making relies on consumer education. We believe *Community Resources* helps to provide the foundation that supports



Baltimore area communities. Whether you are searching for an assisted living or determining where to exercise, this publication contains the resources for living life to the fullest. Help educate and empower your family, friends and community by using *Community Resources* to guide your path to resources in the Baltimore region. Enjoy!

Sincerely,

A handwritten signature in black ink that reads "Joanne E. Williams". The signature is written in a cursive style.

Joanne E. Williams, Director  
Baltimore County Department of Aging

### **BALTIMORE COUNTY DEPARTMENT OF AGING MISSION STATEMENT**

*The Baltimore County  
Department of Aging  
strengthens lives by  
connecting individuals  
to community resources,  
programs and services.*

## MESSAGE FROM THE BALTIMORE CITY MAYOR



### BALTIMORE CITY HEALTH DEPARTMENT, DIVISION OF AGING AND CARE SERVICES COMMISSION ON AGING

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MSW, M.Ed., Ph.D

Joseph Zebley III, M.D., FAAFP

As a service to the citizens of Baltimore City, I am pleased to introduce the third edition of the *Community Resource Directory*. In partnership with Baltimore County, we are publishing the 2015 *Community Resource Directory* as a guide to help educate consumers about resources, programs and services.

The last two publications reflected a comprehensive collage of information regarding services for older adults and persons with disabilities in Baltimore City and Baltimore County. As with the previous editions, we will provide information regarding long term support programs and benefits. With this guide, city residents will be linked to needed public and private community services to promote independent community living. We strongly believe that information is knowledge, and knowledge is power.

If you do not find what you need in this guide and need answers about other resources, please do not hesitate to contact the Baltimore City Health Department, Division of Aging and CARE Services, Maryland Access Point at 410-396-2273.

Sincerely,

A handwritten signature in black ink that reads "Stephanie Rawlings-Blake". The signature is fluid and cursive, with the first name and last name clearly legible.

Stephanie Rawlings-Blake  
Mayor  
Baltimore City



STEPHANIE RAWLINGS-BLAKE  
Mayor  
250 City Hall, 100 North Holliday Street  
Baltimore, Maryland 21202

# MESSAGE FROM THE BALTIMORE CITY COUNCIL

Dear Friends,

The City of Baltimore is thrilled to partner with the Baltimore County Department of Aging to publish a complete directory of programs and services for older adults and people with disabilities in the Baltimore area. Maryland Access Point is an exciting publication that makes it easy to find helpful resources in the region.

Baltimore City is constantly looking for ways to foster innovative partnerships and develop creative solutions that improve the quality of life for our residents. With the help of the Baltimore County Department of Aging and dozens of other agencies in both jurisdictions, we've made another stride toward making government work more effectively and efficiently.

Please feel free to contact the Baltimore City Health Department, Division of Aging and CARE Services, Maryland Access Point at 410-396-2273 if you have suggestions or questions about the directory or available services.

Sincerely,



Bernard C. "Jack" Young  
President Baltimore City Council



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[www.baltimorecitycouncil.com](http://www.baltimorecitycouncil.com)



## MESSAGE FROM THE BALTIMORE CITY DIVISION OF AGING AND CARE SERVICES DEPUTY COMMISSIONER

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### Greetings,

It gives me great pleasure to welcome Baltimore City's Commissioner of Health, Dr. Leana Wen, a public health leader and advocate. We look forward to her leadership and expertise in the areas of nutrition, fall prevention, care of older adults and other health care issues.

As Deputy Commissioner for the Baltimore City Health Department's Division of Aging and CARE Services, and also as a recent appointee to the Mayor's Cabinet for the City of Baltimore, I am also proud to endorse the third edition of the Regional Resource Directory. In partnership with Baltimore County Department of Aging, this publication has a rich collection of city and county agencies and organizations that provide support and services to older adults, caregivers, and persons with disabilities.

The Division of Aging and CARE Services serve as the Maryland Access Point (MAP) site. It is imperative that information about resources and programs be made available to consumers. This directory will be a "hands on" guide for persons who may need various support and services to allow individuals to remain at home and plan for future needs.

Our office will distribute approximately 25,000 free copies throughout the city. Please feel free to contact the MAP office at 410-396-2273 to request your individual copy or copies for your organization.

Sincerely,

A handwritten signature in black ink that reads 'Arnold Eppel'.

Arnold Eppel, MA  
Deputy Commissioner





Project DOCS, “Doctors Offering Caregiver Support” is an initiative of the Baltimore County Department of Aging (BCDA) in partnership with physicians and area hospitals. The goal of Project DOCS is to provide literature about the many services available for older adults. Participating physicians and hospitals have brochure racks in their waiting areas that provide valuable information about services and programs.

Charter Member of Project DOCS:  
**Greater Baltimore Medical Center**

BCDA invites physicians in private practice the option of providing *Community Resources 2015* to their patients and families. To make arrangements for delivery, please contact the BCDA at 410-887-2012.

If you are a family caregiver for an older loved one and would like to learn about available resources, call the Baltimore County Department of Aging - Caregivers Program at 410-887-4724.

## USING COMMUNITY RESOURCES 2015

Every effort has been made to assure that the entries in *Community Resources 2015* are accurate and up-to-date. We strongly urge you to make use of the Internet in obtaining additional information about the resources in this publication.

This directory has been developed for use by the public. As such, we encourage you to copy and share the publication with others. If additional copies are needed, or if the directory is needed in an alternative format, contact the Office of Communications at 410-887-2012, or by e-mail at [dorlove@baltimorecountymd.gov](mailto:dorlove@baltimorecountymd.gov).

### DISCLAIMER

The listings or omissions of individuals, businesses and organizations in this directory does not constitute an endorsement, recommendation, or guarantee regarding their services or products. No liability may inure to Baltimore County, the Baltimore County Department of Aging, its agents, employees or directors, as a result of goods or services provided by individuals, businesses or organizations in this directory.

The listings or omissions of Medicare Prescription Drug Plans, including but not limited to information regarding their charges, drug coverage or formulary lists in this directory does not constitute an endorsement, recommendation, or guarantee regarding their services or products. No liability may inure to Baltimore County, the Baltimore County Department of Aging, its agents, employees or directors, as a result of goods, information or services provided by any individual, business or organization listed in this directory.

*Community Resources 2015* is available in alternative formats upon request.

## ACKNOWLEDGEMENTS

*Community Resources 2015* is an annual directory which is published by the Baltimore County Department of Aging (BCDA). We are pleased to partner with Baltimore City Government for the third consecutive year. BCDA’s partnership with Baltimore City Government creates a unique opportunity to expand the publication’s content with City services, programs and listings. As a result, *Community Resources 2015* serves as a regional publication in scope and distribution to educate Baltimore communities. With that said, it is with gratitude that the following committed leadership and team members are recognized for their many contributions to the continued development and enhancement of this well-respected publication.

Special thanks to Baltimore County Executive Kevin Kamenetz, the Baltimore County Council and the Baltimore County Commission on Aging. Special thanks to Mayor Stephanie Rawlings-Blake, the Baltimore City Council and the Baltimore City Commissioner of Health, Dr. Leana Wen.

Thank you to Joanne Williams, Director of the Baltimore County Department of Aging, for her support and commitment to public-private partnerships and consumer empowerment through education, and Laura Riley, Deputy Director, for her continued support of this publication. Special acknowledgment is made to the many advertisers in the directory who are noted with blue highlighted listings or larger ads which can be seen throughout the publication.

It is with gratitude that the following team members of the BCDA receive special recognition for their contribution to *Community Resources 2015*: Joe Barrett, Rekha Bhawe, Tom Buckmeier, Peggy Dryden, Michele Kehl, Peggy Miller, Mary Pivawer, MSW, Ethel Rasmussen, MA, Jillian Roberts, Andrea Rubin, PhD and Lynn Wenzl. In Baltimore City, a special thank you to Arnold Eppel, MA, Deputy Commissioner, Baltimore City Health Department, Division of Aging and CARE Services as well as his team: Samantha Gardiner, Uprenia Willis and Thelma Winn.

With pleasure, Baltimore County and Baltimore City Governments jointly present *Community Resources 2015* – guiding your path in the region.

Debbie Orlove, MA, Program Manager  
Baltimore County Department of Aging

# Baltimore County Government Services

www.baltimorecountymd.gov • www.baltimorecountymd.gov/aging

► **ADA COORDINATOR**  
410-887-3580

► **ADMINISTRATIVE OFFICE**

410-887-2460

► **AGING, DEPARTMENT OF**

For a description of Baltimore County Department of Aging services, see Summary of Services.

**Director**

410-887-2109

**Deputy Director**

410-887-2109

**Baby Boomer/Senior Expo**

410-887-2012

**Caregiver Program**

410-887-4724

**Center Connection Program**

410-887-2970

**Communications, Office of**

410-887-2379

**Community Resources 2016**

410-887-2012

**Guardianship**

410-887-5793

**Health Programming**

410-887-3423

**Home Team**

410-887-4141

**Loan Closet**

410-887-2594

**Maryland Access Point (MAP) of Baltimore County**

410-887-2594

**Nursing Home Ombudsman**

410-887-4200

**Nutrition Services**

410-887-3052

**Outreach Casework Services**

410-887-2050

**Senior Box Office**

410-887-5399

**Senior Centers**

410-887-2040

(See individual center listings in Senior Centers and Fitness Centers)

**Senior Digest**

410-887-3050

**Senior Employment**

410-887-4006

**Transportation/CountyRide**

410-887-2080

**Volunteer Services**

410-887-2715

► **BUDGET AND FINANCE, OFFICE OF**  
410-887-3313

► **CIRCUIT COURT, COURT ADMINISTRATOR'S OFFICE**

410-887-2687

► **CODE ENFORCEMENT**

410-887-3351

Inspects properties for livability code.

► **COMMUNITY COLLEGE OF BALTIMORE COUNTY (CCBC)**

443-840-4099

Campuses at Catonsville, Essex and Dundalk with satellite locations in Hunt Valley and Owings Mills.

► **COUNTY COUNCIL**

410-887-3196

► **DISABILITIES, COMMISSION ON**

410-887-3580

► **ECONOMIC DEVELOPMENT, DEPARTMENT OF**

410-887-8000

► **ELECTIONS, BOARD OF SUPERVISORS OF**

410-887-5700

► **ENVIRONMENTAL PROTECTION AND SUSTAINABILITY**

410-887-3733

► **EXECUTIVE OFFICE**

410-887-2450

► **FIRE DEPARTMENT**

Emergencies: 911

Non-Emergencies:

410-887-4500

► **HEALTH, DEPARTMENT OF**

(See also Health Clinics for additional resources.)

**AIDS Counseling and Information Line**

410-887-2437

**AIDS/HIV - Housing**

**Opportunities for People with AIDS (HOPWA)**

410-887-5918

**Adult Evaluation and Review Services**

410-887-2754

**Animal Control**

410-887-5961



**Behavioral Health**

410-887-3828

**Bureau of Clinical Services**

410-887-2705

**Cancer Screening (Breast and Cervical)**

410-887-3432

**Communicable Disease Control**

410-887-2724

**Dentistry-Dental Access/ Dental Referral Program**

410-887-2780

**Developmental Disabilities**

410-887-2720

**Health Care Access**

410-887-5918

**Home Health/Home Care Program**

410-887-2725

**Medical Assistance**

**Personal Care Program**

410-887-3485

**Sexually Transmitted Disease Control**

410-887-2724

**TB Control**

410-887-2711

► **HEALTH, DEPARTMENT OF - PUBLIC HEALTH CENTERS**

(See also Health Clinics for additional resources.)

**Baltimore Highlands**

**Lansdowne Health Center**

410-887-1003

**Dundalk Health Center**

410-887-7182

**Eastern Family Resource Center**

410-887-0400

**Essex Health Center**

410-887-0246

**Hannah More Center**

410-887-1152

**Liberty Family Resource Center**

410-887-0607

**Woodlawn Health Center**

410-887-1332

► **HUMAN RESOURCES OFFICE**

410-887-3135

► **HUMAN RELATIONS COMMISSION**

410-887-5917

► **INFORMATION SERVICES**

**Baltimore County Government/Directory Assistance**

410-887-0000

Telephone numbers for county agencies and staff.

**Circuit Court Information Desk**

410-887-2139

Information regarding court proceedings.

**Maryland Access Point (MAP) of Baltimore County, Department Of Aging**

410-887-2594

Information and referrals for older adults, baby boomers, family members, caregivers, persons with disabilities and professionals. Provides access to language interpreter service.

► **LAW OFFICE**

410-887-4420

► **LIBRARY SYSTEM**

410-887-6100

# Baltimore County Government Services

[www.baltimorecountymd.gov](http://www.baltimorecountymd.gov) [www.baltimorecountymd.gov/aging](http://www.baltimorecountymd.gov/aging)

► **OFFICE OF ADMINISTRATIVE HEARINGS**  
410-887-3868

► **ORPHANS COURT**  
410-887-6516  
Information on the administration of estates of deceased persons.

► **PAROLE AND PROBATION, DIVISION OF**  
410-832-2200

► **PERMITS, APPROVALS AND INSPECTIONS, DEPARTMENT OF**  
410-887-3353

► **PLANNING, DEPARTMENT OF**  
410-887-3211

► **POLICE DEPARTMENT**  
Emergencies: **911**  
Non Emergencies:  
410-887-2222

**General Information/ Referral:**  
410-887-2214

► **PUBLIC SCHOOLS**  
410-887-5555

► **PUBLIC WORKS, DEPARTMENT OF**  
410-887-3300

► **RECREATION AND PARKS, DEPARTMENT OF**  
410-887-3871

► **REGISTER OF WILLS**  
410-887-6680

► **SHERIFF'S OFFICE**  
410-887-3151

► **SOCIAL SERVICES, DEPARTMENT OF**  
(See also Financial Assistance for phone numbers and addresses of district offices.)

**General Information**  
410-853-3000

► **STATE'S ATTORNEY, OFFICE OF**  
410-887-6600



► **TAXPAYER SERVICES**  
410-887-2403

► **UNIVERSITY OF MARYLAND EXTENSION, BALTIMORE COUNTY OFFICE**  
410-771-1761

► **WOMEN, COMMISSION FOR**  
410-887-3448



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- Family Caregiver Workshops
- Alzheimer's and Dementia Training

*Skilled Nursing Services*

**RNs, LPNs**

- Wound Care
- Diabetic Care
- Medication Administration

**GNAs, CNAs**

- Activities of Daily Living Bathing, Dressing, Feeding
- Hospice and End-of-Life Support
- Alzheimer's and Dementia Care

*Non-Skilled Services*

**CNAs**

- Instrumental Activities of Daily Living
- Meal Preparation
- Personal Errands
- Light Housekeeping
- Transportation



1946 1947 1948 1949 1950 1951 1952 1953 1954  
 1955 1956 1957 1958 1959 1960 1961 1962 1963 1964

# THE BOOMER LIST

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► **BALTIMORE CITY 311**  
One Call Center, 24/7 inbound calls and dispatch operation (non-emergency calls)  
► **BOARD OF ELECTION SUPERVISORS**  
410-396-5550/ 5580  
► **CIVIL SERVICE COMMISSION**  
410-396-3860  
► **ENOCH PRATT FREE LIBRARY**  
410-396-5430  
► **EMPLOYMENT DEVELOPMENT, MAYOR'S OFFICE OF**  
443-984-3014  
► **FIRE DEPARTMENT**  
410-396-5616  
**Smoke Detector Program**  
410-396-7283  
► **HEALTH DEPARTMENT**  
410-396-4398  
**Acute Communicable Diseases**  
410-396-4436  
**Adult Evaluation and Review Services (AERS)**  
410-396-6006  
**Animal Control**  
410-396-4688  
**Animal Pick-Up 311**  
**B'more for Healthy Babies**  
410-396-1834  
**Behavioral Health System, Baltimore**  
410-637-1900  
**Bureau of Child Health & Immunization**  
410-396-4454  
**Bureau of Healthy Homes**  
443-984-2460  
**Childhood Lead Poisoning Program**  
443-984-2470  
**Community Action Partnership: Southeast**  
410-545-6518  
**Eastern**  
410-545-0136  
**Northwest**  
443-984-1384  
**Southern**  
410-545-0900  
**Northern**  
410-396-6084  
**Employment (with BCHD)**  
410-396-1420  
**Emergency Preparedness**  
443-984-2622

**Health Care Access Maryland**  
410-649-0500  
**Health Clinics:**  
**Druid**  
410-396-0176  
**Eastern**  
410-396-9410  
**Cancer**  
410-396-0186  
**Dental**  
410-396-4501  
443-984-3548 (Eastern)  
**Family Planning and Reproductive Health**  
410-396-0186  
**HIV Clinics**  
410-396-0176  
**Maternal and Infant Nursing Program**  
410-396-9404  
**Mayor's Commission on Disabilities**  
443-484-3170  
**Mayor's Office of Human Services**  
410-396-7370  
**Men's Health Center**  
410-383-8300, Ext. 70101  
**Sexually Transmitted Infections (STD)**  
410-396-4398  
**Tuberculosis**  
410-396-9413  
**Healthy Teens/Young Adults**  
410-396-0353  
**Maryland Children's Health Program Eligibility Services**  
410-649-0512  
**Needle Exchange Program**  
410-396-3731  
**Operation Safe Kids (OSK)**  
443-984-4012  
**Ryan White**  
410-396-1408  
**School Health Programs / School-Based Health Center**  
410-396-3185  
**School Health Assessment Program**  
410-396-5246  
**Office of Youth Violence Prevention**  
443-984-3566  
**Virtual Supermarket Project**  
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**WIC**  
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► **HEALTH DEPARTMENT, DIVISION OF AGING AND CARE SERVICES**  
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410-396-6006  
► **BALTIMORE CITY HEALTH DEPARTMENT, CARE OPERATED CENTERS:**  
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410-396-9025  
**John Booth/Hooper Senior Center**  
410-396-9202  
**Oliver Senior Center**  
410-396-3861  
**Sandtown-Winchester**  
410-396-7724  
**Waxter Senior Center**  
410-396-1324  
**Zeta Senior Center**  
410-396-3535  
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410-396-1322  
**Eating Together in Baltimore**  
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**Family Caregiver Program**  
410-396-4932  
**Health Promotion and Education**  
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**Home Delivered Meals**  
410-558-0827  
**Housing and Homeless Services**  
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**Maryland Access Point (MAP)**  
410-396-2273  
**Medical Assistance Personal Care (MAPC)**  
410-396-4494  
**Medicaid Waiver for Older Adults**  
410-396-4932  
**Money Follows the Person (MFP)**  
410-396-4932  
**Ombudsman Program**  
410-396-3144  
**Public Guardianship**  
410-545-7702  
**Retired Seniors and Volunteer Program (RSVP)**  
410-361-9400  
**Senior Assisted Living Subsidy Program**  
410-396-4932

**Senior Care**  
410-396-1605  
**Senior Companion Program**  
410-361-9405  
**Senior Centers**  
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**State Health Insurance Assistance Program (SHIP)**  
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**Senior Information and Assistance Program**  
410-396-2273  
**Senior Medicare Patrol (SMP)**  
410-396-2273  
**Taxi Card Program**  
410-664-1123  
**Volunteer Opportunities**  
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► **HOUSING AND COMMUNITY DEVELOPMENT, DEPARTMENT OF**  
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► **LAW OFFICE**  
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**ORPHANS' COURTS**  
410-396-5034  
► **PARKING AUTHORITY**  
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► **PAROLE AND PROBATIONS**  
410-585-3500  
► **PLANNING, DEPARTMENT OF**  
410-396-7526  
► **POLICE DEPARTMENT**  
Non-emergency: 311  
443-263-2220  
► **PUBLIC SCHOOL SYSTEM**  
410-396-8792  
► **PUBLIC WORKS, DEPARTMENT OF**  
410-396-8497  
► **RECREATION AND PARKS**  
410-396-7900  
► **SENIOR CITIZENS DIVISION**  
410-396-2920



# Baltimore City Government Services

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410-396-1155  
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**Non-Emergency Assistance**  
 311 or 443-263-2220

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**(anonymous):**  
 410-276-8888

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 the senior community and the  
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**Central District**  
 410-396-2411  
**Eastern District**  
 410-396-2433

**Northeastern District**  
 410-396-2444

**Southeastern District**  
 410-396-2422

**Northern District**  
 410-396-2455

**Western District**  
 410-396-2477

**Northwestern District**  
 410-396-2466

**Southwestern District**  
 410-396-2488

**Southern District**  
 410-396-2499

► **SOCIAL SERVICES,**  
**DEPARTMENT OF**  
 443-378-4600

► **STATE'S ATTORNEY OFFICE**  
**OF BALTIMORE CITY**  
 410-984-6000

► **UNIVERSITY OF MARYLAND**  
**EXTENSION BALTIMORE CITY**  
 410-856-1850

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410-396-0273  
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 Baltimore, MD 21229

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410-396-3292  
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 Baltimore, MD 21215

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410-396-1704  
 2121 Windsor Gardens Lane  
 Baltimore, MD 21207

**Brentwood**

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 Baltimore, MD 21218

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 Baltimore, MD 21201

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 Baltimore, MD 21201

**Ellerslie**

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 601 Wyanoke Avenue  
 Baltimore, MD 21218

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410-396-1542  
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 Baltimore, MD 21212

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443-984-3137  
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 Baltimore, MD 21223

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 Baltimore, MD 21218



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# MANY THANKS!

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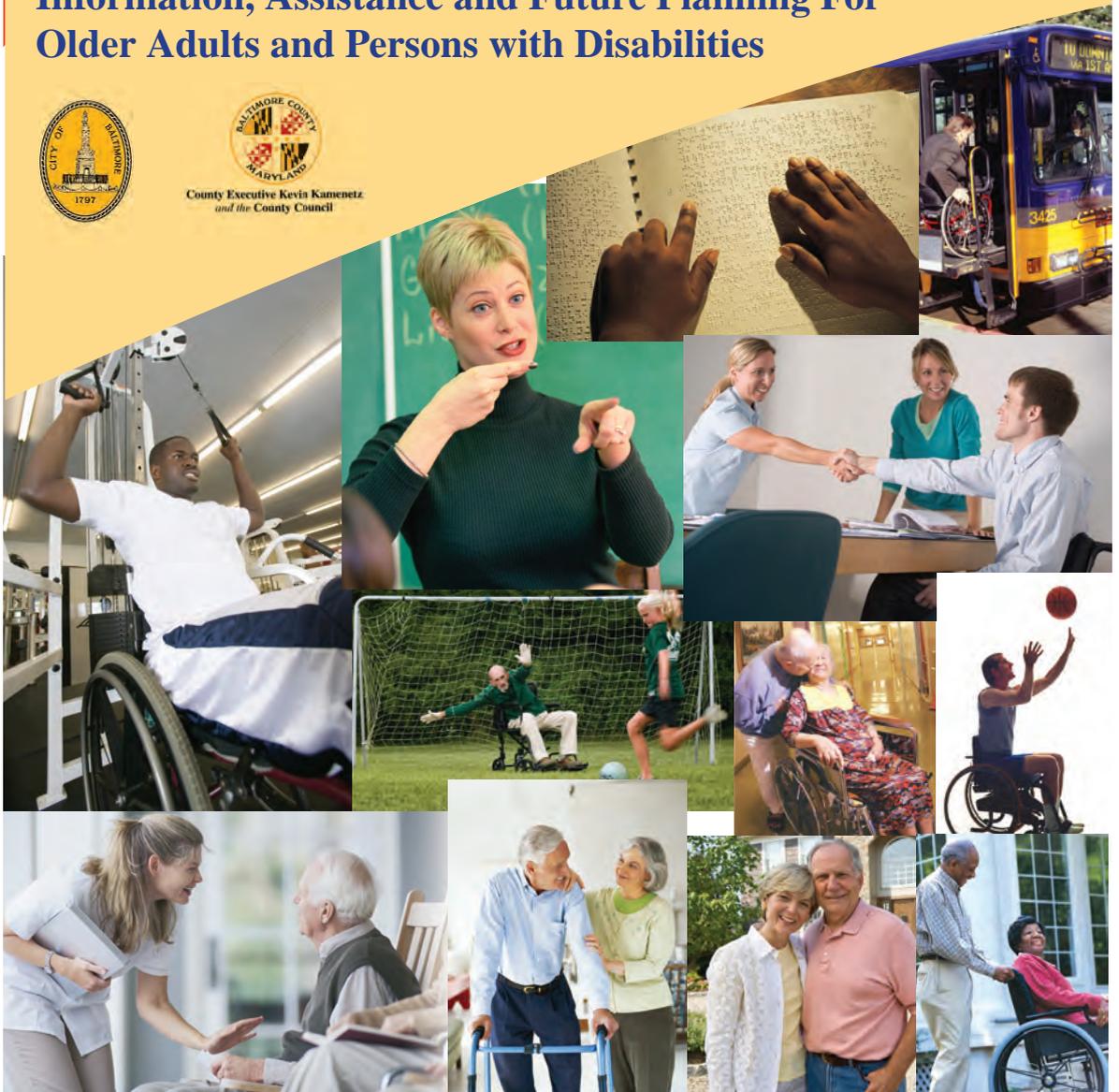
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County Executive Kevin Kamenetz  
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# A

## ADULT DAY SERVICES



### ADULT DAY SERVICES

Adult medical daycare centers provide a comprehensive program of activities, medical supervision and social support for people who need a protected environment during the day. For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273.

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Baltimore 21230

**Active Day of Parkville**  
410-663-9501  
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Baltimore 21234

**Active Day of Randallstown**  
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Randallstown 21133

**Active Day of Timonium**  
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1840 York Road, Suite H  
Timonium 21093

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Baltimore 21206

#### ANOR ICAL DAY CARE

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d Road  
Baltimore 21207

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#### ▶ BETTER DAY ADULT MEDICAL DAY CARE, A

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Owings Mills 21117

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Dundalk 21222

#### ▶ CENTER FOR SOCIAL CHANGE AMDC

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Randallstown 21133

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Baltimore 21244

#### ▶ EXTENDED FAMILY ADULT DAY CARE, INC.

410-233-0048  
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Baltimore 21229

#### ▶ FOUNDATIONS

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Baltimore 21218

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#### ▶ MEDCLUB ADULT DAY CARE

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#### ▶ NEW LIFE HEALTHY LIVING

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# A

## ADULT DAY SERVICES - ADULT DAY SERVICES, SPECIALIZED

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410-580-1200  
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Baltimore 21208  
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Suite 11  
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### ► ST. ANN ADULT DAY SERVICES

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Baltimore 21227

### ► ST. JOHN ADULT MEDICAL DAY CARE, INC.

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Suite 200  
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Baltimore 21286

### ADULT DAY SERVICES, SPECIALIZED

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developmentally disabled  
adults.

### ► FOUNDATIONS

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Suite 112  
Linthicum 21090  
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developmentally disabled  
adults.

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410-550-7047  
410-550-8093  
www.hopkinsbayview.org/hopkinselderplus  
Mason F. Lord Building,  
East Tower  
4940 Eastern Avenue  
Baltimore 21224  
Hopkins ElderPlus Program is an all-inclusive care for the elderly (PACE), for nursing home eligible persons; must be age 55 or older, live in service area and have potential for remaining safely in the community with our assistance.

### ► KESWICK ADULT DAY SERVICES

410-662-4324  
700 W. 40<sup>th</sup> Street  
Baltimore 21211

### ► LEAGUE FOR PEOPLE WITH DISABILITIES ADULT MEDICAL DAY PROGRAM

410-323-0500, Ext. 365  
www.leagueforpeople.org  
1111 E. Cold Spring Lane  
Baltimore 21239  
Addresses physical, psychological/social challenges facing adults with disabilities. Services: transportation; fitness center; therapeutic pool; respite care; recreational activities; physical/ occupational/ speech; individual/family/ group counseling; nursing care by registered nurses; case management; open Mondays - Saturdays 8 a.m. - 4 p.m.

### ► MOSAIC COMMUNITY SERVICES ADULT MEDICAL DAY CARE

443-612-1497, Ext. 1212  
7 Bloomsbury Avenue  
Catonsville 21228

### ► PROGRESS UNLIMITED, INC.

410-363-8550  
11431 Cronhill Drive  
Owings Mills 21117

### ► SUNRISE MEDICAL CARE CENTER

410-242-6650  
4601 Hollins Ferry Road,  
Suite C  
Baltimore 21227  
For adults with medical  
disabilities.

### ► UNIFIED COMMUNITY CONNECTIONS (UC2)

410-513-8900  
11650 Crossroads Circle,  
Suite A  
Middle River 21220  
For adults with intellectual or  
developmental disabilities.

### ► WELCOME FRIENDS ADULT MEDICAL DAY CARE

410-574-5005  
8839 Kelso Drive, Suite A, B  
Essex 21221

### SENIOR CENTER PLUS PROGRAMS

Certified by the Maryland Department of Aging as a supervised social day program.

### ► EASTER SEALS ADULT DAY SERVICES

410-277-0940  
7138 Windsor Boulevard  
Baltimore 21244

### ► FRIENDS AND FAMILY ADULT DAY SERVICES, INC.

410-277-0070  
3112 Lord Baltimore Drive,  
Suite 108  
Baltimore 21244





# ADVOCACY SERVICES

## ADVOCACY SERVICES

For additional services/ information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273. See also Legal Services.

### ▶ AARP ADVOCACY SERVICES

866-542-8163  
www.aarp.org

### ▶ BALTIMORE CITY CIRCUIT COURT

410-333-3722  
Provides legal and fair processing of all cases.

### ▶ BALTIMORE CITY DEPARTMENT OF HUMAN RESOURCES

800-332-6347 TDD

### ▶ BALTIMORE CITY DEPARTMENT OF SOCIAL SERVICES

443-378-4600  
Provides protective services for residents of all ages through assessment, case management, residential services and financial services.  
**Adoptions**

410-685-8231

**Adult Services**  
443-423-6600

(Includes Adult Protective Services, Social Services to Adults and Project HOME)

**Family Investment**  
443-378-4700

**Food Stamp Change Center**  
443-423-4445

**Central Medical Assistance**  
443-423-6100

**Purchase of Care (POC) (Day Care Services)**  
443-423-5000

**In-Home Aide Services**  
443-423-4214

**Intake & Assessment Report Child Abuse and Neglect (Child Protective Services and Family Services)**  
410-361-2235  
(24-Hour Service)  
**Legal Services**  
443-378-4100

▶ **BALTIMORE CITY HEALTH DEPARTMENT, DIVISION OF AGING AND CARE SERVICES, ELDER ABUSE PREVENTION**  
410-396-3144

▶ **BALTIMORE CITY HEALTH DEPARTMENT, DIVISION OF AGING AND CARE SERVICES, MARYLAND ACCESS POINT**  
410-396-2273

▶ **BALTIMORE CITY HEALTH DEPARTMENT, DIVISION OF AGING AND CARE SERVICES, NURSING HOME OMBUDSMAN PROGRAM**  
410-396-3144

Investigates and attempts to resolve complaints on behalf of assisted living and nursing home residents.

▶ **BALTIMORE CITY OFFICE OF CIVIL RIGHTS AND WAGE ENFORCEMENT/ COMMUNITY RELATIONS COMMISSION**  
410-396-3141  
Combats unlawful discrimination.

▶ **BALTIMORE CITY OFFICE OF STATE'S ATTORNEY**  
443-984-6000  
410-396-1897/1899  
Court related issues.

▶ **BALTIMORE CITY POLICE DEPARTMENT, NON-EMERGENCY ASSISTANCE**  
311 or 443-263-2220

▶ **BALTIMORE CITY SHERIFF'S OFFICE**  
410-396-1155

▶ **BALTIMORE CITY TAX SALE OFFICE**  
410-296-3987  
Homes may be placed in tax sale if delinquent \$250 in property taxes (or other municipal Liens) and \$350 in water bills. To avoid tax sale, remit the past due amount by April 30<sup>th</sup>. For more information regarding homeowner tax property credit, home repairs, tax sale loan or legal issues, please call MAP.

▶ **BALTIMORE COUNTY ASSOCIATION OF SENIOR CITIZENS ORGANIZATIONS, INC. (BCASCO)**  
410-484-6866

An educational and advocacy association that strives to better the lives of seniors and their families through programs, newsletters, presentations and legislation.

▶ **BALTIMORE COUNTY COMMISSION ON AGING**  
410-887-2109  
Members appointed by the County Executive and the County Council to generally advise the Department of Aging in its mission to assist older adults in Baltimore County with health, transportation, social, economic, recreation, environmental and housing needs.

▶ **BALTIMORE COUNTY COMMISSION ON DISABILITIES**  
410-887-3580  
Legally enacted commission of county government to initiate recommendations and review legislation which concerns or impacts individuals with disabilities.

▶ **BALTIMORE COUNTY DEPARTMENT OF AGING, LONG-TERM CARE OMBUDSMAN PROGRAM**  
410-887-2594  
Investigates and attempts to resolve complaints made by or on behalf of assisted living and nursing home residents.

▶ **BALTIMORE COUNTY DEPARTMENT OF AGING, MARYLAND ACCESS POINT OF BALTIMORE COUNTY**  
410-887-2594  
Help and information regarding resources available to older adults, persons with disabilities and caregivers. Assistance provided for financial applications and case management. Referrals made to other agencies as appropriate.

▶ **BALTIMORE COUNTY DEPARTMENT OF HEALTH**  
410-887-2243  
Protects public health by promoting good health practices, protecting individuals from infectious diseases and providing access to health care services. Provides special geriatric services.

▶ **BALTIMORE COUNTY DEPARTMENT OF SOCIAL SERVICES (SCREENING UNIT)**  
410-853-3000  
Advocates and provides protective services for residents of all ages through assessments, case management, residential and financial services. Provides information, assistance and referral for emergency shelter for homeless individuals.

▶ **BALTIMORE COUNTY HUMAN RELATIONS COMMISSION**  
410-887-5917  
Enforces anti-discrimination laws.

# A

## ADVOCACY SERVICES



► **BALTIMORE COUNTY  
LEGAL AID BUREAU, INC.,  
NURSING HOME  
PROGRAM, ASSISTED  
LIVING PROGRAM**

410-951-7750

Legal services for nursing home and assisted living residents.

► **BALTIMORE COUNTY  
LOCATE: CHILD CARE**

877-261-0060

Locate childcare resources.

► **BALTIMORE COUNTY  
POLICE DEPARTMENT,  
FINANCIAL CRIMES AND  
CYBERCRIMES**

410-887-2190

Answers questions regarding con games and door-to-door scams.

► **BALTIMORE COUNTY  
POLICE DEPARTMENT,  
NON-EMERGENCY  
ASSISTANCE**

410-887-2222

► **BALTIMORE COUNTY  
SHERIFF'S OFFICE**

410-887-3151

► **BALTIMORE  
NEIGHBORHOODS, INC.  
(BNI)**

410-243-6007 (Tenant Landlord)

410-243-4400 (Fair Housing/

Discrimination Complaints)  
Information about fair housing laws, discrimination, rights and responsibilities of landlords and tenants.

► **BETTER BUSINESS  
BUREAU, INC.**

410-347-3990

Provides information regarding consumer issues, determination of reliability of businesses or charities, and opportunity to file a complaint.

► **CENTERS FOR  
MEDICARE & MEDICAID  
SERVICES (CMS),  
MEDICARE HELPLINE**

800-633-4227

[www.medicare.gov](http://www.medicare.gov)

► **CREDIT REPORTS**

877-322-8228

[www.annualcreditreport.com](http://www.annualcreditreport.com)

All Maryland residents have access to free annual personal credit reports from Experian, Equifax and TransUnion.

► **DEPARTMENT OF  
HEALTH AND MENTAL  
HYGIENE (DHMH)**

410-767-6500

**Office of Health Care Quality**

410-402-8000

[www.dhmh.state.md.us/ohcq](http://www.dhmh.state.md.us/ohcq)

Licenses and provides oversight of adult day care, nursing homes, assisted living facilities, health care agencies, etc. See website for licensee directory.

► **FEDERAL TRADE  
COMMISSION**

877-382-4357

877-438-4338 (Identity Theft)

[www.ftc.gov](http://www.ftc.gov)

Provides information on filing a complaint regarding identity theft, internet fraud, telemarketing scams, Do Not Call Registry, etc.

► **IMAGE CENTER OF  
MARYLAND**

410-982-6311

Information and referral, peer mentoring, independent living skills training, and educational transition program for individuals with disabilities.

► **LEGAL AID, INC.**

410-951-7750

Free civil legal services to the low income in Maryland.

► **MARYLAND ATTORNEY  
GENERAL'S OFFICE**

410-576-6300 (General)

**Consumer Protection Division**

410-528-8662

Investigates complaints regarding unfair and deceptive business practices and acts as mediator between consumers and merchants.

**Health Advocacy Unit Hotline**

**and Health Care Mediation**

410-528-1840

Accepts complaints involving medical billing or reimbursement problems and provides the complaint history of health care providers.

**Securities Division**

410-576-6360

Accepts complaints and supplies information about financial planners/brokers.

► **MARYLAND  
COMMISSION ON CIVIL  
RIGHTS**

410-767-8600

Enforces Maryland anti-discrimination laws concerning employment, housing, public accommodations and commercial non-discrimination.

► **MARYLAND  
COMMISSION ON HUMAN  
RELATIONS - CITY**

**GOVERNMENT OFFICE**

410-767-8600

► **MARYLAND  
DEPARTMENT OF AGING**

410-767-1100

800-AGE-DIAL

[www.aging.maryland.gov](http://www.aging.maryland.gov)

In partnership with the Area Agencies on Aging (AAA), promotes an enhanced quality of life for a diverse population of older adults in Maryland.

► **MARYLAND  
DEPARTMENT OF  
HOUSING AND  
COMMUNITY  
DEVELOPMENT**

410-514-7000

Administers "Bridge to Hope" and other programs to assist in the prevention of mortgage foreclosures. Free counseling on housing issues.

► **MARYLAND DISABILITY  
LAW CENTER**

410-727-6352

[www.mdclaw.org](http://www.mdclaw.org)

Investigates allegations of abuse and/or neglect of individuals with disabilities.

► **MARYLAND HEALTH  
CARE COMMISSION**

410-764-3460

[www.mhcc.state.md.us](http://www.mhcc.state.md.us) (Click On Consumers)

Reviews and compares nursing homes, assisted living facilities (ten or more beds), health plans, hospitals and prescription prices.

► **MARYLAND HOME  
IMPROVEMENT  
COMMISSION**

410-230-6309

[www.dlir.state.md.us](http://www.dlir.state.md.us) (Click On Occupational/Professional Licensing)

Verifies contractors' licenses and provides information about complaints filed against specific companies.

► **MARYLAND INSURANCE  
ADMINISTRATION**

410-468-2000

[www.mdinsurance.state.md.us](http://www.mdinsurance.state.md.us)

Consumer information and complaints concerning accident, automobile, health, life, long-term care and property insurance as well as agent licensing requirements and insurance fraud.



# ADVOCACY SERVICES - ASSISTIVE TECHNOLOGY

## ► MARYLAND MEDICAL ASSISTANCE BENEFICIARY SERVICES & PHARMACY ACCESS HOTLINE

800-492-5231  
Assists Medical Assistance recipients to select doctors, address coverage issues and answer questions about Medicare prescription drug coverage.

## ► MARYLAND OFFICE OF PEOPLE'S COUNSEL

410-767-8150  
Advocates on behalf of residential utility customers and can assist with dispute resolution.

## ► MARYLAND OFFICE OF THE SECRETARY OF STATE, CHARITABLE ORGANIZATIONS DIVISION

800-825-4510  
Answers questions and takes complaints about charitable organizations.

## ► MARYLAND STATE BOARD OF MORTICIANS AND FUNERAL DIRECTORS

410-764-4792  
Verifies and issues licenses and accepts complaints about funeral homes, funeral directors, crematoriums and morticians.

## ► MAYOR'S COMMISSION ON DISABILITIES

443-984-3170  
Promotes equal rights and opportunities for people with disabilities in Baltimore City,

## ► MAYOR'S OFFICE OF NEIGHBORHOOD AND CONSTITUENT SERVICES

410-396-4735  
Contributes to an improved quality of life for Baltimore City residents.

## ► OLDER WOMEN EMBRACING LIFE, INC. (OWEL)

866-706-8540  
Peer support, referrals, HIV testing, care navigation and education for older women who are at risk or living with HIV in Baltimore City.

## ► NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI), METROPOLITAN BALTIMORE, INC.

410-435-2600  
Sponsors self-help, support, education and advocacy groups for families and individuals coping with mental illness.

## ► TAXPAYER ADVOCATE SERVICE

443-853-6000  
800-865-6198  
Independent organization within the IRS to help taxpayers resolve problems.

## ► U. S. DEPARTMENT OF HEALTH & HUMAN SERVICES, OFFICE OF THE INSPECTOR GENERAL

800-447-8477 (Fraud/Abuse Hotline)  
Handles fraud and abuse related to Medicare, Medicaid, mental health services, medical equipment, employee or contractor complaints, Social Security, food supplements and housing subsidy.

## ► U. S. DEPARTMENT OF HOUSING AND URBAN DEVELOPMENT (HUD)

410-962-2520  
Provides information on public housing, HUD homes, rental assistance, homeless assistance, FHA loans, Fair Housing and foreclosure prevention.

## ► U.S. DEPARTMENT OF VETERANS AFFAIRS

800-827-1000  
www.va.gov  
Beneficiary information for veterans, their widows, widowers and children.

## ► U.S. POSTAL INSPECTION SERVICE

877-876-2455  
800-372-8347  
www.usps.com  
Investigates crimes involving postal service, including mail fraud.

## ANIMAL SERVICES

### ► ANIMAL CONTROL PROGRAM, BUREAU OF ENVIRONMENTAL HEALTH

410-396-4688  
Enforces City and State codes, rules and regulations; investigates animal neglect and cruelty cases.

### ► BALTIMORE COUNTY DEPARTMENT OF HEALTH, DIVISION OF ANIMAL CONTROL

410-887-5961  
Issues violations, enforces laws, accepts animal cruelty calls. Free euthanizing (per criteria), rabies shots, spay/ neutering, microchipping, and licensing. Operates shelter for animal adoption.

### ► BALTIMORE COUNTY DEPARTMENT OF PERMITS, APPROVALS AND INSPECTIONS, DIVISION OF MISCELLANEOUS PERMITS AND LICENSES, ANIMAL LICENSES

410-887-3630  
Available at full service libraries - \$2.00 convenience fee.

### ► MARYLAND SPCA - KIBBLE CONNECTION

410-235-8826, Ext. 175  
Provides free pet food to the clients of Meals On Wheels.

## ► SPAY/NEUTER ALL PETS (SNAP)

410-885-5961 (County)  
410-235-8826 (City)  
Provides low cost certificates for spaying/neutering dogs and cats.

## ASSISTIVE TECHNOLOGY

See also Hearing Resources, Loan Closet for Medical Equipment, Medical Alert Systems, Medical Equipment and Supplies and Vision Resources.

### ► ASSISTIVE TECHNOLOGY GUARANTEED LOAN PROGRAM

410-554-9230  
800-832-4827  
866-881-7488 (TTY)  
Low interest loans for home modifications and assistive devices for persons with disabilities.

### ► MARYLAND TECHNOLOGY ASSISTANCE PROGRAM

800-832-4827  
Information and referral resources for people with disabilities to live and work independently. Programs include temporary equipment borrowing, technology and telework loan programs.

### ► V-LINC

410-554-9134  
Provides technological solutions and customized assistive technology for persons with disabilities.

# C

## CAREGIVERS SUPPORT/GRANDPARENT SUPPORT - CLINICAL TRIALS



### CAREGIVERS SUPPORT/GRANDPARENT SUPPORT

See also Disability Assistance, Home Health Services, Hotlines and Websites, Housing-Assisted Living, Medical Equipment and Supplies, Memory Care, Nursing Homes, Respite Services and Support Groups-Caregivers.

#### ► ALZHEIMER'S ASSOCIATION

410-561-9099  
800-272-3900  
Educational resources and other services.

#### ► BALTIMORE CITY FAMILY CAREGIVER SUPPORT PROGRAM

410-396-1337

#### ► BALTIMORE COUNTY DEPARTMENT OF AGING, CAREGIVERS PROGRAM

410-887-4724  
Provides information and resources to caregivers of older adults. Publishes the *Caregiver Connection* newsletter, available free by US mail or e-mail. Offers one free consultation with family caregivers.

#### ► BALTIMORE COUNTY DEPARTMENT OF AGING, MARYLAND ACCESS POINT OF BALTIMORE COUNTY

410-887-2594  
Information about services and benefits available to older adults, baby boomers, persons with disabilities, caregivers and professionals.

#### ► CATHOLIC CHARITIES CHILD AND FAMILY SERVICES AT ST. RITA PARISH HOUSE, GRANDPARENT SERVICES AND SUPPORT GROUP

410-282-9430

#### ► FAMILY TREE

410-889-2300 (City)  
Provides programs and services to educate about preventing child abuse.

#### ► NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI), METROPOLITAN BALTIMORE, INC.

410-435-2600  
Sponsors self-help, support, education and advocacy groups for families and individuals coping with mental illness.

### CASE MANAGEMENT

Assistance in helping adults and persons with special needs. See also Disability Assistance, Geriatric Assessment Services and Mental Health Services. For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273.

#### ► BALTIMORE COUNTY DEPARTMENT OF AGING, COMMUNITY OUTREACH SPECIALISTS

410-887-2594 (Intake/Referral)  
844-627-5465 (Toll Free)  
Case management services for older adults including assistance with completing financial applications.

#### ► BALTIMORE COUNTY DEPARTMENT OF HEALTH, ADULT EVALUATION AND REVIEW SERVICES

410-887-2754  
In-home screening, assessment and case management services for individuals experiencing multiple health and social problems.

#### ► BALTIMORE COUNTY DEPARTMENT OF SOCIAL SERVICES

410-853-3000  
Screening and case management for vulnerable adults (age 18 and over). Includes Adult Protective Services and Aging Services (age 65 and over).

#### ► FAMILY & CHILDREN'S SERVICES OF CENTRAL MARYLAND

410-366-1980

#### ► JEWISH COMMUNITY SERVICES

410-466-9200

#### ► NATIONAL ASSOCIATION OF PROFESSIONAL GERIATRIC CARE MANAGERS, MID-ATLANTIC CHAPTER

www.midatlanticgcm.org  
Professional organization which sets standards for fee-for-service case managers.

### CEMETERIES AND MEMORIAL PARKS

See also Funeral Resources.

#### ► DULANEY VALLEY MEMORIAL GARDENS

410-666-0490  
www.dulaneyvalley.com  
200 East Padonia Road  
Timonium 21093  
Caring for your family since 1958.

#### ► MARYLAND DEPARTMENT OF VETERANS AFFAIRS

410-260-3838  
www.mdva.state.md.us  
Administers Maryland Veterans Cemetery and Memorial Program.

#### ► MARYLAND STATE BOARD OF MORTICIANS AND FUNERAL DIRECTORS

410-764-4792  
Verifies and issues licenses and accepts complaints about funeral homes, funeral directors, crematoriums and morticians.

#### ► REDEMPTORIST CEMETERIES

410-284-0648 (Sacred Heart of Jesus Cemetery)  
www.redemcem.com  
7401 German Hill Road  
Dundalk 21222  
Catholic cemeteries dedicated to caring for our faith community.

### CLINICAL TRIALS

#### ► PAREXEL CLINICAL RESEARCH

877-617-8839  
www.parexel.com/baltimore  
Harbor Hospital  
3001 S. Hanover Street  
Baltimore 21225  
Clinical trials for healthy seniors - Alzheimer's, Parkinson's, multiple sclerosis and high cholesterol.

# Improve your overall health and wellbeing at one of the 20 Senior Centers across Baltimore County



Baltimore County Department of Aging

## ENERGIZE YOUR LIFE



Try one of the many classes offered around the County

- Tai Chi
  - Yoga
  - Strength Training
  - Zumba Gold
  - Seated Chair Exercise
  - Ballroom or Line Dance
  - Enhance Fitness
  - Basketball
  - Table Tennis
  - Volleyball
  - Hip Hop
  - Body Fit
  - Drums Alive
  - Water Aerobics
  - Wii Exercise
  - Cardio Fit
  - Bowling
- Classes vary per location.

Now is the time to change your life by joining one of the many Baltimore County Department of Aging (BCDA) Senior Centers that offer an array of fitness and wellness programs.

Each location offers a variety of fitness opportunities tailored to meet the needs of the 60+ individual. Whether you are interested in Ballroom Dance, Zumba or working out in the fitness center, you will find a range of opportunities to fit all fitness levels and interests. A wide range of nutrition and wellness seminars are offered throughout the year to enrich your awareness for improved health.

The opportunities you've waited a lifetime to take advantage of are right here at BCDA. Take the first step to improving your health by joining a senior center today!

*Workout with your peers in one of BCDA's 13 Fitness Center/Studio!*

**JOIN NOW TO ENHANCE OVERALL WELL-BEING AND INCREASE ENERGY AND VITALITY.**

Fitness membership is required in order to workout in one of our facilities.



**For information, call 410-887-2040**

# D

## DENTAL SERVICES



### DENTAL SERVICES

For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273.

► **BALTIMORE CITY COMMUNITY COLLEGE, DEPARTMENT OF DENTAL HYGIENE**

410-462-7712  
2901 Liberty Heights Avenue  
Baltimore 21215  
Preventive visits and set pricing for adults and children. Spanish interpreter.

► **BALTIMORE CITY HEALTH DEPARTMENT Eastern Clinic**

443-984-3548  
620 N. Caroline Street  
Baltimore 21205  
Preventive care from ages 3 and older; ages 7 and older for dental problems. Adults treated for emergencies only. MA accepted. Baltimore City residency only.

► **BALTIMORE CITY HEALTH DEPARTMENT, ORAL HEALTH CLINIC**

410-396-0840

► **BALTIMORE COUNTY DENTISTRY**

410-887-2781 (Appointments)  
**Eastern Family Resource Center Dental Clinic**  
9100 Franklin Square Drive  
Rosedale 21237  
**Liberty Family Resource Center Dental Clinic**  
3525 Resource Drive  
Randallstown 21133  
Call for appointments for the Dental Access Program and dental clinics.

► **BALTIMORE MEDICAL SYSTEMS**

**Belair-Edison Family Center**  
410-558-4800  
3120 Erdman Avenue  
Baltimore 21213  
Federally qualified health center.

► **CHASE BREXTON HEALTH SERVICES**

410-837-2050, Ext. 2602  
10 W. Eager Street  
Baltimore 21201  
Preventive and dental problems. MA accepted; sliding scale. Baltimore City and County residents.

► **CHERRY HILL FAMILY HEALTH CENTER**

410-354-2000, Ext. 11296  
631 Cherry Hill Road  
Baltimore 21225  
Preventive and dental problems from 2 years old to adults. Spanish interpreter.

► **DENTAL HYGIENE CLINIC-CCBC**

443-840-3495 (Dundalk Campus)  
Students provide low-cost basic dental hygiene services under close supervision from clinical faculty.

► **ESPERANZA CENTER**

410-522-8668  
430 S. Broadway  
Baltimore 21231  
Primary dental care for children and adults of immigrant clients.

► **GIVING RETIRED ADULTS MIGHTY SMILES INITIATIVE (GRAMS)**

**Eastern Dental Clinic**  
443-984-3548  
Affordable basic dental care for uninsured low income persons 55 years and older. Baltimore City residency required.

► **HEALTH CARE FOR THE HOMELESS**

410-837-5533  
421 Fallsway  
Baltimore 21202  
Free to persons who are homeless.

► **JAI MEDICAL SYSTEMS**

410-433-2200  
5010 York Road  
Baltimore 21212  
410-327-5100  
1235 E. Monument Street  
Baltimore 21202

► **JOHNS HOPKINS EAST BALTIMORE MEDICAL CENTER**

410-522-9800  
100 E. Eager Street  
Baltimore 21202  
Preventive and dental problems from ages 3 to adults. MA accepted.

► **MARYLAND FOUNDATION OF DENTISTRY FOR THE HANDICAPPED, DONATED DENTAL SERVICES**

410-964-1944  
Dental care for Maryland residents with disabilities; income requirements.

► **PARK WEST MEDICAL CENTER**

410-542-7800  
3319 W. Belvedere Avenue  
Baltimore 21215  
Preventive and dental problems from ages 2 to adults. MA accepted; sliding scale.

► **PEOPLE'S COMMUNITY HEALTH CENTER**

410-467-6040  
3028 Greenmount Avenue  
Baltimore 21218  
Preventive and dental problems from ages 3 to adults. MA accepted; sliding scale.

► **TOTAL HEALTH CARE**

410-383-8300  
1501 Division Street  
Baltimore 21217  
Preventive and dental problems from ages 3 to adults. MA accepted; emergencies treated.

► **UNIVERSITY OF MARYLAND REHABILITATION & ORTHOPEDIC INSTITUTE, DENTAL DEPARTMENT**

410-448-6290  
2200 Keman Drive  
Baltimore 21207  
Self referral or referred by a doctor or dentist. All ages by appointment only. MA and private insurance accepted. Phone interpreters.

► **UNIVERSITY OF MARYLAND, SCHOOL OF DENTISTRY**

410-706-7063  
Discounted dental services performed by dental students under supervision of licensed dentists.

**IN-HOME DENTAL SERVICES**

For information about in-home dentistry, call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273.

# D

## DISABILITY ASSISTANCE

### DISABILITY ASSISTANCE

For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273. See also Adult Day Care-Specialized Services, Assistive Technology, Case Management, Employment, Geriatric Assessment Services, Hearing Resources, Loan Closet for Medical Equipment, Medical Equipment and Supplies, Mental Health Services, Personal Needs, Transportation Services and Vision Resources.

### DEVELOPMENTAL DISABILITIES

The Maryland Developmental Disabilities Administration (DDA) provides funding for multiple agencies which serve the needs of persons with developmental disabilities. These agencies provide a wide range of services, including residential, day services and family support services.

In order to receive funding from the DDA, it is imperative than an individual goes through the application process. The first step in that process is calling the DDA Regional Office to request an application. 410-234-8200 877-874-2494 (Toll Free) 800-735-2258 (TTY) The application can also be downloaded from DDA's website at [www.dda.dhmh.maryland.gov/sitepages/apply.aspx](http://www.dda.dhmh.maryland.gov/sitepages/apply.aspx).

► **ARC OF BALTIMORE**  
410-296-2272  
Provides employment, counseling, recreation, housing, vocational and foster care for persons with developmental disabilities.

► **BALTIMORE CITY DEPARTMENT OF SOCIAL SERVICES TEMPORARY DISABILITY ASSISTANCE PROGRAM (TDAP)**  
443-423-6300

► **COORDINATING CENTER, THE**  
410-987-1048  
301-621-7830  
[www.coordinatingcenter.org](http://www.coordinatingcenter.org)  
Coordinates services for persons with disabilities to enable them to be as independent as possible.

► **MARYLAND DEVELOPMENTAL DISABILITIES ADMINISTRATION, REGIONAL OFFICE**  
410-234-8200  
877-874-2494  
800-735-2258 (TTY)  
[www.ddamaryland.org](http://www.ddamaryland.org)

### OTHER DISABILITY RESOURCES

► **ALLIANCE, INC., THE**  
410-282-5900  
410-675-4704 (Broadway Branch)  
Provides a variety of services to residents with psychiatric, developmental and other disabilities.

► **BALTIMORE COUNTY COMMISSION ON DISABILITIES**  
410-887-3580  
Initiates recommendations and reviews legislation which impacts individuals with disabilities.

► **CARING COMMUNITIES, INC.**  
410-549-5707 (Office)  
866-CARING-4 (Toll Free)  
Offers disability-related training, education, publications and events.

► **CHIMES, THE**  
410-358-6400

► **DIVISION OF REHABILITATION SERVICES**  
410-554-9442

► **FOUNDATIONS**  
410-789-7772  
410-269-3250  
[wwwFOUNDATIONSgroup.net](http://wwwFOUNDATIONSgroup.net)  
1025 W. Nursery Road, Suite 112  
Linthicum 21090  
Medical day care/psychiatric rehabilitation services for over ten years.

► **HEARING AND SPEECH AGENCY, THE**  
410-318-6780  
Audiological testing, hearing aid fittings, sign language interpreters and classes.

► **HUMANIM, INC.**  
888-374-8342  
Offers workforce development, mental health, neuro-rehabilitation, developmental disabilities and deaf services for individuals of all ages.

► **IMAGE CENTER OF MARYLAND**  
410-982-6311  
Information and referral, peer mentoring, independent living skills training, and educational transition program for individuals with disabilities.

► **LEAGUE FOR PEOPLE WITH DISABILITIES, INC.**  
410-323-0500  
[www.leagueforpeople.org](http://www.leagueforpeople.org)  
Vocational training, employment and recreational activities for persons with disabilities.

► **MARYLAND DEVELOPMENT DISABILITIES COUNCIL**  
410-767-3670  
Comprehensive online resource for disability-related information.

► **MARYLAND DISABILITY LAW CENTER**  
410-727-6352, Ext. 0 (Intake Specialist)  
410-235-5387 (TTY)  
[www.mdclaw.org](http://www.mdclaw.org)  
Advocates for persons with disabilities. Investigates allegations of abuse and/or neglect.

► **MARYLAND MOTOR VEHICLE ADMINISTRATION**  
[www.mva.maryland.gov](http://www.mva.maryland.gov)  
**Automated Information**  
410-768-7000 (County)  
443-573-2800 (City)  
**Handicapped Plates/Mirror Tags**  
410-787-2958  
**Handicapped Signs For The Front Of The Home**  
410-768-7646  
**Registration Renewal By Touch-Tone Phone**  
888-834-7344  
800-492-4575 (TTY)

► **MARYLAND PUBLIC MENTAL HEALTH SYSTEM**  
800-888-1965  
Provides names and numbers of mental health providers who accept Medical Assistance.

► **MARYLAND STATE DEPARTMENT OF EDUCATION, DIVISION OF REHAB SERVICES**  
410-554-9208

► **MARYLAND TECHNOLOGY ASSISTANCE PROGRAM**  
800-832-4827  
Provides information and referral for individuals with disabilities to support independence.

► **MAYOR'S COMMISSION ON DISABILITY**  
443-984-3170

► **NATIONAL REHABILITATION INFORMATION CENTER**  
800-346-2742  
Information and referral service to assist persons with disabilities.



### A Research Study Helping Seniors Live Independently at Home

#### Free In-home Services for Seniors

The five-month program is available to seniors:

- 65 years old and older, with
- Some difficulty with daily tasks (ex: bathing or dressing)
- Limited monthly income

For more information or to apply call Alice Delaney at 443-287-1584.

[nursing.jhu.edu/capable15](http://nursing.jhu.edu/capable15)

Sarah L. Szanton, PhD, ANP  
Principal Investigator  
Protocol # NA\_00031539



# D-E

## DISABILITY ASSISTANCE - EDUCATION

### ► SNYDER CENTER FOR APHASIA LIFE ENHANCEMENT (SCALE)

410-323-1777  
Treatment, education, and support for stroke victims.

### ► UNIFIED COMMUNITY CONNECTIONS

410-484-4540  
800-451-2452(Toll Free)  
For adults with intellectual or developmental disabilities.

### ► WWW.DISABILITY.GOV

Resource information on benefits, employment, education, health, housing, civil rights, etc.

## DRIVING/DRIVING REHABILITATION

See also Transportation Services.

### ► AARP DRIVER SAFETY

800-350-7025  
[www.aarp.org/drive](http://www.aarp.org/drive)  
A driver safety training program that may reduce your auto insurance by 10 percent.

### ► GOOD SAMARITAN ADAPTIVE DRIVING PROGRAM

443-444-4601 (Outpatient Rehabilitation)  
Driver assessment and training. Physician prescription is required.

### ► SINAI REHABILITATION CENTER, DRIVE FOR INDEPENDENCE

410-601-5830  
Driver assessment and training. Physician prescription is not required.

### ► ST. AGNES DRIVER REHABILITATION PROGRAM

410-368-2800  
Driver assessment and training. Physician prescription is required.

### ► UNIVERSITY OF MARYLAND - ST. JOSEPH MEDICAL CENTER SAFE DRIVER ASSESSMENT PROGRAM

410-337-1412  
Driver assessment and training. Physician prescription usually required.

## ACCESSIBLE CARS/VANS (FUNDING RESOURCES)

### ► IMAGE CENTER

410-982-6311

### ► MARYLAND TECHNOLOGY ASSISTANCE PROGRAM

800-832-4827

## EDUCATION

### ► COMMUNITY COLLEGE OF BALTIMORE COUNTY (CCBC)

443-840-4099  
Campuses at Catonsville, Essex and Dundalk with satellite locations in Hunt Valley and Owings Mills.

### ► COMMUNITY COLLEGE OF BALTIMORE COUNTY (CCBC), SENIOR INSTITUTE

443-840-1685  
[www.ccbcmd.edu](http://www.ccbcmd.edu)  
Classes held at locations throughout the county.

### ► JEWISH COMMUNITY CENTER OF GREATER BALTIMORE

410-542-4900, Press 2  
Trips, classes, holiday programs and community-wide events.

### ► OSHER LIFELONG LEARNING INSTITUTE AT JOHNS HOPKINS UNIVERSITY

410-516-9719  
Stimulating learning experiences for semi-retired and retired individuals.



## Are you over 60 and feeling depressed or having memory problems?

Depression and memory problems in older adults are common and are often undetected.

Symptoms of depression may include:

- Feelings of sadness or hopelessness
- Loss of energy
- Inability to enjoy pleasurable activities
- Changes in appetite or sleep patterns

Problems with memory may include:

- Difficulty remembering recent events
- Misplacing household objects
- Poor concentration

If you are feeling depressed or having memory problems, are not taking antidepressant medication, and are in good physical health, you may be eligible to participate in a research study.

Qualified people will participate at no cost to them and will be compensated for time and transportation. For more information about the study, please call:



Approved January 14, 2014

IRB Protocols: NA\_00021615, NA\_00026190  
Principal Investigator: Gwenn Smith, PhD



► **OSHER LIFELONG LEARNING INSTITUTE AT TOWSON UNIVERSITY**

410-704-3535  
Offering older adults daytime courses, special lectures, day trips and social events.

► **UNIVERSITY OF MARYLAND, BALTIMORE COUNTY (UMBC)**

410-455-1000

► **UNIVERSITY OF MARYLAND BALTIMORE, GERONTOLOGY PROGRAMS**

410-706-4327

**OTHER EDUCATION PROGRAMS**

Classes in reading, writing, math, English as a Second Language (ESL), and GED® Preparation.

► **BALTIMORE CITY COMMUNITY COLLEGE ADULT BASIC EDUCATION PROGRAM**

410-986-5444

► **BALTIMORE READS**

410-752-3595

► **GREATER HOMEWOOD COMMUNITY CORPORATION ADULT LEARNING CENTER**

410-261-3524

► **LEARNING IS FOR TOMORROW (LIFT)**

410-522-1705

► **SOUTH BALTIMORE LEARNING CENTER**

410-625-4215

**EMERGENCY PREPAREDNESS**

► **AMERICAN RED CROSS GREATER CHESAPEAKE AND POTOMAC BLOOD REGION**

410-624-2000  
[www.redcross-cmd.org](http://www.redcross-cmd.org)

► **BALTIMORE COUNTY OFFICE OF HOMELAND SECURITY AND EMERGENCY MANAGEMENT**

410-887-5996  
[www.baltimorecountymd.gov](http://www.baltimorecountymd.gov)  
Coordination of a comprehensive emergency management program for Baltimore County.

► **GOVERNOR'S OFFICE ON COMMUNITY INITIATIVES, SERVICE AND VOLUNTEERISM (GOSV)**

410-767-1216  
[www.gosv.state.md.us](http://www.gosv.state.md.us)  
Volunteer training programs, outreach, interagency and donations management coordination.

► **HUMANE SOCIETY OF THE UNITED STATES**

301-258-3103  
[www.hsus.org](http://www.hsus.org)  
Promotes preparedness education, community planning, response training and field rescue response for animals.

► **MARYLAND DEPARTMENT OF DISABILITIES**

410-767-3660  
Prepares persons with disabilities for natural or man-made disasters or emergencies.

► **MARYLAND EMERGENCY MANAGEMENT AGENCY (MEMA)**

877-MEMA-USA  
[www.mema.maryland.gov](http://www.mema.maryland.gov)  
Coordinates the State response to any major emergency or disaster.

► **MAYOR'S OFFICE OF EMERGENCY MANAGEMENT**

410-396-6188

► **UNITED STATES COAST GUARD AUXILIARY, AMERICA'S WATERWAY WATCH**

[www.americaswaterwaywatch.org](http://www.americaswaterwaywatch.org)  
Investigates reports of suspicious waterway activities.

**EMPLOYMENT**

► **ALLIANCE, INC., THE**

410-282-5900  
Vocational rehabilitation services for persons with disabilities.

► **BALTIMORE CITY HEALTH DEPARTMENT, OFFICE OF HUMAN RESOURCES**

410-396-1420

► **BALTIMORE COUNTY DEPARTMENT OF AGING, SENIOR COMMUNITY SERVICE EMPLOYMENT PROGRAM (SCSEP)**

410-887-4006  
Employment, training and skill development in public and non-profit agencies, 20 hours per week, for low-income individuals age 55 and over.

► **BALTIMORE COUNTY DEPARTMENT OF ECONOMIC DEVELOPMENT**

410-887-8000

► **BALTIMORE COUNTY OFFICE OF HUMAN RESOURCES**

410-887-3135  
Employment opportunities with Baltimore County government.

► **BALTIMORE WORKS ONE-STOP CAREER CENTER**

410-767-2148

► **COMMUNITY CONNECTIONS ENOCH PRATT FREE LIBRARY**

410 396-6588

► **EASTSIDE ONE-STOP CAREER CENTER**

410-396-9030

► **LEAGUE FOR PEOPLE WITH DISABILITIES, INC.**

410-323-0500  
Employment services for persons with disabilities.

► **MARYLAND DEPARTMENT OF EDUCATION, DIVISION OF REHABILITATION SERVICES (DORS)**

**Regional Office**  
410-998-2030  
**Eastern Baltimore County Office**  
410-554-3320  
**Towson Office**  
410-321-4044  
Services and programs for eligible individuals who have a disability.

► **MAYOR'S OFFICE OF EMPLOYMENT DEVELOPMENT**

410-396-6392

### ► PAREXEL CLINICAL RESEARCH

877-617-8839  
www.parexel.com/baltimore  
Harbor Hospital  
3001 South Hanover Street  
Baltimore 21225  
Clinical trials for healthy seniors  
- Alzheimer's, Parkinson's,  
multiple sclerosis and high  
cholesterol.

► RE-ENTRY CENTER @  
NORTHWEST ONE-STOP  
CAREER CENTER, THE  
MONDAWMIN MALL  
410-523-1060

► SENIOR COMMUNITY  
EMPLOYMENT  
PROGRAMS:  
CATHOLIC CHARITIES  
410-261-6767

► SENIOR COMMUNITY  
SERVICE EMPLOYMENT  
PROGRAM, FAMILY &  
CHILDREN SERVICES OF  
CENTRAL MARYLAND  
410-366-1980  
Call to schedule an  
appointment for interview.

► SOCIAL SECURITY  
ADMINISTRATION, TICKET  
TO WORK PROGRAM  
866-968-7842  
866-833-2967 (TTY)  
www.choosework.net  
An employment program for  
persons with disabilities.

► STATE OF MARYLAND  
DEPARTMENT OF LABOR,  
LICENSING AND  
REGULATION, DIVISION  
OF EMPLOYMENT AND  
TRAINING  
Office of Workforce  
Development  
410-767-2173  
Unemployment Insurance  
(Claimant Information)  
410-949-0022

### FINANCIAL ASSISTANCE

\*See Financial Eligibility  
Guidelines. Please refer  
to Index for page location.  
See also Home Repairs,  
Modifications and Assistance.

#### ► ACCESSIBLE HOMES FOR SENIORS

Maryland Access Point of  
Baltimore County  
410-887-2594  
Baltimore City Health  
Department, Division of  
Aging and CARE Services  
at Maryland Access Point  
410-396-2273  
www.mdhousing.org  
Home modification loans for  
housing accessibility features.  
Interest-free, 30 year loans for  
income eligible individuals 55  
and older.

► ASSISTANCE CENTER  
OF TOWSON CHURCHES  
410-296-4855  
Serves northern Baltimore  
County and City with food, utility  
turn-off and eviction assistance.

► BALTIMORE CITY  
DEPARTMENT OF PUBLIC  
WORKS, SENIOR  
DISCOUNT WATER  
PROGRAM  
410-396-5398 (Application)  
Provides Baltimore City  
residents who are 65 and older  
and who financially qualify, with  
a 39% discount on water/sewer  
charges quarterly. May also  
apply at Baltimore City senior  
centers. Call for additional  
criteria.  
Hardship Exemption  
Application  
410-396-1350  
(Exemption for Bay Restoration  
and Storm Water Fee.)  
Low Income Water Program  
(Grant)  
One time credit of \$125.00  
towards water bill. Applications  
at your local Community Action  
Center.

► BALTIMORE CITY  
DEPARTMENT OF SOCIAL  
SERVICES, MEDICAL  
ASSISTANCE  
443-423-6400  
(Northeast Regional Office)

► BALTIMORE CITY  
HEALTH DEPARTMENT,  
DIVISION OF AGING AND  
CARE SERVICES AT  
MARYLAND ACCESS POINT  
410-396-2273  
www.marylandaccess  
point.info  
Provides application and  
benefit enrollment assistance.

► BALTIMORE CITY  
HOMEOWNERSHIP  
PROGRAM  
410-396-4151

► BALTIMORE CITY  
WATER BILLING  
410-361-9061  
Delinquent account payment  
arrangements.

► BALTIMORE COUNTY  
DEPARTMENT OF AGING,  
MARYLAND ACCESS POINT  
OF BALTIMORE COUNTY  
410-887-2594  
www.baltimorecountymd.gov/  
aginginfo@baltimorecountymd.  
gov  
Information regarding financial  
benefits and assistance with  
completing applications.

► BALTIMORE COUNTY  
DEPARTMENT OF SOCIAL  
SERVICES, DISTRICT  
OFFICES  
Catonsville  
410-853-3450  
746 Frederick Road  
Catonsville 21228  
Dundalk  
410-853-3400  
1400 Merritt Boulevard, Suite C  
Dundalk 21222  
Essex  
410-853-3800  
439 Eastern Avenue  
Essex 21221  
Reisterstown  
410-853-3010

130 Chartley Drive  
Reisterstown 21136  
Towson  
410-853-3340  
Drumcastle Government Center  
6401 York Road  
Baltimore 21212

► BALTIMORE COUNTY  
DEPARTMENT OF SOCIAL  
SERVICES, MEDICAL  
ASSISTANCE\*  
410-853-3000, Press 1, Then  
Press 4  
Assists clients to pay certain  
medical and pharmaceutical  
bills when eligibility  
requirements are met.

► BENEFITSCHECKUP  
www.benefitscheckup.org  
A web-based service to help  
determine if individuals qualify  
for specific programs and  
benefits, including prescriptions  
and healthcare.

► CATONSVILLE  
EMERGENCY FOOD  
MINISTRIES  
410-747-4357  
Food and utility assistance,  
emergency pharmacy, eviction  
prevention for people from the  
Catonsville area.

► COMMUNITY  
ASSISTANCE NETWORK  
410-285-4674  
Assistance with utility  
turn-off, eviction, food,  
employment, training, fuel fund,  
prescriptions, weatherization  
and outreach.

► CRIMINAL INJURY  
COMPENSATION BOARD  
410-585-3010  
www.dpscs.state.md.us  
Offers financial compensation  
for innocent victims of crimes.

► EARNBENEFITS  
410-261-5824 (Appointment  
Required)  
Counselor screens applicants to  
identify eligibility for  
benefits.

# F

## FINANCIAL ASSISTANCE

### ► ELECTRIC UNIVERSAL SERVICES PROGRAM (EUSP)\*

410-853-3385 (County)  
410-396-5555 (City)  
Assistance with electricity costs for income eligible persons.

### ► FRANCISCAN CENTER

410-467-5340, Ext. 101  
Provides hot meals, clothing, toiletries, job readiness assistance, emergency pantry, assistance with BGE turnoff, evictions, prescriptions, glasses and dental services. Free services for financially eligible.

### ► HEALTH CARE ACCESS MARYLAND

410-649-0500  
Agency charged with helping residents in Baltimore City and County to learn about and apply for health insurance under the Affordable Care Act. Partners with other organizations to provide outreach, education, and enrollment assistance.

### ► HOME AND COMMUNITY BASED OPTIONS WAIVER

866-417-3480  
Enables individuals 18 and older, who are financially eligible and meet Medicaid's long-term care admission criteria to remain in a community setting. Provides supports planning, personal care, medical day care, nurse monitoring, assisted living, home delivered meals, assistive devices, environmental assessment and more.

### ► HOMEOWNER'S TAX CREDIT

410-767-4433, Press 1  
Credit on property tax based on gross household income. Persons age 70 and older may apply for previous 3 years.

### ► LIBERTY ASSISTANCE CENTER

410-887-0600  
Food pantry, help with BGE and eviction prevention.

### ► MARYLAND DEPARTMENT OF HUMAN RESOURCES, SERVICE ACCESS AND INFORMATION LINK (SAIL)

800-332-6347  
[www.marylandsail.org](http://www.marylandsail.org)  
A web-based screening/application tool that allows applicants to apply, renew, update, or learn about SNAP (Food Supplements), Medical Assistance, MA Long Term Care, MEAP and EUSP.

### ► MARYLAND ENERGY ASSISTANCE PROGRAM (MEAP)\*

410-853-3385 (County)  
410-396-5555 (City)  
Assists in payment of heating costs for income eligible persons.

### ► MARYLAND HEALTH CONNECTION

855-642-8572  
855-642-8573 (TTY)  
[www.marylandhealthconnection.gov](http://www.marylandhealthconnection.gov)  
Marketplace in Maryland to compare health insurance options and enroll in a plan under the Affordable Care Act. Applications online, by phone, by mail or in person.

### ► MD BENEFITS CENTER

855-444-4998  
Free service for low income Maryland residents to access benefits.

### ► PROPERTY TAX HARDSHIP INSTALLMENT PAYMENT PROGRAM

410-887-2404 (County)  
Assistance to property owners experiencing temporary financial hardship.

### ► QUALIFIED MEDICARE BENEFICIARY PROGRAM (QMB)\*

410-887-2594 (County)  
410-396-2273 (City)  
Pays the premium, deductibles and coinsurance payments for financially eligible individuals who receive Medicare.

### ► RENTER'S TAX CREDIT

410-767-4433, Press 2  
A tax credit for renters when rent exceeds a fixed percentage of gross income.

### ► SALVATION ARMY OF THE GREATER BALTIMORE AREA

410-783-2920, Press 2  
Assists with BGE turn-offs, evictions, food and clothing. Based on needs and availability of funds.

### ► SENIOR PRESCRIPTION DRUG ASSISTANCE PROGRAM (SPDAP)\*

800-551-5995  
[www.marylandspdap.com](http://www.marylandspdap.com)  
Income eligible MD residents enrolled in certain Medicare prescription drug plans may receive assistance with monthly premiums and the doughnut

hole coverage gap.

### ► SNAP (FORMERLY FOOD STAMPS PROGRAM) \*

**Baltimore County Department of Social Services**  
410-853-3000, Press 1, Then Press 4  
**Baltimore City Department of Social Services**  
443-423-4445  
Eligible clients allotted subsidy for food based on income and household size.

### ► SOCIAL SECURITY ADMINISTRATION

800-772-1213  
[www.socialsecurity.gov](http://www.socialsecurity.gov)

### ► SOCIAL SECURITY ADMINISTRATION, SUPPLEMENTAL SECURITY INCOME (SSI)\*

800-772-1213  
Provides income for individuals age 65 and older, blind or disabled who are low income.

### ► SOUTHWEST EMERGENCY SERVICES

410-247-8154  
Food pantry, help with BGE, eviction prevention and clothing (for residents of 21227).

### ► SPECIFIED LOW-INCOME MEDICARE BENEFICIARY (SLMB) \*

410-887-2594 (County)  
410-396-2273 (City)  
Pays the Medicare Part B premium for individuals whose income is slightly above QMB criteria.

### ► UNITED CHURCHES ASSISTANCE NETWORK

410-628-2102  
Food pantry for homeless, eviction prevention, help with BGE, prescriptions and referrals (for residents of northern Baltimore County).





A Publication of the  
**Baltimore County Department of Aging**

*If it's news and information for  
 senior adults, you'll find it in the*

# SENIOR DIGEST

- News & Issues
  - Travel & Tours
  - Activities & Classes
  - Health & Fitness
    - Financial
    - Interviews
    - Legal
    - Entertainment
  - Medicare Issues
  - Recipes & Nutrition
    - Book Reviews
    - Classified Ads
  - Resources & Services
    - Community Events
- And Much, Much More!

[www.baltimorecountymd.gov/Agencies/aging/publications/seniordigest.html](http://www.baltimorecountymd.gov/Agencies/aging/publications/seniordigest.html)

**Eight Jam-packed Issues For As Little As \$5 A Year!**

## SUBSCRIPTION

New  Renewal

Name \_\_\_\_\_

Address LAST \_\_\_\_\_ FIRST \_\_\_\_\_ M.I. \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

Baltimore County Resident: Yes  No  Sex: Male  Female  Birth Date or Age \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Is this a new address? \_\_\_\_\_

This is a gift from \_\_\_\_\_ Name \_\_\_\_\_ Phone \_\_\_\_\_

Send check or money order, payable to *Senior Digest*, 611 Central Avenue, Towson, Md. 21204. The cost is **\$5** per year for eight issues for subscribers living in Baltimore County who are 60 years of age or older. The cost is **\$7** per year for all subscribers under 60, and all subscribers living outside of Baltimore County. Organizations, businesses, and professionals, regardless of location, also pay **\$7** per year. Call 410-887-3050 for more information.

For Office Use Only:

Started: \_\_\_\_\_ Entered: \_\_\_\_\_  
 CD \_\_\_\_\_ G.S. Mailed \_\_\_\_\_

# F

## FINANCIAL COUNSELING

### FINANCIAL COUNSELING

See also Reverse Mortgages and Housing: Other Housing Options.

#### ► CHAI: COMPREHENSIVE HOUSING ASSISTANCE INC.

410-500-5310 (Request Intake/Application)  
Foreclosure prevention counseling services for homeowners in Baltimore City and specified areas in Baltimore County.

#### ► CONSUMER CREDIT COUNSELING SERVICE OF MARYLAND AND DELAWARE

410-747-6803 (Appointments/Information)  
Reviews financial situations and credit problems; plans budget and assists with contacting creditors to develop a payment plan. Housing counseling available.

#### ► HEALTHCARE ACCESS MARYLAND

410-649-0500  
Agency charged with helping residents in Baltimore City and County to learn about and apply for health insurance under the Affordable Care Act. Partners with other organizations to provide outreach, education and enrollment assistance.

#### ► INTERNAL REVENUE SERVICE (IRS)

800-829-1040  
Federal tax information.

#### ► NEIGHBORHOOD HOUSING SERVICES OF BALTIMORE (NHS)

410-327-1200, Ext. 113  
Emergency foreclosure counseling assistance with loan modification for county and city residents. Also provides credit counseling and financial education.

#### ► PARK HEIGHTS RENAISSANCE

410-664-4890  
Comprehensive assistance for city residents who have experienced an actual foreclosure sale. Also provides budget and credit counseling services.

#### ► SOCIAL SECURITY ADMINISTRATION

800-772-1213  
Administers Social Security programs for retirees, survivors, the blind or persons with disabilities. Administers Medicare enrollment.

#### ► SOCIAL SECURITY OFFICES

**Belair-Edison Crossing**  
866-336-9653  
2401 Belair Road, #106  
Baltimore, 21213  
**Downtown**  
866-931-0155  
1010 Park Avenue  
Baltimore, 21201  
**Randallstown/Owings Mills**  
866-681-1412

5 Park Center Court, Suite 100  
Owings Mills 21117  
**Reisterstown**  
866-708-3210  
6722 Reisterstown Road  
Baltimore 21215

**Rossville**  
866-348-5818  
6820 Hospital Drive, Suite 100  
Baltimore 21237

**Rotunda**  
866-838-7074  
711 W. 40th Street,  
Suite 415  
Baltimore 21211

**Towson**  
866-667-7698  
28 Allegheny Avenue, 4th Floor  
Towson 21204

**West**  
877-840-7695  
3431 Benson Avenue, Suite C  
Baltimore 21227



#### ► STATE HEALTH INSURANCE ASSISTANCE PROGRAM (SHIP)

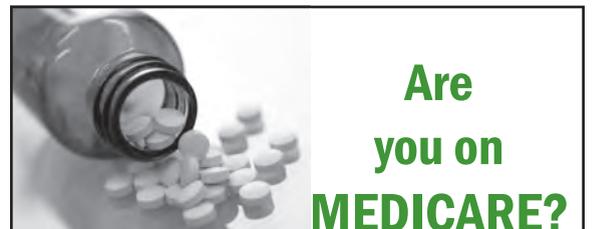
410-887-2059 (County)  
410-396-2273 (City)  
Counseling on health insurance, Medicare, Medicare Prescription Drug Programs, Medigap, Medicare Advantage plans and long-term care insurance. Advocates on behalf of beneficiaries. Speakers available.

#### ► TAX COUNSELING FOR THE ELDERLY

410-887-2594 (County)  
410-396-2273 (City)  
Joint program of AARP and IRS. Offers free tax assistance to older adults at local senior centers during tax season.

#### ► VETERANS HELPLINE

410-230-4500 (Baltimore Regional Office)  
800-827-1000  
Counsels veterans on available services.



Are you on **MEDICARE?**

Are you having trouble paying for your Medicare or prescription cost?

Contact Baltimore County's Department of Aging's SHIP office.



Call 410-887-2059

Counselors will assist you to determine if you may be eligible for benefits that will help you to meet your health needs.



LOCAL HELP FOR PEOPLE WITH NEEDS



### FINANCIAL RESOURCES

#### ► BALTIMORE COUNTY EMPLOYEES FEDERAL CREDIT UNION

410-828-4730  
800-234-4730  
www.bcefcu.com  
23 W. Susquehanna Avenue  
Towson 21204  
The financial institution for Baltimore County Government employees and volunteers.

#### ► MASS MUTUAL OF GREATER WASHINGTON

301-555-5828  
www.financialguide.com/  
Xiomara-Pierre  
530 Gaither Road, Suite 350  
Rockville 20850  
Providing annuities, life, health, disability income and LTC insurance products.

### REVERSE MORTGAGES

► **BALTIMORE CITY OFFICE OF AGING AND CARE SERVICES MARYLAND ACCESS POINT**  
410-396-2273  
To obtain counseling resources.

#### ► NET EQUITY FINANCIAL, INC.

Bill Peterson  
NMLS# 104372  
443-725-3543  
www.netequitymtg.com  
4940 Campbell Boulevard,  
Suite 210  
Nottingham 21236  
A family-oriented, trustworthy, SeniorChecked® financial organization here for you.

### FITNESS CENTERS, BALTIMORE COUNTY

#### BALTIMORE COUNTY

See also Senior Centers and Recreation and Leisure Activities.

FITNESS CENTERS, with state-of-the-art cardio and strength training equipment, are conveniently located at thirteen senior centers in Baltimore County. Participants must be senior center members. Membership dues are \$100/year to use all 13 fitness centers, or \$60/year to use the five smaller fitness studios (indicated with an asterisk \*). Personal trainers available for a fee.

#### ► ARBUTUS SENIOR CENTER\*

410-887-1410  
www.baltimorecountymd.gov/  
arbutus  
855A Sulphur Spring Road  
Baltimore 21227

#### ► ATEAZE SENIOR CENTER

410-887-7233  
www.baltimorecountymd.gov/  
ateaze  
7401 Holabird Avenue  
Dundalk 21222

#### ► BYKOTA SENIOR CENTER

410-887-3094  
www.baltimorecountymd.gov/  
bykota  
611 Central Avenue  
Towson 21204

#### ► CATONSVILLE SENIOR CENTER

410-887-0900  
www.baltimorecountymd.gov/  
catonsville  
501 N. Rolling Road  
Catonsville 21228

#### ► COCKEYSVILLE SENIOR CENTER

410-887-7694  
www.baltimorecountymd.gov/  
cockeysville  
10535 York Road  
Cockeysville 21030

#### ► EDMERE SENIOR CENTER\*

410-887-7530  
www.baltimorecountymd.gov/  
edgemere  
6600 North Point Road  
Baltimore 21219

#### ► ESSEX SENIOR CENTER\*

410-887-0267  
www.baltimorecountymd.gov/  
essex  
600 Dorsey Avenue  
Essex 21221

#### ► JACKSONVILLE SENIOR CENTER\*

410-887-8208  
www.baltimorecountymd.gov/  
jacksonville  
3605A Sweet Air Road  
Phoenix 21131

#### ► LIBERTY SENIOR CENTER

410-887-0780  
www.baltimorecountymd.gov/  
liberty  
3525 Resource Drive  
Randallstown 21133

#### ► PARKVILLE SENIOR CENTER

410-887-5338  
www.baltimorecountymd.gov/  
parkville  
8601 Harford Road  
Baltimore 21234

#### ► PIKESVILLE SENIOR CENTER

410-887-1245  
www.baltimorecountymd.gov/  
pikesville  
1301 Reisterstown Road  
Baltimore 21208

#### ► REISTERSTOWN SENIOR CENTER\*

410-887-1143  
www.baltimorecountymd.gov/  
reisterstown  
12035 Reisterstown Road  
Reisterstown 21136

#### ► SEVEN OAKS SENIOR CENTER

410-887-5192  
www.baltimorecountymd.gov/  
sevenoaks  
9210 Seven Courts Drive  
Baltimore 21236

### BALTIMORE CITY

See Also Senior Centers

#### ► WEINBERG FOUNDATION FITNESS CENTER, MYERBERG NORTHWEST SENIOR CENTER

410-358-6856  
3101 Fallstaff Road  
Baltimore 21209

### FUNERAL RESOURCES

See also Cemeteries and Memorial Parks.

#### ► SOCIAL SECURITY ADMINISTRATION

800-772-1213  
May provide a death benefit of \$255.

#### ► VETERANS AFFAIRS, DEPT. OF

800-827-1000  
Assistance with burial expenses to eligible veterans. Referrals to national cemeteries.



# G - H

## GERIATRIC ASSESSMENT SERVICES - HEARING RESOURCES

### GERIATRIC ASSESSMENT SERVICES

Evaluation of physical, mental and social factors affecting an older adult's lifestyle, done by professionals in the field of geriatrics. Medicare may cover part of the cost.

#### ► DEPARTMENT OF HEALTH, ADULT EVALUATION AND REVIEW SERVICES

410-887-2754 (County)  
410-396-6006 (City)  
In-home screening, assessment and case management services to individuals experiencing multiple health and social problems.

#### ► JOHNS HOPKINS MEMORY AND ALZHEIMER'S TREATMENT CENTER

410-550-6337

#### ► UNIVERSITY OF MARYLAND MEDICAL CENTER, GERIATRIC PSYCHIATRY

410-328-8415

### HEALTH CLINICS

See also Baltimore County Government Services/ Department of Health-Public Health Centers and Disability Assistance, Baltimore City Health Department and Mental Health Services.

#### ► BALTIMORE CITY HEALTH DEPARTMENT

410-396-4938

#### ► BALTIMORE MEDICAL SYSTEMS

Annapolis Road  
410-789-8399

Middlesex  
410-558-4700

Sinclair Lane  
410-732-8800

St. Agnes Center  
443-703-3200

Medical and psychiatric services. Sliding scale for uninsured; eligibility requirements.

#### ► CHASE BREXTON HEALTH SERVICES

Randallstown  
410-496-6441

Mt. Vernon Center  
410-837-2050

Medical, mental health and dental services. Sliding scale for uninsured.

#### ► COPPIN STATE UNIVERSITY

410-951-4188

#### ► FAMILY HEALTH CENTER OF BALTIMORE

410-354-2000

#### ► HARBOR FAMILY CENTER

410-350-3200

#### ► HEALTH CARE FOR THE HOMELESS

443-777-2300 (County)  
410-837-5533 (City)

Free non-emergency medical and health services for homeless individuals.

#### ► JOHNS HOPKINS BAYVIEW CHILDREN'S MEDICAL PRACTICE

410-550-0100

#### ► JOHNS HOPKINS COMMUNITY PHYSICIANS Canton Crossing Health Center

410-522-9940

East Baltimore Medical Center  
410-522-9800

Greater Dundalk  
410-288-4800

Green Spring Station  
410-847-3535

White Marsh  
443-442-2300

Medical services and some specialty care for adults. Sliding scale for uninsured.

#### ► LOYOLA CLINICAL CENTERS

Belvedere Square  
410-617-1200

Provides a broad range of audiology, education, psychological, speech and language services.

#### ► PARK WEST HEALTH SYSTEM

410-542-7800

#### ► PEOPLE'S COMMUNITY HEALTH CENTER

410-467-6040

#### ► SHEPHERD'S CLINIC

410-467-7140

#### ► TOTAL HEALTH CARE

410-383-8300

### HEARING RESOURCES

See also Assistive Technology and Disability Assistance.

#### ► A&A HEARING GROUP

410-321-7960  
888-HEAR-505 (432-7505)

www.aahearinggroup.com  
1813 B York Road

Timonium 21093  
Providing hearing healthcare to meet your individual needs.

#### ► AT&T NATIONAL CENTER FOR CUSTOMERS WITH DISABILITIES

866-241-6568, Press 2

#### ► AUDIENT ALLIANCE FOR ACCESSIBLE HEARING CARE PROGRAM

866-956-5400, Press 1

Hearing care for financially eligible.

#### ► BALTIMORE COUNTY DEPARTMENT OF HEALTH, SPEECH, LANGUAGE AND AUDIOLOGY SERVICES

Eastern Family Resource  
Center

410-887-6443

9100 Franklin Square Drive  
Rosedale 21237

Liberty Family Resource  
Center

410-887-0611

3525 Resource Drive  
Randallstown 21133

#### ► BELTONE/AUDIO SERVICES

410-256-7700

410-879-7737

www.beltone.com

9608 Belair Road

Perry Hall 21236

Digital hearing aids, hearing test and all make repairs.

#### ► BMS HIGHLANDTOWN COMMUNITY HEALTH CENTER

410-342-8309

#### ► COMMUNITY SUPPORT SERVICES FOR THE DEAF

410-597-8780

410-597-8806 (TTY)





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INTERPRETING**



**GATEWAY  
SCHOOL**



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SPEECH - LANGUAGE  
SERVICES**

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*helping Baltimore communicate better since 1926*

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# H

## HEARING RESOURCES

► **GBMC  
OTOLARYNGOLOGY  
CENTER OF EXCELLENCE**  
443-849-2151  
[www.gbmc.org/eamosethroat](http://www.gbmc.org/eamosethroat)  
Physicians Pavilion North  
6535 N. Charles Street,  
Suite 250  
Baltimore 21204  
Treating patients with ear, nose  
and throat problems.

► **GOVERNOR'S OFFICE  
OF THE DEAF AND HARD  
OF HEARING**  
410-767-7756 (Voice/TTY)

► **HEAR NOW**  
800-769-2799  
Discounted hearing aids to  
adults and children who qualify.  
Non-refundable processing fee.

► **HEARING AND SPEECH  
AGENCY**  
410-318-6780  
Audiological testing, hearing  
aid fittings, sign language  
interpreters and classes.

► **HEARING LOSS  
ASSOCIATION OF  
AMERICA**  
301-657-2248  
Information and referral about  
hearing loss, communication  
access and assistive  
technology.

## Connecting you to what MATters most. The MAT program from Maryland Relay

Do you, or someone you love, find it difficult to use the phone? The Maryland Accessible Telecommunications (MAT) program, which is a service of the Maryland Department of Information Technology, provides assistive devices free to qualified applicants. Free training may be available upon request.

### Featured equipment includes:

- Amplified phones
- VCO phones
- Ring signalers
- Captioned Telephones\*
- TTYs
- And more!

Visit [mdrelay.org](http://mdrelay.org) to download an application, or call **800-552-7724** (Voice/TTY) or **443-453-5970** (VP) for more information.

301 W. Preston Street, Suite 1008A  
Baltimore, MD 21201



\*Available to qualified applicants with traditional landline service only.





### ► MARYLAND RELAY SERVICE

To place a call:  
Dial 711 or 800-201-7165  
Customer relations:  
800-552-7724

Operators transmit conversation between hearing persons and those with speech or hearing loss. Free telecommunications equipment to qualified individuals.

### ► TOWSON UNIVERSITY INSTITUTE FOR WELL-BEING HEARING AND BALANCE CENTER

410-704-3095  
Offering audiology and balance evaluations, hearing aid sales and fittings.

### ► UNITED STATES VETERANS ADMINISTRATION

410-605-7000  
877-222-8387  
Provides hearing aids and assistive technology for eligible veterans.

### ► VERIZON CENTER FOR CUSTOMERS WITH DISABILITIES

800-974-6006  
[www.verizon.com/disabilities](http://www.verizon.com/disabilities)  
Mobile phone technology for the hearing impaired.

## HOME HEALTH SERVICES

The following agencies provide services such as nursing, medical social services, physical therapy, occupational therapy and home health services. Each licensing category has different parameters. Usually the client must pay for aide services; Medicare and other insurance will pay for aides only in limited situations. Some agencies employ staff to provide direct services while other agencies act as a registry, referring care providers to the client. For questions regarding these agencies, call the Office of Health Care Quality (OHCQ) at 410-402-8015.

When bringing a care provider into your home:

- Ask for the payment structure in writing, including whether payment is made to the agency or the care provider. You may be responsible for paying Social Security, IRS withholding taxes, insurance, etc., if you pay the individual directly.
- Request proof that the aide is either covered by Workers Compensation or that the aide is self-insured.
- Confirm the agency is licensed by OHCQ to specifically perform the services that you request, including medication management. The health care workers should be properly trained for the services provided.
- Confirm that a background check has been done on the care provider.
- Request the license or certification of any care provider coming into your home.
- Confirm the agency has Dishonesty Bonding for the care provider or check to see whether your homeowner's insurance will cover any loss that may occur.

### (HH) HOME HEALTH

**AGENCY:** accepts patients for skilled care upon a signed order of a physician. Agencies are approved to accept Medicare payment. Can provide many types of services, including physical and occupational therapy.

### (RS) RESIDENTIAL

**SERVICE AGENCY:** agency may have employees to provide services in the home or may contract with health care providers that a client can select.

### (NR) NURSING REFERRAL

**SERVICE AGENCY:** agency refers care providers to clients at the family's request to provide services in the home. Care providers are not employed by the agency.

This list from OHCQ is current as of December 2, 2014.

► **A WATCHFUL EYE HOME CARE AGENCY (RS)**  
410-905-1226

► **ABEL HEALTH CARE, INC. (RS)**  
410-825-0816

► **ABLE HEALTH CARE SERVICES, INC. (RS)**  
410-637-3005

► **ABRAHAM HEALTH CARE SERVICES, INC. (RS)**  
410-254-3004

► **ABRIVE HOME HEALTH CARE, LLC (RS)**  
443-470-2579

► **ABSOLUTE CARE (RS)**  
443-990-1227

► **ABSOLUTE CARE SERVICES, LLC (RS)**  
443-803-0240



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Large enough to support you**

The comfort and care of your loved one is our most important priority. We have been providing skilled care, respite care and companion services in the Baltimore area for over 25 years. We are an RN owned and managed company from a long time Baltimore family.

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Visit our website: [www.accessnursing.com](http://www.accessnursing.com)



Licensed by the Maryland Department  
of Health and Mental Hygiene  
JCAHO Accredited

# H

## HOME HEALTH SERVICES

▶ **ABSOLUTE COMPANION CARE (RS)**  
410-357-9640

▶ **ABSOLUTE HOME HEALTH CARE, INC. (RS)**  
410-580-9100

▶ **ABUNDANT LIFE HOME HEALTH SERVICES, INC. (RS)**  
410-917-9433

▶ **ABUNDANT LIFE NURSING SERVICES, INC. (RS)**  
443-272-7731

▶ **ABUNDANT LIFE RESTORATION HEALTH CARE, INC. (RS)**  
410-701-8814

▶ **ACCESS HOME HEALTH CARE SERVICES, LLC (RS)**  
443-813-9540

▶ **ACCESS NURSING SERVICES (RS)**  
410-321-5560

▶ **ACCREDITED HOME HEALTH CARE (RS)**  
410-956-7706

▶ **ACTIVE QUALITY CARE, INC. (RS)**  
410-901-7694

▶ **ADKEM HEALTH SERVICES (RS)**  
443-286-5401

▶ **ADONAI HEALTHCARE SERVICES, INC. (RS)**  
410-521-7004

▶ **ADVANCED HEALTHCARE PROVIDERS, INC. (RS)**  
410-655-1202

▶ **ADVANCED HOME CARE SERVICES, INC. (RS)**  
410-663-3133

▶ **ALL ABOUT HOME CARE, LLC (RS)**  
443-460-2120

▶ **ALL ABOUT YOU HEALTH CARE SERVICES, INC. (RS)**  
410-655-6606

▶ **ALL STAFFING, INC. (RS)**  
410-486-8650

▶ **ALL THE BEST CARE, LLC (RS)**  
410-205-7345

▶ **ALTERNATIVE HEALTH CARE SERVICE, INC. (RS)**  
410-769-8094

▶ **ALWAYS THERE NURSING AND COMPANION CARE (RS)**  
410-356-7070

▶ **AMAZING GRACE RESIDENTIAL SERVICES AGENCY, INC. (RS)**  
410-580-0999

▶ **AMAZING HOME HEALTHCARE, INC. (RS)**  
443-889-3147

▶ **AME HOME CARE, LLC (RS)**  
410-719-6912

▶ **AMEDISYS HOME HEALTH (HH)**  
410-686-8413

▶ **AMERICOAST MARYLAND, LLC (RS)**  
410-918-0616

▶ **ANGEL HEART HOME HEALTH (RS)**  
410-764-2787

▶ **ANGELS HEALTH CARE, INC. (RS)**  
410-391-8457

▶ **APPEALING MULTI SERVICES (RS)**  
443-414-3704

▶ **ASSERTIVE HOME CARE SERVICES (RS)**  
443-675-8097

▶ **ATOSK HEALTHCARE SERVICES, INC. (RS)**  
410-321-6826

▶ **AUGUST NURSING AND THERAPY SERVICES (RS)**  
301-368-1900

▶ **AYNJEL HEALTHCARE (RS)**  
410-220-8950

▶ **BALTIMORE COUNTY DEPARTMENT OF HEALTH, HOME HEALTH SVCS (HH)**  
410-887-2725

▶ **BALTIMORE FAMILY HOME HEALTH CARE SERVICES, LLC (RS)**  
443-742-2678

▶ **BALTIMORE NURSES EXCHANGE, INC. (NR)**  
410-747-6100

▶ **BAYADA HOME HEALTH, INC. (HH)**  
410-823-0880

▶ **BAYADA HOME HEALTH CARE (RS)**  
410-944-5999

▶ **BAY VIEW HOMECARE, INC. (RS)**  
410-665-0107

▶ **BEING THERE SENIOR CARE (NR)**  
410-971-8999

▶ **BESTCARE RESIDENTIAL SERVICES, INC. (RS)**  
410-415-6505

▶ **BLESSED HOPE HOME CARE SERVICES (RS)**  
410-444-8133

▶ **BOLPAT HEALTH SERVICES (RS)**  
410-967-9202



▶ **BRIGHTSTAR HEALTHCARE OF BALTIMORE CITY/COUNTY (NR, RS)**  
443-275-2796 (24-Hour Service)  
[www.brightstarcare.com/baltimore-citycounty/](http://www.brightstarcare.com/baltimore-citycounty/)  
Private duty homecare: nursing assistants, RN's, LPN's, Joint Commission Accreditation.

▶ **BRIGHT ANGELS CARE, LLC (NR)**  
410-318-6420

▶ **BWELL HEALTHCARE, INC. (RS)**  
410-701-7100

▶ **CANTYS HELPING HANDS (RS)**  
410-449-0244

▶ **CAPITAL CITY NURSES (RS)**  
410-344-7495

▶ **CARE FOR U HOMECARE SERVICE, INC. (RS)**  
410-961-6850

▶ **CARE FROM THE HEART, INC. (RS)**  
443-564-7878

▶ **CAREREACH, INC. (RS)**  
443-540-0779

▶ **CARING HEARTS HOME HEALTH SOLUTIONS, LLC (RS)**  
443-500-0802

▶ **CELTIC HEALTHCARE (HH)**  
877-845-3077

# H HOME HEALTH SERVICES

▶ **CH HOME HEALTH SERVICES, INC. (RS)**  
443-388-0532

▶ **CHESAPEAKE MEDICAL STAFFING (NR, RS)**  
410-321-4267

▶ **CHIKA DIVINE CARE, INC. (RS)**  
443-405-3647

▶ **CHRISTADEL HEALTHCARE SERVICES, INC. (RS)**  
410-655-5872

▶ **CHRISTIAN CARE (RS)**  
410-592-7270

▶ **CLEARVIEW MEDICAL SERVICES, LLC (RS)**  
410-779-9162

▶ **COMFORCARE HOME CARE SERVICES (RS)**  
410-922-6262

▶ **COMFORT HEALTHCARE SOLUTIONS (NR)**  
443-315-4020

▶ **COMFORT KEEPERS CENTRAL MARYLAND (RS)**  
410-795-7495

▶ **COMMUNITY CARE NURSING SERVICES, INC. (RS)**  
410-665-7566

▶ **COMMUNITY HOME HEALTH OF MARYLAND (HH)**  
410-356-1600

▶ **COMPANION HOME CARE, INC. (RS)**  
410-583-0447

▶ **COMPANIONS CARE, LLC (RS)**  
410-908-2131

▶ **COMPASSIONATE CARE NURSING SERVICES (RS)**  
410-719-0672

▶ **COMPASSIONATE HOME HEALTH CARE, INC. (RS)**  
410-616-9679  
410-292-8440

www.compassionatehhc.com  
Providing quality and affordable home health care services with compassion.

▶ **COMPREHENSIVE HOME HEALTH SERVICES (HH)**  
410-529-0078

▶ **CORNERSTONE HEALTH CARE AGENCY, LLC (RS)**  
410-302-8550

▶ **COURTNEY CARES NURSING SERVICES, LLC (RS)**  
410-366-0797

▶ **DAR HEALTHCARE SERVICES, LLC (RS)**  
410-390-2833

▶ **DB HOME HEALTHCARE SOLUTIONS (RS)**  
410-484-8196

▶ **DAY BY DAY RESIDENTIAL SERVICES (RS)**  
443-286-5134

▶ **DEPENDABLE NURSING SERVICES, LLC (NR, RS)**  
410-444-5500

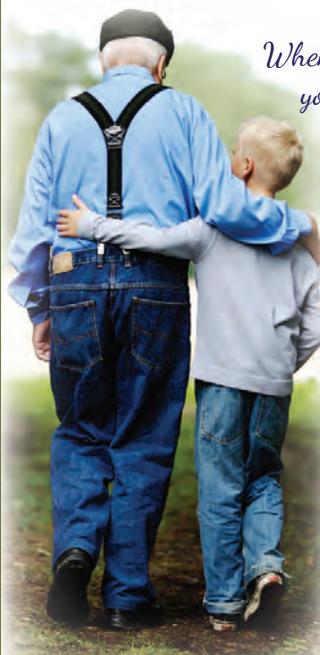
▶ **DIAMOND MEDICAL AND HEALTH SERVICES, INC. (RS)**  
443-722-8948

▶ **DIVINELY GUIDED HEALTH CARE SERVICES (RS)**  
410-944-5451

▶ **DOMINION HOME HEALTH SYSTEM (RS)**  
410-655-1741

▶ **DOT COORDINATION CARE (NR)**  
410-946-6077

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- Medical/Surgical Nursing
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- Infusion
- TeleHealth Monitoring
- Chronic Disease Management
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- In-home, assisted living & nursing home care
- Assistance with tasks of daily living, including bathing and taking medications
- In-home meal preparation and cleanup
- Help with personal correspondence, recording personal histories and reading newspapers or books to clients
- Respite care to caregivers



- Board Member Howard County Coalition of Geriatric Services (COGS)
- Voted 2012 "Woman of the Year" by Enterprising Women Magazine
- SMART CEO "BRAVA" 2012 Award Winner  
www.beingthereseniorcare.com  
info@beingthereseniorcare.com

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# H

## HOME HEALTH SERVICES

▶ **DYNAMIC HEALTH MANAGEMENT, INC. (RS)**  
410-254-3910

▶ **DYNAMICS NURSING AGENCY (RS)**  
443-518-6017

▶ **ELDERS CHOICE OF MARYLAND, LLC (NR)**  
443-762-4676

▶ **ELITE HEALTHCARE NURSING SERVICES, INC. (RS)**  
410-455-6418

▶ **ELITE HOME CARE SERVICES (RS)**  
410-277-3337

▶ **ELIZABETH COONEY CARE NETWORK (NR, RS, RS)**  
410-323-1700 (24-Hour Service)  
[www.elizabethcooneyagency.com](http://www.elizabethcooneyagency.com)  
Celebrating 58 years - caring professional PT's, RN's, LPN's, CNA's, companions.

▶ **EXCEED HOME CARE SERVICES (RS)**  
410-238-3179

▶ **EXCEL STAFFING AND PERSONNEL SERVICES, INC. (RS)**  
410-747-7293

▶ **EYES ON US AT THE VIEW (NR)**  
443-447-6568

▶ **EZER HOME CARE SERVICES (RS)**  
443-326-3973

▶ **FAITHFUL NURSES HOME HEALTH CARE (RS)**  
609-220-0432

▶ **FAMILY AND CHILDREN'S SERVICES OF CENTRAL MARYLAND (RS)**  
410-366-1980

▶ **FAMILY HEALTHCARE SERVICES, LLC (RS)**  
410-585-1158

▶ **FLAMING TOUCH HEALTHCARE SERVICES, INC. (RS)**  
443-996-5809

▶ **FLOREN HEALTH CARE SERVICES, INC. (RS)**  
410-254-5062

▶ **FRIENDLY BEST HOME CARE, LLC (RS)**  
443-244-2777

▶ **GBEMISTIC ENTERPRISES, INC. (RS)**  
410-961-0151

▶ **GENESIS SELECTCARE (RS)**  
800-480-3225 (Option 3)  
410-832-7761  
<http://selectcare.geneshcc.com>  
Private duty homecare provided to safely maintain our client's independence.

▶ **GILMO RESIDENTIAL SERVICES, LLC (RS)**  
410-845-8555

▶ **GLOBAL HEALTH CARE GROUP (RS)**  
410-663-6313

▶ **GLOBAL HEALTHCARE SYSTEMS, INC. (RS)**  
410-296-0180

▶ **GOOD SHEPHERD HEALTH CARE SERVICES (RS)**  
443-621-6235

▶ **GRACE HEALTHCARE SERVICE (RS)**  
410-444-4748

▶ **GUARDIAN COMMUNITY HEALTH SYSTEM (RS)**  
410-800-4572

▶ **HALAG HEALTH SERVICES (RS)**  
443-794-1285

▶ **HAMLET SERVICES, LLC (NR)**  
443-931-6076

▶ **HEALTH AT HOME (HH, RS)**  
410-602-2843

▶ **HEALTHCARE SERVICES OF MARYLAND, LLC (RS)**  
443-253-6712

▶ **HEARTS OF GOLD HOME HEALTH AGENCY LLC (NR)**  
410-277-0215

▶ **HEARTS OF IRELAND REFERRAL AGENCY, LLC (NR)**  
410-321-4785

▶ **HELP AT HOME SERVICES (RS)**  
443-275-1524

▶ **HOME CARE OF BALTIMORE (RS)**  
410-978-8236

▶ **HOME HELP MARYLAND LLC (RS)**  
410-566-5015

▶ **HOME HELPERS DIRECT LINK 58679 (RS)**  
443-519-4070

▶ **HOME INSTEAD SENIOR CARE (RS)**  
410-337-8910

▶ **HOME WITH YOU, LLC (RS)**  
410-654-3300

▶ **HOME CALL OF BALTIMORE (HH)**  
410-644-0105

▶ **HOMECARE MARYLAND, LLC (HH)**  
410-566-5015

▶ **HOMECARE WORKS, INC. (NR)**  
410-602-5101

▶ **HOMESTEAD HEALTH SERVICES (RS)**  
410-356-1925

▶ **HOMEWATCH CAREGIVERS OF MARYLAND (RS)**  
410-821-1944

▶ **IDEAL HEALTHCARE SOLUTIONS, LLC (RS)**  
443-718-9579

▶ **INFINITY HEALTH CARE SERVICES, LLC (RS)**  
443-982-3052

▶ **INTERNATIONAL HEALTH CARE SERVICES (RS)**  
443-377-3281

▶ **IVORY HOUSE HEALTH SERVICES (RS)**  
410-823-3153

▶ **JAMHURI HEALTH CARE SERVICES, INC. (RS)**  
410-484-3656

▶ **JERRY'S CARING HANDS (RS)**  
410-497-0684

▶ **JESSEJOSH HEALTHCARE SERVICES, INC. (RS)**  
443-791-9038

▶ **JOHNS HOPKINS HOME CARE GROUP (HH, RS)**  
410-288-8000

▶ **JPS HEALTH SERVICES (RS)**  
443-310-1205

▶ **KADRIS HEALTHCARE SERVICES (RS)**  
443-272-6227

▶ **KIND NURSES (NR)**  
443-220-2973

# H

## HOME HEALTH SERVICES

▶ **LAMPS HEALTHCARE SERVICES (RS)**  
410-701-7183

▶ **LIFE CARE HEALTH SERVICES, LLC (RS)**  
443-253-5264

▶ **LIFELINE HEALTHCARE SERVICES, LLC (RS)**  
443-255-7893

▶ **LIVING WATERS HEALTH SERVICES (RS)**  
443-878-6741

▶ **LOVING CARE SVCS, INC. (NR)**  
410-602-8666

▶ **LPNS (RS)**  
410-323-5767

▶ **LUBA'S SERVICES, INC. (RS)**  
410-869-7840

▶ **MARGARET'S CARE AGENCY (RS)**  
410-864-8333

▶ **MARYLAND HOME HEALTH, LLC (HH)**  
410-486-8303

▶ **MAXIM HEALTHCARE SERVICES (RS)**  
877-586-2946

▶ **MARYLAND HEALTHCARE RESOURCES, INC. (RS)**  
410-523-7400

▶ **MCH HEALTHCARE SERVICES (RS)**  
410-963-3993

▶ **MEDSTAR HEALTH VISITING NURSE ASSOCIATION, INC. (HH)**  
410-933-2900

▶ **MICHAEL HEALTHCARE SERVICES LLC (RS)**  
443-204-2916

▶ **MULTIFOLD HEALTH-CARE SERVICES INC. (RS)**  
410-585-9550

▶ **NO PLACE LIKE HOME CARE & SUPPORT SERVICES, LLC (RS)**  
410-444-1900

▶ **NURSES ON DEMAND, INC. (RS)**  
443-841-2060

▶ **NURSEZ R US (RS)**  
410-844-3127

▶ **NURSING ASSISTANCE HOME CARE, INC. (NR)**  
443-850-4829

▶ **NURSING CARE EXPERTS INC. (RS)**  
410-667-1254

▶ **NURSING AND HEALTH SERVICES TRAINING CONSULTANTS (RS)**  
410-528-5430

▶ **OBIMEM CARING HAND (RS)**  
410-419-3358

▶ **OKOJIE HEALTHCARE, INC. (RS)**  
410-242-0750

▶ **ONE CHOICE NURSING SERVICES (RS)**  
410-536-1026

▶ **OPEFUL HEART HEALTHCARE SERVICES (RS)**  
443-280-2515

▶ **OPTIMA HEALTH CARE, INC. (RS)**  
443-794-4339

▶ **OPTIONS FOR SENIOR AMERICA (RS)**  
410-448-1100

▶ **PARKVILLE NURSING AND REHABILITATION (RS)**  
410-661-1582

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## HOME HEALTH SERVICES

▶ **P-B HEALTH HOME CARE AGENCY, INC. (HH)**  
410-235-1060

▶ **PATHFINDER HEALTH CARE SERVICES (RS)**  
410-655-5520

▶ **PATIENCE HEALTH CARE (RS)**  
443-801-8693

▶ **PAULSEM HEALTHCARE LLC (RS)**  
443-851-0587

▶ **PEACE & LOVE HEALTHCARE SERVICES (RS)**  
410-505-8636

▶ **PERSONAL HOME CARE (RS)**  
410-486-5330

▶ **PERSONAL TOUCH HOME CARE OF BALTIMORE, INC. (HH, RS)**  
410-321-8448  
[www.pthomecare.com](http://www.pthomecare.com)  
33 years providing nurses, therapists and aides. Medicare, private insurance.

▶ **PETRA HEALTHCARE (RS)**  
443-824-9461

▶ **PRECIOUS HEARTS COMPANION CARE, INC. (RS)**  
410-963-1519  
410-655-0752  
Providing quality in-home personal care services and promoting independence.

▶ **PREFERRED HOME CARE, LLC (RS)**  
410-248-9800

▶ **PRIVATE HOME CARE, LLC (RS)**  
410-486-6565

▶ **PROBITY HEALTH, INC. (RS)**  
410-383-9977

▶ **PROFESSIONAL HEALTHCARE RESOURCES (HH)**  
410-368-2825

▶ **PROGRESSIVE CARE AT HOME (NR, RS)**  
410-337-5200

▶ **PROVIDENTIAL HEALTH CARE (RS)**  
410-998-9978

▶ **QUICKSTART HEALTH SERVICES LLC (NR, RS)**  
443-623-2446

▶ **REJOICE HEALTH SERVICES (RS)**  
443-854-5678

▶ **RELIABLE MEDICAL NURSING SERVICES (RS)**  
410-929-8942

▶ **RESORT HEALTH SERVICES (RS)**  
410-444-4104

▶ **RESPONSIVE HOME CARE (RS)**  
410-561-4848

▶ **RIGHT AT HOME #1367 (RS)**  
443-835-4413

▶ **RMG (RS)**  
410-466-7711

▶ **ROSE TOUCH STAFFING AGENCY LLC (NR)**  
240-441-0265

▶ **ROYAL EXPRESS MEDICAL (RS)**  
410-298-3431

▶ **ROYAL HOME CARE AGENCY, LLC (RS)**  
410-825-8977

▶ **SENIOR HELPERS, LLC (RS)**  
410-453-6172

▶ **SHILOH HOMECARE SERVICES (RS)**  
410-521-0091



▶ **SMITH HEALTHCARE REGISTRY, INC. (RS)**  
410-296-6855

▶ **SMITH'S PRIVATE DUTY NURSING (NR)**  
410-262-8594

▶ **STEIN HOME HEALTH CARE (RS)**  
443-405-7436

▶ **STELLA MARIS HOME HEALTH CARE AND HOSPICE (HH, RS)**  
410-252-4500, Ext. 7294  
[www.stellamaris.org](http://www.stellamaris.org)  
Long-term, hospice, home care, housing, respite, rehab services available.

▶ **SUPERIOR HEALTH SERVICES, LLC (RS)**  
443-600-1559

▶ **SUPPORT NETWORK, INC. (NR)**  
410-788-6334

▶ **SYNERGY HOME CARE OF BALTIMORE (RS)**  
410-339-7260

▶ **TEAM CARE NURSING SERVICES, INC. (RS)**  
410-713-0950

▶ **TEMAH HEALTHCARE SERVICES (RS)**  
410-746-4039

▶ **TENDER HEART HEALTHCARE SERVICES, INC. (RS)**  
443-388-4158

▶ **THE LISA VOGEL AGENCY (RS)**  
410-363-7770

▶ **THE NURSE BANK OF MARYLAND, INC (NR)**  
410-486-3350

▶ **THE NURSE CONCIERGE (NR)**  
443-471-6189

▶ **TILLER'S PRIVATE DUTY AGENCY, LLC (NR)**  
443-226-5932

▶ **TONI'S HOME CARE (RS)**  
410-277-8550

▶ **TOTAL ACCESS HOME HEALTH CARE INC. (RS)**  
410-655-3498

▶ **TRINITY CARE, INC. (RS)**  
443-478-8371

▶ **TRULIFE HEALTH SERVICES (RS)**  
410-298-3431

▶ **TRUSTWORTHY STAFFING SOLUTIONS, LLC (RS)**  
410-484-4156

# H

## HOME HEALTH SERVICES

▶ **UK NURSING SERVICES (RS)**  
443-228-8133

▶ **UNITED MEDICAL CARE (RS)**  
443-986-2606

▶ **VAUGHAN HOME CARE SERVICES, INC. (RS)**  
443-559-6097

▶ **VERSATILE HOME HEALTHCARE, LLC (RS)**  
410-889-0727

▶ **VICENZA HOME CARE SERVICES, INC. (RS)**  
410-882-0568

▶ **VICTABOL HEALTHCARE AGENCY (RS)**  
410-258-0565

▶ **VICTOIRE HEALTH SERVICES (RS)**  
410-444-0461

▶ **VISITING ANGELS - BALTIMORE EAST (RS)**  
410-323-6856

▶ **VISITING ANGELS - PIKESVILLE (RS)**  
410-218-9506

▶ **VISITING ANGELS - TOWSON (RS)**  
410-337-7838

▶ **VISITING NURSE ASSOCIATION OF MARYLAND (HH)**  
410-594-2600

▶ **WE CARE PRIVATE DUTY SERVICES, INC. (NR, RS)**  
410-602-3993

▶ **XAVIER HEALTH SERVICES (RS)**  
410-484-0626

▶ **ZIBAH CARE (RS)**  
240-441-0239

### HOME CARE (NON-MEDICAL)

These agencies have no licensing requirements. They provide services such as light chores, grocery shopping, errand running, companionship, and more, but without a medical component. Follow the previous guidelines for bringing a care provider into your home regarding payment, Workers Compensation, background checks and bonding.

▶ **BRIGHTSTAR HEALTHCARE OF BALTIMORE CITY/COUNTY**  
443-275-2796 (24-Hour Service)  
[www.brightstarcare.com/baltimore-citycounty/](http://www.brightstarcare.com/baltimore-citycounty/)  
Private duty homecare: nursing assistants, RN's, LPN's, Joint Commission Accreditation.

▶ **COMPASSIONATE HOME HEALTH CARE, INC.**  
410-616-9679  
410-292-8440  
[www.compassionatehhc.com](http://www.compassionatehhc.com)  
Providing quality and affordable home health care services with compassion.

▶ **SENIOR HELPERS**  
410-453-6172  
[www.seniorhelpers.com](http://www.seniorhelpers.com)  
Care and comfort at a moment's notice.

▶ **SENIORS HELPING SENIORS**  
410-989-3775  
[www.seniorshelpingseniors.com/westbaltimorecounty](http://www.seniorshelpingseniors.com/westbaltimorecounty)  
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[www.optionscorp.com](http://www.optionscorp.com)





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Medicaid/Medicare



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# H HOME REPAIRS, MODIFICATIONS AND ASSISTANCE

## HOME REPAIRS, MODIFICATIONS AND ASSISTANCE

See also Assistive Technology and Disability Assistance.

### ► ACCESSIBLE HOMES FOR SENIORS

Maryland Access Point of Baltimore County  
410-887-2594  
Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point  
410-396-2273  
[www.mdhousing.org](http://www.mdhousing.org)  
Home modification loans for housing accessibility features. Interest-free, 30 year loans for income eligible individuals 55 and older.

### ► ASSISTIVE TECHNOLOGY GUARANTEED LOAN PROGRAM

410-554-9230  
800-832-4827  
866-881-7488 (TTY)  
Low interest loans for home modifications and assistive devices for persons with disabilities.

### ► BALTIMORE CITY DEPARTMENT OF HOUSING AND COMMUNITY DEVELOPMENT REHABILITATION SERVICES

410-396-3023 (Request Application)  
Loan financing to assist low and moderate income homeowners with emergency repairs to their home. Depending on eligibility, loans are provided in the form of deferred, forgivable or below market rates.

### ► BALTIMORE ENERGY CHALLENGE

443-869-2614  
Energy reduction education and energy efficient products for Baltimore City residents.

### ► BGE SMART ENERGY SAVERS PROGRAM

800-845-6195  
Eligible homeowners can receive free home energy audit and assistance to increase energy efficiency.

### ► CHAI: COMPREHENSIVE HOUSING ASSISTANCE INC.

410-466-1990

### ► CIVIC WORKS

410-366-8533

### ► DEVELOPMENTAL DISABILITIES ADMINISTRATION

410-234-8200

### ► EMPOWER MARYLAND LOW INCOME ENERGY EFFICIENCY PROGRAM (LIEEP)

855-583-8976  
Assists eligible households by providing improvements to the home to lower utility bills.

### ► HOUSING OPPORTUNITIES

410-887-3124 (County)  
410-396-4151 (City)  
Housing Rehabilitation, Emergency Repair Program and Residential Accessibility Modification Program for income eligible residents through low interest loans.

### ► KITCHEN SAVER

800-427-0108  
410-363-8283  
MHIC #28743  
[www.kitchensaver.com](http://www.kitchensaver.com)  
10315 South Dolfield Road  
Owings Mills 21117  
Making kitchens accessible for safe independent living for 30 years.

### ► LEAD SAFE BALTIMORE COUNTY

410-887-3668  
Lead hazard reduction program and education. Criteria and income eligible requirements.

# H

## HOME REPAIRS, MODIFICATIONS AND ASSISTANCE

### ▶ LIGHT PROGRAM: LEADING INNOVATION FOR A GREEN AND HEALTHY TOMORROW

410-396-3023  
Screening for 50 plus programs and benefits which include home repair, energy conservation, healthy home improvements, tax credits, employment assistance, health care access and others.

### ▶ MARYLAND HOME IMPROVEMENT COMMISSION

410-230-6309  
Licenses and regulates home improvement contractors and subcontractors.

### ▶ NEIGHBORHOOD REHABILITATION LOAN PROGRAM - PARK HEIGHTS RENAISSANCE

410-664-4890  
Loan to residents in the Park Heights area to provide repairs on aging and slightly distressed homes.

### ▶ P.G. BUILDERS, INC.

301-346-1902  
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www.pgbuilders.com  
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### ▶ REBUILDING TOGETHER

410-889-2710

### ▶ REMODEL USA

301-333-6000  
MHIC# 125450  
www.1800basement.com  
605 Hampton Park Boulevard  
Capital Heights 20743  
Fine remodeling to fit your renovation needs.

### ▶ WEATHERIZATION ASSISTANCE PROGRAM (WAP)

410-514-7621  
855-583-8976  
Assistance for low income households with installation of free energy conservation materials to help reduce energy costs. Application also accepted through local agencies.  
**Baltimore County Community Assistance Network**  
410-285-4674  
**Diversified Housing Development**  
410-496-1214  
**MD Energy Conservation**  
866-879-2283  
**Baltimore City Department of Housing/WAP Program**  
443-984-1066

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# H

## HOME REPAIRS, MODIFICATIONS AND ASSISTANCE - HOSPITALS

### CERTIFIED AGING IN PLACE SPECIALISTS (CAPS)

► **HOME BUILDERS ASSOCIATION OF MARYLAND**  
410-265-7400 (CAPS Information)

### HOSPICE SERVICES

Hospice provides non-curative medical and support services for those with a terminal illness. Services may be provided in the home or in a facility. Insurance may cover most costs. This list from OHCQ is current as of October 8, 2014. Supplemental information is from the Maryland Health Care Commission. For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273.

► **AMEDISYS HOSPICE OF GREATER CHESAPEAKE**  
410-686-5635

► **CARROLL HOSPICE**  
410-871-8000

► **GILCHRIST HOSPICE CARE**  
443-849-8200

► **HEARTLAND HOSPICE SERVICES**  
410-719-8670

► **JOSEPH RICHEY HOSPICE/DR. BOB'S PLACE**  
410-523-2150

► **OPTUM™ PALLIATIVE AND HOSPICE CARE**  
410-379-3599

► **PROFESSIONAL HEALTHCARE RESOURCES OF BALTIMORE**  
410-368-2825

► **SEASONS HOSPICE & PALLIATIVE CARE OF MARYLAND**  
410-594-9100

► **STELLA MARIS**  
410-252-4500  
[www.stellamaris.org](http://www.stellamaris.org)  
2300 Dulaney Valley Road  
Timonium 21093  
Long-term, hospice, home care, housing, respite, rehab services available.

### NURSING AGENCIES OFFERING HOSPICE SUPPORT

See also Home Health Services and Home Care (Non-Medical).

► **BRIGHTSTAR HEALTHCARE OF BALTIMORE CITY/COUNTY**  
443-275-2796 (24-Hour Service)  
[www.brightstarcare.com/baltimore-citycounty/](http://www.brightstarcare.com/baltimore-citycounty/)  
1615 York Road, Suite 205  
Lutherville-Timonium 21093  
Private duty homecare: nursing assistants, RN's, LPN's, Joint Commission Accreditation.

► **COMFORCARE HOME CARE SERVICES**  
410-922-6262  
410-922-6221  
[www.nwbaltimore.comforcare.com](http://www.nwbaltimore.comforcare.com)  
9952 Liberty Road  
Randallstown 21133  
ComForcare provides care to help persons thrive in their home.

► **ELIZABETH COONEY CARE NETWORK**  
410-323-1700 (24-Hour Service)  
[www.elizabethcooneyagency.com](http://www.elizabethcooneyagency.com)  
1107 Kenilworth Drive, Suite 200  
Towson 21204  
Celebrating 58 years - caring professional PT's, RN's, LPN's, CNA's, companions.

► **HOMEWATCH CAREGIVERS OF MARYLAND**  
410-821-1944 (24-Hour Service)  
877-357-0795 (Toll Free)  
[www.homewatchcaregivers.com/baltimore](http://www.homewatchcaregivers.com/baltimore)  
Providing quality care for your loved ones since 1980.

### NURSING HOMES OFFERING HOSPICE SUPPORT

► **GREEN HOUSE RESIDENCES AT STADIUM PLACE, THE**  
443-414-6218  
410-554-9890  
[www.greenhousemd.org](http://www.greenhousemd.org)  
1010 E. 33<sup>rd</sup> Street  
Baltimore 21218  
Boutique style rehabilitation/skilled nursing in a private, comfortable setting.

### HOSPITALS

► **BON SECOURS BALTIMORE HEALTH SYSTEM**  
410-362-3000  
2000 W. Baltimore Street  
Baltimore 21223

► **GREATER BALTIMORE MEDICAL CENTER**  
443-849-2000  
443-849-GBMC (4262)  
[www.gbmc.org](http://www.gbmc.org)  
6701 N. Charles Street  
Baltimore 21204

► **JOHNS HOPKINS HOSPITAL**  
410-955-5000  
1800 Orleans Street  
Baltimore 21287

► **LEVINDALE HEBREW GERIATRIC CENTER AND HOSPITAL**  
410-601-2400  
2434 W. Belvedere Avenue  
Baltimore 21215

► **MEDSTAR FRANKLIN SQUARE MEDICAL CENTER**  
443-777-7000  
9000 Franklin Square Drive  
Baltimore 21237

► **MEDSTAR GOOD SAMARITAN HOSPITAL**  
443-444-8000  
5601 Loch Raven Boulevard  
Baltimore 21239

► **MEDSTAR HARBOR HOSPITAL & HARBOR HOSPITAL LIFE RESOURCE CENTER**  
410-350-3200  
3001 S. Hanover Street  
Baltimore 21225

► **MEDSTAR UNION MEMORIAL HOSPITAL**  
410-554-2000  
201 E. University Parkway  
Baltimore 21218

► **MERCY MEDICAL CENTER**  
410-332-9000  
301 Saint Paul Place  
Baltimore 21202

► **NORTHWEST HOSPITAL CENTER**  
410-521-2200  
5401 Old Court Road  
Randallstown 21133

► **SAINT AGNES HOSPITAL**  
410-368-6000  
900 Caton Avenue  
Baltimore 21229

► **SINAI HOSPITAL**  
410-601-9000  
2401 W. Belvedere Avenue  
Baltimore 21215

# H

## HOSPITALS

► **UNIVERSITY OF MARYLAND MEDICAL CENTER**

800-492-5538  
22 S. Greene Street  
Baltimore 21201

► **UNIVERSITY OF MARYLAND MIDTOWN CAMPUS**

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827 Linden Avenue  
Baltimore 21201

► **UNIVERSITY OF MARYLAND REHABILITATION & ORTHOPAEDIC INSTITUTE**

888-4KERNAN  
2200 Kernan Drive  
Baltimore 21207

► **UNIVERSITY OF MARYLAND - ST. JOSEPH MEDICAL CENTER**

410-337-1000  
7601 Osler Drive  
Towson 21204

► **VA MEDICAL CENTER**

410-605-7000  
10 N. Green Street  
Baltimore 21201

### HOSPITAL SUBSPECIALTIES

► **GBMC SENIOR SERVICES**

443-849-3714  
[www.gbmc.org/seniorservices](http://www.gbmc.org/seniorservices)  
6701 N. Charles Street,  
Suite 4501  
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#### MISSION STATEMENT

**Kadie Pro Health** is a Residential Service Agency whose mission is to provide high quality home health care services to our clients in the comfort of their homes. We provide personal care and skilled nursing services to adults with physical and intellectual disabilities, elderly or chronically ill or sick individuals in respite or at home.

We recruit highly experienced and certified personnel because we know you deserve to have a caregiver who is experienced in providing the services that are needed in your home. We also conduct criminal background checks on all of our staff members prior to hiring.

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Baltimore County



Carroll County

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# H

## HOTLINES



### HOTLINES

► **2-1-1 MARYLAND AT FIRST CALL FOR HELP**  
2-1-1

The 24/7 telephone number for accessing information about health and human services.

► **BALTIMORE CHILD AND ADOLESCENT RESPONSE SYSTEM (B-CARS)**  
410-752-2272

► **BALTIMORE CITY ADULT PROTECTIVE SERVICES**  
410-361-5000 (Adult)  
410-361-2235 (Child)

► **BALTIMORE CITY CRISIS RESPONSE SYSTEMS**  
410-433-5175

► **BALTIMORE COUNTY CRISIS RESPONSE SYSTEMS**  
410-931-2214

Twenty-four hour crisis and suicide prevention hotline with linkage to community treatment and support.

► **BALTIMORE COUNTY DEPARTMENT OF SOCIAL SERVICES, 24-HOUR SEXUAL ASSAULT/ DOMESTIC VIOLENCE CRISIS HOTLINE**  
410-828-6390  
Hotline responding to sexual assault and domestic violence calls.

► **BALTIMORE COUNTY DEPARTMENT OF SOCIAL SERVICES (SCREENING UNIT)**  
410-853-3000  
Advocates and provides protective services for residents of all ages through assessments, case management, residential and financial services. Provides information, assistance and referral for emergency shelter for homeless individuals.

► **CHANA JEWISH FEDERATION OF BALTIMORE**  
410-234-0023

► **COMMODITY FUTURES TRADING COMMISSION (CFTC)**  
202-418-5000

► **CRISIS HOTLINE/ EMERGENCY SHELTERS**  
410-433-8145

► **FEDERAL CITIZEN INFORMATION CENTER (FCIC)**  
800-FED-INFO

► **FEDERAL COMMUNICATION COMMISSION (FCC)**  
888-225-5322 (888-CALL FCC) Voice: toll-free  
888-835-5322 (888-TELL FCC) TTY: toll-free

► **GLBTQ DOMESTIC VIOLENCE PROJECT**  
800-832-1901

► **HOUSE OF RUTH**  
410-889-0840

► **INTERNET FRAUD COMPLAINT CENTER**  
www.ifccfbi.gov

► **MARYLAND CRISIS HOTLINE**  
800-422-0009  
Crisis hotline for people of all ages.

► **NATIONAL FRAUD INFORMATION CENTER**  
800-876-7060

► **NATIONAL DO NOT CALL REGISTRY**  
888-382-1222

► **NATIONAL FRAUD INFORMATION CENTER (NFIC)**  
800-876-7060

► **NATIONAL DOMESTIC VIOLENCE HOTLINE**  
800-799-7233 (SAFE)  
800-787-3224 (TTY)

► **NATIONAL SEXUAL ASSAULT HOTLINE**  
800-656-4673 (HOPE)

► **POISON CENTER**  
800-222-1222

► **TURNAROUND, INC.**  
410-377-8111  
410-828-6390 - (24 Hour Hotline)  
Counseling and services to victims of rape, incest, sexual assault and domestic violence.

► **VETERANS SUICIDE PREVENTION**  
800-273-8255



You aren't just a health plan member.

You are our patient too.



MedStar Medicare Choice

MedStarMedicareChoice.org

# H

## HOUSEKEEPING - HOUSING - APARTMENTS

### HOUSEKEEPING

See also Home Health Services and Home Care (Non-Medical). Additional services may be required. Please discuss specific service requirements with agency.

#### ► COMFORCARE HOME CARE SERVICES

410-922-6262  
410-922-6221  
[www.nwbaltimore.comforcare.com](http://www.nwbaltimore.comforcare.com)  
ComForcare provides care to help persons thrive in their home.

#### ► COMPASSIONATE HOME HEALTH CARE, INC.

410-616-9679  
410-292-8440  
[www.compassionatehhc.com](http://www.compassionatehhc.com)  
Providing quality and affordable home health care services with compassion.

#### ► SENIORS HELPING SENIORS

410-989-3775  
[www.seniorshelpingseniors.com/westbaltimorecounty](http://www.seniorshelpingseniors.com/westbaltimorecounty)  
Seniors Helping Seniors...a way to give and to receive@.

### HOUSING

For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273. Please also refer to [www.baltimorecountymd.gov/Agencies/aging/housing](http://www.baltimorecountymd.gov/Agencies/aging/housing) and [www.mdhousingsearch.org](http://www.mdhousingsearch.org).

### APARTMENTS FOR SENIORS

Eligibility for these apartments is based on income. Most units are for persons age 62 and older, although a few accept younger persons with disabilities. There are usually no supportive services. The Eating Together program is on-site at designated (\*) apartments. Rents are below market value and may vary based on building type, resident's income and apartment size. Waiting lists are typical. Contact each facility for application information. Some buildings are equipped with mobility impaired apartments.

#### ► ABUNDANT LIFE TOWERS\*

410-367-5433  
3915 Callaway Avenue  
Baltimore 21215  
99 units, one/two bedrooms.

#### ► ABUNDANT LIFE TOWERS II\*

410-233-2002  
5110 Baltimore National Pike  
Baltimore 21229  
60 units, efficiencies/  
one-bedroom.

#### ► AHEPA SENIOR HOUSING

410-732-1275  
1351 S. Clinton Street  
Baltimore 21231  
57 units, one/two bedrooms.

#### ► AIGBURTH VALE SENIOR COMMUNITY

Managed by St. Ambrose Housing  
410-296-6695  
[www.stambros.org/pages/rentalservices.html](http://www.stambros.org/pages/rentalservices.html)  
212 Aigburth Road  
Towson 21286  
6 one-bedroom mansion bldg. apts.  
64 one-bedroom new bldg. apts.  
Elevator buildings with wheelchair accessibility.  
Gracious living in a convenient and park-like setting.

#### ► ALCOTT PLACE

410-466-4960  
2702 Keyworth Avenue  
Baltimore 21215

#### ► APOSTOLIC TOWERS

410-342-1353  
201 N. Washington Street  
Baltimore 21231  
149 units, one/two bedrooms.

#### ► ARLINGTON ESTATES CO-OP

800-362-0548  
[www.csi.coop](http://www.csi.coop)  
4601 W. Northern Parkway  
Baltimore 21215  
68 one-bedroom units, elevator.  
Affordable rental community for seniors.

#### ► BASILICA PLACE\*

410-539-0418  
124 W. Franklin Street  
Baltimore 21201  
200 units, one/two bedrooms.

#### ► BELLVIEW MANCHESTER

410-462-4186  
342 Bloom Street  
Baltimore 21217  
48 one-bedroom units.

#### ► BELVEDERE GREEN\*

410-433-7255  
1651 E. Belvedere Avenue  
Baltimore 21239  
165 units, efficiencies/  
one-bedroom.

#### ► BOLTON HOUSE APARTMENTS

410-728-3100  
1100 Bolton Street  
Baltimore 21201  
Efficiencies, one/two bedrooms.

#### ► BOLTON NORTH\*

410-462-5433  
1600 W. Mount Royal Avenue  
Baltimore 21217  
208 one-bedroom units.



#### ► BON SECOURS BENET HOUSE

410-566-0701  
400 Millington Avenue  
Baltimore 21223  
101 units, efficiencies/  
one-bedroom.

#### ► BON SECOURS HOLLINS TERRACE

410-566-2701  
1800 Hollins Street  
Baltimore 21223  
84 units, efficiencies/  
one-bedroom.

#### ► BON SECOURS SMALLWOOD SUMMIT

410-566-5792  
2 N. Smallwood Street  
Baltimore 21223  
90 units, one/two bedrooms.

#### ► BOWLEYS GARDEN VILLA CO-OP

800-362-0548  
[www.csi.coop](http://www.csi.coop)  
5200 Bowleys Lane  
Baltimore 21206  
78 one-bedroom units, elevator.  
Affordable rental community for seniors.

#### ► BROADWAY COURT

410-522-5053  
925 N. Broadway  
Baltimore 21205  
47 units.

# H

## HOUSING - APARTMENTS

### ► CENTER PLACE APARTMENTS

410-285-6666  
101 Center Place  
Dundalk 21222  
160 units, 152 one-bedroom,  
8 two-bedroom.

### ► CHARLES R. UNCLES SENIORS PLAZA

410-523-3890  
607 N. Pennsylvania Avenue  
Baltimore 21201  
47 units, one/two bedrooms.

### ► CHERRY HILL SENIOR MANOR

410-354-3740  
901 Cherry Hill Road  
Baltimore 21225  
80 units, one/two bedrooms.

### ► CHRIST CHURCH HARBOR APARTMENTS

410-837-1010  
600 Light Street  
Baltimore 21230  
288 units, efficiencies/one-bedroom.

### ► COLE GRANT-HIGGS SENIOR APARTMENTS

410-532-1501  
1700 N. Gay Street  
Baltimore 21230  
57 units, efficiencies/one-bedroom.

### ► COURSEY STATION-CATHOLIC CHARITIES

410-242-6167  
200 First Avenue  
Baltimore 21227  
49 units, efficiencies/one-bedroom, 6 disabled.

### ► COVE POINT APARTMENTS

410-288-2344  
7801 Peninsula Expressway  
Dundalk 21222  
100 units, one/two bedrooms.

### ► COVE POINT II APARTMENTS

410-288-2344  
7795 Peninsula Expressway  
Dundalk 21222  
48 units, one/two bedrooms.

### ► DAY VILLAGE

410-284-7100  
503 Avondale Road  
Dundalk 21222  
20 one-bedroom units.

### ► DE-PAUL HOUSE\*

410-644-8484  
3300 Benson Avenue  
Baltimore 21227  
109 units, one/two bedrooms.

### ► DISTILLERY APARTMENTS

410-631-6033  
2108 Boston Street  
Baltimore 21231  
36 units.

### ► EDNOR APARTMENTS

410-243-0180  
1040 E. 33rd Street  
Baltimore 21218  
110 units, one/two bedrooms.

### ► EDNOR APARTMENTS II

410-243-4301  
1050 E. 33rd Street  
Baltimore 21218  
85 units, one/two bedrooms.

### ► EPIPHANY HOUSE\*

410-323-3040  
5610 York Road  
Baltimore 21212  
33 units, efficiencies.

### ► ESSEX CO-OP APARTMENTS\*

800-362-0548  
www.csi.coop  
1000 Franklin Avenue  
Essex 21221  
209 one-bedroom units,  
elevator.  
Affordable rental community for  
seniors.

### ► EVERALL GARDENS SENIOR APARTMENTS

410-444-5837  
6100 Everall Avenue  
Baltimore 21206  
69 one-bedroom units.

### ► EVERGREEN AT RENAISSANCE SQUARE

410-780-4888  
1600 Evergreen Way  
Essex 21221  
81 one/two bedroom units.

### ► FAIRBROOKE APARTMENTS

410-272-8880  
410-367-0766  
www.mtwashingtonmgtgroup.com  
700 W. Bel Air Avenue  
Aberdeen 21001  
114 one-bedroom units, 8 two-bedroom units, 2 elevators, 4 stories, some units w/balconies and patios.  
Your new home - affordable independent lifestyle.

### ► FAIRGREEN SENIOR COMMUNITY

410-642-9080  
877-443-6114  
www.mtwashingtonmgtgroup.com  
100 Greenway  
Perryville 21903  
92 units, 74 one-bedroom, 18 two-bedroom, 2 elevators, some units w/balconies and patios.  
Your new home - affordable independent lifestyle.

### ► FAIRSPRING APARTMENTS

410-869-8740  
410-367-0766  
www.mtwashingtonmgtgroup.com  
1121 St. Agnes Lane  
Baltimore 21207  
100 units, 88 one-bedroom, 4 one-bedroom w/den, 8 two-bedrooms, 2 elevators.  
Your new home - affordable independent lifestyle.

### ► FAIRVIEW APARTMENTS

410-658-0488  
877-443-6114  
www.mtwashingtonmgtgroup.com  
100 McNamee Lane  
Rising Sun 21911  
75 units, 67 one-bedroom, 8 two-bedroom, elevator, some units w/balconies and patios.  
Your new home - affordable independent lifestyle.

### ► FOXWELL MEMORIAL

410-728-4550  
3700 Greenspring Avenue  
Baltimore 21215  
155 units, one/two bedrooms.

### ► FRANKLIN SQUARE SCHOOL APARTMENTS

410-947-9000  
229 N. Mount Street  
Baltimore 21223  
1 bedroom apartments.

### ► GALLAGHER MANSION

410-435-6988  
431 Notre Dame Lane  
Baltimore 21212  
40 one-bedroom units.

### ► GOLDEN RING CO-OP\*

800-362-0548  
www.csi.coop  
8620 Kelso Drive  
Essex 21221  
154 one bedroom units,  
elevator.  
Affordable rental community for  
seniors.

### ► GREATER NEW HOPE APARTMENTS

410-225-0003  
725 Walbrook Avenue  
Baltimore 21216  
80 units, efficiencies/one-bedroom.

### ► GREENS AT ENGLISH COUNSEL, THE

443-701-9225  
4120 Oak Road  
Halethorpe 21227  
90 one/two bedroom units.

### ► GREENS AT LIBERTY ROAD, THE

410-655-1100  
9707 Liberty Road  
Randallstown 21133  
105 one/two bedroom units.

### ► GREENS AT LOGAN FIELD, THE

410-288-2000  
3455 Dundalk Avenue  
Dundalk 21222  
81 one/two bedroom units.

# Catholic Charities Senior Communities

## *Exceptional, Affordable Apartment Communities for Older Adults*

- **Service Coordination** available to all residents at all locations at no cost.
- **Senior Support Services** offered at 9 locations. Daily meals, weekly in-home and personal services for an affordable monthly fee.
- **Most residents pay just 30% of adjusted income for rent.** To be eligible for 21 of the 24 communities, income must not exceed \$29,250 for an individual and \$33,400 for a couple.\*
- **At Everall Gardens in Overlea, Kessler Park in Lansdowne and St. Mark's Apartments in Catonsville:**  
**Income must not exceed \$35,100 for one person (\$40,080 for two).**
- *Rents vary from \$493 to \$739. Housing Choice Vouchers and TBRA are accepted, lowering rent further for those who qualify.*
- Applicant must be 62 or older and meet lease requirements.  
*\*Note: Income limits change annually*



### **Baltimore County – 12 locations**

#### **Catonsville**

**St. Mark's Apartments**

#### **Edgemere**

**St. Luke's Place**

#### **Lansdowne**

**Kessler Park & Coursey Station**

#### **Nottingham**

**Village Crossroads I & II**

#### **Owings Mills**

**Owings Mills New Town**

#### **Pikesville**

**St. Charles House**

#### **Reisterstown**

**Reister's Clearing & Reister's View**

#### **Towson**

**Trinity House**

#### **Woodlawn**

**Holy Korean Martyrs**

### **Anne Arundel County – 3 locations**

#### **Glen Burnie**

**Arundel Woods**

#### **Odenton**

**Friendship Station & Friendship Village**

### **Baltimore City – 6 locations**

#### **East Baltimore**

**Our Lady of Fatima I & II**

#### **Mount Vernon**

**Basilica Place**

#### **Overlea**

**Everall Gardens**

#### **Violetville**

**DePaul House & St. Joachim House**

### **Garrett County**

#### **Grantsville**

**Starnier Hill**

### **Harford County – 2 locations**

#### **Aberdeen**

**Aberdeen Court**

#### **Abingdon**

**Abingdon Gardens**

Answers for the Aging

**410-646-0100**

Free information and referral source for older adults and their families

**CATHOLIC CHARITIES**  
**SENIOR COMMUNITIES**

**Call 443-798-3423 for more information or to request an application**  
**Tour an Apartment and Visit us at [cc-md.org/senior-communities](http://cc-md.org/senior-communities)**



Catholic Charities welcomes people regardless of faith and is an Equal Housing Opportunity provider.



# H

## HOUSING - APARTMENTS

► **GREENS AT ROLLING ROAD, THE**

410-744-9988  
1505 N. Rolling Road  
Catonsville 21228  
83 one/two bedroom units.

► **HANOVER SQUARE APARTMENTS\***

410-962-1131  
1 W. Conway Street  
Baltimore 21201  
199 one-bedroom units.

► **HARLEM GARDENS**

410-728-4009  
1700 Edmondson Avenue  
Baltimore 21223  
94 units, one/two bedrooms.

► **HARVEY JOHNSON TOWERS**

410-728-1166  
1510 W. Mosher Street  
Baltimore 21217  
120 units, efficiencies/one-bedroom.

► **HIGHLANDTOWN PLAZA CO-OP**

800-362-0548  
www.csi.coop  
155 Grundy Street  
Baltimore 21224  
74 one-bedroom units, elevator.  
Affordable rental community for seniors.

► **HOLY KOREAN MARTYRS-CATHOLIC CHARITIES**

410-944-5959  
5500 Lexington Road  
Baltimore 21207  
74 one-bedroom units.

► **HOPKINS VILLAGE**

410-687-2828  
3 Brett Court  
Essex 21221  
164 one-bedroom units.

► **INDECCO HOUSING**

410-276-5114  
940 S. Lakewood Avenue  
Baltimore 21224  
45 units, efficiencies/one-bedroom.

► **IRVINGTON MEWS**

410-644-4487  
4300 Frederick Avenue  
Baltimore 21223  
100 units.

► **IRVINGTON PLACE APARTMENTS**

410-644-0589  
4025 Frederick Avenue  
Baltimore 21223  
One-bedroom senior studios.

► **JOHNSON SENIOR APARTMENTS**

410-837-3383  
501 E. Preston Street  
Baltimore 21202  
217 units, efficiencies, one/two bedrooms.

► **KESSLER PARK - CATHOLIC CHARITIES**

410-247-9244  
4230 Hollins Ferry Road  
Lansdowne 21227  
64 units, efficiencies, one/two bedrooms.

► **KIRKWOOD\***

410-323-8910  
6401 Loch Raven Boulevard  
Baltimore 21239  
262 one-bedroom units.

► **LAKEWOOD**

410-522-7444  
1401 Lakewood Avenue  
Baltimore 21213  
102 units, efficiencies, one/two-bedroom.

► **LANVALE TOWERS**

410-685-4600  
1300 E. Lanvale Street  
Baltimore 21213  
184 units, efficiencies, one/two/three/four bedrooms.




ALL COMMUNITIES  
ARE SMOKE FREE

**YOUR *New* LIFESTYLE BEGINS HERE**  
APARTMENT HOMES FOR THOSE 62 AND BETTER

<b>ANNE ARUNDEL COUNTY</b>	Randallstown 410-655-5673	<b>HOWARD COUNTY</b>
Furnace Branch 410-761-4150	☼ Rosedale 410-866-1886	Colonial Landing 410-796-4399
Severna Park 410-544-3411	Taylor 410-663-0363	Columbia 410-381-1118
<b>BALTIMORE CITY</b>	Towson 410-828-7185	Ellicott City 410-203-9501
Ashland Terrace 410-276-6440	Woodlawn 410-281-1120	Ellicott City II 410-203-2096
Coldspring 410-542-4400	<b>EASTERN SHORE</b>	Emerson 301-483-3322
<b>BALTIMORE COUNTY</b>	Easton 410-770-3070	Snowden River 410-290-0384
Catonsville 410-719-9464	<b>HARFORD COUNTY</b>	<b>PRINCE GEORGE'S COUNTY</b>
Dundalk 410-288-5483	Bel Air 410-893-0064	☼ Bladensburg 301-699-9785
Fullerton 410-663-0665	Box Hill 410-515-6115	Laurel 301-490-1526
Miramar Landing 410-391-8375		☼ Laurel II 301-490-9730

☼ = NEWLY RENOVATED

**www.ParkViewSeniorLiving.com**

Call the community nearest you to inquire about eligibility requirements and to arrange a personal tour or email [parkviewliving@sheltergrp.com](mailto:parkviewliving@sheltergrp.com).



Professionally managed by The Shelter Group. [www.thesheltergroup.com](http://www.thesheltergroup.com)



# H

## HOUSING - APARTMENTS

► **LEMKO HOUSING**  
410-342-7200  
603 S. Ann Street  
Baltimore 21231  
110 units, efficiencies, one/two bedrooms.

► **LIBERTY VILLAGE SENIOR HOUSING**  
410-523-1113  
3000 Towanda Avenue  
Baltimore 21215  
84 units, one/two bedrooms.

► **MARLBOROUGH APARTMENTS**  
410-669-3005  
1701 Eutaw Place  
Baltimore 21217  
227 units, efficiencies/one-bedroom.

► **MEADOWS OF REISTERSTOWN, THE**  
410-526-3380  
300 Cantata Court  
Reisterstown 21136  
80 units.

► **MEADOWS OF REISTERSTOWN II, THE**  
410-526-3380  
302 Cantata Court  
Reisterstown 21136  
76 units.

► **MEMORIAL APARTMENTS\***  
410-523-0013  
301 McMechen Street  
Baltimore 21217  
260 units, efficiencies/one-bedroom.

► **MESSIAH HALL**  
410-732-1275  
1024 S. Decker Street  
Baltimore 21224  
17 units, efficiencies/one-bedroom.

► **MONTEVERDE**  
410-728-4422  
2501 & 2503 Violet Avenue  
Baltimore 21215  
301 units, one/two bedrooms.

► **MORNINGSIDE SENIOR APARTMENTS**  
410-356-4798  
www.coniferllc.com  
104 Pleasant Ridge Drive  
Owings Mills 21117  
82 units, one/two bedrooms, elevator.  
Must be 62 or older. Income limits apply.

► **MORRELL PARK APARTMENTS**  
410-644-2334  
1820 Spence Street  
Baltimore 21230  
99 units, one/two bedrooms.

► **MT. CLARE OVERLOOK APARTMENTS\***  
410-727-4477  
833 W. Pratt Street  
Baltimore 21201  
110 units, one/two bedrooms.

► **N.M. CARROLL MANOR\***  
410-669-4270  
701 N. Arlington Avenue  
Baltimore 21217  
99 units, one/two bedrooms.

► **NEW SHILOH VILLAGE APARTMENTS**  
410-523-1649  
1901 Elgin Avenue  
Baltimore 21217  
80 units, one/two bedrooms.

► **OAKS AT LIBERTY**  
410-466-9267  
3501 Howard Park Avenue  
Baltimore 21207  
One/two bedroom units.

► **OLD COURT ESTATES CO-OP**  
800-362-0548  
www.csi.coop  
5105 Old Court Road  
Randallstown 21133  
51 one-bedroom units, elevator.  
Affordable rental community for seniors.

► **OLIVER PLAZA APARTMENTS**  
410-347-9694  
1401 E. Oliver Street  
Baltimore 21213  
Efficiencies/one-bedroom.

► **OWINGS MILLS NEW TOWN-CATHOLIC CHARITIES**  
410-902-8222  
9773 Groff's Mill Drive  
Owings Mills 21117  
68 one bedroom units.

► **OUR LADY OF FATIMA\***  
410-631-3555  
6424 E. Pratt Street  
Baltimore 21224  
54 one-bedroom units.

► **PARK HEIGHTS AVENUE APARTMENTS**  
410-367-5959  
5900 Parks Heights Avenue  
Baltimore 21215  
100 one-bedroom units.

► **PARK HEIGHTS PLACE**  
410-578-3445  
5430 Park Heights Avenue  
Baltimore 21215  
83 one-bedroom units.

► **PARK VIEW AT ASHLAND TERRACE**  
410-276-6440  
1705 E. Eager Street  
Baltimore 21205  
74 units, one/two bedrooms.

► **PARK VIEW AT CATONSVILLE\***  
410-719-9464  
303 Maiden Choice Lane  
Catonsville 21228  
101 one-bedroom units.

► **PARK VIEW AT COLDSRING\***  
410-542-4400  
4803 Tamarind Road  
Baltimore 21209  
99 units, one/two bedrooms.

► **PARK VIEW AT DUNDALK\***  
410-288-5483  
103 Center Place  
Dundalk 21222  
101 one-bedroom units.

► **PARK VIEW AT FULLERTON**  
410-663-0665  
4300 Cardwell Avenue  
Fullerton 21236  
90 one-bedroom units.

► **PARK VIEW AT MIRAMAR LANDING**  
410-391-8375  
705 Compass Road  
Middle River 21220  
80 one-bedroom units, 20 two-bedroom units.

► **PARK VIEW AT RANDALLSTOWN**  
410-655-5673  
3530 Resource Drive  
Randallstown 21133  
103 one-bedroom units.

► **PARK VIEW AT ROSEDALE**  
410-866-1886  
1315 Chesaco Avenue  
Rosedale 21237  
109 units.

► **PARK VIEW AT TAYLOR**  
410-663-0363  
4102 Taylor Avenue  
Baltimore 21236  
100 units, one/two bedrooms.

► **PARK VIEW AT TOWSON\***  
410-828-7185  
20 Dunvale Road  
Towson 21204  
112 units.

► **PARK VIEW AT WOODLAWN**  
410-281-1120  
2020 Featherbed Lane  
Woodlawn 21207  
101 one/two-bedroom units.

► **PENN-NORTH PLAZA 8\***  
410-383-8595  
1520 W. North Avenue  
Baltimore 21217  
66 units, efficiencies, one/two bedrooms.

# H

## HOUSING - APARTMENTS

### ► POLISH NATIONAL ALLIANCE

410-732-1100  
1627 Eastern Avenue  
Baltimore 21231  
20 units, efficiencies/one-bedroom.

### ► RANDALLSTOWN PAVILION CO-OP

800-362-0548  
www.csi.coop  
5109 Old Court Road  
Randallstown 21133  
76 one-bedroom units, elevator.  
Affordable rental community for seniors.

### ► RANDALLSTOWN VILLA CO-OP

800-362-0548  
www.csi.coop  
5107 Old Court Road  
Randallstown 21133  
74 one-bedroom units, elevator.  
Affordable rental community for seniors.

### ► REISTER'S CLEARING-CATHOLIC CHARITIES

410-517-4994  
304 Cantata Court  
Reisterstown 21136  
68 one-bedroom units.

### ► REISTER'S VIEW\* - CATHOLIC CHARITIES

410-517-4994  
306 Cantata Court  
Reisterstown 21136  
68 one-bedroom units.

### ► RIVER POINT

410-780-2881  
1900 Grove Manor Drive  
Essex 21221  
120 units, one/two bedrooms.

### ► ROLAND VIEW TOWERS EAST

410-235-3939  
3939 Roland Avenue  
Baltimore 21211  
250 one-bedroom units.

### ► ROLAND VIEW TOWERS WEST

410-889-8255  
3838 Roland Avenue  
Baltimore 21211  
150 two-bedroom units.

### ► RUSCOMBE GARDENS APARTMENTS

410-664-4800  
4800 Yellowwood Avenue  
Baltimore 21209  
150 one-bedroom units.

### ► SALONY HOUSE SENIOR LIVING

410-833-0077  
300 Salony Drive  
Reisterstown 21136  
58 one-bedroom units,  
2 two-bedroom.

### ► SHARP-LEADENHALL COURT

410-727-2677  
911 Leadenhall Street  
Baltimore 21230  
155 units, one to four bedrooms.

### ► SOUTHERN HIGH SCHOOL ELDERLY APARTMENTS

410-528-1195  
201 Warren Avenue  
Baltimore 21230  
49 units, efficiencies/one-bedroom.

### ► ST. CHARLES HOUSE - CATHOLIC CHARITIES

410-484-6125  
11 Church Lane  
Pikesville 21208  
24 units, efficiencies/one-bedroom, 3 disabled.

### ► ST. ELIZABETH HALL \*

410-252-4500, Press 5, then Ext. 7385  
2300 Dulaney Valley Road  
Timonium 21093  
200 one-bedroom units, 10 disabled.

### ► ST. ELIZABETH SENIOR HOUSING

410-732-1275  
35 N. Lakewood Avenue  
Baltimore 21224  
20 units, efficiencies/one-bedroom.

### ► ST. JAMES TERRACE APARTMENTS

410-669-0862  
827 Arlington Avenue  
Baltimore 21217  
151 units, efficiencies/one-bedroom.

### ► ST. JOACHIM HOUSE

410-525-1101  
3310 Benson Avenue  
Baltimore 21227  
90 one-bedroom units.

### ► ST. LUKE'S PLACE APARTMENTS\* - CATHOLIC CHARITIES

410-477-3661  
2825 Lodge Farm Road  
Edgemere 21219  
125 one-bedroom units.

### ► ST. MARK'S APARTMENTS-CATHOLIC CHARITIES

410-247-9244  
19 Winters Lane  
Catonsville 21228  
20 one-bedroom units.

### ► TABCO TOWERS\*

410-821-9220  
305 E. Joppa Road  
Towson 21286  
120 efficiencies, 80 one-bedroom units.

### ► TERRACE GARDEN CO-OP

800-362-0548  
www.csi.coop  
751 W. Saratoga Street  
Baltimore 21201  
88 one-bedroom units, 4 two-bedroom units, elevator.  
Affordable rental community for seniors.

### ► TRINITY HOUSE\* - CATHOLIC CHARITIES

410-825-5288  
409 Virginia Avenue  
Towson 21286  
82 one-bedroom units.

### ► VENABLE APARTMENTS @ STADIUM PLACE

410-338-0661  
1030 E. 33<sup>rd</sup> Street  
Baltimore 21218  
74 one-bedroom units.

### ► VILLAGE CROSSROADS I\* - CATHOLIC CHARITIES

410-882-5431  
4313 Fitch Avenue  
Nottingham 21236  
94 one-bedroom units.

### ► VILLAGE CROSSROADS II - CATHOLIC CHARITIES

410-882-2934  
4313-B Fitch Avenue  
Nottingham 21236  
86 units.

### ► VILLAGE OAKS APARTMENTS\*

410-747-1344  
815 Winters Lane  
Catonsville 21228  
181 one-bedroom units.

### ► VIRGINIA TOWERS

410-321-9661  
500 Virginia Avenue  
Towson 21286  
150 units.

### ► WABASH ESTATES CO-OP

800-362-0548  
www.csi.coop  
5500 Wabash Avenue  
Baltimore 21215  
57 one-bedroom units, elevator.  
Affordable rental community for seniors.

### ► WALKER CO-OP

800-362-0548  
www.csi.coop  
1 Cooperative Drive  
Baltimore 21212  
88 one-bedroom units, elevator.  
Affordable rental community for seniors.

# H

## HOUSING - APARTMENTS

► **WALKER DANIELS HOUSE**  
410-462-4186  
2100-02 Madison Avenue  
Baltimore 21217  
Efficiencies/one-bedroom.

► **WALKER MEWS\***  
410-323-8507  
6225 York Road  
Baltimore 21212  
167 one-bedroom units.

► **WALKER SENIOR CO-OP**  
410-377-0200  
711 Walker Avenue  
Baltimore 21212  
88 one-bedroom units.

► **WARREN PLACE SENIOR APARTMENTS**  
410-666-1030  
10535 York Road  
Cockeysville 21030  
121 one-bedroom units,  
elevator.  
Free utilities and cable.

► **WATERS TOWERS\***  
410-342-6240  
1400 E. Madison Street  
Baltimore 21205  
203 one-bedroom units.

► **WAYLAND VILLAGE SENIOR APARTMENTS**  
410-542-4580  
3020 Garrison Boulevard  
Baltimore 21215  
90 units, one/two bedrooms.

► **WEINBERG COURT AT STADIUM PLACE**  
410-235-0500  
1020 East 33rd Street  
Baltimore 21218  
One-bedroom units.

► **WEINBERG GARDENS\***  
410-602-8200  
1500 Bedford Avenue  
Pikesville 21208  
84 one-bedroom units.

► **WEINBERG HOUSE\***  
410-602-2405  
16 Old Court Road  
Pikesville 21208  
116 one-bedroom units.

► **WEINBERG MANHATTAN PARK APARTMENTS**  
410-466-8080  
5715 Park Heights Avenue  
Baltimore 21215  
123 units, efficiencies, one/  
two bedrooms.

► **WEINBERG MANOR EAST**  
410-358-5581  
3601 Fords Lane  
Baltimore 21215  
186 units, efficiencies, one/two  
bedrooms.

► **WEINBERG MANOR WEST**  
410-358-9393  
3615 Fords Lane  
Baltimore 21215  
105 units, efficiencies/one-  
bedroom.

► **WEINBERG PLACE\***  
410-542-4111  
2500 W. Belvedere Avenue  
Baltimore 21215  
231 units, efficiencies/one-  
bedroom.

► **WEINBERG TERRACE**  
410-602-3950  
1450 Bedford Avenue  
Pikesville 21208  
86 one-bedroom units.

► **WEINBERG VILLAGE I\***  
410-581-7878  
3420 Associated Way  
Owings Mills 21117  
75 one-bedroom units.

► **WEINBERG VILLAGE II**  
410-581-3800  
3440 Associated Way  
Owings Mills 21117  
85 units, one/two-bedrooms,  
one-bedroom w/den.

► **WEINBERG VILLAGE III\***  
410-363-1600  
3414 Associated Way  
Owings Mills 21117  
100 one-bedroom units.

► **WEINBERG VILLAGE IV**  
410-363-8866  
3410 Associated Way  
Owings Mills 21117  
100 units.

► **WEINBERG VILLAGE V**  
410-356-4660  
3430 Associated Way  
Owings Mills 21117  
86 units.

► **WEINBERG WOODS**  
410-318-6625  
3211 Clarks Lane  
Baltimore 21209  
72 one-bedrooms units.

► **WESTMINSTER HOUSE**  
410-837-0180  
524 N. Charles Street  
Baltimore 21218  
168 units, efficiencies/one-  
bedroom.

► **WOODBOURNE WOODS**  
410-433-7255  
1650 Woodbourne Avenue  
Baltimore 21239  
142 units, 23 efficiencies.

► **ZION TOWERS\***  
410-669-3900  
1100 Pennsylvania Avenue  
Baltimore 21201  
210 one-bedroom units.

### CONGREGATE HOUSING

### APARTMENTS TO MEET SPECIAL NEEDS

Residents live in their own apartments located in senior rental apartment buildings and receive additional services for a fee. Subsidies are available to those who are asset and income eligible. Residents must be able to live independently with the supportive services provided.



► **BASILICA PLACE\***  
410-539-0418

► **BELVEDERE GREEN\***  
410-433-7255

► **BERNARD MASON**  
410-396-0488

► **DEPAUL HOUSE\***  
410-644-8484

► **N.M. CARROLL MANOR\***  
410-669-4270

► **ST. ELIZABETH HALL\***  
410-252-4500, Press 5, then  
Ext. 7385

► **ST. JOACHIM**  
410-525-1101

► **ST. LUKE'S PLACE APARTMENTS\*- CATHOLIC CHARITIES**  
410-477-3661

► **TRINITY HOUSE\*- CATHOLIC CHARITIES**  
410-828-5288

► **VILLAGE CROSSROADS I\*-CATHOLIC CHARITIES**  
410-882-5431

► **WEINBERG PLACE\***  
410-542-4111

► **WOODBOURNE WOODS**  
410-433-7255

► **WYMAN HOUSE**  
410-396-6194  
See previous section (Housing Apartments for Seniors) for addresses.

## ASSISTED LIVING PROGRAMS

Provides housing and supportive services, supervision, personalized assistance and/or health-related services to meet the needs of residents who are unable to perform activities of daily living independently, or who need assistance. All Assisted Living (AL) Programs are regulated by the Maryland Department of Health and Mental Hygiene, Office of Health Care Quality. They are licensed to provide a specific level of care, as follows:

\*Level 1: Low Level of Care

\*Level 2: Moderate Level of Care

\*Level 3: High Level of Care

**\*Most facilities also accept residents at a level of care lower than the maximum for which they are licensed.**

Levels of care are determined by a functional assessment. For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273.

All Maryland Assisted Living programs are required by law to include a Disclosure Statement in their marketing materials and to provide information upon request. The Disclosure Statement outlines the services and policies of the assisted living program. Each facility uses the same standardized form which allows consumers to easily compare services.

Visit <http://www.dhmh.state.md.us/ohcq>. Click on *Assisted Living*, then click on *Consumer Information Page*. This will provide links to the Provider Service Disclosure Form and a list of licensed assisted facilities as well as additional information.

## ASSISTED LIVING: 1-4 RESIDENTS

For a list of homes which house 1 - 4 residents in Baltimore County, call the Maryland Department of Health and Mental Hygiene, Office of Health Care Quality at 410-402-8217, or visit the website at [www.dhmh.state.md.us/ohcq](http://www.dhmh.state.md.us/ohcq) (Licensee Directory). Please refer to Baltimore City's listing in the directory which provides 1-4 resident facilities on page 61.

## ASSISTED LIVING: 5-15 RESIDENTS

Live-in residents must be age 18 or older, requiring a level of care for which an Assisted Living is licensed. The Maryland Department of Health and Mental Hygiene, Office of Health Care Quality surveys homes to ensure compliance with the Code of Maryland regulations for Assisted Living programs. In addition, the Baltimore County Health Department provides Environmental Surveys for county locations only. Senior Assisted Housing subsidy (indicated by \*) and Medicaid Waiver payment may be available, pending grant funds. This list, from OHCQ, is effective as of October 2014.

### ▶ 1 STOP ASSISTED LIVING

443-629-2526  
1804 Ruxton Avenue  
Baltimore 21216  
Level unavailable.

### ▶ 1 STOP ASSISTED LIVING 2

443-629-2526  
1311 Luzerne Avenue  
Baltimore 21213  
Level unavailable.

### ▶ 303 N. ROLLING ROAD, LLC\*

410-788-6612  
303 North Rolling Road  
Catonsville 21228  
Level 3

### ▶ A CARING PLACE, INC. OAKLEIGH HOUSE\*

410-952-2499  
410-592-2711  
7700 Oakleigh Road  
Parkville 21234  
Level 3  
Since 1996, homey, private rooms, some with half-baths.

### ▶ A & W ASSISTED LIVING

410-419-7322  
6600 Liberty Road  
Baltimore 21207  
Level unavailable.

### ▶ ABC ASSISTED LIVING I

410-488-5468  
3403 Southern Avenue  
Baltimore 21214  
Level unavailable.

### ▶ ABC ASSISTED LIVING II

410-485-0326  
4221 White Avenue  
Baltimore 21206  
Level unavailable.

### ▶ ABOUT YOUR CARE, INC.

410-435-1557  
801 Beaumont Avenue  
Baltimore 21212  
Level 2

### ▶ AGAPE ASSISTED LIVING HOME I

410-325-5940  
5706 Denwood Avenue  
Baltimore 21206  
Level 3

### ▶ AGAPE ASSISTED LIVING HOME II

410-488-6926  
4610 Eugene Avenue  
Baltimore 21206  
Level 3

### ▶ ALHAMBRA ASSISTED LIVING FACILITY

410-486-8650  
5503 Alhambra Avenue  
Baltimore 21212  
Level 3

### ▶ ALL ABOUT LOVE II

410-323-7793  
901 Woodbourne Avenue  
Baltimore 21212  
Level 3

### ▶ ALL TOGETHER NETWORK, INC.

410-486-8650  
643 Tunbridge Road  
Baltimore 21212  
Level 3

### ▶ ALMOST HOME II ASSISTED LIVING, INC.

410-448-9499  
4813 Gwynn Oak Avenue  
Baltimore 21207  
Level 3

### ▶ ALMOST HOME III

410-833-0537  
624 Main Street  
Reisterstown 21136  
Level 3

### ▶ ALMOST LIKE HOME

410-367-5521  
4202 Maine Avenue  
Baltimore 21207  
Level 3

### ▶ AMBROZEAN ASSISTED LIVING CARE CENTER

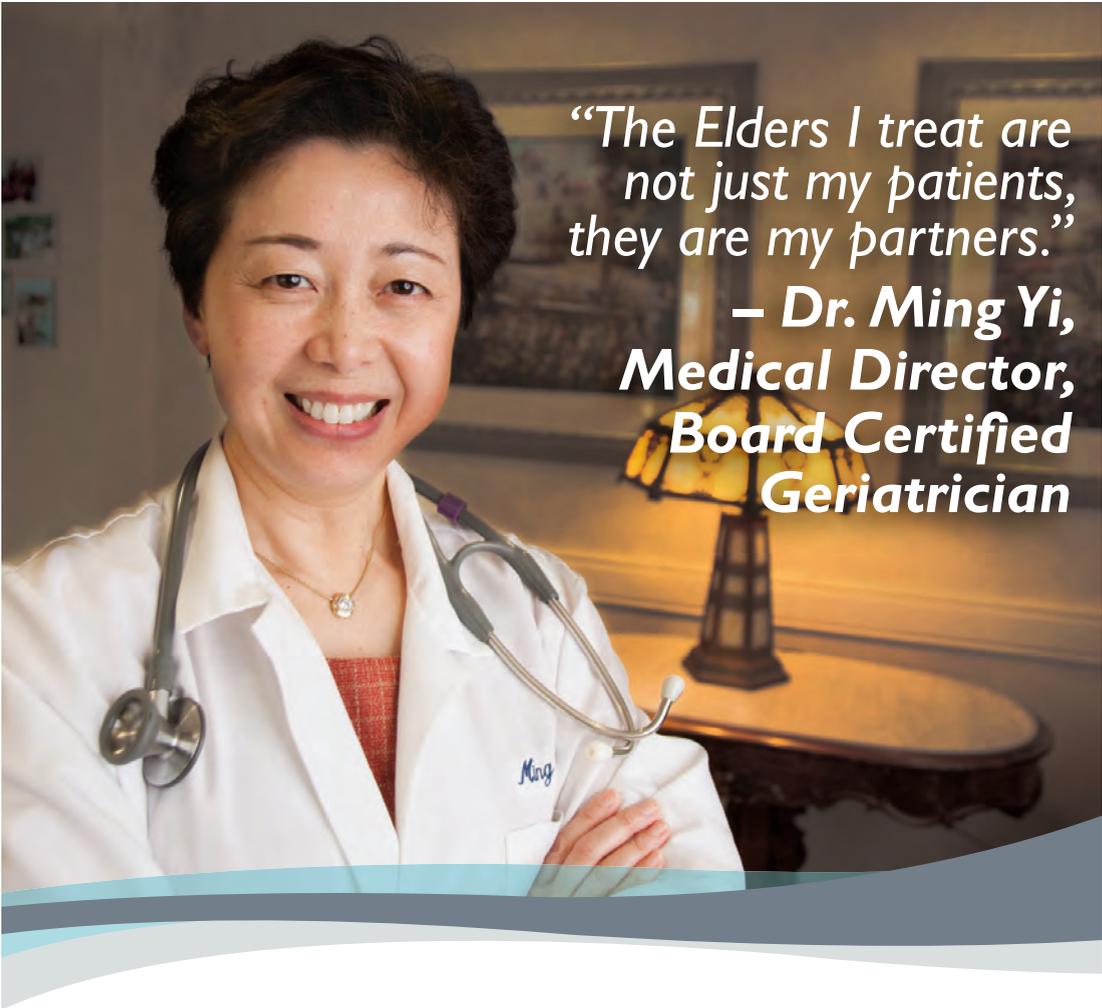
410-367-8800  
3800 W. Rogers Avenue  
Baltimore 21215  
Level 3

### ▶ AMERICAN HOME CARE AND HEALTH SERVICES ASSISTED

410-563-1460  
2914 E. Federal Street  
Baltimore 21213  
Level 3

### ▶ ANGEL CORE HOME OF CARE

410-488-0394  
4719 Elison Avenue  
Baltimore 21206  
Level 3



*“The Elders I treat are not just my patients, they are my partners.”*

**– Dr. Ming Yi,  
Medical Director,  
Board Certified  
Geriatrician**

Dr. Yi’s expertise and on-site accessibility are often cited as the reason many families choose The Neighborhoods at St. Elizabeth for their loved one’s rehabilitation and nursing care needs.

*“It’s so important to provide preventive care to keep elders enjoying life,” says Dr. Yi. “During my daily rounds and weekly appointments, I get to know my patients as friends and neighbors.”*

In your search for a rehabilitation and nursing care community with an 87 year tradition of excellence, consider The Neighborhoods at St. Elizabeth. You’ll find the doctor is always in.

**THE  
NEIGHBORHOODS  
AT ST. ELIZABETH**

CATHOLIC CHARITIES IN ACTION

**3320 Benson Avenue  
Baltimore, MD 21227**

**410-644-7100**

**[cc-md.org/St-Elizabeth](http://cc-md.org/St-Elizabeth)**

# H

## HOUSING - ASSISTED LIVING

▶ **ANGEL CORE HOME OF CARE AT FRANKFORD**

443-416-3571  
4407 Frankford Avenue  
Baltimore 21206  
Level unavailable.

▶ **ANGEL CORE HOME OF CARE AT PARKMONT**

410-485-0605  
4304 Parkmont Avenue  
Baltimore 21206  
Level 2

▶ **ANGELIC HANDS ASSISTED LIVING**

410-878-0374  
5801 Clover Road  
Baltimore 21215  
Level 3

▶ **ANGELS AMONG US\***

410-365-1633  
12820 Eastern Avenue  
Baltimore 21220  
Level 3

▶ **ASSISTED LIVING AT BUCKINGHAM MANOR**

410-205-7568  
4010 Buckingham Road  
Baltimore 21207  
Level Unavailable.

▶ **AUNT SHUG'S ASSISTED LIVING**

410-367-0517  
4313 Belvieu Avenue  
Baltimore 21215  
Level 2

▶ **BEECHWOOD ASSISTED LIVING\***

410-455-0492  
101 N. Beechwood Avenue  
Catonsville 21228  
Level 3

▶ **BEST CARE ASSISTED LIVING\***

410-526-2433  
639 Main Street  
Reisterstown 21136  
Level 3

▶ **BETTY'S & DEBBIE'S FAMILY PLACE I**

410-254-5828  
5411 Waltham Avenue  
Baltimore 21214  
Level 3

▶ **BY HIS GRACE ASSISTED LIVING**

813-263-9352  
3008 Glenmore Avenue  
Baltimore 21214  
Level 3

▶ **CARE FROM CARING HEARTS ASSISTED LIVING**

443-844-1444  
6409 Belair Road  
Baltimore 21206  
Level 3

▶ **CARE MATTERS**

443-468-2717  
3604 Grantley Road  
Baltimore 21215  
Level unavailable.

▶ **CARE MATTERS ASSISTED LIVING**

410-653-0846  
4003 Buckingham Road  
Baltimore 21207  
Level unavailable.

▶ **CARING CORNERS I**

410-496-2589  
9217 Allenswood Road  
Randallstown 21133  
Level 3

▶ **CARING CORNERS III**

410-922-4646  
9208 Allenswood Road  
Randallstown 21133  
Level 3

▶ **CARING HEARTS AT HARFORD, LLC**

443-919-7388  
4532 Harford Road  
Baltimore 21214  
Level unavailable.

▶ **CASSIE'S CORNER**

410-719-1101  
7007 Brompton Road  
Baltimore 21207  
Level 3

▶ **CHARM CITY CARE I**

202-368-4400  
2945 Clifton Avenue  
Baltimore 21216  
Level unavailable.

▶ **CHELSEA MANOR, INC.**

410-664-4748  
2309 Chelsea Terrace  
Baltimore 21216  
Level 3

▶ **CHERYL'S PLACE #1**

443-668-3001  
8707 Trumps Mill Road  
Baltimore 21237  
Level 3

▶ **CLARK MANOR ASSISTED LIVING HOME**

410-655-0623  
9407 Lencrest Road  
Randallstown 21133  
Level 3

▶ **CLEM AND DOLL II**

443-804-9556  
8335 Liberty Road  
Baltimore 21244  
Level 3

▶ **CLEM AND DOLL ASSISTED LIVING I**

443-804-9556  
8337 Liberty Road  
Baltimore 21244  
Level 3

▶ **CORNERSTONE ASSISTED LIVING**

443-415-0846  
3617 Fairview Avenue  
Baltimore 21216  
Level 3

▶ **DAISY GROUP, THE**

410-367-5768  
5247 Reisterstown Road  
Baltimore 21215  
Level 3

▶ **DIVINE CARE ASSISTED LIVING, INC.**

410-444-1294  
4603 Frankford Avenue  
Baltimore 21206  
Level unavailable.

**KESWICK**  
*Right Care. Right Time. Right Place.*  
Call (410) 235-8860  
CHOOSEKESWICK.org

Choose  
**KESWICK**

When you leave the hospital,  
*you have a choice.*

You choose the best doctor.  
You choose the best hospital.  
Choose the best post hospital care.

## ASSISTED LIVING FACILITIES FOR 1-4 RESIDENTS IN BALTIMORE CITY

Information provided courtesy of the Baltimore City Health Department, Division of Aging and CARE Services

For additional information, please contact **Baltimore City MAP** at **410-396-2273**.

### 21202

**Holbrook Estates- Martin Porres Center**  
202-320-0501

### 21205

**Allen's House of Hope Inc.**  
410-563-2080  
**Elsie's Place**  
443-388-8327  
**Gentlemen's Club Lakewood**  
443-829-3202  
**M & G's Total Tender Loving Care**  
410-342-8152  
**Norma's House**  
410-675-9307

### 21206

**Adassa Assisted Living**  
410-814-7042  
**All About You Assisted Living**  
410-963-5878  
**C & L Quality Home Care III**  
410-488-4025  
**Cozy House Adult Care 1-2**  
410-319-7400  
**Dayspring Gardens LLC**  
443-708-8792  
**Dee's House of Care**  
410-426-3465  
**Hamilton Gardens**  
410-426-0175  
**Hillcrest Manor**  
410-426-7603  
**House of Refuge**  
443-451-5009  
**House of TLC**  
443-759-5346  
**In Heaven's Hands**  
410-325-2324  
**Keeping People Smiling**  
443-552-6216  
**Lacy's Assisted Living**  
410-483-0198  
**Marx Avenue Assisted Living**  
443-509-5500  
**Millie's Personal Care**  
410-325-4940

**New Horizon LLC**

443-682-8644

**Norma's Place 2 LLC**

410-325-3838

**Open Arms**

410-488-5692

**Paige Place**

410-485-2414

**Pleasant Care**

410-325-8174

**Pleasant Living Assisted Living**

410-325-3172

**Sabbath Place**

443-844-7815

**Tucker's Precious Care Home**

410-325-4640

**Uhh Wee, We Care, Inc**

410-325-7256

**Wholistic Care Assisted Living**

410-488-0139

### 21207

**Ella's Quality Care**  
443-478-7974  
**Forest Park Care Center**  
410-578-8247  
**Foster Care City**  
410-448-2721  
**Graceful Holdings Living Assistance**  
410-601-0260  
**Habakkuk House**  
410-367-6857  
**Honor & Cherish**  
410-206-9109  
**Mary's Place**  
443-645-8658  
**Prayer Changes Everything**  
410-542-0583  
**Touch of Love**  
410-868-0490

### 21211

**Acts Assisted Living**  
410-235-3528

### 21212

**Carlyle's Place**  
410-433-3928

**Concepts for Living II**

410-323-6970

**Destiny's Place**

410-435-9622

**Fountain of Life**

443-722-7144

**Fruitful Love Christian Home**

410-323-9625

410-532-8518

**Haven of Refuge LLC**

443-438-5926

**Hebrews 11:1 Assisted Living**

410-988-3588

**Julius's Right at Home Assisted Living**

443-459-5677

### 21213

**All About Caring**  
410-327-6023  
**Amani Z Gifted Hands Assisted Living**  
410-908-5254  
**An Act of Grace LLC**  
410-370-0835  
**Believe Homes Inc.**  
410-522-1505  
**Bernie's Place Inc**  
443-677-5720  
**Caring for You 2**  
410-327-0929  
**Charlie's Angels Assisted Living**  
410-276-0956  
443-801-6994  
**Embracing Change**  
443-804-0778  
**Heart of Angels**  
410-558-1691  
**Home for the Blessed Ones Assisted Living**  
410-483-6040  
**Home Quality Care**  
301-573-9350  
**Imani Assisted Living Home**  
443-882-8512  
**Infinite Care**  
410-522-1579  
**Kenyon Springs**  
410-665-4743

**McCaskill's Assisted Living**

410-485-9977

**Montford Assisted Living**

443-983-9918

**Sense of Peace Assisted Living**

443-682-9717

**Su Casa**

443-622-3459

**We Care Assisted Living**

410-327-0645

### 21214

**April Showers Assisted Living**  
443-801-2920  
**Christian Home Care II**  
410-426-8298  
**Cowan's Assisted Living**  
443-708-3658  
**Emergency Care 24/7**  
410-254-1740  
**Justin's Assisted Living**  
410-444-1510  
**Kings Care**  
443-708-1687  
**Trust Inc.**  
410-532-6114  
**UCI Americans**  
443-762-2242  
**Under a Nurse's Care**  
443-527-0019  
**Waltherville LLC**  
410-426-0000

### 21215

**A1 Subservient Care**  
410-466-2616  
**Andrews Heart & Home**  
410-367-3516  
**Angels First Assisted Living**  
410-383-1873  
**Ann's Place**  
410-664-2633  
**At Majestic Care LLC Services II**  
443-835-4989

## ASSISTED LIVING FACILITIES FOR 1-4 RESIDENTS IN BALTIMORE CITY

Information provided courtesy of the Baltimore City Health Department, Division of Aging and CARE Services

For additional information, please contact **Baltimore City MAP** at 410-396-2273.

<b>Aunt Shug's Assisted Living</b> 410-367-2166	<b><a href="#">21216</a></b> <b>1 Stop Assisted Living 3</b> 443-629-2526	<b>Vision Care Assisted Living</b> 410-945-9510	<b>Perfectly Placed Incorporated</b> 443-629-8388
<b>Best Care</b> 410-542-4842	<b>Acts of Love</b> 410-947-2840	<b><a href="#">21217</a></b> <b>CA Assisted Living Home</b> 410-977-5743	<b>Sel's Place</b> 410-366-7781
<b>Bethany's Place</b> 410-542-6848	<b>Allen House</b> 410-485-1631	<b>Elison Living</b> 410-357-6203	<b>Step from Home</b> 443-414-2503
<b>Blessed Day Home Care</b> 202-641-3964	<b>Art of Loving Assisted Living</b> 443-373-6081	<b>Gaddy's Assisted Living</b> 410-207-6174	<b>Victoria's New Generations Assisted Living</b> 410-243-1430
<b>Buddy's Assisted Living</b> 443-682-7761	<b>Assisted Living By Grace LLC</b> 443-798-8936	<b>Hands to Hands Loving Care LLC</b> 443-449-5913	<b><a href="#">21223</a></b> <b>B-More Assisted Living</b> 410-233-6747
<b>Callahan's Special Care Facility</b> 410-664-3922	<b>AW Quality Care II</b> 443-271-8159	<b>House of Harmony LLC</b> 443-438-7507	<b>Caring for You Assisted Living</b> 410-233-6380
<b>Calming Acres</b> 410-655-1202	<b>Brinkley Care Assisted Living</b> 443-872-4302	<b>John 14:27 Assisted Living</b> 410-988-3588	<b>Heart of Phoenix</b> 443-572-1094
<b>Capital Assisted Living Program</b> 410-466-6433	<b>Caring Touch (A) Inc.</b> 410-800-2005	<b>K.P.S. Karing People Smile</b> 443-854-0160	<b>Howell's Care Assisted Living</b> 443-762-3211
<b>Crystal Home</b> 410-466-2537	<b>Chambers Nest</b> 410-362-6636	<b>Love Inc.</b> 410-866-2870	<b>Jannah Assisted Living</b> 443-453-1688
<b>Harmony House I</b> 410-664-8034	<b>Charles Jr. House</b> 410-664-3359	<b>Vision of Glory</b> 410-523-8698	<b>Julia's Place</b> 410-233-2399
<b>Harrison's Home Care</b> 410-484-8196	<b>Charm City Care II</b> 443-708-7236	<b><a href="#">21218</a></b> <b>Blesseth Home Care</b> 410-433-2168	<b>Keeper of All Hearts</b> 410-945-9529
<b>Joy Assisted Living</b> 410-578-1230	<b>Dee's Assisted Living</b> 410-462-5026	<b>Brown Park</b> 410-935-7829	<b>KPS Assisted Living 2</b> 410-624-4060
<b>Keemer Kare</b> 410-504-9601	<b>Intuitive Care LLC</b> 443-571-3560	<b>Christ Home of Love and Care</b> 410-366-3688	<b>Love &amp; Faith Home Care</b> 443-802-0991
<b>LaShae Gloria Home Care</b> 410-370-0705	<b>KPS Assisted Living I &amp; II</b> 443-552-6216	<b>Cyprian Assisted Living</b> 410-235-0837	<b>Parksley Place Assisted Living Care</b> 443-874-2579
<b>Lebasac Assisted Living</b> 410-764-2959	<b>PHO Assisted Living 1</b> 410-233-6346	<b>Ella's Place Inc</b> 410-294-7056	<b>Passionate Care</b> 410-485-9977
<b>Loving Care Home</b> 410-367-5394	<b>Pulliam Superior Care Assisted Living</b> 410-462-1624	<b>Hanson's Home Care I &amp; II</b> 410-882-8650	<b><a href="#">21224</a></b> <b>Comfort Zone LLC</b> 443-744-5368
<b>My Brother's Keeper</b> 443-990-7973	<b>Ray of Light</b> 410-655-0627	<b>House of Nobles</b> 443-615-1540	<b>Enhancing Lives LLC</b> 410-982-3435
<b>Mumsey's Assisted Living</b> 410-466-4597	<b>Rena's Place</b> 410-367-0934	<b>Kingsway Gardens</b> 410-435-1446	<b>Gentlemen's Quarters I</b> 443-835-2637
<b>Parker Palace Assisted Living</b> 443-465-2095	<b>Rose's of Life</b> 410-601-0150	<b>Open Arms Assisted Living</b> 443-802-6794	<b>M &amp; M Assisted Living</b> 410-327-4577
<b>Shelton Personal Care</b> 410-542-6545	<b>Tender Care</b> 410-462-5478	<b>Patricia's Assisted Love Care Home</b> 410-338-0328	<b><a href="#">21225</a></b> <b>Ann-Duff</b> 410-945-4820
<b>Tina's Adult Care</b> 410-466-0804	<b>Touch of Class I</b> 410-664-7381		<b>TCC Assisted Living</b> 443-750-5191
<b>Touch of Class III</b> 410-664-2904	<b>Trinity Arms Assisted Living</b> 443-708-1280		
<b>Welcome Home</b> 410-419-9140			

# H

## HOUSING - ASSISTED LIVING

▶ **DORCHESTER HOUSE**

410-542-4815  
3912 Dorchester Road  
Baltimore 21207  
Level 3

▶ **DULANEY VALLEY ASSISTED LIVING AT HUNT VALLEY\***

410-370-6288  
10815 Powers Avenue  
Cockeysville 21030  
Level 3

▶ **DULANEY VALLEY ASSISTED LIVING, INC.\***

410-252-3430  
5001 Carroll Manor Road  
Baldwin 21013  
Level 3

▶ **EBENEZER HOUSE, LLC**

410-812-8415  
5008 Walther Avenue  
Baltimore 21214  
Level 3

▶ **EDEN'S ASSISTED LIVING**

410-254-9537  
3007 Louise Avenue  
Baltimore 21214  
Level 3

▶ **ELAINE'S HOME CARE, INC.**

410-383-0703  
803 Chauncey Avenue  
Baltimore 21217  
Level 3

▶ **EMPOWERING LIVES**

410-225-7447  
1716 Harlem Avenue  
Baltimore 21217  
Level 3

▶ **ENHANCING LIVES III**

410-488-1077  
4158 Eierman Avenue  
Baltimore 21206  
Level 3

▶ **ERIKA & ERIC HOME OF CARE II**

410-944-4211  
2400 Roslyn Avenue  
Baltimore 21216  
Level 3

▶ **ESTHER'S PLACE AT MONTEBELLO**

410-254-1010  
2831 Montebello Terrace  
Baltimore 21214  
Level 3

▶ **EVERGREEN VALLEY ASSISTED LIVING**

410-252-3430  
3009 Evergreen Avenue  
Baltimore 21214  
Level 3

▶ **EZRA'S PORCH AT BAKER**

804-931-8008  
2200 Baker Street  
Baltimore 21216  
Level 1

### ASSISTED LIVING FACILITIES FOR 1-4 RESIDENTS IN BALTIMORE CITY

Information provided courtesy of the Baltimore City Health Department, Division of Aging and CARE Services

For additional information, please contact **Baltimore City MAP** at **410-396-2273**.

**21229**

**A And T Quality Care Assisted Living**  
443-869-3224  
**Ashley Home I**  
410-362-0006  
**Avalon Homes LLC**  
410-233-6122  
**Betty's Place of Comfort**  
443-438-3836  
**Edna W. Cox Tranquil Pathway House 1&2**  
410-947-5755  
410-842-3661  
**Fleming Taylor Assisted Living**  
410-566-7618  
**Forever Young Assisted Living**  
410-852-2654  
**Grace & Joy Assisted Living**  
410-292-7705  
**He Ain't Heavy Assisted Living**  
410-258-7632

**House of Promise**  
410-922-3179  
**Lily Ridge Assisted Living**  
443-835-3142  
**Love is Love**  
410-646-0518  
**My Second Home II**  
410-362-6409  
**Nick's Place Assisted Living**  
443-866-2311  
**Rise and Shine**  
410-362-2157  
**Scotlands**  
443-388-9888  
**Sem's Haven Assisted Living**  
410-566-1442  
**Unity House Assisted Living**  
443-708-3462  
**21230**  
**Grace & Mercy Home Care**  
919-239-1930

**21234**

**Eyes on Us At the View**  
443-447-6568  
**Hands of Love**  
410-444-9358  
**Hawkins House**  
410-426-4985  
**21239**  
**Belvedere Assisted Living**  
443-919-2429  
443-570-9064  
**Burris Home Care**  
410-433-1655  
**Concepts for Living**  
410-435-0615  
**D'Elana Manor LLC**  
443-682-9418  
**Golden Age Inn**  
410-464-0796  
**Heavenly Grace Assisted Living**  
410-435-3398

**Helping Hand/Caring Hearts**  
410-323-6011  
**House of Love**  
410-665-1834  
**Jenny's Home Care II**  
410-632-7524  
**Peachtree Manor Assisted Living**  
410-433-3622  
**Pinkett's Assisted Living LLC**  
410-233-5231  
**Robbins Nest LLC**  
443-742-3948  
**Sara's Christian Home**  
410-433-8323  
**Serenity Care**  
410-435-3550  
**Tender Touch Assisted Living**  
443-438-6099  
**Valencia's Senior Care Home**  
410-804-8523

# H

## HOUSING - ASSISTED LIVING

### ► FIRST CARE ASSISTED LIVING

301-705-7909  
5801 Kavon Avenue  
Baltimore 21206  
Level unavailable.

### ► FREEDOM WAY HOME CARE

410-285-0255  
201 Ash Avenue  
Dundalk 21222  
Level unavailable.

### ► GEORGIE & JETTA LOVING CARE HOME

410-254-5948  
720 E. 35<sup>th</sup> Street  
Baltimore 21218  
Level 3

### ► GLORIA FRIEND'S HOME\*

410-686-0448  
929 Back River Neck Road  
Baltimore 21221  
Level 3

### ► GOLDEN YEARS MANOR

410-668-3084  
4607 Kenwood Avenue  
Baltimore 21206  
Level 3

### ► GOODWIN MANOR INCORPORATED

410-254-6453  
3132 Harview Avenue  
Baltimore 21234  
Level 2

### ► GRACE MANOR

410-944-2790  
6729 Windsor Mill Road  
Gwynn Oak 21207  
Level 3

### ► GRACIOUS LIVING OF REISTERSTOWN, LLC

410-982-3435  
64 Main Street  
Reisterstown 21136  
Level 3

### ► HABAKKUK 2:3 ASSISTED LIVING

410-988-3588  
3817 Reisterstown Road  
Baltimore 21215  
Level unavailable.

### ► HAMPTON MEADOWS, LLC\*

410-825-1743  
1412 Providence Road  
Towson 21286  
Level 3

### ► HAWKINS CHRISTIAN CARE HOME

410-947-5003  
802 Walnut Avenue  
Baltimore 21229  
Level 3

### ► HEART THAT CARES, A

443-708-1140  
3210 Harford Road  
Baltimore 21218  
Level 3

### ► HEARTFELT CARE PROVIDERS, LLC

443-759-6132  
3505 Windsor Mills Road  
Baltimore 21216  
Level 3

### ► HEAVENLY GRACE ASSISTED LIVING 2

443-708-5702  
3201 Windsor Avenue  
Baltimore 21216  
Level 3

### ► HOLBROCK ESTATES AT ARUNAH AVENUE

202-320-0501  
3007 Arunah Avenue  
Baltimore 21216  
Level 3

### ► HOLBROCK ESTATES AT GARRISON BOULEVARD

202-320-0501  
3017 Garrison Boulevard  
Baltimore 21216  
Level 3

### ► HOLBROCK ESTATES AT LIBERTY HEIGHTS AVENUE II

202-320-0501  
4107 Liberty Heights Avenue  
Baltimore 21207  
Level 3

### ► HOLBROCK ESTATES AT LITCHFIELD AVENUE

800-381-8671  
5000 Litchfield Avenue  
Baltimore 21215  
Level 3

### ► HOLBROCK ESTATES AT LUCILLE AVENUE

202-320-0501  
3506 Lucille Avenue  
Baltimore 21215  
Level 3

### ► HOLBROCK ESTATES AT PARK HEIGHTS AVENUE

202-320-0501  
3827 Park Heights Avenue  
Baltimore 21215  
Level 3

### ► HOLBROCK ESTATES AT QUANTICO AVENUE

202-320-0501  
2606 Quantico Avenue  
Baltimore 21215  
Level 3

### ► HOLBROCK ESTATES AT WHITELOCK STREET

202-320-0501  
831 Whitelock Street  
Baltimore 21212  
Level unavailable.

### ► HOLLAND MANOR ELDERCARE

410-828-1290  
1812 Landrake Road  
Towson 21204  
Level 3

### ► HOME CARE SERVICES, LLC

443-909-9567  
3509 Greenmount Avenue  
Baltimore 21218  
Level unavailable.

### ► HOME OF TENDER CARE, LLC

410-448-5685  
5315 Norwood Road  
Baltimore 21207  
Level 3

### ► HOPE A HOME OFFERS OPPORTUNITY FOR EACH OTHER

443-204-2290  
607 Woodbourne Avenue  
Baltimore 21212  
Level 3

### ► HOUSE OF PEACE

410-542-1797  
3725 Belle Avenue  
Baltimore 21215  
Level 3

### ► HOUSE OF VICTORY APOSTOLIC HOME CARE

410-732-3105  
3001 Belair Road  
Baltimore 21213  
Level 3

### ► INNOCENSE HOME, INC.

410-665-0664  
2911 Echodale Avenue  
Baltimore 21214  
Level 3

### ► ISAIAH 43:19 ASSISTED LIVING

410-457-7446  
2631 Quantico Avenue  
Baltimore 21215  
Level 3

### ► J.L. CARE ENTERPRISES

410-719-8520  
601 Aldershot Road  
Baltimore 21229  
Level 3

### ► JOHN 8:12 ASSISTED LIVING

410-457-7446  
2535 Park Heights Terrace  
Baltimore 21215  
Level 3

### ► JONES-WILLIAMS FAMILY CARE, INC.

410-462-1542  
3716 Park Heights Avenue  
Baltimore 21215  
Level 3

### ► JOSHUA 14-15 ASSISTED LIVING

410-457-7446  
2533 Park Heights Terrace  
Baltimore 21215  
Level unavailable.

# H

## HOUSING - ASSISTED LIVING

▶ **JOYOUS LIVING\***

410-344-0020  
11130 Philadelphia Road  
White Marsh 21162  
Level 3

▶ **JOY'S BLESSING I**

410-521-1159  
3919 Innerdale Court  
Randallstown 21133  
Level 3

▶ **JOY'S BLESSING II**

410-496-2135  
4122 Tiverton Road  
Randallstown 21133  
Level 3

▶ **JUST ABOUT FAMILY**

443-552-7574  
4222 Penhurst Avenue  
Baltimore 21215  
Level unavailable.

▶ **KOZY KOTTAGE  
ASSISTED LIVING, LLC**

410-542-4569  
2807 Lawina Road  
Baltimore 21216  
Level 3

▶ **LIFESPRING, LLC\***

410-744-0934  
2200 Pleasant Villa Avenue  
Catonsville 21228  
Level 3

▶ **LIFETIME SERENITY  
ASSISTED LIVING**

410-358-4400  
3304 Menlo Drive  
Baltimore 21215  
Level unavailable.

▶ **LIN'S LOVING CARE  
ASSISTED LIVING II**

410-236-7199  
2902 Bayonne Avenue  
Baltimore 21214  
Level 3

▶ **LIVE WELL ASSISTED  
LIVING SPRINGDALE, LLC**

443-869-4004  
4212 Springdale Avenue  
Baltimore 21207  
Level 3

▶ **LOVING TOUCH  
PERSONAL CARE, INC**

410-944-5451  
2229 Southland Road  
Baltimore 21207  
Level unavailable.

▶ **MA MAISON I\***

410-248-0545  
9404 Belair Road  
Baltimore 21236  
Level 3

▶ **MA MAISON II\***

410-248-0545  
9402 Belair Road  
Baltimore 21236  
Level 3

▶ **MA MAISON III\***

410-248-0545  
9412 Belair Road  
Baltimore 21236  
Level 3

▶ **MAGNOLIA MANOR**

410-788-9146  
900 S. Rolling Road  
Catonsville 21228  
Level 3

▶ **MAPLEBROOK HOME,  
THE**

410-922-4646  
8912 Maplebrook Road  
Randallstown 21133  
Level 3

▶ **MARIE'S COMFORT &  
CARE II, LLC**

410-292-2090  
3925 Maine Avenue  
Baltimore 21207  
Level 3

▶ **MARLEA MANOR**

410-488-3135  
4405 Raspe Avenue  
Baltimore 21206  
Level 3

▶ **MARLYN PLACE\***

410-365-1633  
951 N. Marlyn Avenue  
Baltimore 21221  
Level 3

▶ **MARTHA'S PLACE**

410-298-8141  
5444 Dogwood Road  
Baltimore 21207  
Level 3

▶ **MARYLAND LIVING,  
INC.**

443-680-7231  
4610 Springdale Avenue  
Baltimore 21207  
Level 3

▶ **MAXIMUM ASSISTED  
LIVING I**

410-655-0562  
8419 Allenswood Road  
Randallstown 21133  
Level 3

▶ **MAXIMUM ASSISTED  
LIVING II**

443-802-9553  
7204 Barlow Court  
Woodlawn 21244  
Level 3

▶ **MAXIMUM ASSISTED  
LIVING III**

410-521-3060  
4816 Old Court Road  
Randallstown 21133  
Level 3

▶ **MAYFIELD HOUSE**

410-788-9919  
123 Fairfield Drive  
Catonsville 21228  
Level 3

▶ **MEN ON THE MOVE  
ASSISTED LIVING**

443-537-5253  
3431 Piedmont Avenue  
Baltimore 21216  
Level unavailable.

▶ **MILFORD MANOR**

410-466-2799  
3623 Milford Avenue  
Baltimore 21207  
Level unavailable.

▶ **MILLENNIUM ASSISTED  
LIVING, THE**

443-983-3581  
1419 Kitmore Road  
Baltimore 21239  
Level unavailable.

▶ **MOSLEY CARE  
PROVIDER, INC.**

410-655-2685  
3515 Melody Lane  
Baltimore 21244  
Level unavailable.

▶ **MSC FAMILY CARE**

410-814-3302  
4400 Belvue Avenue  
Baltimore 21215  
Level 3

▶ **MUMSEY'S  
RESIDENTIAL CARE**

410-466-3293  
3512 Devonshire Drive  
Baltimore 21215  
Level unavailable.

▶ **MY CARING ASSISTED  
LIVING**

410-655-1555  
4008 Boarman Avenue  
Baltimore 21215  
Level 3

▶ **MY HOUSE**

410-484-3278  
4168 Crest Heights Road  
Baltimore 21215  
Level 3

▶ **MY HOUSE 2**

410-484-8720  
6612 Dalton Drive  
Baltimore 21207  
Level unavailable.

▶ **NA'S PLACE, A HAVEN  
OF REST\***

410-682-3540  
1604 Browns Road  
Baltimore 21221  
Level 3

▶ **NETTIE'S GARDEN  
ASSISTED LIVING, LLC**

443-312-8779  
825 Freeman Street  
Baltimore 21225  
Level unavailable.

▶ **NEW START #1**

410-203-0003  
3917 Innerdale Court  
Randallstown 21133  
Level 3

► **NORTH OAKS  
RETIREMENT COMMUNITY**

410-484-7300  
725 Mount Wilson Lane  
Baltimore 21208  
Level 3

► **OPEN ARMS**

443-919-7457  
5005 Sipple Avenue  
Baltimore 21206  
Level 3

► **OPEN HEAVENS  
ASSISTED LIVING, INC.**

443-850-0114  
3006 Fleetwood Avenue  
Baltimore 21214  
Level 2

► **P. J.'S HOUSE OF CARE**

410-905-2066  
2909 Woodland Avenue  
Baltimore 21215  
Level 3

► **PALMER HOME CARE  
FACILITY, INC.**

410-542-8511  
3820 W. Coldspring Lane  
Baltimore 21215  
Level 3

► **PEACE AND SERENITY  
ASSISTED LIVING**

410-262-4129  
4010 Southern Avenue  
Baltimore 21206  
Level 1

► **PEACE DIAMOND  
ASSISTED LIVING, INC.**

202-486-7290  
3402 Callaway Avenue, #1  
Baltimore 21215  
Level 3

► **PHIL 4:13 ASSISTED  
LIVING**

913-226-9499  
3825 Park Heights Avenue  
Baltimore 21215  
Level 3

► **PHO ASSISTED LIVING II**

410-225-3790  
3125 Gwynns Falls Parkway  
Baltimore 21216  
Level 3

► **PHO ASSISTED  
LIVING III**

410-566-2069  
1116 N. Bentalou Street  
Baltimore 21216  
Level 3

► **PHOENIX RISING, LLC**

443-315-6152  
6511 Rosemont Avenue  
Baltimore 21206  
Level 3

► **PINEWOOD MANOR**

443-570-0946  
3905 Pinewood Avenue  
Baltimore 21206  
Level 3

► **PINEWOODS MANOR**

410-655-6441  
5606 Old Court Road  
Baltimore 21244  
Level 3

► **PLEASANT  
GARDEN-CLOVER**

410-870-0758  
5426 Clover Road  
Baltimore 21215  
Level 3

► **PLEASANT  
GARDEN-GLENMORE**

410-870-0758  
3603 Glenmore Avenue  
Baltimore 21206  
Level 3

► **PLEASANT  
GARDEN-PINEWOOD**

410-444-8866  
3711 Pinewood Avenue  
Baltimore 21206  
Level 3

► **PLEASANT GARDEN I**

410-870-0758  
409 S. Chapelgate Lane  
Baltimore 21229  
Level 3

► **PLEASANT GARDEN II**

410-870-0758  
411 S. Chapelgate Lane  
Baltimore 21229  
Level 3

► **PRAYER CHANGES  
EVERYTHING ASSISTED  
LIVING II**

410-542-0583  
4305 Penhurst Avenue  
Baltimore 21215  
Level 3

► **PRECIOUS PALMS  
ASSISTED LIVING HOME**

410-367-3392  
2600 Keyworth Avenue  
Baltimore 21215  
Level 3

► **RENEWED EASE - A  
CHRISTIAN HOME**

410-435-0083  
712 Cator Avenue  
Baltimore 21218  
Level 3

► **ROLLING GRACE  
ASSISTED LIVING FACILITY**

240-899-0703  
305 N. Rolling Road  
Catonsville 21228  
Level 3

► **ROSEMARIE MANOR II**

410-997-0218  
3300 Alto Road  
Baltimore 21216  
Level 3

► **ROYAL HEART ASSISTED  
LIVING**

443-570-2706  
3604 White Avenue  
Baltimore 21206  
Level unavailable.

► **RUTH'S COMFORT &  
CARE ASSISTED LIVING**

410-466-6887  
5808 Merville Avenue  
Baltimore 21215  
Level 3

► **SAINT PAUL ASSISTED  
LIVING**

443-315-6152  
2128 Saint Paul Street  
Baltimore 21218  
Level 3

► **SECOND GENESIS III**

443-463-0449  
3737 Courtleigh Drive  
Randallstown 21133  
Level 3

► **SEFTON HOME CARE**

410-426-4869  
6007 Sefton Avenue  
Baltimore 21214  
Level 3

► **SENIORITY LIVING**

443-674-3081  
3605 Hillsdale Road  
Baltimore 21207  
Level unavailable.

► **SERENITY GARDEN  
MANOR CORPORATION**

410-362-8832  
2311 Roslyn Avenue  
Baltimore 21216  
Level 3

► **SHEKINAH HOME CARE**

410-448-4884  
5514 Wayne Avenue  
Baltimore 21207  
Level 3

► **SHINING MOON'S  
ELDER CARE ALF**

410-337-0525  
1310 Dulaney Valley Road  
Towson 21286  
Level 3

► **SOMEONE ALWAYS  
WATCHING OVER YOU LLC**

443-708-7475  
5805 Bland Avenue  
Baltimore 21215  
Level unavailable.

► **SOUTHERN LIVING  
ASSISTED CARE**

443-874-7272  
2500 W. Rogers Avenue  
Baltimore 21215  
Level unavailable.

► **SPECIALIZED HOME  
CARE**

410-532-1991  
501 E. 41<sup>st</sup> Street  
Baltimore 21218  
Level 3

► **ST. CHARLES PLACE,  
INC.**

410-664-2196  
5246 St. Charles Avenue  
Baltimore 21215  
Level 3



The Baltimore City Housing Department offers services to homeowners in Baltimore City that help people save money on their utility bills, keep their homes warm in winter and cool in the summer, remove lead paint hazards, and repair plumbing, electrical and structural problems. By completing a single application their staff will determine the services you are eligible for and assist you in receiving the help you need.

For more information contact the LIGHT Program at 410 – 396 - 3023

## Services

## Eligibility Requirements

### Energy Conservation

Energy-efficiency improvements that lower utility bills and make homes safer and more comfortable.

- Attic insulation
- Caulking/air sealing
- Weather stripping doors/windows
- Heating system tune-up/repair
- Pipe and hot water heater wraps
- Compact fluorescent light bulbs

Household Size	Annual Income
1	\$23,340
2	\$31,460
3	\$39,580
4	\$47,700
5	\$55,820
6	\$63,940
7	\$72,060
8	\$80,180

\*eligibility requirements updated every July 1

### Lead Hazard Reduction

Lead remediation for eligible owner- and tenant-occupied properties. Household must include a pregnant woman or child age 6 and under.

- Door and window treatment and replacement
- Floor treatment
- Paint removal, stabilization and repainting
- Heating system tune-up/repair
- Other measures to reduce the risk of lead paint

Household Size	Annual Income
1	\$48,000
2	\$55,000
3	\$61,750
4	\$68,500
5	\$74,898
6	\$86,420
7	\$98,766
8	\$111,870

\*eligibility requirements updated every October 1

### Housing Rehabilitation

Repairs that address emergencies, code violations, and health and safety issues for owner-occupied properties.

- Roof repair
- Water and sewer line repair
- Furnace replacement
- Electrical repair
- Disability accessibility modifications
- Plumbing repair

Household Size	Annual Income
1	\$48,000
2	\$55,000
3	\$61,750
4	\$68,500
5	\$74,898
6	\$86,420
7	\$98,766
8	\$111,870

\*eligibility requirements updated every July 1

# BUY A HOME IN BALTIMORE CITY!



Mayor Stephanie Rawlings-Blake invites you to get hip in Baltimore with B-HiP! The Baltimore Homeownership Incentive Program is specifically tailored for Baltimore City homebuyers. From Vacants to Value Booster to Live Near Your Work to Buying Into Baltimore, there's an incentive for everyone. What's also nice about B-HiP is that eligible homebuyers can layer incentive programs.

Now that's something to get excited about!

## HERE ARE THE DETAILS:

### V2V \$10,000 HOMEOWNERSHIP PROGRAM

Eligible homebuyers can get \$10,000 towards closing costs for the purchase of a formerly vacant home. Home must have had a vacant building notice for at least one year prior to rehabilitation.  
Email: Michael.Guye@baltimorecity.gov

### BUYING INTO BALTIMORE PROGRAM & CITY LIVING STARTS HERE

The Buying into Baltimore incentive has been increased from \$4,000 to \$5,000. Also LiveBaltimore has added 4 neighborhood tours, City Living Starts Here, to the previous 2 citywide tours. The number of incentives awarded has been increased from 60 to 100 per year. Visit: [www.LiveBaltimore.com](http://www.LiveBaltimore.com)

### LIVE NEAR YOUR WORK (LNYW)

The City of Baltimore matches participating employers up to \$2,500.  
Email: Daibeth.Saunders@baltimorecity.gov

### COMMUNITY DEVELOPMENT BLOCK GRANT

For first-time home buyers with total family income at or below 80% of the area median income, \$5,000 in down payment and closing cost assistance is available.  
Email: Marva.Allette@baltimorecity.gov

### BALTIMORE CITY EMPLOYEE HOMEOWNERSHIP PROGRAM

The incentive for City employees has been increased from \$3,000 to \$5,000.  
Email: Marva.Allette@baltimorecity.gov

For more information about B-HiP, call 410-396-3124 or visit [vacantstovalue.org](http://vacantstovalue.org) or [LiveBaltimore.com](http://LiveBaltimore.com).



Stephanie Rawlings-Blake,  
Mayor



BALTIMORE HOUSING  
Paul T. Graziano,  
Commissioner

# H

## HOUSING - ASSISTED LIVING

▶ **STERLING HOSPITALITY, LLC**  
410-318-8999  
7015 Park Heights Avenue  
Baltimore 21215  
Level 3

▶ **STUMP'S HOME, INC.**  
410-367-5513  
2301 Oswego Avenue  
Baltimore 21215  
Level 3

▶ **SUDBROOK PARK ASSISTED LIVING\***  
410-653-3480  
600 Sudbrook Road  
Pikesville 21208  
Level 3

▶ **SUPERIOR HOME CARE FOR THE ELDERLY**  
410-664-8605  
3910 Milford Avenue, 1st Floor  
Baltimore 21207  
Level 3

▶ **SWEET REST AND CARE II, INC.**  
410-669-7200  
3010 Clifton Avenue  
Baltimore 21216  
Level 3

▶ **T&T ASSISTED LIVING**  
410-466-2551  
4309 Belview Avenue  
Baltimore 21215  
Level 3

▶ **T&T ASSISTED LIVING II**  
410-365-2166  
4306 Belview Avenue  
Baltimore 21215  
Level 3

▶ **TAYLOR CARE, LLC**  
443-676-5999  
4119 Penhurst Avenue  
Baltimore 21215  
Level 3

▶ **TAYLOR MADE ASSISTED LIVING CENTER II**  
410-299-2016  
1714 E. 33<sup>rd</sup> Street  
Baltimore 21218  
Level 3

▶ **TENDER LOVE & CARE**  
410-254-5948  
1629 E. 31<sup>st</sup> Street  
Baltimore 21218  
Level 3

▶ **TRINITY ARMS ASSISTED LIVING II**  
301-905-7578  
2800 Mosher Street  
Baltimore 21216  
Level unavailable.

▶ **TURNAGE HOUSE, THE**  
443-345-7271  
5947 Central Avenue  
Baltimore 21207  
Level 3

▶ **TWO CHARMS**  
443-874-7413  
3702 Gwynn Oak Avenue  
Baltimore 21207  
Level 3

▶ **TYRELL'S HOUSING, LLP**  
410-701-7702  
3425 Chapman Road  
Randallstown 21133  
Level 3

▶ **VILLA AT CAMPFIELD, THE**  
410-484-2478  
7117 Campfield Road  
Baltimore 21207  
Level 2

▶ **VORIZEN ASSISTED LIVING II**  
410-580-1309  
825 Milford Mill Road  
Pikesville 21208  
Level 3

▶ **WASHINGTON'S NEST**  
410-254-6407  
3006 Beverly Road  
Baltimore 21214  
Level 3

▶ **WAY OF HOPE, INC.**  
410-794-9094  
2927 Winchester Street  
Baltimore 21216  
Level 3

▶ **WEST WAY ASSISTED LIVING**  
443-220-7193  
5252 Saint Charles Avenue  
Baltimore 21215  
Level 3

▶ **WOODHOLME MANOR, LLC\***  
410-415-5873  
101 Woodholme Avenue  
Pikesville 21208  
Level 3

### ASSISTED LIVING - 16+ RESIDENTS

This category provides housing options for frail adults in facilities with 16 or more individuals. These facilities receive regular monitoring by state and local government agencies. See RETIREMENT COMMUNITIES for additional Assisted Living programs. Some facilities specialize in caring for residents with Alzheimer's disease or memory impairment. Information below was obtained from OHCQ. Please contact the facility for additional information.

▶ **ARDEN COURTS OF PIKESVILLE**  
410-415-5600  
8909 Reisterstown Road  
Pikesville 21208  
45 units, Level 3

▶ **ARDEN COURTS OF TOWSON**  
410-847-9400  
8101 Bellona Avenue  
Towson 21204  
60 units, Level 3

▶ **ATRIUM VILLAGE**  
410-363-0330  
4730 Atrium Court  
Owings Mills 21117  
93 units, Level 3

▶ **AUGSBURG LUTHERAN HOME MARYLAND LLC\***  
410-486-4573  
6811 Campfield Road  
Baltimore 21207  
64 units, Level 3

▶ **AUTUMN ASSISTED LIVING AT COCKEYSVILLE I**  
410-683-1600  
10881 York Road  
Cockeysville 21030  
17 units, Level 3

▶ **AUTUMN ASSISTED LIVING AT COCKEYSVILLE II**  
410-683-2400  
10883 York Road  
Cockeysville 21030  
17 units, Level 2

▶ **BRIGHTVIEW CATONSVILLE**  
410-788-5001  
912 S. Rolling Road  
Catonsville 21228  
95 units, Level 3

▶ **BRIGHTVIEW MAYS CHAPEL RIDGE**  
410-628-2100  
12261 Roundwood Road  
Lutherville-Timonium 21093  
89 units, Level 3

▶ **BRIGHTVIEW PERRY HALL**  
410-529-1903  
9657 Belair Road  
Nottingham 21236  
65 units, Level 3

▶ **BRIGHTVIEW TOWSON**  
410-296-3320  
20 E. Burke Avenue  
Baltimore 21284  
100 units, Level 3

# H

## HOUSING - ASSISTED LIVING

### ► BRIGHTVIEW WHITE MARSH

410-668-1588  
8100 Rossville Boulevard  
Baltimore 21236  
99 units, Level 3

### ► CARITAS HOUSE ASSISTED LIVING

410-646-6600  
3308 Benson Avenue  
Baltimore 21227  
60 units, Level 2

### ► CHARLESTOWN RENAISSANCE GARDENS

410-247-3400  
709 Maiden Choice Lane  
Catonsville 21228  
164 units, Level 3

### ► CHARLOTTE HALL VETERANS HOME

301-884-8171  
[www.charhall.org](http://www.charhall.org)  
29449 Charlotte Hall Road  
Charlotte Hall 20622  
168 units, Level 3  
Income based assisted living,  
LTC nursing, rehabilitation and  
memory care.

### ► COLLEGE MANOR

410-252-0440  
300 W. Seminary Avenue  
Lutherville 21093  
49 units, Level 3

### ► EDENWALD

410-823-1349  
800 Southerly Road  
Towson 21286  
88 units, Level 2

### ► EMERITUS AT PIKESVILLE

410-580-0892  
1840 Reisterstown Road  
Pikesville 21208  
116 units, Level 3

### ► EMERITUS AT TOWSON

410-377-2100  
6451 N. Charles Street  
Towson 21212  
92 units, Level 3

### ► ESTHER'S PLACE AT STRATHMORE

410-254-1010  
2901 E. Strathmore Avenue  
Baltimore 21214  
16 units, Level 3

### ► ESTHER'S PLACE, INC.

410-254-1010  
2926 Harford Road  
Baltimore 21218  
40 units, Level 3

### ► ESTHER'S PLACE - PINEWOOD

410-254-1010  
2802 Pinewood Avenue  
Baltimore 21214  
16 units, Level 3

### ► GLEN MEADOWS RETIREMENT COMMUNITY

410-592-5310  
11630 Glen Arm Road  
Glen Arm 21057  
48 units, Level 3

### ► GLYNN TAFF ASSISTED LIVING

443-604-4166  
5741 Edmondson Avenue  
Catonsville 21228  
47 units, Level 2

### ► HEART HOMES AT LUTHERVILLE I\*

410-321-5950  
1414 Front Avenue  
Lutherville 21093  
16 units, Level 3

### ► HEART HOMES AT LUTHERVILLE II\*

410-494-4363  
1420 Front Avenue  
Lutherville 21093  
16 units, Level 3

### ► KESWICK MEMORY CARE

410-662-4218  
700 W. 40<sup>th</sup> Street  
Baltimore 21211  
44 units, Level 3

### ► LAMPLIGHT INN OF BALTIMORE

410-225-9337  
3855 Greenspring Avenue  
Baltimore 21211  
120 units, Level 3

### ► LIGHTHOUSE SENIOR LIVING AT HOPKINS CREEK

410-918-0400  
1813 Old Eastern Avenue  
Baltimore 21221  
97 units, Level 3

### ► MAPLES OF TOWSON, THE

410-296-8900  
7925 York Road  
Towson 21204  
80 units, Level 3

### ► MARYLAND MASONIC HOMES

410-764-2771  
300 International Circle  
Cockeysville 21030  
110 units, Level 2

### ► MORNINGSIDE HOUSE AT SATYR HILL

410-882-0700  
8800 Old Harford Road  
Parkville 21234  
125 units, Level 3

### ► NEW LIFE HEALTHY LIVING, LLC

410-944-1002  
7600 Clays Lane  
Windsor Mill 21244  
102 units, Level 3

### ► OAK CREST VILLAGE, INC.

410-882-3295  
8832 Walther Boulevard  
Parkville 21234  
173 units, Level 2

### ► PARADISE ASSISTED LIVING, LLC

410-744-8433  
6348 Frederick Road  
Catonsville 21228  
45 units, Level 3

### ► PICKERSGILL RETIREMENT COMMUNITY

410-825-7423  
615 Chestnut Avenue  
Towson 21204  
138 units, Level 2

### ► PRESBYTERIAN HOME OF MARYLAND

410-823-4622  
400 Georgia Court  
Towson 21204  
78 units, Level 3

### ► QUAIL RUN ASSISTED LIVING

410-529-9400  
9900 Walther Boulevard  
Baltimore 21234  
16 units, Level 3

### ► QUAIL RUN ASSISTED LIVING #1

410-529-9400  
9906 Walther Boulevard  
Baltimore 21234  
16 units, Level 3

### ► QUAIL RUN ASSISTED LIVING #2

410-529-9400  
9904 Walther Boulevard  
Baltimore 21234  
16 units, Level 3

### ► QUAIL RUN ASSISTED LIVING #4

410-529-9400  
9902 Walther Boulevard  
Baltimore 21234  
16 units, Level 3

### ► ROLAND PARK PLACE, INC.

410-243-5800  
830 West 40<sup>th</sup> Street  
Baltimore 21211  
41 units, Level 3

### ► ROSEMARIE MANOR-ASHBURTON

410-664-7800  
3809 Belle Avenue  
Baltimore 21215  
16 units, Level 3

# H

► **ROSEMARIE MANOR-LONGWOOD**  
410-493-2642  
3333 Alto Road  
Baltimore 21216  
16 units, Level unavailable.

► **ROSIE'S ASSISTED LIVING**  
410-466-2470  
2449-2451 Shirley Avenue  
Baltimore 21215  
20 units, Level 3

► **SAINT JOHN'S COMMUNITY**  
410-276-7676  
16 S. Patterson Park Avenue  
Baltimore 21231  
32 units, Level 3

► **SAINT MARTIN'S HOME**  
410-744-9367  
601 Maiden Choice Lane  
Catonsville 21228  
18 units, Level 3

► **SERENITY MANOR, INC.**  
410-728-3737  
1802 Eutaw Place  
Baltimore 21217  
26 units, Level 3

► **SPRINGHOUSE OF PIKESVILLE**  
410-486-5500  
8911 Reisterstown Road  
Pikesville 21208  
105 units, Level 3

► **SPRINGWELL SENIOR LIVING**  
410-664-4006  
www.springwell.com  
2211 W. Rogers Avenue  
Baltimore 21209  
151 units, Level 3  
Beautifully appointed apartments in a warm, caring community.

► **ST. STEPHEN'S GREEN AT MERCY RIDGE**  
410-561-0200  
2525 Pot Spring Road  
Timonium 21093  
49 units, Level 2

## HOUSING - ASSISTED LIVING

► **SUNRISE OF PIKESVILLE**  
410-602-0033  
3800 Old Court Road  
Pikesville 21208  
96 units, Level 3

► **SYMPHONY MANOR ASSISTED LIVING AND MEMORY CARE**  
410-235-4301  
www.symphony-manor.com  
4301 Roland Avenue  
Baltimore 21210  
69 units, Level 3  
Premier assisted living and memory care in Roland Park.

► **TUDOR HEIGHTS SENIOR LIVING**  
410-318-8000  
7218 Park Heights Avenue  
Baltimore 21208  
64 units, Level 3

► **VICTORIAN INN, INC.**  
410-688-1433  
3216 Taylor Avenue  
Baltimore 21234  
16 units, Level 3

► **WEINBERG PARK ASSISTED LIVING**  
410-664-0100  
5829-5833 Park Heights Avenue  
Baltimore 21215  
40 units, Level 2

► **WOODHOLME GARDENS ASSISTED LIVING AND MEMORY CARE**  
410-580-1400  
1700 Woodholme Avenue  
Pikesville 21208  
88 units, Level 3

► **WOODLANDS ASSISTED LIVING, THE\***  
410-918-2139  
1320 Windlass Drive  
Baltimore 21220  
70 units, Level 3



## Senior High.

We offer a lifestyle of flexibility and choice that provides you new opportunities. Experience your independence, enrich your life and *let the spirit move you.*

*Come find the property best suited to you. Call or visit us at*  
[www.EMACommunities.org](http://www.EMACommunities.org)

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**800.409.6111**

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# H

## HOUSING - RETIREMENT COMMUNITIES

### RETIREMENT COMMUNITIES

There are many types of communities dedicated to older residents. The age and criteria for entering these facilities varies.

### CONTINUING CARE RETIREMENT COMMUNITIES

Provides access to total care from independent living through assisted living and nursing home care. An up-front fee plus a monthly fee is usually required. Various contract options are available.

► **AUGSBURG LUTHERAN HOME & VILLAGE**  
410-486-4573  
6811 Campfield Road  
Baltimore 21207

► **BLAKEHURST**  
410-296-2900  
1055 W. Joppa Road  
Towson 21204

► **BROADMEAD**  
410-527-1900  
13801 York Road  
Cockeysville 21030

► **CHARLESTOWN**  
410-737-8830  
715 Maiden Choice Lane  
Catonsville 21228

► **EDENWALD**  
410-823-1349  
www.edenwald.org  
800 Southerly Road  
Towson 21286  
Extraordinary senior living in the heart of Towson.

► **GLEN MEADOWS RETIREMENT COMMUNITY**  
410-592-5310  
11630 Glen Arm Road  
Glen Arm 21057

► **MARYLAND MASONIC HOMES**  
410-527-1111  
300 International Circle  
Cockeysville 21030

► **MERCY RIDGE**  
410-561-0200  
www.mercyridge.com  
2525 Pot Spring Road  
Timonium 21093  
Independent living, assisted living, Alzheimer's and dementia care.

► **NORTH OAKS SENIOR LIVING COMMUNITY**  
410-486-9090  
725 Mt. Wilson Lane  
Baltimore 21208

► **OAK CREST**  
410-665-2222  
8820 Walther Boulevard  
Parkville 21234

► **PICKERSGILL RETIREMENT COMMUNITY**  
410-825-7423  
615 Chestnut Avenue  
Towson 21204

► **ROLAND PARK PLACE**  
410-243-5800  
830 West 40th Street  
Baltimore 21211

### SENIOR HOUSING RETIREMENT COMMUNITIES

Provides meals and limited services to keep residents living independently. Assisted living units are also available. There is a one-time application fee and a yearly rental lease.

► **ATRIUM VILLAGE**  
410-363-0330  
4730 Atrium Court  
Owings Mills 21117

## Living life AT ATRIUM VILLAGE



*Different reasons for coming... same reasons for staying!*

There are many different reasons for moving into Atrium Village, Owings Mills premiere senior living community offering Independent Living, Assisted Living, and Memory Care. There is only one reason our residents stay... *we meet and exceed their expectations and now this is the place they enjoy calling home!*

Our residents are the best reasons for choosing Atrium Village as your new home. *Their friendly faces and testimonials reflect the spirit of our community: diverse, strong and independent!*

PRESENT THIS AD AND WE WILL WAIVE HALF OFF THE COMMUNITY FEE — A SAVINGS UP TO \$2,000!

CONTACT DAVID OR MARTY FOR A PERSONAL TOUR AT 410-363-0330

### ATRIUM VILLAGE *a Senior Lifestyle community*

INDEPENDENT LIVING | ASSISTED LIVING | MEMORY CARE  
4730 ATRIUM COURT | OWINGS MILLS, MD 21117  
WWW.SENIORLIFESTYLE.COM



► **BRIGHTVIEW MAYS CHAPEL RIDGE**  
410-628-2100  
12261 Roundwood Road  
Timonium 21093

► **EMERALD ESTATES**  
410-225-9337  
3855 Greenspring Avenue  
Baltimore 21211

► **SPRINGWELL SENIOR LIVING**

410-664-4006  
www.springwell.com  
2211 W. Rogers Avenue  
Baltimore 21209  
Beautifully appointed  
apartments in a warm, caring  
community.

**OTHER HOUSING OPTIONS**

See also Financial Counseling,  
Financial Resources and  
Reverse Mortgages.

► **ACCESSIBLE HOMES FOR SENIORS**  
www.mdhousing.org  
A 30 year deferred interest-free  
loan to finance accessibility  
improvements. See Financial  
Eligibility Guidelines.

► **BALTIMORE CITY HOUSING OFFICE**  
410-396-3225  
Rental assistance programs for  
eligible low income persons.

► **BALTIMORE COUNTY HOUSING OFFICE**  
410-853-8990  
Rental assistance programs for  
eligible low income persons.

► **CATHOLIC CHARITIES SENIOR HOUSING**  
443-798-3423  
Affordable apartment  
communities for older adults.

► **CHAI**  
410-466-1990  
Housing and community  
development agency of The  
Associated.

► **DEPARTMENT OF SOCIAL SERVICES, ADULT FOSTER CARE**  
410-853-3511 (County)  
443-423-5800 (City)  
Services to older adults and/or  
persons with disabilities who do  
not require nursing home care  
and cannot live independently.  
Subsidies may be available.

► **DEPARTMENT OF SOCIAL SERVICES, PROJECT HOME**  
410-853-3511 (County)  
443-423-6600 (City)  
Supervised residential services  
for adults with chronic mental  
illness, persons with disabilities  
and frail older adults.

► **MARYLAND DEPARTMENT OF HOUSING AND COMMUNITY DEVELOPMENT, HOMEOWNERSHIP FOR INDIVIDUALS WITH DISABILITIES**  
410-514-7520  
Low interest rate mortgages  
to eligible homebuyers with  
disabilities.

► **MARYLAND HEALTH CARE COMMISSION**  
410-764-3460  
www.mhcc.maryland.gov (Click  
Consumers)  
Reviews and compares nursing  
homes, assisted living facilities  
with 10 or more beds, health  
plans and hospitals.

► **MY SISTER'S PLACE**  
410-727-3523  
Housing assistance, education  
and life skills training, case  
management, financial  
assistance and food to women  
and children.

► **NET EQUITY FINANCIAL, INC.**  
Bill Peterson  
NMLS# 104372  
443-725-3543  
www.netequitymtg.com  
4940 Campbell Boulevard,  
Suite 210  
Nottingham 21236  
A family-oriented, trustworthy,  
SeniorChecked® financial  
organization here for you.

► **NORTHWEST NEIGHBORS CONNECTING**  
410-662-6620  
Provides community support.

► **SNAPFORSENIORS™**  
www.snapforseniors.com  
Nationwide housing information  
for older adults.

► **ST. AMBROSE HOMESHARING**  
410-366-6180  
Matching services to link those  
who need housing with those  
who have housing. Fees.

► **WWW.MDHOUSING-SEARCH.ORG**  
Lists rental units with vacancies  
and other information. Updated  
daily.

**IDENTIFICATION PROGRAMS**

► **MEDICALERT® + SAFE RETURN**  
888-572-8566  
Identification bracelet or  
pendant to be worn by memory-  
impaired individuals who may  
wander.

**IMMIGRANT AND REFUGEE SERVICES**

► **ADELANTE FAMILIA**  
410-732-2176  
3734 Eastern Avenue  
Baltimore 21224  
Community outreach to prevent  
domestic violence and provide  
intervention services for  
Spanish speaking residents.

► **BALTIMORE CITY HEALTH DEPARTMENT, DIVISION OF AGING AND CARE SERVICES, LANGUAGE INTERPRETER SERVICE**  
410-396-2273

► **BALTIMORE CITY PUBLIC LIBRARIES-CENTRAL**  
410-396-5430  
To obtain library locations that  
have Spanish and Russian  
materials.

► **BALTIMORE COUNTY DEPARTMENT OF AGING, LANGUAGE INTERPRETER SERVICE**  
410-887-2594  
Maryland Access Point of  
Baltimore County utilizes a  
telephone language interpreter  
service for up to 140 different  
languages.

► **BALTIMORE COUNTY PUBLIC LIBRARY**  
(See also Libraries)  
www.bcpl.info  
Books available in:  
Korean - Cockeysville, Parkville  
and Woodlawn  
Russian - Owings Mills,  
Pikesville and Reisterstown  
Spanish - Arbutus (Children's  
Spanish), Catonsville,  
Cockeysville (Children's  
Spanish), Essex, Towson and  
Woodlawn

► **BALTIMORE DISTRICT OFFICE OF U.S CITIZENSHIP AND IMMIGRATION SERVICES**  
800-375-5283

► **BALTIMORE IMMIGRATION LEGAL CLINIC, WORLD RELIEF**  
410-244-0002  
Legal consultation provided  
in Spanish and English for  
immigration matters.



Call us at  
410-795-8808!

### Copper Ridge...

Exclusively for Those with Memory Impairments

Copper Ridge provides you with a long-term solution by offering both assisted living and skilled nursing care. Our professionally trained caregivers create an individualized program that engages your loved one in fitness programs, music, art, outdoor activities and more.



Specializing in Medicare Rehab  
for those with memory impairments.



**COPPER RIDGE**  
Outpatient and Residential Care for the Memory Impaired

410-795-8808  
CopperRidge.org

## I IMMIGRANT AND REFUGEE SERVICES

### ► BALTIMORE RESETTLEMENT CENTER

410-327-1885  
Resources for refugees and asylees.

### ► CASA DE MARYLAND: BALTIMORE WORKERS RIGHTS CENTER

410-732-7777

### ► CATHOLIC CHARITIES IMMIGRATION LEGAL SERVICES AT THE ESPERANZA CENTER

410-522-2668  
Assists with immigration and naturalization issues, legal services, health care, employment, English and citizenship classes.

### ► COMMUNITY COLLEGE OF BALTIMORE COUNTY, CONTINUING EDUCATION, ENGLISH AS A SECOND LANGUAGE

443-840-3748  
ESOL classes at various County locations.

### ► GOVERNOR'S COMMISSION ON ASIAN/PACIFIC AMERICAN AFFAIRS

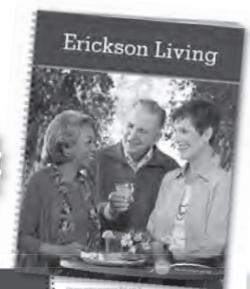
410-767-7138  
Information and referral for Asian and Pacific refugees and immigrants.

### ► GOVERNOR'S COMMISSION ON HISPANIC AFFAIRS

410-767-7425  
Information and referral for Hispanic immigrants.

## TAKE A PAGE FROM OUR BOOK!

See if maintenance-free retirement living is right for you. Call **410-698-4575** for your **FREE** Charlestown or Oak Crest brochure. Get details about pricing, floor plans, on-site amenities—and more!



**Charlestown** | Catonsville  
**Oak Crest** | Parkville



EricksonLiving.com

# I

## IMMIGRANT AND REFUGEE SERVICES - INSURANCE COUNSELING, ADVOCACY AND RESOURCES

### ► JEWISH COMMUNITY SERVICES, HIAS SERVICES 410-466-9200

Assists with immigrant and refugee resettlement.

### ► KOREAN RESOURCE CENTER 410-203-1111

Offers English, technology/SNS, health promotion classes, youth internships, senior employment support and assistance with health enrollment.

### ► LUTHERAN SOCIAL SERVICE, REFUGEE & IMMIGRATION SERVICES 410-558-3168

### ► MARYLAND OFFICE FOR REFUGEES AND ASYLEES (MORA) 410-767-7514

Assists refugees in resettlement.

### ► MARYLAND OFFICE OF NEW AMERICANS (MONA) 410-767-7514

### ► MARYLAND PUBLIC JUSTICE CENTER 410-625-9409

### ► U.S. CITIZENSHIP AND IMMIGRATION SERVICES (CIS) 800-375-5283

[www.uscis.gov](http://www.uscis.gov)  
Immigration information, forms and procedures for citizenship.

### ► UNIVERSITY OF MARYLAND, IMMIGRATION LAW CLINIC 410-706-3295

Student-attorneys provide pro bono immigration legal services.

## IN-HOME LAB SERVICES

► **BRIGHTSTAR HEALTHCARE OF BALTIMORE CITY/ COUNTY**  
443-275-2796 (24-Hour Service)  
[www.brightstarcare.com/baltimore-citycounty/](http://www.brightstarcare.com/baltimore-citycounty/)  
1615 York Road, Suite 205  
Lutherville-Timonium 21093  
Private duty homecare: nursing assistants, RN's, LPN's, Joint Commission Accreditation.

## INFORMATION AND REFERRAL SERVICES

### ► 2-1-1 MARYLAND AT FIRST CALL FOR HELP 2-1-1

24/7 telephone number for accessing information about health and human services.

### ► ALZHEIMER'S ASSOCIATION 410-561-9099

### ► ARTHRITIS FOUNDATION, MARYLAND CHAPTER 800-365-3811

### ► BALTIMORE CITY HEALTH DEPARTMENT, DIVISION OF AGING AND CARE SERVICES, MARYLAND ACCESS POINT 410-396-2273

### ► BALTIMORE COUNTY DEPARTMENT OF AGING, MARYLAND ACCESS POINT OF BALTIMORE COUNTY 410-887-2594

Help and information regarding resources available to older adults, persons with disabilities and their families. Assistance provided for financial applications, case management, caregiver resources and referrals made to other agencies as appropriate.

### ► BALTIMORE COUNTY FIRE DEPARTMENT 410-887-4500

### ► BALTIMORE COUNTY POLICE DEPARTMENT, COMMUNITY RESOURCES TEAM 410-887-5901

### ► CATHOLIC CHARITIES, ANSWERS FOR THE AGING 410-646-0100

### ► ELDERCARE LOCATOR 800-677-1116

National number to identify community resources for older adults.

### ► MARYLAND DEPARTMENT OF HUMAN RESOURCES 800-332-6347

DSS applicants or enrollees may check their status and make inquires.

## INSURANCE COUNSELING, ADVOCACY AND RESOURCES

See also Advocacy, Long Term Care Insurance, Medicare General Information, Medicare/Medigap and Medicare Advantage Plans.

### ► EMPLOYED INDIVIDUALS WITH DISABILITIES PROGRAM 410-767-7090

State program which allows eligible employed Marylanders with disabilities to pay a small fee and receive health care coverage.

### ► HEALTHCARE ACCESS MARYLAND 410-649-0500

Agency charged with helping residents in Baltimore City and County to learn about and apply for health insurance under the Affordable Care Act. Partners with other organizations to provide outreach, education, and enrollment assistance.

### ► MARYLAND ATTORNEY GENERAL'S OFFICE, PEOPLE'S INSURANCE COUNSEL DIVISION 410-576-6432

Helps to resolve complaints involving homeowners' insurance coverage.

### ► MARYLAND HEALTH CONNECTION 855-642-8572

855-642-8573 (TTY)  
[www.marylandhealthconnection.gov](http://www.marylandhealthconnection.gov)  
Marketplace in Maryland to compare health insurance options and enroll in a plan under the Affordable Care Act. Applications online, by phone, by mail or in person.

## ► MARYLAND INSURANCE ADMINISTRATION

410-468-2000  
[www.mdinsurance.state.md.us](http://www.mdinsurance.state.md.us)  
 An independent state agency that regulates Maryland's insurance industry and protects consumers by enforcing insurance laws. Find information on the Medicare and Insurance Marketplaces, Medicare supplements (Medigap), Long Term Care Insurance and the Long Term Care Insurance Partnership program.

## ► STATE HEALTH INSURANCE ASSISTANCE PROGRAM (SHIP)

410-887-2059 (County)  
 410-396-2273 (City)  
 Provides free, unbiased, confidential health insurance counseling for Medicare recipients and their caregivers. Helps consumers to understand Medicare, and the services it provides. Additionally, SHIP can access eligibility for programs to assist with Medicare costs. These programs include Qualified Medicare Beneficiaries (QMB), Specified Low Income Medicare Beneficiaries (SLMB), Maryland Senior Prescription Drug Assistance Programs (SPDAP) and Social Security Extra Help. SHIP counselors provide education regarding Medicare Part A (Hospital), Part B (Medical), Part C (Health Plans), Part D (Drug Plans) and Medicare Supplements. During Annual Open Enrollment, October 15th through December 7th, SHIP can provide computer research assistance to help select Part D plans. Counselors assist with medical appeals for Medicare and private insurance. SHIP services can generally be provided by phone and language accommodations are available. Please refer to the index for a summary of services and to learn more about SHIP.

## LEGAL SERVICES

See also Advocacy Services.

## ELDER LAW ATTORNEYS

► **ADASHEK ELDERLAW**  
 Lawrence Adashek, PA  
 Attorney and Counsellor at Law  
 410-415-5880  
[www.adasheklaw.com](http://www.adasheklaw.com)  
 8 Reservoir Circle,  
 Suite 104  
 Pikesville 21208  
 Estate planning and elder law attorneys dedicated to your peace of mind.

## ► FRANK, FRANK & SCHERR, LLC

Jason A. Frank  
 Laurie S. Frank  
 Kandace L. Scherr  
 Mary E. O'Byrne  
 Phyllis J. Erlich  
 Alexander J. Zarzecki  
 Sage Wise-Graham  
 Jack K. Beckett  
 410-337-8900  
 888-338-0400 (Toll Free)  
[www.frankelderlaw.com](http://www.frankelderlaw.com)  
 1400 Front Avenue, Suite 200  
 Lutherville 21093  
 The firm focuses on aging and elderly persons planning for the future.

## ► NOMIKI BOULOBASSIS WEITZEL AND ASSOCIATES, LLC

Nomiki B. Weitzel  
 Brianna Davidson Jarrett  
[www.elderlawmaryland.net](http://www.elderlawmaryland.net)  
**Baltimore County**  
 410-663-9400  
 Belair Beltway Professional Center  
 7652 Belair Road  
 Baltimore 21236  
**Harford County**  
 410-638-7779  
 Professional Center at Harford Mutual  
 201 N. Main Street, Suite 102  
 Bel Air 21014  
 Elder law, estates and trusts, asset preservation, special needs planning, Medicaid applications.

## ► WRIGHT, CONSTABLE & SKEEN, LLP

Michael I. Gordon  
 Michael J. Abromaitis  
 James W. Constable  
 Kenneth F. Davies  
 Mary Alice Smolarek  
 Michael A. Stanley  
 410-659-1300  
[www.wcslaw.com](http://www.wcslaw.com)  
 100 North Charles Street, 16th Floor  
 Baltimore 21201  
 Estate planning/administration, trust administration, special needs planning, trust/estate litigation.

## ► WRIGHT, CONSTABLE & SKEEN, LLP

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 Michael J. Abromaitis  
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[www.wcslaw.com](http://www.wcslaw.com)  
 100 North Charles Street, 16th Floor  
 Baltimore 21201  
 Estate planning/administration, trust administration, special needs planning, trust/estate litigation.

## DISABILITY AND SPECIAL NEEDS ATTORNEYS

## ► FRANK, FRANK & SCHERR, LLC

Jason A. Frank  
 Laurie S. Frank  
 Kandace L. Scherr  
 Mary E. O'Byrne  
 Phyllis J. Erlich  
 Alexander J. Zarzecki  
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 410-337-8900  
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[www.frankelderlaw.com](http://www.frankelderlaw.com)  
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## ► NOMIKI BOULOBASSIS WEITZEL AND ASSOCIATES, LLC

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 410-663-9400  
[www.elderlawmaryland.net](http://www.elderlawmaryland.net)  
 Belair Beltway Professional Center  
 7652 Belair Road  
 Baltimore 21236  
 Elder law, estates and trusts, asset preservation, special needs planning, Medicaid applications.

## LEGAL SERVICES, GENERAL ATTORNEYS

For information about legal services, call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273.

## ► NOMIKI BOULOBASSIS WEITZEL AND ASSOCIATES, LLC

Nomiki B. Weitzel  
 Brianna Davidson Jarrett  
[www.elderlawmaryland.net](http://www.elderlawmaryland.net)  
**Baltimore County**  
 410-663-9400  
 Belair Beltway Professional Center  
 7652 Belair Road  
 Baltimore 21236  
**Harford County**  
 410-638-7779  
 Professional Center at Harford Mutual  
 201 N. Main Street, Suite 102  
 Bel Air 21014  
 Elder law, estates and trusts, asset preservation, special needs planning, Medicaid applications.

# L

## LEGAL SERVICES

### ► WRIGHT, CONSTABLE & SKEEN, LLP

Michael I. Gordon  
Michael J. Abromaitis  
James W. Constable  
Kenneth F. Davies  
Mary Alice Smolarek  
Michael A. Stanley  
410-659-1300  
www.wcslaw.com  
100 North Charles Street, 16th Floor  
Baltimore 21201  
Estate planning/administration, trust administration, special needs planning, trust/estate litigation.

### LEGAL SERVICES, GOVERNMENT/ NON-PROFIT

See also Advocacy Services and Mediation.

### ► ATTORNEY GENERAL OF THE STATE OF MARYLAND, CONSUMER PROTECTION DIVISION

410-528-8662  
200 St. Paul Place  
Baltimore 21202  
Investigates complaints regarding unfair and deceptive business practices. Mail complaints in writing to the Consumer Protection Division at the above address.

### ► ATTORNEY GRIEVANCE COMMISSION OF MARYLAND

410-514-7051  
Regulates MD lawyers' professional conduct. Investigates complaints and oversees discipline.

### ► BALTIMORE CITY DEPARTMENT OF SOCIAL SERVICES, EVICTION PREVENTION PROGRAM

410-878-8650  
Services to city residents under a court ordered eviction which includes assistance with the stay of eviction process and limited financial assistance when available. Also eviction prevention and budget counseling education.

### ► BALTIMORE COUNTY HUMAN RELATIONS COMMISSION

410-887-5917  
Handles discrimination complaints in housing, education, employment, financing and public accommodation based on race, creed, color, national origin, sex, age, religion, physical/mental disability and marital status.

### ► BALTIMORE COUNTY OFFICE OF THE PUBLIC DEFENDER

410-324-8900  
Legal services for low-income clients in criminal and traffic cases.

## Law Offices of Nomiki Bouloubassis Weitzel & Associates

**Nomiki Bouloubassis Weitzel, Esquire**

**Brianna Davidson Jarrett, Esquire**



### *Providing:*

- Asset Preservation Planning
- Durable Powers of Attorney, Trusts, Wills
- Medical Assistance Planning and Guardianships
- Review of Nursing Home, Assisted Living and Continuing Care Community Contracts
- Federal Gift and Estate Tax Planning

### Baltimore Office:

Belair Beltway Professional Ctr.  
7652 Belair Road  
Baltimore, MD 21236  
**410-663-9400**

### Harford County Office:

Professional Ctr. at Harford Mutual  
210 N. Main Street, Suit 102  
Bel Air, MD 21014  
**410-638-7779**

*www.ElderLawMaryland.net*

Members of the National Academy of Elder Law Attorneys (NAELA)

## Frank, Frank & Scherr, LLC

Elder Law, Estate & Special Needs Planning



Medical Assistance Planning and Eligibility  
Advance Medical Directives / Living Wills  
Trusts / Estate Planning Administration  
Wills / Powers of Attorney / Guardianship  
Disability Planning / Special Needs Trusts

410.337.8900 | [www.frankelderlaw.com](http://www.frankelderlaw.com) | 1.888.338.0400

Towson | Columbia | Easton

## J LAW OFFICE OF JILL A. SNYDER, LLC

40 York Road • Suite 300 • Towson, MD 21204  
410-864-8788 • [www.snyder-law.net](http://www.snyder-law.net)

- Wills
- Trusts
- Powers of Attorney
- Probate Administration
- Guardianships
- Mediation



*Providing high quality legal representation, personalized attention, and reasonable rates.*

## L LEGAL SERVICES

### ► BAR ASSOCIATION, SIXTY-PLUS LEGAL PROJECT-LAWYER REFERRAL SERVICE

410-337-9100 (County)  
410-539-3112 (City)

Low-cost legal services to individuals 60 and older who meet financial eligibility for wills, living wills, powers of attorney, estates of less than \$30,000 and deed changes.

### ► BAR ASSOCIATION OF BALTIMORE CITY, PRO BONO PROJECT

410-539-5936

Provides free support for clients 60 and older living in Baltimore City.

### ► BAR ASSOCIATION OF BALTIMORE CITY, SENIOR LEGAL SERVICES

410-396-1322

Provides legal support for clients 60 years old or older living in Baltimore City. Intake hours: Mon-Thurs, 10 a.m. - Noon.

### ► CONSUMER PROTECTION DIVISION OFFICE OF THE MARYLAND ATTORNEY GENERAL

888-743-0023

### ► CRIMINAL INJURIES COMPENSATION BOARD

410-585-3010

Determines financial compensation for innocent victims of crime.

### ► LAWYER REFERRAL SERVICE OF THE BALTIMORE COUNTY AND CITY BAR ASSOCIATION

410-337-9100 (County)  
410-539-3112 (City)

Referral service for names of paid attorneys.

### ► LEGAL AID BUREAU

410-427-1800 (County)  
410-685-1112 (City)

Assists low-income individuals with certain non fee generating civil legal problems.

### Legal Services for Senior Citizens

410-951-7750 (County)

Free legal assistance, consultation and/or representation to Baltimore County residents age 60 and older on health care issues, income maintenance, nutrition, housing and utilities, protective services and unemployment benefits. Defends a senior in a lawsuit when there is a substantial risk to the client's person, property or civil rights.

### Long Term Care Assistance Project

410-951-7750

Free legal assistance on long term care issues in Maryland.

### ► MARYLAND COMMISSION ON CIVIL RIGHTS

800-637-6247

Ensures equal opportunity by the enforcement of Maryland law against discrimination in employment, housing, and public accommodations. Provides educational and outreach services.



# L

## LEGAL SERVICES - LIBRARIES

► **MARYLAND COMMISSION ON HUMAN RELATIONS - CITY GOVERNMENT OFFICE**  
410-767-8600

► **MARYLAND DISABILITY LAW CENTER**  
410-727-6352  
Investigates allegations of abuse and/or neglect of individuals with disabilities.

► **MARYLAND SENIOR LEGAL HELPLINE**  
410-951-7750  
800-896-4213  
Free helpline for all Maryland residents age 60 and older. Provides intake to Legal Services for Senior Citizens (above) and Legal Aid. Answers non-fee generating questions and makes referrals.

► **MARYLAND VOLUNTEER LAWYER SERVICE (MVLS)**  
410-547-6537  
800-510-0050  
Civil cases only, including housing, consumer, bankruptcy, government benefits, accidents, wills, deeds, guardianship and tax disputes; income eligibility.

► **MARYLAND'S PEOPLES LAW LIBRARY**  
www.peoples-law.info  
Legal and self-help information on Maryland and Federal law.

► **NATIONAL ACADEMY OF ELDER LAW ATTORNEYS (NAELA)**  
www.naela.org  
A listing of elder law attorneys.

► **OFFICE OF THE PEOPLE'S COUNSEL**  
410-767-8150  
Public legal office helps utility customers with consumer complaints.

► **PRO SE FAMILY LAW PROGRAM OF BALTIMORE COUNTY CIRCUIT COURT**  
410-887-3446  
Assists with completion of family law forms for unrepresented Baltimore County residents.

► **SECURITIES DIVISION ATTORNEY GENERAL OF MARYLAND**  
410-576-6300  
888-743-0023

► **ST. AMBROSE HOUSING, LEGAL SERVICES**  
410-366-8537  
Legal representation when in danger of losing homes due to foreclosure, mortgage lenders or other reasons.

► **UNIVERSITY OF BALTIMORE CIVIL ADVOCACY, FAMILY LAW CLINIC**  
410-837-5709 or 5706  
Law students assist low income clients in civil and family law matters with supervision.

► **UNIVERSITY OF MARYLAND SCHOOL OF LAW**  
410-706-7214  
Law students assist low income clients in civil and family law matters with supervision.

► **VICTIM/WITNESS ASSISTANCE UNIT**  
410-887-6650 (County)  
410-396-1897 (City)  
Information regarding status of criminal cases and other support services.

► **WOMEN'S LAW CENTER**  
410-321-8761  
800-845-8550 (Family Law Hotline)  
Attorneys providing information on family law matters to those who meet income eligibility requirements.

### LIBRARIES

► **MARYLAND STATE LIBRARY FOR THE BLIND AND PHYSICALLY HANDICAPPED**  
410-230-2424  
800-964-9209

► **PUBLIC LIBRARY BRANCHES IN BALTIMORE COUNTY**  
www.bcpl.info

**Arbutus**  
410-887-1451  
855 Sulphur Spring Road  
Arbutus 21227

**Catonsville**  
410-887-0951  
1100 Frederick Road  
Catonsville 21228

**Cockeysville**  
410-887-7750  
9833 Greenside Drive  
Cockeysville 21030

**Essex**  
410-887-0295  
1110 Eastern Boulevard  
Essex 21221

**Hereford**  
410-887-1919  
16940 York Road  
Hereford 21111

**Lansdowne**  
410-887-5602  
500 Third Avenue  
Lansdowne 21227

**Loch Raven**  
410-887-4444  
1046 Taylor Avenue  
Towson 21286

**Mobile Library Services**  
www.bcpl.info (see website for hours and schedules)

**North Point**  
410-887-7586  
**North Point**  
410-887-7255  
1716 Merritt Boulevard  
Dundalk 21222

**Owings Mills**  
410-887-2092  
10302 Grand Central Avenue  
Owings Mills 21117

**Parkville**  
410-887-5353  
9509 Harford Road  
Parkville 21234

**Perry Hall**  
410-887-5195  
9685 Honeygo Boulevard  
Perry Hall 21128

**Pikesville**  
410-887-1234  
1301 Reisterstown Road  
Pikesville 21208

**Randallstown**  
410-887-0770  
8604 Liberty Road  
Randallstown 21133

**Reisterstown**  
410-887-1165  
21 Cockeys Mill Road  
Reisterstown 21136

**Rosedale**  
410-887-0512  
6105 Kenwood Avenue  
Rosedale 21237

**Sollers Point**  
410-887-2485  
323 Sollers Point Road  
Dundalk 21222

**Towson**  
410-887-6166  
320 York Road  
Towson 21204

**White Marsh**  
410-887-5097  
8133 Sandpiper Circle  
Nottingham 21236

**Woodlawn**  
410-887-1336  
1811 Woodlawn Drive  
Woodlawn 21207

► **PUBLIC LIBRARY BRANCHES IN BALTIMORE CITY**

**Brooklyn Branch**  
410-396-1120  
300 E. Patapsco Avenue  
Baltimore 21225

**Canton Branch**  
410-545-7130  
1030 S. Ellwood Avenue  
Baltimore 21224

**Re-opens summer of 2015**

**Central Library**  
410-396-5430  
400 Cathedral Street  
Baltimore 21201

**Cherry Hill Branch**  
410-396-1168  
606 Cherry Hill Road  
Baltimore 21225

**Clifton Branch**  
410-396-0984  
2001 N. Wolfe Street  
Baltimore 21213

**Edmondson Avenue Branch**  
410-396-0946  
4330 Edmondson Avenue  
Baltimore 21229

# L

## LIBRARIES - LONG TERM CARE INSURANCE

**Forest Park Branch**  
410-396-0942  
3023 Garrison Boulevard  
Baltimore 21216

**George Peabody Library**  
410-234-4943  
17 E. Mount Vernon Place  
Baltimore 21202

**Govans Branch**  
410-396-6098  
5714 Bellona Avenue  
Baltimore 21212

**Hamilton Branch**  
410-396-6088  
5910 Harford Road  
Baltimore 21214

**Hampden Branch**  
410-396-6043  
3641 Falls Road  
Baltimore 21211

**Herring Run Branch**  
410-396-0996  
3801 Erdman Avenue  
Baltimore 21213

**Langsdale Library**  
410-837-4260  
1420 Maryland Avenue  
Baltimore 21201

**Light Street Branch**  
410-396-1096  
1251 Light Street  
Baltimore 21230

**Milton S Eisenhower Library**  
410-516-8335  
3400 North Charles Street  
Baltimore 21218

**Northwood Branch**  
410-396-6076  
4420 Loch Raven Boulevard  
Baltimore 21218

**Orleans Street Branch**  
410-396-0970  
1303 Orleans Street  
Baltimore 21231

**Patterson Park Branch**  
410-396-0983  
158 N. Linwood Avenue  
Baltimore 21224

**Peabody Institute of the Johns Hopkins University**  
410-659-8100  
1 East Mount Vernon Place  
Baltimore 21202

**Pennsylvania Ave Branch**  
410-396-0399  
1531 W. North Avenue  
Baltimore 21217

**Reisterstown Road Branch**  
410-396-0948  
6310 Reisterstown Road  
Baltimore 21215

**Roland Park Branch**  
410-396-6099  
5108 Roland Avenue  
Baltimore 21210

**Southeast Anchor Branch Library**  
410-396-1580  
3601 Eastern Avenue  
Baltimore 21224

**Walbrook Branch**  
410-396-0935  
3203 W. North Avenue  
Baltimore 21216

**Washington Village Branch**  
410-396-1099  
856 Washington Boulevard  
Baltimore 21230

**Waverly Branch**  
400 E 33rd Street  
Baltimore, MD 21218  
410-396-6053  
Re-opens spring 2015

### LIVE-IN CAREGIVERS

See also Home Health Services and Home Care (Non-Medical).

► **COMFORCARE HOME CARE SERVICES**  
410-922-6262  
410-922-6221

[www.nwbaltimore.comforcare.com](http://www.nwbaltimore.comforcare.com)  
ComForcare provides care to help persons thrive in their home.

► **ELIZABETH COONEY CARE NETWORK**  
410-323-1700 (24-Hour Service)  
[www.elizabethcooneyagency.com](http://www.elizabethcooneyagency.com)  
Celebrating 58 years - caring professional PT's, RN's, LPN's, CNA's, companions.

► **HOMEWATCH CAREGIVERS OF MARYLAND**  
410-821-1944 (24-Hour Service)  
877-357-0795 (Toll Free)  
[www.homewatchcaregivers.com/baltimore](http://www.homewatchcaregivers.com/baltimore)  
Providing quality care for your loved ones since 1980.

► **SENIOR HELPERS**  
410-453-6172  
[www.seniorhelpers.com](http://www.seniorhelpers.com)  
Care and comfort at a moment's notice.

► **SENIORS HELPING SENIORS**  
410-989-3775  
[www.seniorshelpingseniors.com/westbaltimorecounty](http://www.seniorshelpingseniors.com/westbaltimorecounty)  
Seniors Helping Seniors...a way to give and to receive®.

### LOAN CLOSET FOR MEDICAL EQUIPMENT

See also Assistive Technology, Disabilities Assistance, Hearing Resources, Vision Resources.

► **9TH DISTRICT HEALTH COMMITTEE LOAN CLOSET**  
410-665-0898  
Wheelchairs, walkers and other equipment for Baltimore County residents.

► **AMERICAN CANCER SOCIETY LOAN CLOSET**  
410-931-6850  
Free wigs. No durable equipment.

► **BALTIMORE COUNTY DEPARTMENT OF AGING**  
410-887-2594  
Loans wheelchairs, walkers, tub rails and other equipment to county residents age 60 and over.

► **MARYLAND TECHNOLOGY ASSISTANCE PROGRAM (MDTAP)**  
800-832-4827  
866-881-7488 (TTY)  
Loans equipment for a limited time including equipment for daily living, mobility, recreation, computer and hearing. Low interest loans for purchasing equipment to MD residents with disabilities.

► **MARYLAND TECHNOLOGY ASSISTANCE PROGRAM (MDTAP), EQUIPMENT LINK**  
[www.equipmentlink.org](http://www.equipmentlink.org)  
Connects individuals with disability related equipment to sell or donate.

### LONG TERM CARE INSURANCE

#### APPROVED PROVIDERS IN MARYLAND

Long term care insurance is purchased to provide assistance with the cost of a range of services for people with a prolonged illness, disability or cognitive disorder (such as Alzheimer's disease). Services may include help with daily activities at home such as bathing and dressing, adult day care, assisted living facilities, care management, home health, hospice, respite care and care in a nursing home.



# L - M

## LONG TERM CARE INSURANCE - MEDICAL ALERT SYSTEM

### ► MARYLAND INSURANCE ADMINISTRATION

410-468-2000  
800-492-6116 (Toll Free)  
800-735-2258 (TTY)  
www.mdinsurance.state.md.us  
200 St. Paul Place, Suite 2700  
Baltimore 21202  
Provides a list of insurance companies approved to sell long term care insurance policies in Maryland. Also provides information about Maryland's Long-Term Care Partnership Program. Partnership policies provide an additional level of protection, when compared to a regular long-term care insurance policy. Call SHIP at 410-887-2059 for additional assistance in Baltimore County; 410-396-2273 in Baltimore City.

### LONG TERM CARE (LTC) INSURANCE PRODUCERS (SALES PERSON)

When purchasing LTC insurance, please confirm the producer (sales person) is licensed to sell LTC insurance in Maryland. Please confirm the license number, effective dates and line of business on the license with the Maryland Insurance Administration listed in this category.

### ► MASS MUTUAL OF GREATER WASHINGTON

301-555-5828  
www.financialguide.com/  
Xiomara-Pierre  
530 Gaither Road, Suite 350  
Rockville 20850  
Providing annuities, life, health, disability income and LTC insurance products.



### MEDIATION, NON-PROFIT

See also Legal Services-Government/Non-Profit.

A process in which solutions to disputes are negotiated with a mediator acting as a neutral party by helping participants reach their own voluntary agreement. Settles disputes between neighbors, family members, tenant/landlord and other community members.

### ► COMMUNITY MEDIATION PROJECT

410-467-9165 (City)  
Program provides voluntary and confidential mediation sessions to assist City residents with resolutions of various issues and conflicts.

### ► CONFLICT RESOLUTION CENTER OF BALTIMORE COUNTY

410-780-1206  
Mediation, conflict resolution, trainings and community conferencing for Baltimore County residents.

### MEDICAID HOME AND COMMUNITY BASED SERVICES PROGRAMS

See also Financial Resources, Housing: Assisted Living Programs and Nursing Homes.

Programs to help an eligible person receive services in the home rather than in an institution. Each program has different eligibility criteria and services. Individuals must meet medical, financial, and technical criteria. For further information and screening, please call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging and CARE Services Maryland Access Point at 410-396-2273.

### ► COMMUNITY FIRST CHOICE

410-887-2594 (County)  
410-396-2273 (City)  
Enables individuals 18 and older, who have Community Medical Assistance and meet Medicaid's institutional level of care to remain in a community setting.

### ► COMMUNITY PATHWAYS

410-234-8200  
Serves financially eligible individuals with developmental disabilities who meet medical criteria.

### ► HOME AND COMMUNITY BASED OPTIONS WAIVER

866-417-3480  
Enables individuals 18 and older, who are financially eligible and meet Medicaid's long-term care admission criteria to remain in a community setting.

### ► MEDICAL ASSISTANCE PERSONAL CARE

410-887-3485 (County)  
410-396-4494 (City)  
Enables individuals 18 and older, who have Community Medical Assistance and who need assistance with at least one activity of daily living, to receive personal care services, supports planning and nurse monitoring.

### ► MEDICAL DAY CARE SERVICES WAIVER

410-767-1444  
Offers qualified Medicaid participants services in a day care center. Individuals must be at least 16 years old.

### ► NEW DIRECTIONS

410-234-8200  
Provides financially qualified individuals with developmental disabilities the opportunity to self-direct services.

### ► TRAUMATIC BRAIN INJURY WAIVER

410-402-8476  
For individuals with traumatic brain injuries who are currently residing in state psychiatric hospitals. The brain injury must have occurred between the ages of 22 and 64, and the individual must meet medical and financial criteria.

### MEDICAL ALERT SYSTEMS

Provides a 24-hour emergency device that connects to receiving station. Systems differ in features and costs. Installation fee plus monthly charge usually applies. For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273.

### ► CENTROL EMERGENCY RESPONSE SYSTEMS

410-828-5564  
877-792-4494 (Toll Free)  
www.centrol-inc.com  
24/7 medical alert in-home system. Least expensive, most dependable.

### ► LIFE RESPONSE OF MARYLAND

410-833-1067  
www.liferesponseofmd.com  
Never alone with affordable monthly monitoring - 25 years of service.

### MEDICAL EQUIPMENT AND SUPPLIES

See also Personal Needs and Pharmacies Offering Home Delivery.

#### ► CARING HEALTH PRODUCTS

410-882-1390  
410-363-2279  
www.caringhealthproducts.com  
1720 Joan Avenue  
Towson 21234  
We offer free delivery, insurance billing and price-match promise.

#### ► LIFE RESPONSE OF MARYLAND

410-833-1067  
www.liferesponseofmd.com  
Never alone with affordable monthly monitoring – 25 years of service.

#### ► ZONETAK PHARMACY

www.zonetakpharmacy.com  
**Owings Mills**  
410-363-8271  
10085 Red Run Boulevard,  
#104  
Owings Mills 21117  
**Towson**  
443-275-1562  
515 Fairmount Avenue,  
Suite 130  
Towson 21286  
**Baltimore**  
410-962-7013  
2151 W. Pratt Street  
Baltimore 21223  
**Baltimore**  
443-449-7431  
2300 Garrison Boulevard  
Baltimore 21216  
Home infusion, compounding (sterile/non-sterile), medication policy management, medication packaging.

### MEDICARE

For additional services/information, call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273. See also Advocacy Services, Financial Assistance, Medicaid Home and Community Based Programs and Insurance Counseling, Advocacy and Resources.

### GENERAL INFORMATION

#### ► CENTER FOR MEDICARE & MEDICAID SERVICES (CMS), MEDICARE HELPLINE

800-633-4227  
www.medicare.gov  
Information and claims regarding Medicare Part A-Hospitalization, Part B-Medical and Durable Medical Equipment, Part C-Health Plans and Part D-Prescriptions. You must have your Medicare card number to access information.

#### ► DELMARVA FOUNDATION FOR MEDICAL CARE, INC.

800-492-5811  
www.delmarva foundation.org  
A Medicare quality improvement organization to ensure patients receive care that is medically necessary in an appropriate setting. They investigate written complaints, advise and provide information on Medicare Patient Rights; including hospital discharge rights.

#### ► MARYLAND INSURANCE ADMINISTRATION

410-468-2000  
800-492-6116  
www.mdinsurance.state.md.us  
An independent state agency that regulates Maryland's insurance industry and protects consumers by enforcing insurance laws. Find information on Medicare and Insurance Marketplaces, Medicare supplements (Medigap), Long Term Care Insurance and the Long Term Care Insurance Partnership program.

#### ► MARYLAND SENIOR PRESCRIPTION DRUG ASSISTANCE PROGRAM (SPDAP)

800-551-5995  
www.maryland.spdap.com  
Request application  
Call Maryland Access Point of Baltimore County at 410-887-2594, 844-627-5465 (Toll Free) or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273.  
A state program that assists Medicare beneficiaries by paying part of their monthly Medicare Prescription Drug premiums for all of the Medicare Part D Plans and donut hole coverage gap expenses in conjunction with certain Part D Plans.

#### ► MYMEDICARE

www.mymedicare.gov  
Register on-line to view your personal Medicare information that includes physician billing of Medicare payments and a schedule for preventive health services.

#### ► QUALIFIED MEDICARE BENEFICIARY PROGRAM (QMB)

Social Services  
410-853-3000 or  
800-332-6347 (Press 1, Application Status) (County)  
410-396-2273 (City)  
Request application  
Call Maryland Access Point of Baltimore County at 410-887-2594, 844-627-5465 (Toll Free) or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273.

This program helps to pay Medicare premiums, deductibles and coinsurance payments for older adults and persons with disabilities who are financially eligible.

#### ► RAILROAD RETIREMENT BOARD MEDICARE OFFICE

877-772-5772  
www.palmettogba.com  
Beneficiaries only.

#### ► STATE HEALTH INSURANCE ASSISTANCE PROGRAM (SHIP)

410-887-2059 (County)  
410-396-2273 (City)  
SHIP provides free, unbiased, confidential health insurance counseling for Medicare recipients and their caregivers. Helps consumers to understand Medicare, and the services it provides. Additionally, SHIP can access eligibility for programs to assist with Medicare costs. These programs include Qualified Medicare Beneficiaries (QMB), Specified Low Income Medicare Beneficiaries (SLMB), Maryland Senior Prescription Drug Assistance Programs (SPDAP) and Social Security Extra Help. SHIP counselors provide education regarding Medicare Part A (Hospital), Part B (Medical), Part C (Health Plans), Part D (Drug Plans) and Medicare Supplements. During Annual



Open Enrollment, October 15th through December 7th, SHIP can provide computer research assistance to help select Part D prescription plans. Counselors assist with medical appeals for Medicare and private insurance. SHIP services can generally be provided by phone and language accommodations are available. Please refer to the index for a summary of services and to learn more about SHIP.

### ► SENIOR MEDICARE PATROL (SMP)

410-887-2059 (County)  
410-396-2273 (City)  
SMP conducts free educational programs for older adults, their families and caregivers to help Medicare recipients make informed decisions regarding their health care. SMP provides information regarding what to do if you suspect Medicare fraud/abuse, or need to file a report with authorities. SMP can arrange speakers to address groups on how to protect themselves against identity theft, telemarketing, mail fraud scams, illegal or deceptive marketing of Medicare Advantage plans and prescription drug plans.

### ► SOCIAL SECURITY ADMINISTRATION

800-772-1213  
[www.ssa.gov](http://www.ssa.gov)  
Information on various benefits and services. Enrollment in Medicare and replacement of Medicare card. On-line low-income subsidy Extra Help application with Medicare Prescription Drug costs.

### ► SPECIFIED LOW-INCOME MEDICARE BENEFICIARY (SLMB)

Social Services  
410-853-3000  
800-772-1213 (Press 1, Application Status)  
Request application  
Call Maryland Access Point of Baltimore County at 410-887-2594, 844-627-5465 (Toll Free) or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273.  
Pays the Medicare Part B premium for persons whose income is slightly more than QMB criteria.

### ► TRICARE FOR LIFE

877-874-2273  
Medicare supplemental coverage for uniformed service beneficiary or dependents. Must be currently enrolled in Medicare A & B and Defense Enrollment Eligibility Reporting System (DEERS).

### ► U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES, OFFICE OF THE INSPECTOR GENERAL, MEDICARE/MEDICAID FRAUD HOTLINE

800-447-8477  
National hotline to report health care fraud involving Medicare and Medicaid.

## MEDICARE PRESCRIPTION DRUG PLANS (PART D)

A Medicare benefit that assists with the cost of prescription drugs. Private companies contract with Medicare to offer Stand-Alone and Medicare Advantage Drug Plans. Additional assistance with Part D costs are available with Social Security Administration's Extra Help and Maryland Senior Prescription Drug Assistance Program (SPDAP). Please refer to [www.medicare.gov](http://www.medicare.gov) for a full list of Maryland Stand-Alone Prescription Drug Plans.

### ► CAREFIRST BLUECROSS BLUESHIELD

**MEDI-CARE FIRST RX**  
888-784-0790  
888-784-0868 (TTY/TDD)  
[www.medi-carefirst.com](http://www.medi-carefirst.com)  
Medicare Prescription Drug Plan Enrollment Center  
P.O. Box 2668  
Fort Worth, TX 76113-9923  
Medicare prescription drug offerings.

### ► CIGNA-HEALTHSPRING RX (PDP)

800-735-1459  
711 (TTY/TDD)  
8 am - 8 pm, 7 days a week  
[www.cignahealthspring.com](http://www.cignahealthspring.com)  
P.O. Box 269005  
Weston, FL 33326-9947  
Medicare Part D prescription drug coverage from Cigna.

## MEDICARE ADVANTAGE

With most Medicare Advantage Plans, you can only visit physicians, specialists or hospitals on the plan's list except in an emergency. The plan may require you to choose a primary care physician and obtain referrals to see a specialist. These plans may offer extra benefits, lower premiums and require co-payments. If you have Medicare Part A and Part B, you may join a Medicare Advantage Plan and receive your Medicare-covered benefits through the plan. Most plans include Medicare Part D benefits. Medicare Advantage annual open enrollment periods begins October 15 - December 7. Plans can be a Health Maintenance Organization (HMO), Preferred Provider Organization (PPO), Special Needs Plans (SNPs) or Private Fee For Service (PFFS). Call Maryland Access Point of Baltimore County at 410-887-2594, 844-627-5465 (Toll Free) or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273, for a complete list of the plans in your area or visit [www.medicare.gov](http://www.medicare.gov).

### ► CIGNA-HEALTHSPRING

800-821-7513  
711 (TTY/TDD)  
8 am - 8pm, 7 days a week  
[www.cignahealthspring.com](http://www.cignahealthspring.com)  
3601 O'Donnell Street  
Baltimore 21224  
Have you heard? Bravo Health is now Cigna-HealthSpring.

### ► KAISER PERMANENTE MEDICARE PLUS

866-415-0785  
866-513-0008 (TTY)  
[www.kaiserpermanente.org](http://www.kaiserpermanente.org)  
2101 E. Jefferson Street  
Rockville 20849  
Provides hospital, medical and Medicare Part D prescription drug coverage.



## MEDICARE SPECIAL NEEDS PLANS (SNPs)

Special Needs Plans (SNPs) may limit all or most of their membership to beneficiaries who have certain chronic or disabling conditions. SNPs must be designed to provide Medicare health care and services to people who can benefit from special expertise of the plan's providers and focused care management. SNPs must also provide Medicare prescription drug coverage. These plans may offer extra benefits, lower premiums and require co-payments. To join SNPs, beneficiaries must be enrolled in Medicare Part A and Part B. Call Maryland Access Point of Baltimore County at 410-887-2594, 844-627-5465 (Toll Free) or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273, for a complete list of the plans in your area or visit [www.medicare.gov](http://www.medicare.gov).

## MEDICARE/MEDIGAP SUPPLEMENTAL INSURANCE POLICIES

Medicare supplemental insurance policies cover some of the deductibles and co-insurances not paid by Medicare. A, B, C, D, E, F\*, G, K, L, M and N policies offer a different combination of standard benefits and are regulated by Federal and State law. The open enrollment period is the first six months from the date of enrollment in Medicare Part B. For a Medigap comparison chart, call Maryland Access Point of Baltimore County at 410-887-2594, 844-627-5465 (Toll Free) or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273 or visit [www.mdinsurance.state.md.us](http://www.mdinsurance.state.md.us).

Companies below represent approved individual Medicare supplement policies in Maryland as of November 24, 2014. \*Rates are updated biannually.

▶ **AETNA LIFE INSURANCE COMPANY**  
888-624-6290

▶ **AMERICAN PROGRESSIVE LIFE AND HEALTH INSURANCE COMPANY OF NEW YORK**  
800-645-4116

▶ **AMERICAN RETIREMENT LIFE INSURANCE COMPANY**  
866-459-4272

▶ **BANKERS FIDELITY LIFE INSURANCE COMPANY**  
800-241-1439

▶ **CAREFIRST BLUECROSS BLUESHIELD MEDIGAP-65**  
410-356-8123  
800-275-3802  
[www.carefirst.com](http://www.carefirst.com)  
CareFirst BlueCross BlueShield  
P.O. Box 14651  
Lexington, KY 40512-9876  
Medicare supplemental coverage.

▶ **CENTRAL STATES INDEMNITY COMPANY OF OMAHA**  
866-644-3988

▶ **COLONIAL PENN LIFE INSURANCE COMPANY**  
800-800-2254

▶ **CONTINENTAL LIFE INSURANCE COMPANY OF BRENTWOOD, TENNESSEE**  
800-264-4000

▶ **EVERENCE ASSOCIATION, INC.**  
800-348-7468

▶ **GERBER LIFE INSURANCE COMPANY**  
877-778-0839

▶ **GLOBE LIFE AND ACCIDENT INSURANCE COMPANY**  
800-801-6831

▶ **GOVERNMENT PERSONNEL MUTUAL LIFE INSURANCE COMPANY**  
866-242-7573

▶ **GROUP HOSPITALIZATION AND MEDICAL SERVICES, INC.**  
800-275-3802

## MEDICARE/MEDIGAP SUPPLEMENTAL INSURANCE BROKERS

For services/information, call Maryland Access Point of Baltimore County at 410-887-2594, 844-627-5465 (Toll Free) or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273.

## RATING SERVICES

The rating companies listed below are for Medicare Supplemental/Medigap and Long Term Care policies. Some may charge a fee for services.

▶ **FITCH INVESTORS SERVICES, INC.**  
212-908-0500  
[www.fitchratings.com](http://www.fitchratings.com)

▶ **MOODY'S INVESTOR SERVICE, INC.**  
212-553-0377  
[www.moody.com](http://www.moody.com)

▶ **STANDARD AND POOR'S INSURANCE RATING SERVICES**  
212-438-2400  
[www.standardandpoors.com](http://www.standardandpoors.com)

▶ **THE STREET.COM**  
[www.thestreet.com](http://www.thestreet.com)

## MEMORY CARE

See also Adult Day Services, Case Management, Home Health Services, Home Care (Non-Medical), Housing - Assisted Living and Live-In Caregivers.

### ▶ CHARLOTTE HALL VETERANS HOME

301-884-8171  
[www.charhall.org](http://www.charhall.org)  
29449 Charlotte Hall Road  
Charlotte Hall 20622  
Income based assisted living, LTC nursing, rehabilitation and memory care.

### ▶ SPRINGWELL SENIOR LIVING

410-664-4006  
[www.springwell.com](http://www.springwell.com)  
2211 W. Rogers Avenue  
Baltimore 21209  
Beautifully appointed apartments in a warm, caring community.

### ▶ SYMPHONY MANOR ASSISTED LIVING AND MEMORY CARE

410-235-4301  
[www.symphonny-m Manor.com](http://www.symphonny-m Manor.com)  
4301 Roland Avenue  
Baltimore 21210  
Premier assisted living and memory care in Roland Park.

## MENTAL HEALTH SERVICES

## COMMUNITY MENTAL HEALTH CENTERS

Eligibility criteria and service locations can be obtained by contacting MAPS-MD at 1-800-888-1965, or the Department of Health at 410-887-3828. IF YOU HAVE AN IMMEDIATE MENTAL HEALTH EMERGENCY, PLEASE CALL 911 OR IN BALTIMORE COUNTY CONTACT THE 24 HOUR HOTLINE AT 410-931-2214 or 410-433-5175 for Baltimore City.



# MENTAL HEALTH SERVICES

► **ALLIANCE, INC., THE BALTIMORE**

410-675-4704  
234 S. Broadway  
Baltimore 21231  
**Rosedale**  
410-574-7700  
9201 Philadelphia Road  
Baltimore 21237

► **BEHAVIORAL HEALTH SYSTEMS BALTIMORE**

410-637-1911  
One North Charles Street,  
Suite 1300  
Baltimore 21201

► **BUILDING COMMUNITIES TODAY**

410-467-6600  
2901 Druid Park Drive  
Baltimore 21215

► **HARFORD-BELAIR COMMUNITY HEALTH**

410-426-5650  
4308 Harford Road  
Baltimore 21206

► **KEY POINT HEALTH SERVICES**

**Catonsville**  
410-869-7240  
500 N. Rolling Road  
Catonsville 21228  
**Dundalk**  
443-216-4800  
1012 North Point Road  
Dundalk 21224  
**Towson**  
410-337-5523  
1001 Cromwell Bridge Road  
Baltimore 21286

► **MAIN STREET COMMUNITY MENTAL HEALTH CENTER**

410-526-7882  
37 Main Street  
Reisterstown 21136

► **MEDSTAR FRANKLIN SQUARE MEDICAL CENTER, OUTPATIENT PSYCHIATRY SERVICES**

443-777-7878  
9100 Franklin Square Drive  
Rosedale 21237

► **MOSAIC BEHAVIORAL HEALTH CENTER**

410-453-9553, Ext. 1107  
(Intake)  
**Catonsville**  
22 Bloomsbury Avenue  
Catonsville 21228  
**Northwest**  
3525 Resource Drive  
Randallstown 21133  
**Timonium**  
1931 Greenspring Drive  
Timonium 21093

► **UNIVERSAL COUNSELING SERVICES, INC.**

410-752-5525  
1401 Severn Street, Suite 201  
Baltimore 21230

## COMMUNITY REHABILITATION PROGRAMS

See also Community Mental Health Centers.

► **FOUNDATIONS**

410-789-7772  
410-269-3250  
[www.foundationsgroup.net](http://www.foundationsgroup.net)  
1025 W. Nursery Road,  
Suite 112  
Linthicum 21090  
Medical day care/psychiatric  
rehabilitation services for over  
ten years.

► **KEY POINT HEALTH SERVICES**

**Catonsville**  
410-869-7240  
500 N. Rolling Road  
Catonsville 21228  
**Dundalk**  
443-216-4800  
1012 North Point Road  
Dundalk 21224  
**Towson**  
410-337-5523  
1001 Cromwell Bridge Road  
Baltimore 21286

► **MOSAIC COMMUNITY SERVICES**

443-612-1497, Ext. 1207  
(Intake)  
**Career Center - North**  
1965 Greenspring Drive  
Timonium 21093  
**Career Center - West**  
5 Bloomsbury Avenue  
Catonsville 21228  
**Catonsville**  
20 Winters Lane  
Catonsville 21228  
**Timonium**  
1931 Greenspring Drive  
Timonium 21093

► **PROLOGUE, INC.**

410-653-6190  
3 Milford Mill Road  
Pikesville 21208

## GERIATRIC SERVICES TEAM

Geriatric outreach program that provides prevention, detection and treatment services to those 60 years of age and older, who are experiencing mental health problems and are not participating in treatment.

► **BAYLIFE - GERIATRIC SERVICES TEAM MEDSTAR BEHAVIORAL HEALTH SERVICES**

443-777-2200  
9100 Franklin Square Drive  
Rosedale 21237

## ADDITIONAL MENTAL HEALTH/ ADDICTION/ DOMESTIC VIOLENCE SERVICES

► **ALLIANCE, INC., THE**

410-282-5900, Ext. 3231  
Case management for individuals of all ages with a chronic serious mental illness without private insurance.

► **BAKER STREET STATION**

410-462-2585

► **BALTIMORE COUNTY CRISIS RESPONSE SYSTEM**

410-931-2214  
Twenty-four hour hotline providing telephone triage and intervention, mobile crisis team, in-home intervention team and linkage to community treatment and support.

► **BEHAVIORAL HEALTH SYSTEMS BALTIMORE**

410-637-1900

► **CHANA**

410-234-0023 (Helpline)  
Program supports the needs of women, men children and elders, who experience physical, psychological, sexual, or financial abuse.

► **CHASE BREXTON HEALTH SERVICES**

**Mt. Vernon**  
410-837-2050  
**Randallstown**  
410-486-5991  
Mental health services, drug and alcohol counseling, HIV and other health services.

► **DOMESTIC VIOLENCE PROGRAM, BALTIMORE COUNTY FAMILY CRISIS CENTER**

410-285-7496 (Domestic Violence Shelter Only)  
410-828-6390 (Sexual/Assault Hotline)  
410-285-4357 (Victim Advocacy, Perpetrator Services, Administrative Offices)  
Counseling, shelter and assistance for individuals experiencing domestic violence.

► **FIRST STEP: A COMMUNITY COUNSELING & RESOURCE CENTER**

410-526-7100  
Substance abuse and mental health counseling.

**BALTIMORE CITY  
DEPARTMENT OF PUBLIC WORKS**

**BUREAU OF WATER  
AND WASTEWATER**

**Low Income Senior Citizen  
Water Discount Program**



ARNOLD EPEL  
DIRECTOR



STEPHANIE  
RAWLINGS-BLAKE  
MAYOR

BALTIMORE CITY



DEPARTMENT OF PUBLIC WORKS  
RUDOLPH S. CHOW, P. E.  
DIRECTOR

[WWW.BALTIMORECITY.GOV](http://WWW.BALTIMORECITY.GOV)

**TAKING CARE OF THOSE WHO TOOK CARE OF US.**

It is all too true that making ends meet can be a problem and a worry for those who have given so much of themselves and who should be enjoying their retirement. So many seniors are still giving through mentoring, volunteering and sharing their joy of life. Now we can give back through our **LOW INCOME SENIOR CITIZEN WATER DISCOUNT PROGRAM**.

**WHO CAN APPLY?**

Homeowners and tenants (whose lease holds them responsible for paying the water bill), can apply each year for the discount if they meet the following criteria:

1. The applicant must be a City of Baltimore resident receiving a water/sewer bill directly from the City.
2. The principal resident must be age 65 or older.
3. The combined gross household income must be \$25,000 or less.
4. The applicant must certify that he/she is the property owner-of-record with the Maryland Department of Assessments and Taxation, or provide a lease showing his/her responsibility for paying water/sewer charges at that property.

**WHAT IS THE DISCOUNT?**

Those who qualify receive a 39% discount on their water and sewer rates on each quarterly bill.

**HOW CAN I APPLY?**

Eligible senior citizens may apply at any of the Senior Community Centers listed on this brochure or call 410-396-5398 to obtain an application.



- Action in Maturity, Inc. (AIM) • Phone: 410-889-7915
- Allen Senior Center • Phone: 410-685-6224
- Forest Park Senior Center • Phone: 410-466-2124
- Harford Senior Center • Phone: 410-426-4009
- Hatton Senior Center • Phone: 410-396-9025
- Greenmount Senior Center • Phone: 410-396-3552
- Edward A. Myerberg Senior Center • Phone: 410-358-6856
- Oliver Senior Center • Phone: 410-396-3861
- Sandtown Winchester Senior Center • Phone: 410-396-7724
- Senior Network of North Baltimore • Phone: 410-323-7131
- Waxter Center for Senior Citizens • Phone: 410-396-1324
- John Booth Senior Center • Phone: 410-396-9202
- Zeta Center for Healthy and Active • Phone: 410-396-3535

**PLEASE NOTE:**  
Only one water bill account per household is eligible to receive this discount.



# MENTAL HEALTH SERVICES

▶ **HARBEL PREVENTION AND RECOVERY CENTER**  
410-444-2100

▶ **HEALTH CARE ACCESS MARYLAND**  
410-649-0529

▶ **HEALTH CARE FOR THE HOMELESS**  
410-837-5533

▶ **HOUSE OF HOPE**  
443-870-3082

▶ **INSPIRIT COUNSELING SERVICES**  
410-433-8861  
Non-profit agency with 20 locations. Accepts Medicare and insurance plans. Sliding fee.

▶ **JEWISH COMMUNITY SERVICES**  
410-466-9200  
Mental health, addiction, hospice and bereavement services.

▶ **LOYOLA CLINICAL CENTER**  
410-617-1200  
Mental health counseling/behavioral health services provided by doctoral students. Sliding fee.

▶ **MED OPTIONS**  
410-832-2729  
Multi-disciplinary group of mental health specialists.

▶ **MENTAL HEALTH ASSOCIATION OF MARYLAND, METROPOLITAN BALTIMORE BRANCH**  
410-235-1178  
Advocates for the rights of persons with mental illnesses; offers public information and education programs.

▶ **NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI), METRO BALTIMORE, INC.**  
410-435-2600  
Sponsors self-help, support, education and advocacy groups for families and individuals coping with mental illness.

▶ **ON OUR OWN, INC.**  
410-282-1701  
Consumer-run drop-in centers, peer support groups and other social activities for individuals 18 and older utilizing mental health services. Locations include: Catonsville, Towson, Pikesville and various locations in Baltimore City. Call for details.

▶ **PEERS: SENIORS IN PARTNERSHIP**  
410-235-1178, Ext. 205  
Volunteers 52 and older are trained to provide weekly support to adults 60 and older with mental health problems. Meal sharing, leisure activities and telephone contact

▶ **PENN-NORTH NEIGHBORHOOD CENTER**  
410-728-2080

▶ **PEOPLE ENCOURAGING PEOPLE**  
410-366-4299  
Rehabilitation and support services for persons with disabilities, including: mental health, vocational and housing assistance.

▶ **PRO BONO COUNSELING PROJECT**  
410-825-1001  
Free mental health referral service to those financially eligible.

▶ **PROLOGUE, INC.**  
410-653-6190  
Services for homeless persons with mental illness.

# KeyPoint HEALTH SERVICES

*Serving the Greater Baltimore Area for over 30 Years*

## Services Offered:

Outpatient mental health treatment for children, adolescents, adults, and seniors

Now accepting select private insurances and Tricare to serve our military

- Individual, group & family therapy
- Medication therapy
- Board certified psychiatrists
- Licensed experienced therapists
- Open weekdays & some evenings
- In-home Counseling



For more information call the clinic nearest you

**Aberdeen 443-625-1600**  
135 North Parke St., Aberdeen, MD 21001

**Catonsville 410-788-0300**  
500 N. Rolling Rd., Catonsville, MD 21228

**Dundalk 443-216-4800**  
1012 N. Point Rd., Baltimore, MD 21224

[www.KeyPoint.org](http://www.KeyPoint.org)

*Key Point Health Services, Inc. is a non-profit organization.*



Sheppard Pratt  
HEALTH SYSTEM  
*We help. You heal.*

We understand the unique mental health needs of older adults, and offer specialized services in a variety of settings for those patients experiencing depression, anxiety, severe forgetfulness, and other mental health problems.



Consistently ranked **one of the nation's top mental health programs** by *U.S. News & World Report*, we utilize a **patient-centered treatment approach** to help improve quality of life for our patients. We offer 24 hour/day care through our inpatient units, outpatient appointments through our Memory Clinic, and on-site services to long-term care facilities and nursing homes.

6501 N. Charles Street, Baltimore, MD 21204  
410.938.3000 • [sheppardpratt.org](http://sheppardpratt.org)

► **TURNAROUND, INC.**  
410-377-8111  
410-828-6390 (24-Hour  
Hotline)  
Counseling and services to  
victims of rape, incest, sexual  
assault and domestic violence.

### PARTIAL HOSPITALIZATION PROGRAMS

Programs which provide  
intensive clinical mental health  
treatment on an outpatient  
basis.

► **BAYVIEW PSYCHIATRIC  
DAY HOSPITAL PROGRAM**  
410-550-0089

► **LEVINDALE DAY  
PROGRAM - MENTAL  
HEALTH SERVICES**  
410-601-2400

► **SHEPPARD PRATT  
HEALTH SYSTEMS**  
410-938-3800 (Admissions)

► **SHEPPARD PRATT  
HEALTH SYSTEMS,  
SULLIVAN DAY HOSPITAL**  
410-938-4700

► **UNION MEMORIAL  
HOSPITAL-COUNSELING  
CENTER PARTIAL  
HOSPITALIZATION AND  
INTENSIVE OUTPATIENT  
PROGRAMS**  
410-554-6444, Press 1

### PSYCHIATRIC HOSPITALS

► **SHEPPARD PRATT  
HOSPITAL**  
410-938-3000

► **SHEPPARD PRATT AT  
ELLCOTT CITY**  
443-364-5500

► **SPRING GROVE  
HOSPITAL**  
410-402-6000



### PSYCHIATRIC INPATIENT SERVICES IN HOSPITALS

► **BON SECOURS CRISIS  
CENTER**  
410-362-3533

► **JOHNS HOPKINS  
BAYVIEW MEDICAL  
CENTER**  
410-550-0074 (Inpatient)  
410-550-0016 (Outpatient)

► **JOHNS HOPKINS  
HOSPITAL**  
Meyer Building  
410-955-5104 (Admissions)

► **LEVINDALE HEBREW  
GERIATRIC CENTER AND  
HOSPITAL**  
410-601-2228 (Admissions)

► **MARYLAND GENERAL  
HOSPITAL PSYCHIATRIC  
UNIT**  
410-225-8155

► **MEDSTAR  
FRANKLIN SQUARE  
HOSPITAL CENTER  
COUNSELING UNIT**  
443-777-7878 (Intake)

► **SINAI HOSPITAL  
INPATIENT PSYCHIATRIC  
UNIT**  
410-601-5610 (Inpatient)  
410-601-5457 (Outpatient)

► **THE UNION MEMORIAL  
HOSPITAL COUNSELING  
CENTER**  
410-554-6444 (Intake)

► **UNIVERSITY OF  
MARYLAND MEDICAL  
CENTER**  
410-328-6231 (Admissions)

► **UNIVERSITY OF  
MARYLAND - ST. JOSEPH  
MEDICAL CENTER,  
PSYCHIATRIC UNIT**  
410-337-1580

### MOBILE PHONES

Offers free phones and minutes to  
low-income individuals  
receiving selected government  
benefits.

► **ASSURANCE WIRELESS**  
888-898-4888

► **CINTEX WIRELESS**  
877-304-9183

► **SAFELINK WIRELESS**  
800-977-3768

► **TRAC-FONE WIRELESS**  
800-977-3768

### MOVE COORDINATORS

These companies assist older  
adults with all aspects of  
downsizing and moving. Always  
check professional credentials,  
insurance, experience and  
request references. A written  
contract should be provided  
which documents all services  
and fees.



► **CARING TRANSITIONS  
-BALTIMORE METRO**  
410-591-4111  
www.estatemovenorth  
baltimoremd.com  
Providing personalized moving  
coordination, packing/  
unpacking, selling excess items  
at home/online, and cleaning-  
out.

► **NATIONAL  
ASSOCIATION OF SENIOR  
MOVE MANAGERS**  
877-606-2766  
A non-profit professional  
association of organizations  
dedicated to helping older  
adults and families with the  
physical and emotional aspects  
of moving. Also provides  
businesses which specialize in  
hoarding services.

### NOTARY SERVICES

► **BALTIMORE COUNTY  
EMPLOYEES FEDERAL  
CREDIT UNION**  
410-828-4730  
800-234-4730  
www.bcefcu.com  
23 W. Susquehanna Avenue  
Towson 21204  
The financial institution for  
Baltimore County Government  
employees and volunteers.

# N

## NURSING HOMES

### NURSING HOMES

See also Medicaid Home and Community Based Programs.

Nursing homes or long term care facilities provide services for individuals who need nursing care on a regular basis, but do not need to be hospitalized. Facilities are regulated by state and local boards of health. Many nursing care facilities offer respite care, rehabilitation and other services of short duration. Always inquire about payment options.

Selecting a nursing home is an individual and personal decision. Each person's needs, likes, dislikes and personalities are different. These preferences should be taken into consideration when searching for a nursing home. To make a well informed selection, it is recommended that you make visits to determine whether a facility meets the specific needs of you or your loved one. Ask detailed questions and visit several facilities. For information about selecting a nursing home, please visit [www.baltimorecountymd.gov/agencies/aging/housing/nursinghomes.html](http://www.baltimorecountymd.gov/agencies/aging/housing/nursinghomes.html).

#### ► ALICE MANOR NURSING HOME

410-889-9700  
2095 Rockrose Avenue  
Baltimore 21211

#### ► AUGSBURG LUTHERAN HOME & VILLAGE

410-486-4573  
6811 Campfield Road  
Baltimore 21207

#### ► BLUE POINT NURSING AND REHAB CENTER

410-367-9100  
2525 W. Belvedere  
Baltimore 21215

#### ► BRIDGEPARK HEALTH CARE CENTER

410-542-5306  
4017 Liberty Heights Avenue  
Baltimore 21207

#### ► BRINTON WOODS HEALTH & REHAB CENTER AT ARLINGTON WEST

410-664-9535  
3939 Penhurst Avenue  
Baltimore 21215

#### ► BRINTON WOODS POST-ACUTE CARE CENTER

410-325-4000  
5009 Frankford Avenue  
Baltimore 21206

#### ► BROADMEAD

410-527-1900  
13801 York Road  
Cockeysville 21030

#### ► CHARLESTOWN

410-247-9700  
709 Maiden Choice Lane  
Catonsville 21228

#### ► CHARLOTTE HALL VETERANS HOME

301-884-8171  
[www.charhall.org](http://www.charhall.org)  
29449 Charlotte Hall Road  
Charlotte Hall 20622  
Income based assisted living, LTC nursing, rehabilitation and memory care.

#### ► CRAWFORD RETREAT

410-947-7286  
2117 Denison Street  
Baltimore 21216

#### ► EDENWALD

410-339-6000  
800 Southerly Road  
Towson 21286

#### ► ENVOY OF PIKESVILLE

410-486-8771  
7 Sudbrook Lane  
Pikesville 21208

#### ► FAYETTE HEALTH AND REHAB CENTER

410-727-3947  
1217 West Fayette Street  
Baltimore 21223

#### ► FOREST HAVEN NURSING HOME

410-747-7425  
701 Edmondson Avenue  
Catonsville 21228

#### ► FREDERICK VILLA NURSING AND REHAB CENTER

410-788-3300  
711 Academy Road  
Catonsville 21228

#### ► FUTURECARE HEALTH AND MANAGEMENT CORPORATION

**Canton Harbor**  
410-342-6644  
1300 S. Ellwood Avenue  
Baltimore 21224  
**Charles Village**  
2337 N. Charles Street  
Baltimore 21218  
**Cherrywood**  
410-833-3801  
12020 Reisterstown Road  
Reisterstown 21136  
**Cold Spring**  
410-254-3300  
4700 Harford Road  
Pikesville 21214  
**Courtland Gardens**  
410-521-3600  
7920 Scotts Level Road  
Baltimore 21208  
**Homewood**  
410-554-6300  
2700 N. Charles Street  
Baltimore 21218  
**Irvington**  
410-947-3052  
22 S. Athol  
Baltimore 21229  
**Locheam**  
410-358-3410  
4800 Seton Drive  
Baltimore 21215  
**Northpoint**  
410-282-0100  
1046 North Point Road  
Baltimore 21224  
**Old Court**  
410-922-3200  
5412 Old Court Road  
Randallstown 21133  
**Sandtown-Winchester**  
410-669-2750  
1000 North Gilmore Street  
Baltimore 21217

#### ► GENESIS HEALTHCARE

**Caton Manor**  
410-525-1544  
3330 Wilkens Avenue  
Baltimore 21229  
**Catonsville Commons**  
410-747-1800  
16 Fusting Avenue  
Catonsville 21228  
**Cromwell Center**  
410-661-5955  
8710 Emge Road  
Baltimore 21234  
**Franklin Woods Center**  
410-391-2600  
9200 Franklin Square Drive  
Baltimore 21237  
**Heritage Center**  
410-282-6310  
7232 German Hill Road  
Dundalk 21222  
**Homewood Center**  
410-323-4223  
6000 Bellona Avenue  
Baltimore 21212  
**Loch Raven Center**  
410-668-1961  
8720 Emge Road  
Baltimore 21234  
**Long Green Center**  
410-435-9073  
115 E. Melrose Avenue  
Baltimore 21212  
**Multi-Medical Center**  
410-821-5500  
7700 York Road  
Towson 21204  
**Patapsco Valley Center**  
410-655-7373  
9109 Liberty Road  
Randallstown 21133  
**Perring Parkway Center**  
410-661-5717  
1801 Wentworth Road  
Baltimore 21234  
**Powerback Rehabilitation**  
410-296-1990  
515 Brightfield Road  
Lutherville 21093

#### ► GOOD SAMARITAN NURSING CENTER

410-532-5600  
1601 East Belvedere Avenue  
Baltimore 21239

► **GREEN HOUSE RESIDENCES AT STADIUM PLACE, THE**

443-414-6218  
410-554-9890  
www.greenhousemd.org  
1010 E. 33rd Street  
Baltimore 21218  
Boutique style rehabilitation/  
skilled nursing in a private,  
comfortable setting.

► **HCR MANOR CARE**

Dulaney  
410-828-6500  
111 West Road  
Towson 21204  
Roland Park  
410-662-8606  
4669 Falls Road  
Baltimore 21209  
Rossville  
410-574-4950  
6600 Ridge Road  
Rosedale 21237  
Ruxton  
410-821-9600  
7001 N. Charles Street  
Towson 21204  
Towson  
410-828-9494  
509 E. Joppa Road  
Towson 21286  
Woodbridge Valley  
410-402-1200  
1525 N. Rolling Road  
Catonsville 21228

► **HOLLY HILL NURSING AND REHABILITATION CENTER**

410-823-5310  
531 Stevenson Lane  
Towson 21286

► **KESWICK MULTI-CARE CENTER**

410-235-8860  
700 W. 40<sup>th</sup> Street  
Baltimore 21211

► **LEVINDALE HEBREW GERIATRIC CENTER AND HOSPITAL**

410-466-8700  
2434 W. Belvedere Avenue  
Baltimore 21215

► **LITTLE SISTERS OF THE POOR ST. MARTIN'S**

410-744-9367  
601 Maiden Choice Lane  
Baltimore 21228

► **LORIEN MAYS CHAPEL**

410-252-0880  
12230 Roundwood Road  
Timonium 21093

► **MARYLAND BAPTIST AGED HOME**

410-945-7650  
2801 Rayner Avenue  
Baltimore 21216

► **MARYLAND MASONIC HOMES**

410-527-1111  
300 International Circle  
Cockeysville 21030

► **MID-ATLANTIC OF CHAPEL HILL NURSING CENTER**

410-922-2443  
4511 Robosson Road  
Randallstown 21133

► **MILFORD MANOR NURSING HOME**

410-486-1500  
4204 Old Milford Mill Road  
Baltimore 21208

► **NORTHWEST NURSING AND REHABILITATION CENTER**

410-664-5551  
4601 Pall Mall Road  
Baltimore 21215

► **OAK CREST**

410-882-3295  
8832 Walther Boulevard  
Parkville 21234

► **OAKWOOD CARE CENTER**

410-687-1383  
1300 Windlass Drive  
Baltimore 21220

► **OVERLEA HEALTH AND REHABILITATION CENTER**

410-426-1424  
6116 Blair Road  
Baltimore 21206

► **PICKERSGILL RETIREMENT COMMUNITY**

410-825-7423  
615 Chestnut Avenue  
Towson 21204

► **PRESBYTERIAN HOME OF MARYLAND**

410-823-4622  
400 Georgia Court  
Towson 21204

► **RIDGEWAY MANOR NURSING AND REHAB CENTER**

410-747-5250  
5743 Edmondson Avenue  
Catonsville 21228

► **RIVERVIEW REHABILITATION AND HEALTH CENTER**

410-574-1400  
1 Eastern Boulevard  
Essex 21221

► **ROCK GLEN NURSING AND REHAB CENTER**

410-646-2100  
10 N. Rock Glen Road  
Baltimore 21229

► **ROLAND PARK PLACE**

410-243-5800  
830 West 40th Street  
Baltimore 21211

► **ST. ELIZABETH REHABILITATION AND NURSING CENTER**

410-644-7100  
3320 Benson Avenue  
Baltimore 21227

► **ST. JOSEPH'S NURSING HOME**

410-747-0026  
1222 Tugwell Drive  
Catonsville 21228

► **STELLA MARIS**

410-252-4500  
2300 Dulaney Valley Road  
Timonium 21093

► **SUMMITT PARK HEALTH AND REHABILITATION CENTER**

410-747-3287  
1502 Frederick Road  
Catonsville 21228

► **TRANSITIONAL CARE AT MERCY MEDICAL CENTER**

410-332-9287  
301 St. Paul Place  
Baltimore 21202

► **TRANSITIONAL CARE SERVICES AT GOOD SAMARITAN**

443-444-4070  
5601 Loch Raven Blvd.  
Baltimore 21239

**NURSING HOMES - RELATED PROGRAMS**

► **COMMUNITY FIRST CHOICE**

410-887-2594 (County)  
410-396-2273 (City)  
Enables individuals 18 and older, who have Community Medical Assistance and meet Medicaid's institutional level of care to remain in a community setting. Provides supports planning, personal care, nurse monitoring, home delivered meals, assistive devices, environmental assessment and more.

► **HOME AND COMMUNITY BASED OPTIONS WAIVER**

866-417-3480  
Enables individuals 18 and older, who are financially eligible and meet Medicaid's long-term care admission criteria to remain in a community setting. Provides supports planning, personal care, medical day care, nurse monitoring, assisted living, home delivered meals, assistive devices, environmental assessment and more. Call for more information. \*See Financial Eligibility Guidelines listed in publication.

### ► KEPRO

800-492-5811

Determines level of care for nursing home residents upon admission when payment is Medical Assistance.

### ► LEGAL AID BUREAU, INC., NURSING HOME PROGRAM

410-951-7750, Press 8, Then Press 7

Free legal assistance for nursing home and assisted living residents who meet financial eligibility. Assists with legal problems related to their care in the facility.

### ► LONG TERM CARE MEDICAL ASSISTANCE

410-455-7517 (County)  
855-458-2273 (City)

Medicaid application for nursing home residents.

### ► MARYLAND HEALTH CARE COMMISSION, NURSING HOME GUIDE

410-764-3460

[www.mhcc.maryland.gov/consumerinfo/longtermcare](http://www.mhcc.maryland.gov/consumerinfo/longtermcare)  
Compares nursing home facilities.

### ► MEDICAL ASSISTANCE PERSONAL CARE

410-887-3485 (County)  
410-396-4494 (City)

Enables individuals 18 and older, who have Community Medical Assistance and who need assistance with at least one activity of daily living, to receive personal care services, supports planning and nurse monitoring.



### ► NURSING HOME COMPARE

[www.medicare.gov/nhcompare/home.asp](http://www.medicare.gov/nhcompare/home.asp)

### ► OFFICE OF HEALTH CARE QUALITY, NURSING HOMES, LONG TERM CARE UNIT

410-402-8201

Ensures that State licensure and Medicare/Medicaid standards are maintained. Investigates complaints of resident abuse.

### ► OMBUDSMAN PROGRAM

410-887-4200 (County)  
410-396-3144 (City)

Advocates for long term care residents. Provides resolution or referral of complaints concerning nursing homes and assisted living facilities.

## NUTRITION SERVICES

For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273. See also Summary of Services - Eating Together Program.

## SENIOR CENTERS

An Eating Together Program lunch is served in each of the 20 Baltimore County Senior Centers (see Senior Centers list) and various locations throughout Baltimore City. There is no charge for the meals; however, a confidential, voluntary donation is requested. Advance reservations are required. Baltimore County Senior Center Councils sponsor meals for special events; contact the senior center for special event information.

## ADDITIONAL CONGREGATE MEAL PROGRAMS

The Eating Together Program provides lunch or evening meals at some Community Nutrition Sites or Congregate Housing locations. There is no charge for meals; however, a confidential, voluntary donation is requested. Since these sites are open fewer than five days a week, an office or lobby phone number is provided.

B = Breakfast  
E = Evening meals  
I = Islamic meals only  
K = Kosher meals only  
KOR = Korean meals only  
L = Lunch meals

## BALTIMORE COUNTY

### ► ARBUTUS SENIOR CENTER

410-887-1410  
[www.baltimorecountymd.gov/arbutus](http://www.baltimorecountymd.gov/arbutus)  
855A Sulphur Spring Road  
Baltimore 21227

### ► ATEAZE SENIOR CENTER\*

410-887-7233

### ► BYKOTA SENIOR CENTER\*

410-887-3094

### ► CATONSVILLE SENIOR CENTER\*

410-887-0900

### ► COCKEYSVILLE SENIOR CENTER\*

410-887-7694

### ► EDGEMERE SENIOR CENTER

410-887-7530

### ► ESSEX CO-OP APARTMENTS (E)

410-391-7616

### ► ESSEX SENIOR CENTER\*

410-887-0267

### ► FLEMING SENIOR CENTER

410-887-7225

### ► GOLDEN RING APARTMENTS (E)

410-682-4657

### ► HERFORD SENIOR CENTER

410-887-1923

### ► HOPKINS VILLAGE (E)

410-687-2828

### ► ISLAMIC SOCIETY OF BALTIMORE (I) (L) (E)

410-747-4869

### ► JACKSONVILLE SENIOR CENTER

410-887-8208

### ► LANSDOWNE/ BALTIMORE HIGHLANDS SENIOR CENTER

410-887-1443

### ► LIBERTY SENIOR CENTER\*

410-887-0780

### ► OVERLEA-FULLERTON SENIOR CENTER

410-887-5220

### ► PARK VIEW AT CATONSVILLE (E)

410-719-9464

### ► PARK VIEW AT DUNDALK (E)

410-288-5483

### ► PARK VIEW AT TOWSON (E)

410-828-7185

### ► PARKVILLE SENIOR CENTER\*

410-887-5338

### ► PIKESVILLE SENIOR CENTER\*

410-887-1245

### ► REISTERSTOWN SENIOR CENTER

410-887-1143

### ► REISTER'S VIEW (E)

410-517-4994

### ► ROSEDALE SENIOR CENTER

410-887-0233

### ► SEVEN OAKS SENIOR CENTER

410-887-5192

### ► ST. LUKE'S PLACE (L)

410-477-3661

### ► TABCO TOWERS (L)

410-821-9220

### ► TRINITY HOUSE (L)

410-825-5288

### ► VICTORY VILLA SENIOR CENTER

410-887-0235

- ▶ **VILLAGE OAKS APARTMENTS (E)**  
410-747-1344
- ▶ **WEINBERG GARDENS (K) (E)**  
410-602-8200
- ▶ **WEINBERG HOUSE (K) (E)**  
410-602-2405
- ▶ **WEINBERG VILLAGE I (K) (E)**  
410-581-7878
- ▶ **WEINBERG VILLAGE III (K) (E)**  
410-581-7878
- ▶ **WOODLAWN SENIOR CENTER**  
410-887-6887

### BALTIMORE CITY

- ▶ **29TH STREET WYMAN HOUSE (L)**  
410-396-6194
- ▶ **ABUNDANT LIFE TOWERS (L)**  
410-367-5433
- ▶ **ALLENDALE (L)**  
410-396-0273
- ▶ **ALLEN SENIOR CENTER (L)**  
410-685-6224
- ▶ **APOSTOLIC TOWERS (L)**  
410-342-1353/4
- ▶ **AUGSBURG LUTHERAN CHURCH (L)**  
410-542-6270
- ▶ **BASILICA PLACE (L)**  
410-396-2998
- ▶ **BELVEDERE GREEN (E)**  
410-433-7255
- ▶ **BERNARD E. MASON (L) (E)**  
410-396-0488
- ▶ **BOLTON NORTH (L)**  
410-462-5433
- ▶ **BRISTOL HOUSE (K) (E)**  
410-466-1990
- ▶ **COLDSTREAM (L)**  
410-396-6746
- ▶ **CURTIS BAY REC. CENTER (L)**  
410-396-1811
- ▶ **DELTA SIGMA THETA SORORITY (L)**  
410-608-3344
- ▶ **DEPAUL HOUSE (L)**  
410-644-8484
- ▶ **EDWARD A. MYERBERG SENIOR CENTER (K) (L)**  
410-358-6856
- ▶ **EPIPHANY HOUSE (L)**  
410-323-3040
- ▶ **FATIMA HOUSE (E)**  
410-631-3555
- ▶ **FORREST PARK SENIOR CENTER (L)**  
410-466-2124
- ▶ **FOSTER GRANDPARENTS UNION BAPTIST CHURCH CHILD CARE CENTER (E)**  
410-366-6356
- ▶ **GREENMOUNT SENIOR CENTER (KOR) (L)**  
410-396-3552
- ▶ **GREENS AT IRVINGTON MEWS, THE (L)**  
410-644-4487
- ▶ **HANOVER SQUARE APARTMENTS (L)**  
410-962-1043
- ▶ **HARBOR APARTMENT (E)**  
410-837-1010
- ▶ **HARFORD SENIOR CENTER (L)**  
410-426-4009
- ▶ **HATTON SENIOR CENTER (L)**  
410-396-9025
- ▶ **HIGHLANDTOWN PLAZA (E)**  
410-674-4460
- ▶ **IVY FAMILY SUPPORT CENTER (L)**  
410-367-6750
- ▶ **JOHN BOOTH SENIOR CENTER (L)**  
410-396-9202
- ▶ **KIRKWOOD HOUSE (L)**  
410-464-0106
- ▶ **MANORS WEST (K) (L)**  
410-396-6228
- ▶ **MCKIM CENTER HOMELESS SHELTER (L)**  
410-276-5519
- ▶ **MEMORIAL APARTMENTS (E)**  
410-728-7806
- ▶ **MOUNT CLARE OVERLOOK (L)**  
410-727-4477
- ▶ **N. M. CARROLL MANOR (L)**  
410-669-4270

- ▶ **OLIVER SENIOR CENTER (L)**  
410-396-3861
- ▶ **OUR LADY OF FATIMA (L)**  
410-633-9393
- ▶ **PARKVIEW APARTMENTS (E)**  
410-542-4400
- ▶ **PENN NORTH PLAZA (L)**  
410-383-8595
- ▶ **PRIMROSE PLACE (E)**  
410-644-5556
- ▶ **SANDTOWN WINCHESTER SENIOR CENTER (B) (L)**  
410-396-7725
- ▶ **SENIOR COMPANION (L)**  
410-396-8013
- ▶ **STADIUM PLACE/EDNOR HOUSE (L)**  
410-243-0180
- ▶ **WALKERS MEWS (E)**  
410-433-0210
- ▶ **WATERS TOWERS (L)**  
410-342-6240
- ▶ **WAXTER SENIOR CENTER (B) (L)**  
410-396-1331
- ▶ **WAYLAND VILLAGE (L)**  
410-578-9142
- ▶ **WEINBERG PLACE (KOSHER) (K) (E)**  
410-542-4111
- ▶ **WESTMINSTER HOUSE (L)**  
410-837-0180
- ▶ **WOODBOURNE WOODS (E)**  
410-433-7255
- ▶ **ZETA COMMUNITY CENTER (L)**  
410-396-3535

### MEAL PREPARATION

See also Home Health Services and Home Care (Non-Medical).

- ▶ **COMPASSIONATE HOME HEALTH CARE, INC.**  
410-616-9679  
410-292-8440  
[www.compassionatehhc.com](http://www.compassionatehhc.com)  
Providing quality and affordable home health care services with compassion.

### ▶ HOMEWATCH CAREGIVERS OF MARYLAND

410-821-1944 (24-Hour Service)  
877-357-0795 (Toll Free)  
[www.homewatchcaregivers.com/baltimore](http://www.homewatchcaregivers.com/baltimore)  
Providing quality care for your loved ones since 1980.

### ▶ SENIOR HELPERS

410-453-6172  
[www.seniorhelpers.com](http://www.seniorhelpers.com)  
Care and comfort at a moment's notice.

### ▶ SENIORS HELPING SENIORS

410-989-8775  
[www.seniorshelpingseniors.com/westbaltimorecounty](http://www.seniorshelpingseniors.com/westbaltimorecounty)  
Seniors Helping Seniors...a way to give and to receive@.

### OTHER NUTRITION SERVICES

#### ▶ GBMC GECKLE DIABETES & NUTRITION CENTER

443-849-2036  
[www.gbmc.org/diabetes](http://www.gbmc.org/diabetes)  
Physicians Pavilion East  
6565 N. Charles Street  
Suite 507  
Baltimore 21204  
Education and support groups for those with nutrition-related conditions.

#### ▶ MEALS ON WHEELS OF CENTRAL MARYLAND, INC.

410-558-0827  
[www.mealsonwheelsmd.org](http://www.mealsonwheelsmd.org)  
Prepares and delivers two meals per day, Monday-Friday, to the homebound of any age. Kosher meals available on limited basis.

#### ▶ MOVEABLE FEAST

410-327-3420  
800-556-9417 (Toll Free)  
Home delivered meals to persons with cancer or HIV/AIDS. Program requires a referral from a physician.

#### ▶ OUR DAILY BREAD

443-986-9000

# P

## OPTICIANS/OPTICAL SERVICES - PUBLICATIONS OF INTEREST

### OPTICIANS/OPTICAL SERVICES

See Physicians, Physician Referral Services, Physicians Who Make House Calls and Vision Resources.

### PERSONAL NEEDS

See also Medical Equipment and Supplies and Pharmacies Offering Home Delivery.

#### ► LIFE RESPONSE OF MARYLAND

410-833-1067  
www.liferesponseofmd.com  
Never alone with affordable monthly monitoring - 25 years of service.

#### ► ZONETAK PHARMACY

www.zonetakpharmacy.com  
Owings Mills  
410-363-8271  
10085 Red Run Boulevard #104  
Owings Mills 21117  
Baltimore  
443-449-7431  
2300 Garrison Boulevard  
Baltimore 21216  
Home infusion, compounding (sterile/non-sterile), medication policy management, medication packaging.

### PHARMACIES OFFERING HOME DELIVERY

In most cases, these pharmacies deliver free of charge, but deliveries may be limited to prescription items only. Please call for services and delivery requirements.

#### ► PROFESSIONAL PHARMACY (AN EPIC PHARMACY)

410-687-8113  
800-595-3196  
www.propharmacyrx.net  
9106 Philadelphia Road, Suite 100  
Baltimore 21237  
Bringing pharmacy to life with quick and efficient service.

#### ► ZONETAK PHARMACY

www.zonetakpharmacy.com  
Owings Mills  
410-363-8271  
10085 Red Run Boulevard #104  
Owings Mills 21117  
Baltimore  
443-449-7431  
2300 Garrison Boulevard  
Baltimore 21216  
Home infusion, compounding (sterile/non-sterile), medication policy management, medication

### PHYSICIAN REFERRAL SERVICES

For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273.

#### ► BALTIMORE COUNTY MEDICAL ASSOCIATION/ MEDCHI

410-296-1232  
A referral service for physicians in Baltimore County.

#### ► MARYLAND MEDICAL ASSISTANCE BENEFICIARY SERVICES AND PHARMACY ACCESS HOTLINE

800-492-5231, Press 2  
Names of doctors who accept Medical Assistance.

#### ► MARYLAND STATE MEDICAL SOCIETY (MEDCHI)

410-539-0872  
A referral service for physicians in Maryland.

#### ► MEDICARE

800-633-4227  
www.medicare.gov (Click Resource Locator, Then Click Physician Compare). To identify physicians who accept Medicare reimbursement.

### PHYSICIANS WHO MAKE HOUSE CALLS

For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594, 844-627-5465 (Toll Free) or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273.

### PHYSICIANS

See also Community Mental Health, Health Clinics, Hospital Subspecialties Physicians Who Make House Calls and Vision Resources.

#### ► MARYLAND PAIN SPECIALISTS

Louis M. Panlilio, MD  
Theodore S. Grabow, MD  
Brian M. Block, MD, PhD  
Ronjeet K. Reddy, MD  
Jatin Joshi, MD  
Mary Ann Anthony, MSN, CRNP  
Jennifer Keefer, MSPAS, PA-C  
Kevin Reese, MSPAS, PA-C  
www.marylandpainspecialists.com  
Lutherville  
410-670-8408  
Baltimore Spine Center  
1300 Bellona Avenue, Suite 330  
Lutherville 21093  
Towson  
410-670-8408  
Ruxton Professional Center  
8322 Bellona Avenue, Suite 330  
Towson 21204  
Towson  
410-670-8408  
St. Joseph Medical Center  
7601 Osler Drive  
Towson 21204  
Proven solutions to manage pain.

### PODIATRISTS

For referral services, please review the Physicians Who Make House Calls category or contact Maryland Access Point of Baltimore County at 410-887-2594, 844-627-5465 (Toll Free) or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273.

### PUBLICATIONS OF INTEREST

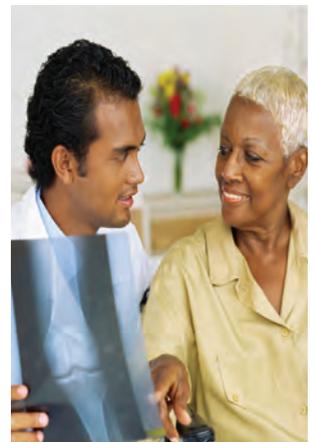
For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273.

#### ► BALTIMORE CITY HEALTH DEPARTMENT

410-396-4398

#### ► BALTIMORE CITY HEALTH DEPARTMENT, DIVISION OF AGING AND CARE SERVICES MARYLAND ACCESS POINT, GOLD CARD, CARE BROCHURES

410-396-2273



### ► BALTIMORE COUNTY DEPARTMENT OF AGING PUBLICATIONS

410-887-2594

(Maryland Access Point of Baltimore County)

Produces publications and other informational media that are primarily available at no cost. Contact Maryland Access Point of Baltimore County for information.

- *Community Resources*

- *Senior Digest\**

(subscription fee applies)

- *Strengthening Lives*

- *Be Mobile, Drive Safe*

- *Consumer Reference Guide*

Publications are also available at 20 Baltimore County senior centers, Baltimore County public libraries and through Project DOCS, a partnership with local hospitals. To view senior center newsletters online visit: <http://www.baltimorecountymd.gov/agencies/aging/centers/newsletters.html>.

### ► BALTIMORE COUNTY SENIOR DIGEST\*

410-887-3050

[www.baltimorecountymd.gov/Agencies/aging/publications/seniordigest.html](http://www.baltimorecountymd.gov/Agencies/aging/publications/seniordigest.html)

A newspaper filled with information and interests pertaining to older adults, baby boomers, caregivers, families, persons with disabilities and professionals. Published eight times annually by the Baltimore County Department of Aging. Cost is \$5 per year for subscribers 60 and older who live in Baltimore County; \$7 per year for all other subscribers.

### ► CAREGIVER CONNECTION

410-887-2594

A free newsletter for caregivers by mail or e-mail. To subscribe, visit [www.baltimorecountymd.gov/subscribe/caregiver](http://www.baltimorecountymd.gov/subscribe/caregiver).

### ► COUNTY CONNECTION

An e-newsletter from the County Executive's office. To subscribe, visit [www.baltimorecountymd.gov/subscribe/index.html](http://www.baltimorecountymd.gov/subscribe/index.html).

### ► GOLD CARD (CITY)

410-396-2273/ORANGE CARD (COUNTY)

410-887-2594

This card could save your life. This card lists all of your medications and other medical information. Emergency medical personnel look for this card on refrigerators in an emergency.

## RECREATION AND LEISURE ACTIVITIES

### ► BALTIMORE CITY RECREATION AND PARKS

410-396-7900

410-396-7515 (Therapeutic)  
Persons with disabilities call therapeutic number.

### ► BALTIMORE CITY RECREATION AND PARKS, SENIOR CITIZENS DIVISION GOLDEN AGE CLUBS

410-396-2920

### ► BALTIMORE COUNTY DEPARTMENT OF RECREATION AND PARKS

410-887-3871

Recreation and leisure opportunities in County.

### ► BALTIMORE COUNTY DEPARTMENT OF RECREATION AND PARKS, THERAPEUTIC SERVICES

410-887-5370

Recreational programs and services for persons with disabilities.

### ► BALTIMORE COUNTY OFFICE OF TOURISM

410-887-2849

### ► BALTIMORE COUNTY SENIOR CENTERS

(See "Senior Centers")

### ► MARYLAND SENIOR OLYMPICS

410-396-2920

Competitions for people age 50 and over in archery, bowling, cycling, golf, horseshoes, track and field and more.

### ► SENIOR BOX OFFICE

410-887-5399

[www.seniorboxoffice.org](http://www.seniorboxoffice.org)

Volunteer program that distributes discounted tickets to members for events. Travel opportunities also available without membership.

### ► TOWSON UNIVERSITY, INSTITUTE FOR WELL-BEING WELLNESS CENTER

410-704-4555

Offering a focus on medical fitness and exercise for seniors.

## GOLF COURSES, BALTIMORE CITY

Carroll Park

410-685-8344

Clifton Park

410-243-3500

Forest Park

410-448-4653

Mount Pleasant

410-254-5100

Pine Ridge

410-252-1408

## GOLF COURSES, BALTIMORE COUNTY

410-887-GOLF(4653)

[www.baltimoregolfing.com](http://www.baltimoregolfing.com)

Diamond Ridge

410-887-1349

Greystone

410-887-1945

Fox Hollow

410-887-7735

Rocky Point

410-887-0215

The Woodlands

410-887-1349

## AQUATIC PROGRAMS FOR OLDER ADULTS AND PERSONS WITH PHYSICAL DISABILITIES

Recreational water programs led by trained instructors. Ability to swim not required. Fees vary.

### ► ARTHRITIS FOUNDATION, MARYLAND CHAPTER

800-365-3811, Ext. 4222

Maintains current listing of swimming programs for arthritic individuals and persons with disabilities.

### ► KERNAN HOSPITAL AQUATIC EXERCISE PROGRAM

410-448-6706

### ► LEAGUE FOR PEOPLE WITH DISABILITIES, WELLNESS PROGRAM

410-323-0500, Ext. 314

### ► MULTIPLE SCLEROSIS SOCIETY OF MARYLAND

800-344-4867, Press 1

Maintains current listing of swimming programs for persons with disabilities.

### ► Y OF CENTRAL MARYLAND

Baltimore City

410-889-9622

Catonsville

410-747-9622

Dundalk

410-285-7616

Parkville

410-663-1300

Randallstown

410-496-4272

Towson

410-823-8870

# R

## RESPIRE CARE SERVICES

### RESPIRE CARE SERVICES

See also Assisted Living Programs, Home Health Services, Home Care (Non-Medical) and Nursing Homes.

► **BRIGHTSTAR HEALTHCARE OF BALTIMORE CITY/COUNTY**  
443-275-2796 (24-Hour Service)  
[www.brightstarcare.com/baltimore-citycounty/](http://www.brightstarcare.com/baltimore-citycounty/)  
1615 York Road, Suite 205  
Lutherville-Timonium 21093  
Private duty homecare: nursing assistants, RN's, LPN's, Joint Commission Accreditation.

► **COMFORCARE HOME CARE SERVICES**  
410-922-6262  
410-922-6221  
[www.nwbaltimore.comforcare.com](http://www.nwbaltimore.comforcare.com)  
9952 Liberty Road  
Randallstown 21133  
ComForcare provides care to help persons thrive in their home.

► **COMPASSIONATE HOME HEALTH CARE, INC.**  
410-616-9679  
410-292-8440  
[www.compassionatehhc.com](http://www.compassionatehhc.com)  
9403 Harford Road, Suite 6  
Parkville 21234  
Providing quality and affordable home health care services with compassion.

► **ELIZABETH COONEY CARE NETWORK**  
410-323-1700 (24-Hour Service)  
[www.elizabethcooneyagency.com](http://www.elizabethcooneyagency.com)  
1107 Kenilworth Drive, Suite 200  
Towson 21204  
Celebrating 58 years - caring professional PT's, RN's, LPN's, CNA's, companions.

► **GREEN HOUSE RESIDENCES AT STADIUM PLACE, THE**  
443-414-6218  
410-554-9890  
[www.greenhousemd.org](http://www.greenhousemd.org)  
1010 E. 33<sup>rd</sup> Street  
Baltimore 21218  
Boutique style rehabilitation/skilled nursing in a private, comfortable setting.

► **HOMEWATCH CAREGIVERS OF MARYLAND**  
410-821-1944 (24-Hour Service)  
877-357-0795 (Toll Free)  
[www.homewatchcaregivers.com/baltimore](http://www.homewatchcaregivers.com/baltimore)  
Providing quality care for your loved ones since 1980.

► **SENIOR HELPERS**  
410-453-6172  
[www.seniorhelpers.com](http://www.seniorhelpers.com)  
8601 LaSalle Road, Suite 208  
Towson 21286  
Care and comfort at a moment's notice.

► **STELLA MARIS**  
410-252-4500  
[www.stellamaris.org](http://www.stellamaris.org)  
2300 Dulaney Valley Road  
Timonium 21093  
Long-term, hospice, home care, housing, respite, rehab services available.



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When caring for your loved ones, choosing Stella Maris means choosing comprehensive, compassionate and dignified care.

Long Term Care • Senior Living • Senior Day Center  
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Rehabilitation Services • Private Companion Services

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[stellamarisinc.com](http://stellamarisinc.com) • (410) 252-4500  
An affiliate of Mercy Health Services

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► **SYMPHONY MANOR ASSISTED LIVING AND MEMORY CARE**  
410-235-4301  
www.symphony-manor.com  
4301 Roland Avenue  
Baltimore 21210  
Premier assisted living and memory care in Roland Park.

### REVERSE MORTGAGES

For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273.

Reverse mortgage counseling is a mandatory part of the application process.

► **BALTIMORE COUNTY EMPLOYEES FEDERAL CREDIT UNION**  
410-828-4730  
800-234-4730  
www.bcefcu.com  
23 W. Susquehanna Avenue  
Towson 21204  
The financial institution for Baltimore County Government employees and volunteers.

► **HOWARD COUNTY OFFICE ON AGING**  
800-506-5806, Press 1  
HUD certified reverse mortgage housing counselors.

► **NET EQUITY FINANCIAL, INC.**  
Bill Peterson  
NMLS# 104372  
443-725-3543  
www.netequitymtg.com  
4940 Campbell Boulevard,  
Suite 210  
Nottingham 21236  
A family-oriented, trustworthy, SeniorChecked® financial organization here for you.

► **ST. AMBROSE HOUSING AID CENTER**  
410-366-8550  
HUD certified reverse mortgage housing counselors.

► **URBAN FINANCIAL OF AMERICA**  
Patti Farrell, RMC  
NMLS# 455372  
443-992-6231  
888-662-6655  
www.ufareverse.com/pfarrell/  
1520 Cottage Lane  
Towson 21286  
New lending guidelines. Is a reverse mortgage right for you?

► **U.S. HOUSING AND URBAN DEVELOPMENT, HOME EQUITY CONVERSION MORTGAGE PROGRAM**  
800-569-4287  
Lists housing counseling agencies.

### SENIOR CENTERS

See also Fitness Centers.

**BALTIMORE COUNTY**  
410-887-2040  
www.baltimorecountymd.gov/seniorcenters

Energize Your Life! at a Baltimore County Senior Center. Baltimore County Department of Aging sponsors 20 senior centers, most of which have been twice nationally accredited by the National Institute of Senior Centers. Located throughout the county, these centers provide opportunities for persons 60 years of age and older to get energized by participating in events, classes, services and other activities that reflect their experience and skills, respond to their diverse needs and interests, support their independence and encourage involvement in and with the center and the community.

Senior centers offer opportunities for leadership and volunteerism, lifelong learning, participation in trips, sports, exercise, art, dance, drama, music, theater, and advocacy. Thirteen senior centers offer access to state-of-the-art fitness equipment for an additional fee. An "Eating Together" program is available at all senior centers (see Nutrition Services). Health and nutrition education and screening services are available along with a myriad of creative outlets designed to promote health and well-being. Referrals are made for additional services as necessary.

The centers provide a welcoming environment for fun, socialization and resources related to healthy aging. They also offer information and support for caregivers.

## Reverse Mortgage: A New Retirement Funding Tool

If a reverse mortgage could give you more financial flexibility and peace of mind, wouldn't you want to know? Homeowners age 62 or older, call me today to learn more. I have been a local resource to many homeowners since 2003. And yes, I make house calls!

**Patti Farrell**  
Reverse Mortgage Consultant  
NMLS #455372  
**443-992-6231**  
pfarrell@ufareverse.com  
www.ufareverse.com/pfarrell



**URBAN FINANCIAL OF AMERICA**  
Experts in Reverse Mortgage Financing

NMLS #2285(www.nmlsconsumeraccess.org); Corporate Office: 8909 South Yale Avenue, Tulsa, OK 74137; Not all products and options are available in all states. Terms subject to change without notice. ©2014 Urban Financial of America, LLC. All Rights Reserved. CALIFORNIA BUSINESS NAME: URBAN FINANCIAL GROUP OF AMERICA, LLC. NEBRASKA BUSINESS NAME: REVERSE IT! LLC.



**CENTER CONNECTION**

A senior center service that supports and links individuals to senior center programs. Available at eight senior centers marked by asterisk\*.

**▶ ARBUTUS SENIOR CENTER**

410-887-1410  
www.baltimorecountymd.gov/  
arbutus  
855A Sulphur Spring Road  
Baltimore 21227

**▶ ATEAZE SENIOR CENTER\***

410-887-7233  
410-284-3273 (Council)  
410-285-0481 (Travel Desk)  
www.baltimorecountymd.gov/  
ateaze  
7401 Holabird Avenue  
Dundalk 21222

**▶ BYKOTA SENIOR CENTER\***

410-887-3094  
410-887-1691 (Travel Desk)  
www.baltimorecountymd.gov/  
bykota  
611 Central Avenue  
Towson 21204

**▶ CATONSVILLE SENIOR CENTER\***

410-887-0900  
410-744-0170 (Travel Desk)  
www.baltimorecountymd.gov/  
catonsville  
501 N. Rolling Road  
Catonsville 21228

**▶ COCKEYSVILLE SENIOR CENTER\***

(at Warren Place Apts.)  
410-887-7694  
www.baltimorecountymd.gov/  
cockeysville  
10535 York Road  
Cockeysville 21030

**▶ EDGEMERE SENIOR CENTER**

410-887-7530  
410-477-2141 (Travel Desk)  
www.baltimorecountymd.gov/  
edgemere  
6600 North Point Road  
Edgemere 21219

**▶ ESSEX SENIOR CENTER\***

410-887-0267  
410-687-5113 (Travel Desk)  
www.baltimorecountymd.gov/  
essex  
600 Dorsey Avenue  
Essex 21221

**▶ FLEMING SENIOR CENTER**

410-887-7225  
www.baltimorecountymd.gov/  
fleming  
641 Main Street  
Dundalk 21222

**▶ HEREFORD SENIOR CENTER**

410-887-1923  
www.baltimorecountymd.gov/  
hereford  
510 Monkton Road  
Hereford 21111

**▶ JACKSONVILLE SENIOR CENTER**

410-887-8208  
www.baltimorecountymd.gov/  
jacksonville  
3605A Sweet Air Road  
Phoenix 21131

**▶ LANSDOWNE/ BALTIMORE HIGHLANDS SENIOR CENTER**

410-887-1443  
www.baltimorecountymd.gov/  
lansdowne  
424 Third Avenue  
Lansdowne 21227

**▶ LIBERTY SENIOR CENTER\***

410-887-0780  
410-922-6200 (Council)  
www.baltimorecountymd.gov/  
liberty  
3525 Resource Drive  
Randallstown 21133

**▶ OVERLEA-FULLERTON SENIOR CENTER**

410-887-5220  
www.baltimorecountymd.gov/  
overleafullerton  
4314 Fullerton Avenue  
Overlea 21236

**▶ PARKVILLE SENIOR CENTER\***

410-887-5338  
410-882-6087 (Travel Desk)  
www.baltimorecountymd.gov/  
parkville  
8601 Harford Road  
Parkville 21234

**▶ PIKESVILLE SENIOR CENTER\***

410-887-1245  
410-484-5285 (Council/Travel Desk)  
www.baltimorecountymd.gov/  
pikesville  
1301 Reisterstown Road  
Pikesville 21208

**▶ REISTERSTOWN SENIOR CENTER**

410-887-1143  
www.baltimorecountymd.gov/  
reisterstown  
12035 Reisterstown Road  
Reisterstown 21136

**▶ ROSEDALE SENIOR CENTER**

410-887-0233  
410-574-4125 (Travel Desk)  
www.baltimorecountymd.gov/  
rosedale  
1208 Neighbors Avenue  
Rosedale 21237

**▶ SEVEN OAKS SENIOR CENTER**

410-887-5192  
www.baltimorecountymd.gov/  
sevenoaks  
9210 Seven Courts Drive  
Baltimore 21236

**▶ VICTORY VILLA SENIOR CENTER**

410-887-0235  
410-686-1352 (Council)  
www.baltimorecountymd.gov/  
victoryvilla  
403 Compass Road  
Middle River 21220

**▶ WOODLAWN SENIOR CENTER**

410-887-6887  
www.baltimorecountymd.gov/  
woodlawn  
2120 Gwynn Oak Avenue  
Woodlawn 21207

**BALTIMORE CITY**

Healthy and Active Aging is the theme of Baltimore City's thirteen (13) senior centers. Six (6) of the thirteen are operated by CARE Services. Centers are strategically located throughout the city offering a range of services, programs and activities that help meet the social, physical and intellectual needs of older adults.

Each center provides opportunities for adults, age 55 and older to engage in activities that are stimulating, enhancing and culturally diverse. Participants can choose from an array of choices and options that foster skill development, lifelong learning, art creativity, and cultural exchange. In addition, centers provide nutritional health, education, screening and a safe, embracing environment for socialization within the community, and also opportunities for volunteerism.

Baltimore City welcomes you to connect with any one of the thirteen (13) centers and find what interests you to maintain a healthy and active aging lifestyle.

**▶ ACTION IN MATURITY**

410-889-7915  
700 W. 40th Street  
Baltimore 21211



► **ALLEN SENIOR CENTER**

410-685-6224  
1404 S. Charles Street  
Baltimore 21230

► **FOREST PARK SENIOR CENTER**

410-466-2124  
4801 Liberty Heights Avenue  
Baltimore 21207

► **GREENMOUNT SENIOR CENTER**

410-396-3552  
425 E. Federal Street  
Baltimore 21202

► **HARFORD SENIOR CENTER**

410-426-4009  
4920 Harford Road  
Baltimore 21214

► **HATTON SENIOR CENTER**

410-396-9025  
2825 Fait Avenue  
Baltimore 21224

► **JOHN BOOTH/HOOPER SENIOR CENTER**

410-396-8067  
2601-A E. Baltimore Street  
Baltimore 21224

► **MYERBERG NORTH-WEST SENIOR CENTER**

410-358-6856  
3101 Fallstaff Road  
Baltimore 21209

► **OLIVER SENIOR CENTER**

410-396-3861  
1700 N. Gay Street  
Baltimore 21213

► **SANDTOWN WINCHESTER SENIOR CENTER**

410-396-7724  
1601 Baker Street  
Baltimore 21217

► **SENIOR NETWORK OF NORTH BALTIMORE**

410-323-7131  
5828 York Road  
Baltimore 21212

► **WAXTER CENTER FOR SENIOR CITIZENS**

410-396-1324  
1000 Cathedral Street  
Baltimore 21201

► **ZETA CENTER FOR HEALTHY AND ACTIVE AGING**

410-396-3535  
4501 Reisterstown Road  
Baltimore 21215

## SUPPORT GROUPS

### ALCOHOLISM

► **AL-ANON FAMILY GROUP**  
410-832-7094

► **ALCOHOLICS ANONYMOUS**  
410-663-1922

### ALZHEIMER'S DISEASE

► **ALZHEIMER'S ASSOCIATION**  
410-561-9099  
[www.alz.org/maryland](http://www.alz.org/maryland)  
Provides support groups for various stages of Alzheimer's Disease. Maintains listing of other support groups.

### AMPUTEE SUPPORT GROUPS

► **GOOD SAMARITAN HOSPITAL**  
443-444-4100

► **UNIVERSITY OF MARYLAND REHABILITATION & ORTHOPAEDIC INSTITUTE**  
410-448-6706

### ARTHRITIS

► **ARTHRITIS FOUNDATION**  
800-365-3811

### ASTHMA

► **AMERICAN LUNG ASSOCIATION**  
800-586-4872

► **ASTHMA AND ALLERGY FOUNDATION**  
410-484-2054

### BEREAVEMENT/GRIEF

► **BALTIMORE CANCER SUPPORT GROUP AT ST. PETER'S LUTHERAN CHURCH**  
410-668-1762  
Adults, not limited to cancer.

► **BEREAVED PARENTS USA**  
410-321-7053  
Bereaved parents/grandparents.

► **COMMUNITY HOSPICE OF MARYLAND**  
866-234-7742

► **COUNSELING CENTER AT STELLA MARIS**  
410-252-4500, Ext. 7291  
Individual counseling and support groups.

► **FAMILIES OF HOMICIDE AND DRUNK-DRIVING VICTIMS**  
410-887-6650

► **GILCHRIST HOSPICE CARE**  
443-849-8251  
General adult support groups.

► **HEARTLAND HOSPICE**  
410-719-8670

► **HOPEWELL CANCER SUPPORT**  
410-832-2719  
For adults/children.

► **MEDSTAR FRANKLIN SQUARE MEDICAL CENTER**  
443-777-7657  
Widow/widowers.

► **OPTUM™ PALLIATIVE AND HOSPICE CARE**  
410-379-3599

► **PROFESSIONAL HEALTHCARE HOSPICE**  
410-735-5569  
Bereavement support for adults.

### CANCER

► **AMERICAN CANCER SOCIETY**  
410-931-6850

► **BALTIMORE CANCER SUPPORT GROUP AT ST. PETER'S LUTHERAN CHURCH**  
410-668-1762  
Patients, caregivers and bereavement.

► **CANCER INFORMATION SERVICE**  
800-4-CANCER

► **GBMC ONCOLOGY SUPPORT PROGRAMS**  
443-849-2961

► **HOPEWELL CANCER SUPPORT**  
410-832-2719

► **SAINT AGNES HOSPITAL'S CANCER INSTITUTE**  
410-368-2587

► **UNION MEMORIAL HOSPITAL ARM-IN-ARM BREAST CANCER SUPPORT GROUP**  
410-554-6590

► **UNIVERSITY OF MARYLAND - ST. JOSEPH CANCER INSTITUTE SUPPORT SERVICES**  
410-427-2011

# S

## SUPPORT GROUPS

### CAREGIVERS

See also Caregivers / Grandparent support.

► **BALTIMORE CITY HEALTH DEPARTMENT OFFICE OF AGING FAMILY CAREGIVERS SUPPORT PROGRAM**  
410-396-4932

► **SYMPHONY MANOR ASSISTED LIVING AND MEMORY CARE**  
410-235-4301  
www.symphony-manor.com  
4301 Roland Avenue  
Baltimore 21210  
Premier assisted living and memory care in Roland Park.

► **UNIVERSITY OF MARYLAND REHABILITATION & ORTHOPAEDIC INSTITUTE, CAREGIVERS SUPPORT GROUP**  
410-448-6311

► **UNIVERSITY OF MARYLAND - ST. JOSEPH MEDICAL CENTER, CAREGIVERS SUPPORT GROUP**  
410-337-1109

### DIABETES

► **AMERICAN DIABETES ASSOCIATION**  
410-265-0075

► **UNIVERSITY OF MARYLAND - ST. JOSEPH MEDICAL CENTER**  
410-337-1382

### DIVORCE

► **CHANGING FOCUS**  
410-721-0992

### EATING DISORDERS

► **OVEREATERS ANONYMOUS**  
410-764-3136

### EPILEPSY

► **ABILITIES NETWORK INC./EPILEPSY FOUNDATION OF THE CHESAPEAKE REGION**  
410-828-7700, Ext. 1259

### LOW VISION

► **BLIND INDUSTRIES AND SERVICES OF MARYLAND**  
410-737-2600

### MENTAL HEALTH

► **ISSUES IN AGING/LIVING GERIATRIC SERVICES GROUP**  
Ateaze Senior Center  
410-887-7233  
Catonsville Senior Center  
410-887-0900  
Essex Senior Center  
410-887-0267

Liberty Senior Center  
410-887-0780  
Parkville Senior Center  
410-887-5338  
Pikesville Senior Center  
410-887-1245

► **NAMI - METRO BALTIMORE**  
410-435-2600

### MESOTHELIOMA

► **MESOTHELIOMA CENTER**  
800-615-2270

## Eating Together Program

in Baltimore County and Baltimore City



### ELIGIBILITY:

- Sixty years of age and older; spouses any age
- A voluntary contribution is requested; reservations required



- Socialize With Friends
- Receive 1/3 Of Your Daily Nutritional Needs
- Save Shopping Time; Stretch Your Food Budget



Learn more about

**The Eating Together Program**  
**410-887-2594** (Baltimore County)  
**443-573-0161** (Baltimore City)

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## SUPPORT GROUPS - THERAPY: OCCUPATIONAL, PHYSICAL AND SPEECH

### MULTIPLE SCLEROSIS

#### ► NATIONAL MULTIPLE SCLEROSIS SOCIETY

Maryland Chapter  
443-641-1200

### PARKINSON'S DISEASE

#### ► JOHNS HOPKINS PARKINSON'S DISEASE AND MOVEMENT DISORDER CENTER

410-955-8795

#### ► PROGRESSIVE SUPRANUCLEAR PALSY, SOCIETY FOR

800-457-4777

#### ► UNIVERSITY OF MARYLAND PARKINSON'S DISEASE AND MOVEMENT DISORDERS CENTER

410-328-7809

### SPINAL CORD INJURY

#### ► UNIVERSITY OF MARYLAND REHABILITATION & ORTHOPAEDIC INSTITUTE, SPINAL CORD INJURY SUPPORT GROUP FOR SURVIVORS/FAMILIES

410-448-6307

### STROKE/BRAIN INJURY

#### ► GOOD SAMARITAN HOSPITAL, STROKE CLUB

443-444-5500

#### ► RETURN PROGRAM AT SINAI HOSPITAL

410-601-6080

Any type of brain injury.

#### ► TOWSON UNIVERSITY, INSTITUTE FOR WELL-BEING STROKE SURVIVOR GROUP

410-704-3095

Monthly group meetings for survivors and family members.

#### ► UNIVERSITY OF MARYLAND REHABILITATION & ORTHOPAEDIC INSTITUTE, BRAIN INJURY SUPPORT GROUP FOR SURVIVORS/FAMILIES

410-448-6303

#### ► UNIVERSITY OF MARYLAND REHABILITATION & ORTHOPAEDIC INSTITUTE STROKE SUPPORT GROUP FOR SURVIVORS AND FAMILY

410-448-6320

### SUICIDE, FAMILIES OF VICTIMS OF SUICIDE

#### ► SEASONS SUICIDE BEREAVEMENT, INC.

410-683-0159

### TAX INFORMATION AND ASSISTANCE

For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273.

#### ► BALTIMORE COUNTY OFFICE OF BUDGET AND FINANCE, TAXPAYERS SERVICES

410-887-2403

Information and assistance concerning property tax bills.

#### ► BALTIMORE CASH CAMPAIGN

410-234-8008

Free tax preparation and other helpful financial services.

#### ► EARNED INCOME TAX CREDIT

800-492-0618 (211 Helpline)

Tax credit for certain low to moderate wage earners.

#### ► FEDERAL TAX ASSISTANCE

800-829-1040 (General Assistance)

800-829-3676 (Forms Distribution)

#### ► MARYLAND PROPERTY TAX CREDIT

410-767-4433, Press 1

Maryland Property tax credit based on a person's gross income. Those age 70 and older may file for the past three years.

#### ► MARYLAND RENTER'S TAX CREDIT

410-767-4433, Press 2

Maryland tax credit for renters when rent exceeds a fixed percentage of their gross income.

#### ► MARYLAND STATE TAX ASSISTANCE

410-260-7951 (Forms)

410-260-7980 (General Assistance)

#### ► STATE PROPERTY TAX DEDUCTION FOR LEGALLY BLIND IN BALTIMORE COUNTY

410-512-4981

#### ► TAX COUNSELING FOR OLDER ADULTS

410-887-2594 (County)

410-396-2273 (City)

Partnership of AARP and IRS.

Free tax assistance to older adults at local senior centers during tax season.

#### ► TAXPAYER ADVOCATE SERVICE

443-853-6000

An IRS office which offers free assistance to help resolve tax problems.

#### ► TAXPAYER ASSISTANCE OFFICE

410-260-7980

Comptroller of Maryland answers Maryland tax questions.

### THERAPY: OCCUPATIONAL, PHYSICAL AND SPEECH

#### ► CHARLOTTE HALL VETERANS HOME

301-884-8171

[www.charhall.org](http://www.charhall.org)

29449 Charlotte Hall Road

Charlotte Hall 20622

Income based assisted living, LTC nursing, rehabilitation and memory care.

#### ► FOUNDATIONS

410-789-7772

410-269-3250

[www.foundationsgroup.net](http://www.foundationsgroup.net)

1025 W. Nursery Road,

Suite 112

Linthicum 21090

Medical day care/psychiatric rehabilitation services for over ten years.

#### ► GREEN HOUSE RESIDENCES AT STADIUM PLACE, THE

443-414-6218

410-554-9890

[www.greenhousemd.org](http://www.greenhousemd.org)

1010 E. 33<sup>rd</sup> Street

Baltimore 21218

Boutique style rehabilitation/skilled nursing in a private, comfortable setting.

#### ► STELLA MARIS

410-252-4500

[www.stellamaris.org](http://www.stellamaris.org)

2300 Dulane Valley Road

Timonium 21093

Long-term, hospice, home care, housing, respite, rehab services available.

#### ► SYMPHONY MANOR ASSISTED LIVING AND MEMORY CARE

410-235-4301

[www.symphony-m Manor.com](http://www.symphony-m Manor.com)

4301 Roland Avenue

Baltimore 21210

Premier assisted living and memory care in Roland Park.

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## TRANSPORTATION SERVICES

### TRANSPORTATION SERVICES

#### PUBLIC AND NON-PROFIT

► **BALTIMORE CITY HEALTH DEPARTMENT, DIVISION OF AGING AND CARE SERVICES TAXI - CARD PROGRAM**  
410-664-1123  
www.caretaxicard.com

► **CHAI'S NORTHWEST SENIOR SHUTTLE**  
410-889-1148  
Free shuttle services for residents of Weinberg Senior Living and members of Northwest Neighbors Connecting. Operated by Action in Maturity.

► **COUNTYRIDE**  
410-887-2080  
www.baltimorecountymd.gov  
Provides transportation to adults age 60 and over, persons with disabilities from age 18 - 59 and rural residents of Baltimore County. Fee of \$3.00 each way/ \$2.50 when discounted tickets are purchased in advance from CountyRide's Office. See Baltimore County's Summary of Services for additional information.

► **HEALTH DEPARTMENT, MEDICAL ASSISTANCE TRANSPORTATION**  
410-887-2828 (County)  
410-396-6422 (City)  
Transportation for Medical Assistance recipients to and from their place of medical care.

► **MARYLAND MOTOR VEHICLE ADMINISTRATION**  
**Automated Information**  
410-768-7000  
**Customer Service**  
800-950-1682  
**Handicapped License Plates/ Mirror Tags**  
410-787-2958  
**Handicapped Signs For Residential Parking Permit**  
410-768-7646  
410-887-3554

► **MARYLAND TRANSIT ADMINISTRATION INFORMATION CENTER (MTA)**  
410-539-5000  
410-539-3497 (TDD)  
For buses, the Metro and Light Rail (all buses have wheelchair lifts).

► **MTA CALL-A-RIDE**  
410-664-2030  
www.mtacallaride.org

► **MTA MOBILITY/ PARATRANSIT SERVICE**  
410-764-8181  
Curb-to-curb service, 24 hours a day inside the Baltimore Beltway. Also serves within ¾ of a mile along fixed MTA routes outside the Baltimore Beltway. Client must be disabled and complete certification eligibility. Exact change required. Cost-\$1.85 each way. "Taxi Access" program available for individuals registered with MTA Mobility.

## Rehabilitation Services at Carroll Lutheran Village

*In-patient Physical, Occupational and Speech Therapy*

**Individualized**, motivating and progressive treatment plans

**Engaging** and goal-oriented services up to 7 days a week

**Attentive**, one-on-one treatment sessions designed to maximize independence

**Interdisciplinary collaboration** to ensure a holistic approach to care

**On-site home evaluations** and safety recommendations



EQUAL HOUSING OPPORTUNITY

(410) 848-8922 | (877) 848-0095  
300 St. Luke Circle, Westminster, MD  
marketing@clvillage.org  
[www.clvillage.org](http://www.clvillage.org)



## ► MTA REDUCED FARES FOR SENIORS AND PERSONS WITH DISABILITIES

410-767-4833  
410-333-2051 (TTY)  
6 St. Paul Street  
Baltimore 21202  
People 65 and older (with a state issued ID), and those with disabilities (with application and a state issued ID) may ride for \$.55 per ride, \$1.20 for a daily pass, or \$16.50 for a monthly pass on the bus, light rail/Metro, and one-half the regular fare on MARC trains.

## PRIVATE WHEELCHAIR ACCESSIBLE

Ambulance, van and school bus companies that provide wheelchair accessible vehicles for a fee. For additional referrals/services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273.

## NON WHEELCHAIR ACCESSIBLE

### ► JIMMY'S CAB

410-296-7200  
Visa, Mastercard, American Express, Taxi Access, Taxi Limited, 24/7, folding wheelchairs.

## TRANSPORTATION/ HOME CARE SERVICES

See also Home Health Services and Home Care (Non-Medical). Please check with agency to learn their requirements for this service.

### ► COMFORCARE HOME CARE SERVICES

410-922-6262  
410-922-6221  
www.nwbaltimore.comforcare.com  
ComForcare provides care to help persons thrive in their home.

### ► ELIZABETH COONEY CARE NETWORK

410-323-1700 (24-Hour Service)  
www.elizabethcooneyagency.com  
Celebrating 58 years - caring professional PT's, RN's, LPN's, CNA's, companions.

### ► HOMEWATCH CAREGIVERS OF MARYLAND

410-821-1944 (24-Hour Service)  
877-357-0795 (Toll Free)  
www.homewatchcaregivers.com/baltimore  
Providing quality care for your loved ones since 1980.

### ► SENIOR HELPERS

410-453-6172  
www.seniorhelpers.com  
Care and comfort at a moment's notice.

### ► SENIORS HELPING SENIORS

410-989-3775  
www.seniorshelpingseniors.com/westbaltimorecounty  
Seniors Helping Seniors...a way to give and to receive®.

## TRAVEL

### ► BALTIMORE COUNTY SENIOR CENTER TRAVEL

See "Senior Centers, Baltimore County" for contact information.

### ► NATIONAL PASSPORT INFORMATION

877-487-2778  
www.travel.state.gov/passport  
Print online application to submit at post office for a US passport.

### ► SENIOR BOX OFFICE

410-887-5399  
www.seniorboxoffice.org  
Volunteer program that distributes discounted tickets to members for cultural/other events. Diverse travel opportunities available without membership.

## GOLDEN AGE AND SENIOR PASSES

### ► FEDERAL RECREATION SENIOR PASS

410-962-4290  
Lifetime permit to Federal parks, monuments and recreation areas for permanent U.S. residents age 62 and older. Cost \$10.00. Must apply in person. Closest location: Ft. McHenry.

### ► STATE GOLDEN AGE PASS

410-260-8186  
www.dnr.maryland.gov  
Free day use entry to all Maryland State Parks; half price camping Sun.-Thurs.; age 62 and older.

## VETERANS RESOURCES

### ► AID AND ATTENDANCE PROGRAM

800-827-1000  
Benefit for veterans and their spouses who need the assistance of another person to perform personal care. Financial and medical eligibility criteria apply.

### ► BALTIMORE VA MEDICAL CENTER

410-605-7000  
877-222-8387 (Eligibility/Enrollment)  
Acute medical/surgical care facility offering inpatient, outpatient, primary care services and rehabilitation.

### ► BALTIMORE VA REHAB AND EXTENDED CARE CENTER

410-605-7000, Press 5  
Rehab and post acute care for veterans.

### ► CHARLOTTE HALL VETERANS HOME

301-884-8171  
www.charhall.org  
29449 Charlotte Hall Road  
Charlotte Hall 20622  
Income based assisted living, LTC nursing, rehabilitation and memory care.

### ► FORT HOWARD VA OUTPATIENT CLINIC

410-477-1800  
Outpatient care for veterans.





## ► HOMEFRONT: OUR TURN TO SERVE

[www.bcpl.info/community/veterans-services](http://www.bcpl.info/community/veterans-services)  
Website for veterans maintained by Baltimore County Public Library.

## ► LOCH RAVEN VA OUTPATIENT CLINIC

410-605-7651  
Outpatient care for veterans.

## ► MARYLAND DEPARTMENT OF VETERANS AFFAIRS

800-446-4926, Ext. 6450  
[www.mdva.state.md.us](http://www.mdva.state.md.us)  
Assists Maryland veterans and families to obtain benefits including Maryland Veterans Cemetery Program.

## ► PERRY POINT VA MEDICAL CENTER

410-642-2411  
Services for Maryland veterans includes mental health, inpatient medical, long term care, rehabilitation, geriatric evaluation/management, respite, chronic ventilator and hospice care.

## ► TRICARE FOR LIFE

877-874-2273  
Health insurance for active duty military, families and retirees.

## ► U. S. DEPT. OF VETERANS AFFAIRS TELEPHONE ASSISTANCE

410-230-4500 (Baltimore Region)  
800-827-1000 (National Helpline)  
Benefits for eligible veterans and their families.

## ► VA MARYLAND HEALTH CARE SYSTEM, ELIGIBILITY & ENROLLMENT CENTER

800-463-6295, Ext. 7324  
To receive VA health care, veterans must first be enrolled with the VA health care system.

## VISION RESOURCES

See also Assistive Technology, Disabilities Assistance, Physicians and Physicians Who Make House Calls.

## ► BLIND INDUSTRIES AND SERVICES OF MARYLAND

410-737-2600  
Vocational training, information and referral. Sells low-vision aids and appliances at cost.

## ► FOUNDATION FIGHTING BLINDNESS, INC., THE

410-423-0600  
800-683-5555  
Funds research and provides information.

## ► GBMC OPHTHALMOLOGY CLINIC

443-849-2106  
[www.gbmc.org/ophthalmology](http://www.gbmc.org/ophthalmology)  
Physicians Pavilion West  
6569 N. Charles Street,  
Suite 505  
Baltimore 21204  
Services ranging from eye exams, diagnostic procedures and surgical procedures.

## ► HEALTH CARE FOR THE HOMELESS

410-837-5533  
Healthcare for the homeless/  
Maryland Society for Sight offers free vision care and eyeglasses to the uninsured homeless.

## ► IMAGE CENTER

410-982-6311  
Rehabilitation and training for persons who are blind or visually impaired.

## ► JOHNS HOPKINS HOSPITAL, WILMER EYE INSTITUTE

410-955-3429  
Offers free diabetic retinopathy screening for persons who are taking diabetic medication, and are uninsured or underinsured.

## ► JOHNS HOPKINS HOSPITAL, WILMER EYE INSTITUTE, LIONS LOW VISION CENTER

410-955-0580  
Rehabilitation and training for individuals with low vision.

## ► MARYLAND SOCIETY FOR SIGHT

410-243-2020  
Information and referral regarding eye health and safety; visual acuity and glaucoma screenings.

## ► MARYLAND STATE LIBRARY FOR THE BLIND AND PHYSICALLY HANDICAPPED

410-230-2424  
Free library services for individuals with visual or physical disabilities.

## ► NATIONAL FEDERATION OF THE BLIND

410-659-9314  
Information regarding services and aids available to the blind and visually impaired.

## ► NEW EYES FOR THE NEEDY

973-376-4903  
Income eligible persons may obtain new prescription eyeglasses from local vendors with vouchers.

## ► NEWSLINE FOR THE BLIND

410-659-9314, Press 3  
A free audio newspaper service for the blind and visually impaired.



## ► OFFICE FOR BLINDNESS AND VISION SERVICES, DIVISION OF REHABILITATION SERVICES

410-554-9277  
Persons who are blind or visually impaired may be eligible for case management and teaching services.

## ► RADIO READING NETWORK OF MARYLAND, INC.

410-779-4969  
A radio broadcast of the daily news from newspapers for the visually impaired. Special radio receiver required.

## ► STATE PROPERTY TAX DEDUCTION FOR LEGALLY BLIND IN BALTIMORE COUNTY

410-512-4981

## ► VISION USA

800-766-4466  
Provides free eye exams and free or reduced cost eye glasses to income eligible persons.

## VITAL RECORDS

### ► DIVISION OF VITAL RECORDS

410-764-3038  
Certified copies of birth, death and marriage certificates.

### ► NATIONAL PASSPORT INFORMATION CENTER

877-487-2778  
[www.travel.state.gov/passport](http://www.travel.state.gov/passport)  
Online application to present at post office for a US passport.

### ► REGISTER OF WILLS

410-887-6680 (County)  
410-752-5131 (City)  
Probate and filing of wills for safekeeping.

**Baltimore County and Baltimore City's Retired Senior and Volunteer Program (RSVP) is seeking individuals ages 55 and over to serve and impact challenging issues in our community.**

**Repair Houses and Enhance Accessibility**

- Enable seniors to remain safe in their homes (one week in July)

**Directly Impact the Environment**

- Plant trees and clean-up streams; teach nature classes or lead nature walks
- Participate in the Senior Environment Corps; collect, sample, and test waters from the Chesapeake Bay; help restore the Bay (based in the Edgemere area)

**Help the Hungry**

- Distribute food directly to seniors' homes
- Stock, sort, bag, and distribute food at a local food pantry
- Prepare Meals in a Soup Kitchen or Shelter

**Impact the Youth**

- Advocate for children in foster care
- Assist children in kindergarten classrooms
- Tutor children in elementary/middle school

**Increase Community Awareness about Alzheimer's disease**

- Provide Alzheimer's information via phone, presentations, or information booths

**Assist Seniors to Live Independently**

- Serve as a friendly visitor or assist with errands & transportation
- Lead/teach Senior Center Classes or assist with Fitness Center
- Assist Seniors and their Families to learn about their Medicare Benefits
- Prepare Tax Returns during Tax Season

**Visit Nursing Home and Assisted Living Residents**

- Advocate for the rights of nursing home residents
- Assist with activities and friendly visiting in nursing homes

**Prepare a Variety of Crafted Items**

- Knit blankets, hats, and scarves for premature babies, children, veterans or seniors
- Sell crafted items in a Senior Craft Consignment Shop; staff Consignment Shop



**VOLUNTEER OPPORTUNITIES**

Without volunteers, many of the programs and services listed in this directory would not exist. Your skills and expertise are diverse and so are your volunteer choices. Now is your chance to learn new skills, meet new people and share your knowledge with others.

**▶ AARP CREATE THE GOOD**

888-OUR-AARP  
888-687-2277  
www.createthegood.org  
Create the Good is about helping others whether you have five minutes or five hours.

**▶ AARP MARYLAND STATE OFFICE VOLUNTEERS**

410-895-7614  
www.aarp.org  
Make a difference in the state of Maryland through a variety of volunteer opportunities.

**▶ BALTIMORE CITY HEALTH DEPARTMENT, DIVISION OF AGING AND CARE SERVICES, MARYLAND ACCESS POINT**

410-396-4932  
410-396-2273

**▶ BALTIMORE COUNTY HOME TEAM**

410-887-4141  
The Home Team is a community based volunteer program serving homebound Baltimore County residents 60 years of age or older who lack social supports and are at risk of social isolation. Eligible clients are matched with a volunteer who provides friendly in-home and telephone visits.

**▶ BALTIMORE COUNTY DEPARTMENT OF AGING, LONG-TERM CARE**

**OMBUDSMAN PROGRAM**

410-887-4200  
Ombudsman volunteers visit nursing homes and assisted living facilities to advocate for the needs of residents and to promote their rights and quality of life.

**▶ GREEN HOUSE RESIDENCES AT STADIUM PLACE, THE**

443-414-6218  
410-554-9890  
www.greenhousemd.org  
1010 E. 33<sup>rd</sup> Street  
Baltimore 21218  
Boutique style rehabilitation/skilled nursing in a private, comfortable setting.

**▶ PAREXEL CLINICAL RESEARCH**

877-617-8839  
www.parexel.com/baltimore  
Harbor Hospital  
3001 S. Hanover Street  
Baltimore 21225  
Clinical trials for healthy seniors - Alzheimer's, Parkinson's, multiple sclerosis and high cholesterol.

**▶ RETIRED AND SENIOR VOLUNTEER PROGRAM (RSVP)**

410-887-3101 (County)  
410-361-9400 (City)  
RSVP invites individuals 55 and older to answer volunteer needs in their community. Skills and talents gained by individuals over a lifetime of experience are put to good use in nonprofit organizations, government agencies, schools and communities. There is a wide range of volunteer opportunities available.

**Baltimore County: 410-887-3101**

• [volunteers@baltimorecountymd.gov](mailto:volunteers@baltimorecountymd.gov)

**Baltimore City: 410-396-2273**

• [www.health.baltimorecity.gov/rsvp.html](http://www.health.baltimorecity.gov/rsvp.html)

# HOTLINES AND WEBSITES

## ADVOCACY GROUPS AND ORGANIZATIONS

- ▶ **AARP**  
866-542-8163  
[www.aarp.org](http://www.aarp.org)
- ▶ **AMERICAN SOCIETY ON AGING**  
800-537-9728  
[www.asaging.org](http://www.asaging.org)
- ▶ **ANNENBERG PUBLIC POLICY CENTER**  
215-898-9400  
[www.factcheck.org](http://www.factcheck.org)
- ▶ **BALTIMORE COUNTY ASSOCIATION OF SENIOR CITIZENS ORGANIZATIONS**  
410-484-6866  
[www.spenceweb.orgbcasco/bc-index.htm](http://www.spenceweb.orgbcasco/bc-index.htm)
- ▶ **BALTIMORE COUNTY COMMISSION ON DISABILITIES**  
410-887-3580  
[www.baltimorecountymd.gov/agencies/neighborhoodimprovement/disabilities](http://www.baltimorecountymd.gov/agencies/neighborhoodimprovement/disabilities)
- ▶ **BALTIMORE COUNTY RESTORING ELDER SAFETY TODAY (BC REST)**  
[www.bcpl.info/stopelderabuse](http://www.bcpl.info/stopelderabuse)
- ▶ **CENTER FOR MEDICARE ADVOCACY, INC.**  
860-456-7790  
202-293-5760  
[www.medicareadvocacy.org](http://www.medicareadvocacy.org)
- ▶ **LEADERSHIP COUNCIL OF AGING ORGANIZATIONS**  
[www.lcao.org](http://www.lcao.org)
- ▶ **MARYLAND DEPARTMENT OF DISABILITIES**  
410-767-3660  
800-637-4113 (TTY/Voice)  
[www.mdod.maryland.gov](http://www.mdod.maryland.gov)
- ▶ **MEDICARE INTERACTIVE**  
[www.medicareinteractive.org](http://www.medicareinteractive.org)

- ▶ **MEDICARE RIGHTS CENTER**  
800-333-4114  
[www.medicarerights.org](http://www.medicarerights.org)
- ▶ **NATIONAL ASSOCIATION OF AREA AGENCIES ON AGING**  
202-872-0888  
[www.n4a.org](http://www.n4a.org)
- ▶ **NATIONAL ASSOCIATION OF INSURANCE COMMISSIONERS (NAIC)**  
202-471-3990  
[www.naic.org](http://www.naic.org)
- ▶ **NATIONAL COMMITTEE TO PRESERVE SOCIAL SECURITY AND MEDICARE**  
800-998-0180  
[www.ncpsm.org](http://www.ncpsm.org)
- ▶ **OLDER WOMEN'S LEAGUE (OWL)**  
202-567-2606  
[www.owl-national.org](http://www.owl-national.org)
- ▶ **SENIOR SERVICE AMERICA**  
301-578-8900  
[www.seniorserviceamerica.org](http://www.seniorserviceamerica.org)
- ▶ **SNAPFORSENIORS™**  
206-575-0728  
[www.providers.snapforseniors.com](http://www.providers.snapforseniors.com)
- ▶ **SPRY FOUNDATION (SETTING PRIORITIES FOR RETIREMENT YEARS)**  
[www.spry.org](http://www.spry.org)
- ▶ **UNITED SENIORS OF MARYLAND**  
[www.unitedseniors.net](http://www.unitedseniors.net)
- ▶ **VETERANS SERVICES HOMEFRONT: OUR TURN TO SERVE**  
[www.bcpl.info/community/veterans-services](http://www.bcpl.info/community/veterans-services)

## CAREGIVING

- ▶ **AGING WITH DIGNITY/ FIVE WISHES (Advance Planning Documents)**  
888-594-7437  
[www.agingwithdignity.org/five-wishes.php](http://www.agingwithdignity.org/five-wishes.php)
- ▶ **AMERICAN ACADEMY OF HOME CARE PHYSICIANS**  
410-676-7966  
[www.aahcp.org](http://www.aahcp.org)
- ▶ **BENEFITSCHECK UP**  
[www.benefitscheckup.org](http://www.benefitscheckup.org)
- ▶ **CAREGIVER ACTION NETWORK**  
202-772-5050  
[www.caregiveraction.org](http://www.caregiveraction.org)
- ▶ **CARING CONNECTIONS**  
800-658-8898  
[www.caringinfo.org](http://www.caringinfo.org)
- ▶ **ELDERCARE LOCATOR**  
800-677-1116  
[www.eldercare.gov](http://www.eldercare.gov)
- ▶ **FAMILY CAREGIVER ALLIANCE (FCA)**  
800-445-8106  
[www.caregiver.org](http://www.caregiver.org)
- ▶ **MARYLAND GUIDE TO ASSISTED LIVING FACILITIES AND NURSING HOMES**  
877-245-1762  
<http://mhcc.maryland.gov/consumerinfo/longtermcare/assistedliving.aspx>
- ▶ **MARYLAND TECHNOLOGY ASSISTANCE PROGRAM, EQUIPMENT LINK**  
800-832-4827  
[www.equipmentlink.org](http://www.equipmentlink.org)
- ▶ **NATIONAL ALLIANCE FOR CAREGIVING**  
[www.caregiving.org](http://www.caregiving.org)
- ▶ **NATIONAL CAREGIVING FOUNDATION**  
800-930-1357  
[www.caregivingfoundation.org](http://www.caregivingfoundation.org)
- ▶ **NATIONAL RESPITE NETWORK AND RESOURCE CENTER**  
703-256-2084  
[www.archrespite.org](http://www.archrespite.org)
- ▶ **NEW YORK TIMES CAREGIVING/HEALTH ARTICLES**  
<http://newoldage.blogs.nytimes.com>
- ▶ **NURSING HOME COMPARE**  
[www.medicare.gov/nursinghomecompare](http://www.medicare.gov/nursinghomecompare)
- ▶ **STRENGTH FOR CARING**  
[www.strengthforcaring.com](http://www.strengthforcaring.com)
- ▶ **TODAY'S CAREGIVER MAGAZINE**  
800-829-2734  
[www.caregiver.com](http://www.caregiver.com)
- ▶ **WELL SPOUSE ASSOCIATION**  
800-838-0879  
[www.wellspouse.org](http://www.wellspouse.org)

## CONSUMER INFORMATION AND RESOURCES

- ▶ **FEDERAL TRADE COMMISSION BUREAU OF CONSUMER PROTECTION**  
877-382-4357  
[www.ftc.gov](http://www.ftc.gov)
- ▶ **FINANCIAL FRAUD ENFORCEMENT TASK FORCE**  
[www.stopfraud.gov](http://www.stopfraud.gov)
- ▶ **IDENTITY THEFT HELPLINE (FTC)**  
877-438-4338  
[www.ftc.gov/idtheft](http://www.ftc.gov/idtheft)

## HOTLINES AND WEBSITES

► **MARYLAND PEOPLE'S LAW LIBRARY**

[www.peoples-law.org](http://www.peoples-law.org)

► **MARYLAND SAIL (ONLINE BENEFITS APPLICATIONS)**

800-332-6347

[www.marylandsail.org](http://www.marylandsail.org)

► **MARYLAND STATE LIBRARY FOR THE BLIND AND PHYSICALLY HANDICAPPED**

800-964-9209

[www.lbph.lib.md.us](http://www.lbph.lib.md.us)

► **NATIONAL MENTAL HEALTH CONSUMERS' SELF-HELP CLEARINGHOUSE**

800-553-4539

[www.mhselfhelp.org](http://www.mhselfhelp.org)

### FEDERAL, STATE AND LOCAL GOVERNMENT AGENCIES

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► **BALTIMORE CITY AGENCIES**

[www.baltimorecity.gov](http://www.baltimorecity.gov)

► **BALTIMORE COUNTY AGENCIES**

[www.baltimorecountymd.gov](http://www.baltimorecountymd.gov)

► **BALTIMORE COUNTY DEPARTMENT OF AGING**

410-887-2594

[www.baltimorecountymd.gov/agencies/aging](http://www.baltimorecountymd.gov/agencies/aging)

► **CENTERS FOR MEDICARE AND MEDICAID SERVICES**

800-633-4227

[www.cms.gov](http://www.cms.gov)

► **COMAR (CODE OF MARYLAND REGULATIONS ONLINE)**

800-633-9657

[www.dsd.state.md.us](http://www.dsd.state.md.us)

► **DEPARTMENT OF LABOR'S EMPLOYEE BENEFITS SECURITY ADMINISTRATION (EBSA)**

866-487-2365

[www.dol.gov/ebsa](http://www.dol.gov/ebsa)

► **DISABILITY.GOV**

[www.disability.gov](http://www.disability.gov)

► **EMPLOYEE BENEFIT RESEARCH INSTITUTE**

202-659-0670

[www.ebri.org](http://www.ebri.org)

► **FEDERAL BUREAU OF INVESTIGATION (FBI)**

410-265-8080

► **MARYLAND DEPARTMENT OF AGING**

410-767-1100

[www.aging.maryland.gov](http://www.aging.maryland.gov)

► **MARYLAND DEPARTMENT OF DISABILITIES**

410-767-3660

800-637-4113 (Voice/TTY)

[www.mdod.maryland.gov](http://www.mdod.maryland.gov)

► **MARYLAND DEPARTMENT OF HEALTH AND MENTAL HYGIENE (DHMH)**

877-463-3464

[www.dhmh.maryland.gov](http://www.dhmh.maryland.gov)

► **MARYLAND DEPARTMENT OF HUMAN RESOURCES (DHR)**

800-332-6347

[www.dhr.state.md.us](http://www.dhr.state.md.us)

► **MARYLAND DEVELOPMENTAL DISABILITIES COUNCIL**

800-305-6441

[www.md-council.org](http://www.md-council.org)

► **MARYLAND HEALTH INSURANCE MARKETPLACE**

855-642-8572

855-642-8573 (TTY)

[www.marylandhealthconnection.gov](http://www.marylandhealthconnection.gov)

► **MARYLAND INFECTIOUS DISEASE AND ENVIRONMENTAL HEALTH ADMINISTRATION**

877-463-3464

<http://ideha.dhmh.maryland.gov>

► **MARYLAND OFFICE OF THE ATTORNEY GENERAL**

888-743-0023

410-576-6372 (TTD)

[www.oag.state.md.us](http://www.oag.state.md.us)

► **MEDICARE HELPLINE/ MY MEDICARE**

800-633-4227

[www.medicare.gov](http://www.medicare.gov)

[www.mymedicare.gov](http://www.mymedicare.gov)

► **OFFICE OF HEALTH CARE QUALITY (DHMH)**

877-463-3464

<http://dhmh.maryland.gov/ohcq>

► **OFFICE OF THE SECRETARY OF THE STATE**  
(410) 974-5534 or 1-800-825-4510

► **SECURITIES AND EXCHANGE COMMISSION (SEC)**

202-942-8088

1-800-SEC-0330

► **SOCIAL SECURITY ADMINISTRATION/ ONLINE**

800-772-1213

800-325-0778 (TTY)

[www.ssa.gov](http://www.ssa.gov)

► **U. S. DEPARTMENT OF VETERANS AFFAIRS**

800-827-1000

[www.va.gov](http://www.va.gov)

► **U.S. HEALTH INSURANCE MARKETPLACE**

[www.healthcare.gov](http://www.healthcare.gov)

► **U.S. HOUSE OF REPRESENTATIVES**

202-224-3121

202-225-1904 (TTY)

[www.house.gov](http://www.house.gov)

► **U.S. COMMITTEE FOR REFUGEES & IMMIGRANTS**

703-310-1130

[www.refugees.org](http://www.refugees.org)

► **U.S. SENATE**

202-224-3121

[www.senate.gov](http://www.senate.gov)

► **WHITE HOUSE, THE**

202-456-1414(Switchboard)

202-456-1111(Comments)

202-456-6213 (TTY/TDD)

[www.whitehouse.gov](http://www.whitehouse.gov)

### NATIONAL HEALTH RELATED ORGANIZATIONS

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► **AL-ANON FAMILY GROUPS**

757-563-1600

[www.al-anon.alateen.org](http://www.al-anon.alateen.org)

► **ALZHEIMER'S ASSOCIATION**

800-272-3900

[www.alz.org](http://www.alz.org)

► **ALZHEIMER'S DISEASE EDUCATION AND REFERRAL CENTER**

800-438-4380

[www.nia.nih.gov/alzheimers](http://www.nia.nih.gov/alzheimers)

► **AMERICAN ASSOCIATION OF KIDNEY PATIENTS**

800-749-2257

[www.aakp.org](http://www.aakp.org)

► **AMERICAN CANCER SOCIETY**

800-227-2345

[www.cancer.org](http://www.cancer.org)

► **AMERICAN COUNCIL OF THE BLIND**

800-424-8666

[www.acb.org](http://www.acb.org)

## HOTLINES AND WEBSITES

▶ **AMERICAN DIABETES ASSOCIATION**  
800-342-2383  
[www.diabetes.org](http://www.diabetes.org)

▶ **AMERICAN DIETETIC ASSOCIATION**  
800-877-0877  
[www.eatright.org](http://www.eatright.org)

▶ **AMERICAN HEART ASSOCIATION**  
800-242-8721  
[www.heart.org](http://www.heart.org)

▶ **AMERICAN INSTITUTE FOR CANCER RESEARCH**  
800-843-8114  
[www.aicr.org](http://www.aicr.org)

▶ **AMERICAN KIDNEY FUND**  
866-300-2900  
[www.kidneyfund.org](http://www.kidneyfund.org)

▶ **AMERICAN LIVER FOUNDATION**  
800-465-4837  
[www.liverfoundation.org](http://www.liverfoundation.org)

▶ **AMERICAN LUNG ASSOCIATION**  
800-586-4872  
[www.lungusa.org](http://www.lungusa.org)  
[www.lung.org](http://www.lung.org)

▶ **AMERICAN PARKINSON'S DISEASE ASSOCIATION, INC.**  
800-223-2732  
[www.apdaparkinson.org](http://www.apdaparkinson.org)

▶ **AMERICAN UROLOGICAL ASSOCIATION FOUNDATION**  
800-828-7866  
[www.urologyhealth.org](http://www.urologyhealth.org)

▶ **AMYOTROPHIC LATERAL SCLEROSIS ASSOCIATION**  
800-782-4747  
[www.alsa.org](http://www.alsa.org)

▶ **ARTHRITIS FOUNDATION**  
800-283-7800  
[www.arthritis.org](http://www.arthritis.org)

▶ **BRAIN INJURY ASSOCIATION OF AMERICA**  
800-444-6443  
[www.biausa.org](http://www.biausa.org)

▶ **CENTERS FOR DISEASE CONTROL AND PREVENTION**  
800-232-4636  
[www.cdc.gov](http://www.cdc.gov)

▶ **CROHN'S AND COLITIS FOUNDATION OF AMERICA**  
800-932-2423  
[www.ccfa.org](http://www.ccfa.org)

▶ **DEPRESSION AND BIPOLAR SUPPORT ALLIANCE**  
800-826-3632  
[www.dbsalliance.org](http://www.dbsalliance.org)

▶ **EASTER SEALS DISABILITY SERVICES**  
800-221-6827  
[www.easterseals.com](http://www.easterseals.com)

▶ **EPILEPSY FOUNDATION**  
800-332-1000  
[www.epilepsyfoundation.org](http://www.epilepsyfoundation.org)

▶ **FOOD AND NUTRITION INFORMATION CENTER**  
301-504-5414  
[www.fnic.nal.usda.gov](http://www.fnic.nal.usda.gov)

▶ **GENETIC ALLIANCE**  
202-966-5557  
[www.geneticalliance.org](http://www.geneticalliance.org)

▶ **HOSPICE AND PALLIATIVE CARE NETWORK OF MARYLAND**  
410-421-5024  
[www.hnmd.org](http://www.hnmd.org)

▶ **HUNTINGTON'S DISEASE SOCIETY OF AMERICA**  
800-345-4372  
[www.hdsa.org](http://www.hdsa.org)

▶ **LEUKEMIA AND LYMPHOMA SOCIETY**  
800-955-4572  
[www.lls.org](http://www.lls.org)

▶ **LIGHTHOUSE INTERNATIONAL**  
800-829-0500  
[www.lighthouse.org](http://www.lighthouse.org)

▶ **LIVING BANK, THE**  
800-528-2971  
[www.livingbank.org](http://www.livingbank.org)

▶ **LUPUS FOUNDATION OF AMERICA, INC.**  
800-558-0121  
[www.lupus.org](http://www.lupus.org)

▶ **MARYLAND STATE MEDICAL SOCIETY (MEDCHI)**  
800-492-1056  
[www.medchi.org](http://www.medchi.org)

▶ **MEDLINE PLUS**  
[www.medlineplus.gov](http://www.medlineplus.gov)

▶ **MENTAL HEALTH AMERICA**  
800-969-6642  
[www.nmha.org](http://www.nmha.org)

▶ **MESOLINK.ORG**  
800-354-8495  
[www.mesolink.org](http://www.mesolink.org)

▶ **MUSCULAR DYSTROPHY ASSOCIATION**  
800-572-1717  
[www.mda.org](http://www.mda.org)

▶ **NATIONAL ALLIANCE ON MENTAL ILLNESS**  
800-950-6264  
[www.nami.org](http://www.nami.org)

▶ **NATIONAL ASSOCIATION FOR CONTINENCE**  
800-252-3337  
[www.nafc.org](http://www.nafc.org)

▶ **NATIONAL BREAST CANCER FOUNDATION, INC.**  
800-221-2141  
[www.nationalbreastcancer.org](http://www.nationalbreastcancer.org)

▶ **NATIONAL CANCER INSTITUTE**  
800-422-6237  
[www.cancer.gov](http://www.cancer.gov)

▶ **NATIONAL FEDERATION OF THE BLIND**  
410-659-9314  
[www.nfb.org](http://www.nfb.org)

▶ **NATIONAL HEALTH INFORMATION CENTER**  
[www.health.gov/nhic](http://www.health.gov/nhic)

▶ **NATIONAL HOSPICE AND PALLIATIVE CARE ORGANIZATION**  
800-658-8898  
[www.nhpco.org](http://www.nhpco.org)

▶ **NATIONAL INSTITUTE ON AGING**  
800-222-2225  
[www.nia.nih.gov](http://www.nia.nih.gov)

▶ **NATIONAL INSTITUTE ON DEAFNESS AND OTHER COMMUNICATION DISORDERS**  
800-241-1044  
[www.nidcd.nih.gov](http://www.nidcd.nih.gov)

▶ **NATIONAL INSTITUTES OF HEALTH**  
301-496-4000  
[www.nih.gov](http://www.nih.gov)

▶ **NATIONAL INSTITUTE OF MENTAL HEALTH**  
866-615-6464  
[www.nimh.nih.gov](http://www.nimh.nih.gov)

▶ **NATIONAL INSTITUTE OF NEUROLOGICAL DISORDERS AND STROKE**  
800-352-9424  
[www.ninds.nih.gov](http://www.ninds.nih.gov)

▶ **NATIONAL KIDNEY FOUNDATION**  
800-622-9010  
[www.kidney.org](http://www.kidney.org)

▶ **NATIONAL MULTIPLE SCLEROSIS SOCIETY**  
800-344-4867  
[www.nationalmssociety.org](http://www.nationalmssociety.org)

## HOTLINES AND WEBSITES

### ► NATIONAL PSORIASIS FOUNDATION

800-723-9166  
www.psoriasis.org

### ► NATIONAL REHABILITATION INFORMATION CENTER

800-346-2742  
www.naric.com

### ► NATIONAL STROKE ASSOCIATION

800-787-6537  
www.stroke.org

### ► OPTIMIZING HEALTH AND WELL-BEING

www.myoptumhealth.com

### ► PARKINSON'S DISEASE FOUNDATION

800-457-6676  
www.pdf.org

### ► PREVENT BLINDNESS AMERICA

800-331-2020  
www.preventblindness.org

### ► SICKLE CELL DISEASE ASSOCIATION OF AMERICA, INC.

800-421-8453  
www.sicklecelldisease.org

### ► SIMON FOUNDATION FOR CONTINENCE

800-237-4666  
www.simonfoundation.org

### ► SUBSTANCE ABUSE & MENTAL HEALTH SERVICES

ADMINISTRATION  
800-662-4357  
www.samhsa.gov

### ► U. S. DEPT. OF HEALTH AND HUMAN SERVICES (FLU INFORMATION)

800-232-4636  
www.flu.gov

### ► UNITED CEREBRAL PALSY

800-872-5827  
www.ucp.org

## PHYSICIANS AND PRESCRIPTIONS

### ► AMERICAN ACADEMY OF HOME CARE PHYSICIANS

410-676-7966  
www.aahcp.org

### ► CHRONIC DISEASE FUND

877-968-7233  
www.cdfund.org

### ► CLINICAL TRIALS.GOV

www.clinicaltrials.gov

### ► HEALTHWELL FOUNDATION

800-675-8416  
www.healthwellfoundation.org

### ► MARYLAND RX CARD

www.marylandrxcard.com

### ► NEEDYMEDS

www.needymeds.org

### ► PARTNERSHIP FOR PRESCRIPTION ASSISTANCE

888-477-2669  
www.pparx.org

### ► RATEMDS.COM

www.ratemds.com

### ► RXLIST - THE INTERNET DRUG INDEX

www.rxlist.com

### ► SENIOR CARE PHARMACIST

800-355-2727  
www.seniorcarepharmacist.com

### ► VITALS

www.vitals.com/doctor/checkup

### ► WEBMD, BETTER INFORMATION, BETTER HEALTH

www.webmd.com

## PROFESSIONAL WEBSITES

### ► ADMINISTRATION ON AGING

202-619-0724  
www.aoa.gov

### ► AGING STATS

www.agingstats.gov

### ► AMERICAN GERIATRICS SOCIETY

212-308-1414  
www.americangeriatrics.org

### ► CENTER FOR RETIREMENT RESEARCH AT BOSTON COLLEGE

617-552-1762  
http://crr.bc.edu

### ► GERONTOLOGICAL SOCIETY OF AMERICA, THE

202-842-1275  
www.geron.org

### ► LONG-TERM CARE FACTS

www.ltcfocus.org

### ► MARYLAND ASSOCIATION OF SENIOR CENTERS (MASC)

www.marylandseniorcenters.com

### ► MARYLAND STATE LIBRARY FOR THE BLIND AND PHYSICALLY HANDICAPPED

800-964-9209  
www.lbph.lib.md.us

### ► MERCK, BE WELL

800-444-2080  
www.merck.com

### ► METLIFE MATURE MARKET INSTITUTE

www.metlife.com/mmi

### ► NATIONAL COUNCIL ON AGING (NATIONAL INSTITUTE OF SENIOR CENTERS - NISC)

202-479-1200  
www.ncoa.org

### ► NATIONAL LONG TERM CARE OMBUDSMAN RESOURCE CENTER

202-332-2275  
www.ltombudsman.org

### ► TOWSON UNIVERSITY-GERONTOLOGY PROGRAM

410-704-4049  
www.towson.edu/healthscience/gerontology

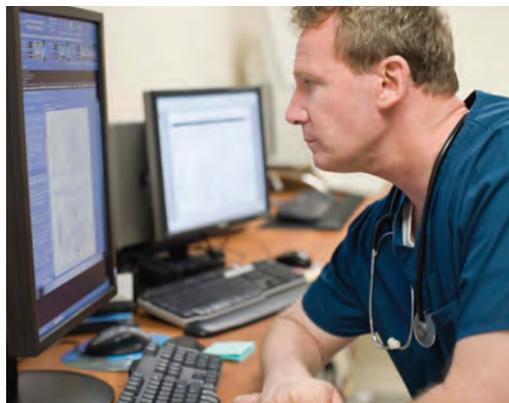
### ► WOMEN'S INSTITUTE FOR A SECURE RETIREMENT

202-393-5452  
www.wiserwomen.org

## TECHNOLOGY

### ► ALZHEIMER'S ASSOCIATION COMFORT ZONE

877-259-4850  
www.alz.org/comfortzone



# ***FINANCIAL ELIGIBILITY GUIDELINES***

The income figures in the chart below are monthly calculations.

\* (Apply \$20/month income disregard): \$20 may be subtracted from the individual's or couple's gross income; if the \$20 subtraction reduces the income to the amount listed on the chart, the individual or couple probably qualifies for the benefit.

<b>BENEFIT</b>		<b>ONE PERSON</b>	<b>TWO PEOPLE</b>	<b>ADDITIONAL GUIDELINE</b>
<b>SNAP</b> (formerly Food Stamp Program)	Income	See <i>Additional Guidelines</i>	See <i>Additional Guidelines</i>	The Food Supplement Program's gross income limit is 130% of FPL. However, there are several exceptions to this income limit. State residents are encouraged to apply for the program if they need help with buying food. The income limit is waived for certain groups and there is also a waiver that allows the State to set the limit at 200% of FPL for needy families.
	Assets			
<b>QMB</b>  (Changes in March)	Income	\$993	\$1,333	Pays Medicare Part A&B premiums, co-payments and deductibles.  Asset amounts include \$1,500 burial allowance for a single person, \$3,000 burial allowance for a couple. Eligibility figures include \$20 disregard.
	Assets	\$8,660	\$13,750	
<b>SLMB</b>  (Changes in March)	Income	I. \$994-1,169  II. \$1,170 – 1,333	I. \$1,314-1,571  II. \$1,571-1,790	Similar to QMB but pays only Part B premium. Available to all qualified persons in Group I. First-come/first-served basis to persons in Group II. See asset note for QMB above.
	Assets	\$8,660	\$13,750	
<b>MEAP</b> (Maryland Energy Assistance Program) (Changes July 1)	Income	\$1,702	\$2294/month	Provides eligible low-income Marylanders assistance with home heating bills.
	Assets	No asset test	No asset test	
<b>EUSP</b> (Electric Universal Service Program)  (Changes July 1)	Income	\$1,702	\$2294/month	Provides eligible low-income Marylanders assistance with electric bills.  Only one application is required for both MEAP and EUSP.
	Assets	No asset test	No asset test	

# ***FINANCIAL ELIGIBILITY GUIDELINES***

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\* (Apply \$20/month income disregard): \$20 may be subtracted from the individual's or couple's gross income; if the \$20 subtraction reduces the income to the amount listed on the chart, the individual or couple probably qualifies for the benefit.

<b>BENEFIT</b>		<b>ONE PERSON</b>	<b>TWO PEOPLE</b>	<b>ADDITIONAL GUIDELINES</b>
<b>MEDICAL ASSISTANCE FOR THOSE AGE 65 AND YOUNGER ON MEDICARE.</b>	Income	\$350	\$392	Requires documentation of disability; individuals can “spend down” to this income level to be eligible. Excludable assets include house, car and burial plan.
	Assets	\$2,500	\$3,000	
<b>MEDICAL ASSISTANCE FOR THOSE UNDER AGE 65, NOT ON MEDICARE.</b>		Up to \$15,856	Up to \$21,404	To qualify for Maryland Health Connection, you must be under age 65, be a U.S. citizen or a qualified alien for 5 or more years and a resident of the state of Maryland.
<b>REDUCED PREMIUMS</b>		\$15,857 to 45,960	\$21,405 to 62,040	
<b>SSI (SUPPLEMENTAL SECURITY)</b>	Income	\$721	\$1,082	M.A. eligibility automatic.
	Assets	\$2,000	\$3,000	
<b>MEDICAID HOME AND COMMUNITY BASED SERVICES PROGRAMS (FORMERLY MEDICAID WAIVER)</b>	Income	\$2,150	N/A	Assists with payment of services in the home or in assisted living; must be age 50+, assessed at a nursing home level of care, and meet MA institutional eligibility rules. Income eligibility figure includes \$20 disregard.
	Assets	\$2,000		
<b>SENIOR COMMUNITY SERVICE EMPLOYMENT PROGRAMS (SCSEP)</b>	Income	\$1,213	\$1,638	Employment training program for low income, age 55+.
	Assets	No Test	No Test	
<b>SENIOR CARE PROGRAM</b>	Income	\$2,739	\$3,581	Case-managed, in-home services for age 65+. Must be at risk of admission to NH.
	Assets	\$11,000	\$14,000	
<b>ACCESSIBLE HOMES FOR SENIORS</b>	Income	\$3836	\$4,384	A loan program with zero percent interest deferred for 30 years to finance accessibility improvements such as ramps, grab bars, widening of doors, etc. Age 55+.
	Assets	No Asset Test	No asset test	
<b>SENIORS IN NEED (Senior Expo Fund)</b>	Income	\$1,459	\$1,966	One-time-only and emergency assistance.
	Assets	\$7,000	\$10,000	
<b>SENIOR ASSISTED LIVING GROUP HOME SUBSIDY</b>	Income	\$2,739	\$3,581	Provides financial assistance for a limited number of eligible Assisted Living Group Home residents age 62+. Will pay \$650 toward cost of facility.
	Assets	\$11,000	\$14,000	
<b>CONGREGATE HOUSING SERVICES PROGRAM</b>	Income	\$2,739	\$3,581	Financial assistance for support services in selected senior housing sites; age 62+.
	Assets	\$27,375	\$35,587	

## **FINANCIAL ELIGIBILITY GUIDELINES**

The income figures in the chart below are monthly calculations.

\* (Apply \$20/month income disregard): \$20 may be subtracted from the individual's or couple's gross income; if the \$20 subtraction reduces the income to the amount listed on the chart, the individual or couple probably qualifies for the benefit.

SENIOR PRESCRIPTION DRUG ASSISTANCE PROGRAM (SPDAP)	Income	\$2,917	\$3,932	Pays up to \$40 toward the monthly premium for Medicare Prescription or Medicare Advantage plans, SPDAP provides a 95% subsidy to members' total drug costs while in the donut hole. Not all plans are participating in the donut hole subsidy.
	Assets	No asset test	No asset test	
MEDICARE PART D – EXTRA HELP (LOW INCOME SUBSIDY – LIS)  (Partial and Full LIS)  (Changes in March)	Income	\$1,479/mo.	\$1,986/mo	Benefits help with premiums, deductibles, and co-pays.  **House and car not counted as assets/resources.
	Assets	\$13,440**	\$26,860**	
	Income	\$1,333/mo	\$1,790/mo	
	Assets	\$8,660**	\$13,750**	
VETERANS AID AND ATTENDANCE BENEFIT	Income	\$20,795/yr \$1,733/mo.	\$24,652/yr \$2,054/mo.	Payments for personal care assistance/ assisted living for Veterans who are homebound. Vet must have 90+ days active duty, 1 day during time of war and must already be receiving a VA pension.
	Assets	\$80,000	\$80,000	
AID and ATTENDANCE for Surviving Spouse	Income	\$13,362/yr \$1,114/mo.		
Assets	\$80,000 (awaiting confirmation)			
EMPLOYED INDIVIDUALS WITH DISABILITIES PROGRAM (EID)	Income	Countable income up to \$2,917.50	Countable income up to \$3,932.50	Health insurance for qualified employed persons age 18-64. May be on private health insurance or Medicare. Participant pays up to \$55 monthly premium.
	Assets	Under \$10,000	Under \$10,000	
WEATHERIZATION ASSISTANCE PROGRAM	Income	\$2,520/mo.	\$3,296	Installation of energy-conserving materials: insulation, furnace cleaning, hot water system improvement, etc.
	Assets	No asset test	No asset test	

### **ADULT DAY CARE Medical Assistance Reimbursement - \$73.58**

#### **2015 FEDERAL POVERTY LEVEL (FPL) GUIDELINES: \***

<b>125%</b>	1 Person:	\$1,216/ month	(\$14,588/yr.)
	2 People:	\$1,638/month	(\$19,656/yr.)
	3 People:	\$2,062/month	(\$24,744/yr.)
	4 people:	\$2,484/month	(\$29,813/yr)
<b>150%</b>	1 Person:	\$1,459/ month	(\$17,508/yr.)
	2 People:	\$1,965/month	(\$23,580/yr.)
	3 People:	\$2,474/month	(\$29,688/yr.)
	4 people:	\$2,981/month	(\$35,772/yr)

# FINANCIAL ELIGIBILITY GUIDELINES

The income figures in the chart below are monthly calculations.

\* (Apply \$20/month income disregard): \$20 may be subtracted from the individual's or couple's gross income; if the \$20 subtraction reduces the income to the amount listed on the chart, the individual or couple probably qualifies for the benefit.

## SPOUSAL IMPOVERISHMENT STANDARDS:

	Resources
<b>Maximum Spousal Share</b>	\$117,240
<b>Minimum Spousal Share</b>	\$ 23,448
	Income
<b>Basic Maintenance and Shelter Allowance</b>	\$1,966.25
<b>Excess Shelter Standard</b>	\$582
<b>Maximum Maintenance &amp; Shelter Allowance</b> (Sum of Basic Maintenance & Shelter Allowance and Excess Shelter Allowance)	\$2,931
Utility Standards:	
<b>Heat Included In rent</b> (Food Stamps limited utility allowance)	\$ 250
<b>Heat paid separately from housing</b>	\$ 414

All non-exempt assets (savings and checking accounts, stocks, bonds, etc.) owned by either spouse, jointly or separately, are pooled as of date nursing home spouse enters the nursing home. Effective 1/1/09, the community spouse may keep \$23,184 or ½ the assets, whichever is greater but not more than \$115,920. The couple's remaining assets are used to pay for nursing home care or other expenses, until the nursing home spouse's assets reach the Medicaid eligibility level of \$2,500. The community spouse's income will be evaluated to determine how much, if any, of the nursing home spouse's monthly income can be allowed for the community spouse's monthly maintenance allowance.

## Medicare 2015

### Medicare Part A

**Monthly Premium:** \* If worked 40 or more quarters, generally no Part A premium

\* If worked less quarters, there is a premium  
\$407/month 0 – 29 quarters  
\$224/month 30 – 39 quarters

**Hospital Deductible:** \$1,260 per benefit period (Medicare pays for 60 days)

**Coinsurance:** \$315 per day co-payment (days 61 –90)

**Coinsurance: \$630 per day (days 91 –150)**

**Skilled Nursing Facility Coinsurance** (after hospital stay of at least 3 days): \$0 for days 1 - 20 per benefit period

\$157 per day for days 21 – 100 (per benefit period)  
(no custodial or intermediate N.H. care is provided)

### Medicare Part B

**Monthly Premium: \* 104.90 If income under \$85,000 for individual and \$170,000 for a couple.**

**\* For all others, see chart below.\*\***

**Deductible:** You pay \$147 per year.

**Co-Payment:** You pay 20 percent co-payment for approved charges.

### MEDICARE PART D -PRESCRIPTION DRUG PROGRAM

Deductible up to \$310 in 2015

### Medicare Part B Premiums\*\*

Beneficiaries who file an individual tax return with income:	Beneficiaries who file a joint tax return with income	Monthly Part B Premium	Monthly Part D Adjustment
\$85,000 or below	\$170,000 or below	\$104.90	
\$85,001 to \$107,000	\$170,001 to \$214,000	\$146.90	\$12.30
\$107,001 to \$160,000	\$214,001 to \$320,000	\$209.80	\$31.80
\$160,001 to \$214,000	\$320,001 to \$428,000	\$272.70	\$51.30
Above \$214,000	Above \$428,000	\$335.70	\$70.80

Call Maryland Access Point in Baltimore County at 410-887-2594 or Maryland Access Point in Baltimore City at 410-396-2273 for additional information or to be screened for financial benefits.



**Eligibility for Savings on Medicare**  
 Baltimore County State Health Insurance Assistance Program (SHIP) 410-887-2059



**SAVE ON MEDICARE PRESCRIPTION DRUG PLAN COSTS 2015**  
**MARYLAND SENIOR PRESCRIPTION DRUG ASSISTANCE PROGRAM (SPDAP)**

GROSS INCOME	ASSETS	ASSISTANCE	WHAT YOU NEED TO DO
Under \$35,010 (Single) \$47,190 (Couple)	Not counted	Up to \$40 toward the monthly premium AND <u>in some plans</u> beneficiary pays only 5% in the donut hole	APPLY through Maryland Senior Prescription Drug Assistance Program (SPDAP) 1-800-551-5995 <a href="http://www.marylandspdap.com">www.marylandspdap.com</a>

**SOCIAL SECURITY ADMINISTRATION EXTRA HELP / LOW INCOME SUBSIDY 2015**

GROSS INCOME	ASSETS	ASSISTANCE	WHAT YOU NEED TO DO
Under \$17,745 (Single) \$23,832 (Couple)	Under \$13,440(Single) \$26,860 (Couple)	<ul style="list-style-type: none"> <li>❖ Sliding scale assistance on the monthly premium.</li> <li>❖ Deductible \$66.00</li> <li>❖ Drug co-payments: 15% or less</li> </ul> <p><b>(Partial Extra Help)</b></p>	<ul style="list-style-type: none"> <li>❖ APPLY through Social Security 1- 800-772-1213 or <a href="http://www.ssa.gov">www.ssa.gov</a></li> <li>❖ ALSO APPLY FOR MDSPDAP</li> <li>❖ May also be eligible for SLMB. For an application call Baltimore County SHIP or the Department of Social Services.</li> </ul>
Under \$15,995 (Single) \$21,476 (Couple)	Under \$8,660 (Single) \$13,750 (Couple)	<ul style="list-style-type: none"> <li>❖ No Monthly Premium</li> <li>❖ No Deductible</li> <li>❖ \$2.65 generic drug \$6.60 brand name drug</li> </ul> <p><b>(Full Extra Help)</b></p>	<ul style="list-style-type: none"> <li>❖ APPLY through Social Security 1-800-772-1213 or <a href="http://www.ssa.gov">www.ssa.gov</a></li> <li>❖ May also be eligible for QMB or SLMB. For an application call the Baltimore County SHIP or the Department of Social Services.</li> </ul>
Full Medical Assistance Eligible ( <b>red and white card</b> )	Full Medical Assistance Eligible	<ul style="list-style-type: none"> <li>❖ No Premium</li> <li>❖ No Deductible</li> <li>❖ \$1.20 generic \$3.60 name brand</li> </ul> <p><b>(Full Extra Help)</b></p>	<ul style="list-style-type: none"> <li>❖ Automatically enrolled in Extra Help. Do <b>Not</b> apply through Social Security.</li> <li>❖ Medicare premiums, deductibles, and co-pays will be paid through the Department of Social Services.</li> </ul>

**Types of income not counted: The first \$65 of monthly wages, one-half of your monthly wages after the \$65 is deducted.**

**Couple: defined as married and living together. Assets: house and car are not counted.**

**\*2015 Regional Premium Benchmark: \$30.61** (For plans below the benchmark, there is no premium.) Revised 12/11/14

**SAVE ON PART A, PART B PREMIUMS, DEDUCTIBLES, AND CO-PAYMENTS**  
**DEPARTMENT OF SOCIAL SERVICES (MEDICARE SAVINGS PROGRAMS)**

**QMB Qualified Medicare Beneficiary Program (QMB)**

\*Pays for Medicare Part A and Part B Monthly Premiums, Deductibles and Co-payments

ANNUAL /MONTHLY GROSS INCOME	RESOURCES / ASSETS	WHAT YOU NEED TO DO
\$11,916 / \$993 (Single)	\$8,660 (Single)	Call SHIP (410-887-2059) or visit the Department of Social Services for an application.
\$15,972 / \$1,331 (Couple)	\$13,750 (Couple)	

**SLMB, Specified Low-Income Medicare Beneficiary Benefit,**  
 pays for **ONLY** the monthly Medicare Part B Premium (\$104.90).

ANNUAL /MONTHLY GROSS INCOME	RESOURCES / ASSETS	WHAT YOU NEED TO DO
\$15,995 / \$1,333 (Single)	\$8,660 (Single)	Call SHIP (410-887-2059) or visit the Department of Social Services for an application.
\$21,480 / \$1,790 (Couple)	\$13,750 (Couple)	

**NOTE:** Once the application has been processed, the Department of Social Services sends a letter to tell client if he/she is eligible. If eligible, a **gray and white card** will be received.

Revised December 2014



**OVERVIEW OF  
BALTIMORE COUNTY  
HOME OWNERSHIP and HOME IMPROVEMENT INITIATIVES**

<b>PROGRAM</b>	<b>TYPE OF ASSISTANCE</b>	<b>HOUSEHOLD INCOME LIMITS or other specific RESTRICTIONS</b>	<b>ELIGIBLE AREAS</b> Check maps that accompany each program	<b>APPLY THROUGH</b>	<b>FIRST TIME BUYER</b>	<b>Workshop &amp; Counseling REQUIRED</b>
<b>SELP SETTLEMENT EXPENSE LOAN PROGRAM</b>	Loan of up to \$10,000 for closing costs. Deferred repayment until transfer of property, refinancing or non-occupancy by borrower. Loan is forgiven if owner occupies property as principal residence for 15 years.	80% of Baltimore Area Median, by family size 1 \$ 44,750 2 \$ 51,150 3 \$ 57,550 4 \$ 63,900 5 \$ 69,050 6 \$ 74,150 7 \$ 79,250 8 \$ 84,350	Entire Baltimore County	<b>Baltimore County Housing Counseling Affiliates:</b> Harbel Housing Partnership 410-444-9152  Diversified Housing Development 410-496-1214  Neighborhood Housing Services 410-327-1200  Southeast CDC 410-342-3234	YES	YES, before signing a contract
<b>MALP MORTGAGE ASSISTANCE LOAN PROGRAM</b>	Loan of up to \$25,000 for closing costs. Deferred repayment until transfer of property, refinancing or non-occupancy by borrower. Loan is forgiven if owner occupies property as principal residence for 15 years.	80% of Baltimore Area Median, by family size 1 \$ 45,100 2 \$ 51,550 3 \$ 58,000 4 \$ 64,400 5 \$ 69,600 6 \$ 74,750 7 \$ 79,900 8 \$ 85,050	<b>Baltimore County Conservation Areas:</b> Turner's Station, Dundalk, Middlesex, Hawthorne, Victoria Villa, Carrollwood Manor, Rosedale, Halethorpe, Arbutus, Edmonson Heights, Randallstown, Reisterstown, Pikesville, Owings Mills, Overlea, Fullerton, Woodlawn, Gwynn Oak, Windsdor Mills, Westover Hills, Holland Hills, Elmwood, Parkville, Loch Raven/Hillendale, Glendale	<b>Baltimore County Housing Counseling Affiliates:</b> Harbel Housing Partnership 410-444-9152  Diversified Housing Development 410-496-1214  Neighborhood Housing Services 410-327-1200  Southeast CDC 410-342-3234	YES	YES, before signing a contract.



**OVERVIEW OF  
BALTIMORE COUNTY  
HOME OWNERSHIP and HOME IMPROVEMENT INITIATIVES**

<p><b>HOME OWNERSHIP FOR PEOPLE WITH DISABILITIES</b></p>	<p>See website for details <a href="http://www.dhcd.state.md.us">www.dhcd.state.md.us</a></p>		<p>State of Maryland</p>	<p><b>Baltimore County Housing Counseling Affiliates:</b> Harbel Housing Partnership 410-444-9152 Diversified Housing Development 410-496-1214 Neighborhood Housing Services 410-327-1200 Southeast CDC 410-342-3234</p>	<p>YES</p>	<p>YES</p>
<p><b>MD MORTGAGE PROGRAM (MMP) CDA 1<sup>st</sup> MORTGAGE</b></p>	<p>See website for details <a href="http://www.mmprogram.com">www.mmprogram.com</a></p>		<p>Entire County</p>	<p>Participating CDA Lenders</p>	<p>YES</p>	<p>YES</p>
<p><b>MARYLAND HOUSING REHABILITATION PROGRAM (MHRP)</b></p>	<p>Loan for up to 95% of property value for repairs to 1 - 4 unit dwellings 0% - 7% interest</p>	<p>By family size 1 \$ 48,000 2 \$ 55,000 3 \$ 61,750 4 \$ 68,500</p>	<p>Entire County</p>	<p>Housing Opportunities Program 410-887-3124</p>	<p>N/A</p>	<p>N/A</p>

<b>SINGLE FAMILY REHAB PROGRAM</b>	Loan for up to \$25,000 in repairs to owner occupied property. 0% - 4.5% interest	80% of Baltimore Area Median, by family size 1 \$ 44,750 2 \$ 51,150 3 \$ 57,550 4 \$ 63,900 5 \$ 69,050 6 \$ 74,150 7 \$ 79,250 8 \$ 84,350	Entire County	Housing Opportunities Program 410-887-3124	N/A	N/A
<b>EMERGENCY REPAIR GRANT</b>	Grant for repair of imminently hazardous conditions in single family home. Maximum \$7,500	80% of Baltimore Area Median, by family size (see above)	Entire County	Housing Opportunities Program 410-887-3124	N/A	N/A
<b>FORECLOSURE PREVENTION</b>	Assistance exploring loan workout solutions	N/A	Entire County	Eastside Community Development 410-284-9861  Diversified Housing Development 410-496-1214  Neighborhood Housing Services 410-327-1200  Southeast CDC 410-342-3234	N/A	N/A

Official PROGRAM GUIDELINES & PROCEDURES govern program requirements and eligibility.

Program descriptions above are summarized. Income limits are subject to change.

For Information Packet: Highlights Sheet, Workshop Schedule and further information call:

**410-887-3124**

**Baltimore County – Department of Planning/Housing Opportunities Program**

Verified 12/14

# SUMMARY OF SERVICES

## **Baltimore County Department Of Aging (BCDA)**

Web Site Address:  
www.baltimorecountymd.gov/agencies/aging  
E-mail Address: aginginfo@baltimorecountymd.gov

Any questions can be directed to  
**Maryland Access Point of Baltimore County**  
**410-887-2594**

## **Baltimore City Health Department, Division of Aging and CARE Services**

Web Site Address: www.health.baltimorecity.gov  
Email Address: MAP.BCHD@baltimorecity.gov

Any questions may be directed to  
**Maryland Access Point of Baltimore City**  
**410-396-2273**

People who are deaf, hard of hearing or have a speech disability use Relay or 711.

## **Caregivers Program**

**410-887-4724 (County), 410-396-1337 (City)**

The Caregivers Program serves family members caring for older adults over age 60, and senior grandparents caring for grandchildren. The program offers education and outreach, individual consultations, an annual conference, a quarterly newsletter and limited stipends for respite care. These programs are designed to assist family caregivers in providing good care to older relatives while also taking care of themselves.

## **Eating Together Program**

**410-887-2594 (County), 410-664-0700 (City)**

The Eating Together program provides a nutritious meal and companionship in almost 40 County sites in senior centers, community buildings and senior residences and over 50 City sites in senior centers, senior residences and community venues. The menus, planned as the main meal of the day, are made up of a variety of foods to provide at least one-third of the recommended daily nutritional needs. Meals are prepared and delivered by commercial caterers. Kosher meals are offered at several sites. No salt is added to the food and detailed nutrition information is available to assist those on special diets. A registered dietitian regularly offers free nutrition education and counseling at various sites. Residents aged 60 and over and their spouses of any age are eligible to participate in this program and are asked to make a voluntary, anonymous donation. Younger persons may also participate, but are required to pay the full cost of the meal. All contributions are used to enable the program to serve as many meals as possible. Eating Together is available through the Older Americans Act and serves approximately 100 million meals to older adults each year across the nation. Nutrition education is offered at Eating Together sites and other community venues. Nutrition education provides a basis for making informed choices and setting realistic nutritional goals.

## **Elder Abuse Prevention Program**

**410-887-4200 (County), 410-396-3144 (City)**

The Program provides information and education on the signs and symptoms of elder abuse and promotes strategies for the prevention of abuse, neglect and exploitation of vulnerable adults. BC-REST Coalition- Baltimore County Restoring Elder Safety Today is a coalition of Baltimore County agencies and local programs working together for elder abuse prevention and education. To join the coalition or for more details on the coalition events, please call 410-887-4200.

## **Emergency Card**

**410-887-2594 (County-Orange Card), 410-396-2273 (City-Gold Card)**

This Card Could Save Your Life! The emergency and medical history information on the card can alert emergency personnel to critical information for referral in medical emergency situations.

## **Employment**

**410-887-4006 (County), 410-396-2773 (City)**

SCSEP is a federally funded Senior Community Service Employment Program that provides individuals 55 years and older with government or non-profit employment and training opportunities. Senior participants earn federal minimum wage rates and must meet income eligibility guidelines.

## **Guardianship**

**410-887-2594 (County), 410-545-7702 (City)**

In instances where no family is available or appropriate to take responsibility for the care of an incompetent elderly person, the Director of the Department of Aging in the County and the Director of the Division of Aging and CARE Services in the City may be appointed by the Court, as the legal guardian of person for the individual. Responsibilities include coordinating housing, health care and all essential non-financial personal welfare needs.

## **Health Promotion And Education**

**410-887-2040 (County), 410-396-4932 (City)**

Health promotion and disease prevention programs are made available to persons age 60 and over. Health promotion focuses on chronic conditions such as diabetes, high blood pressure, arthritis and more. Physical and mental health risk assessments, counseling and referral, physical fitness activities and wellness are key components.

## **Home-Delivered Meals**

**410-887-2594 (County), 410-396-4932 (City)**

Program provides two home-delivered meals daily, up to five days a week. The cost of home-delivered meals may also be subsidized based on financial eligibility. Call the numbers above for availability and criteria. Meals are currently provided by Meals on Wheels of Central Maryland.

# SUMMARY OF SERVICES

## Housing

410-887-4632 (County), 410-396-4932 (City)

The "Housing Program" is responsible for the Senior Assisted Living Group Home Subsidy Program administration and monitoring. Income guidelines and residency are required for program services. Licensed assisted living facilities are inspected or "surveyed" on a regular basis by the Maryland Department of Health and Mental Hygiene (410-402-8217) to ensure that they are in compliance with state-local regulations. The region of interest's MAP office maintains a current list of senior apartments, assisted living facilities and retirement communities.

For the City, this office provides housing interventions for evictions as well locating alternative housing solutions, providing assistance with utilities, taxes, and landlord issues. Homeless intervention includes assessments, placements, referrals, and resource linkage for benefits and entitlements to homeless older adults.

## Language Interpreting Services

410-887-2594 (County), 410-396-2273 (City)

Each region utilizes a language interpreting service for older adults/ persons with disabilities and individuals with no or limited English proficiency. If a person with limited English wishes to access these services, an interpreter will be available.

## Legal Services for Senior Citizens Program

410-951-7750 (County), 410-396-1322 (City)

The Maryland Legal Aid Bureau supports the Senior Legal Helpline and the Baltimore City Hotline which provides free legal assistance, consultation and/or representation to older adults age 60 and older regarding health care issues, income maintenance, nutrition, housing and utilities, protective services and unemployment benefits. Referrals to other legal resources can be made for issues not listed above.

## Maryland Access Point (MAP)

410-887-2594 (County), 410-396-2273 (City)

The Maryland Access Point telephone number is the only phone number that is needed in either region to access information regarding services and benefits available to older adults, persons with disabilities, caregivers and professionals. Staff are Certified Information and Referral Specialists (CIRS). They provide a comprehensive screening, give information and guidance, make referrals and link the caller to appropriate resources. In-person consultations are also available. A computerized database is used to maintain a comprehensive listing of information and resources. Telephone language interpreter service is available to speak to callers in up to 140 different languages.

## Medicaid Home and Community Based Services Programs

410-887-2594 (County), 410-396-4932 (City)

The Medicaid Home and Community Based Services Programs provides Medicaid recipients, who are nursing home eligible or at risk of nursing home placement, an opportunity to receive needed services in their home. Some individuals may qualify for assistance in an assisted living facility. There is currently an extensive waiting list for services covered under many of these programs.

## Ombudsman Program

410-887-4200 (County), 410-396-3144 (City)

The Ombudsman Program is an advocacy program that works to protect the rights and improve the quality of life of residents living in long term care facilities. Ombudsman staff visit and attempt to resolve complaints or concerns made by or on behalf of residents. Ombudsmen also provide educational services to both residents and long term care staff on a wide range of aging topics involving quality of life and care in nursing homes and assisted living facilities. In addition, volunteers visit nursing homes and assisted living facilities to do advocacy visits, problem solving as well as provide educational learning opportunities. For Baltimore County residents, learn more about this program by e-mailing: [ombudsman@baltimorecountymd.gov](mailto:ombudsman@baltimorecountymd.gov).

## Retired Senior Volunteer Program - An Invitation to Volunteer

410-887-3101 (County), 410-361-9400 (City)

The Retired Senior Volunteer Program encourages individuals ages 55 and older to volunteer and make a difference within their communities by putting their skills and talents to work. Through their service at one or more of the non-profit organizations and government agencies which partner with RSVP in the region, volunteers are able to make an impact on a variety of community needs. The opportunities to serve include the following: housing rehabilitation, senior health and fitness promotion, tax preparation, kindergarten classroom assistance, Medicare counseling, food distribution, tree plantings, tutoring students, stream cleanings, friendly visits to isolated seniors, Alzheimer's outreach, and nursing home resident advocacy.

## Senior Centers

410-887-2040 (County), 410-396-4932 (City)

Twenty (20) senior centers in the County and thirteen (13) senior centers throughout Baltimore City offer opportunities for individuals aged 60 and older to engage in volunteerism, enhance skill development and lifelong learning, eat a healthy meal, and participate in sports and exercise, music and the arts, drama and dance. Nutrition education, health screenings and information and referral services are provided, along with a large dose of fun! In the County, exercise in state-of-the-art fitness centers at 13 sites for a nominal fee. Center membership is free, although a donation toward center enhancements is requested. The opportunities you've waited a lifetime to take advantage of are right here at BCDA and Baltimore City.



# SUMMARY OF SERVICES

## State Health Insurance Assistance Program (SHIP)

410 887 2059 (County), 410-396-2273 (City)

Volunteers provide free, unbiased, confidential health insurance counseling for the Medicare eligible and their caregivers. Helps consumers understand Medicare eligibility, benefits and resolves problems. Provides Medicare education to individuals or groups regarding: Part A-Hospitalization, Part B-Medical, Part C-Health Plans, Part D-Prescription Drugs, Medicare supplements, Appeals, Fraud and Abuse, and Long-term Care Insurance. Provides eligibility assessment for financial programs to assist with the costs of Medicare through the Medicare Savings Programs administered by the Department of Social Services: Qualified Medicare Beneficiaries (QMB) or Specified Low Income Medicare Beneficiaries (SLMB). Also, provides eligibility assessment for Part D Prescription Plan financial assistance through the following: Maryland Senior Prescription Drug Assistance Program (SPDAP) and the Social Security Administration's Extra Help. Provides computer research for selecting and enrolling in Part D drug plans. Assists with the Annual Open Enrollment from October 15 – December 7 for Medicare Prescription Drug Plans and Medicare Health Plans (Advantage Plans) for the following year. These services are generally provided by telephone. Language accommodations are available.

## Senior Medicare Patrol (SMP)

410 887 2059 (County), 410-396-2273 (City)

SMP volunteers conduct free presentations for Medicare beneficiaries, their families and caregivers to prevent, detect and report possible Medicare fraud or abuse. SMP addresses how to prevent medical identity theft by protecting one's Medicare card, as well as what to do when potential fraud or abuse by health care providers is suspected. Staff will evaluate complaints and will refer when appropriate to the proper authorities. SMP also discusses how to protect against telemarketing scams, mail fraud schemes and illegal or deceptive marketing of Medicare Advantage and/or Medicare Prescription Drug Plans.

## Tax Assistance for Older Adults

410 887 2594 (County), 410-396-2273 (City)

Trained AARP Tax Aide volunteers provide free tax preparation assistance to older adults and low income individuals at the majority of senior centers and other off-site locations throughout the region. Tax assistance is available from February through April 15 annually. Appointments are required at most locations. Volunteers complete basic federal and state personal income tax forms and homeowners' and renters' tax credit applications. Tax Aide volunteers also understand the provisions of the tax code that pertain to older adults and can respond to tax-related questions. The taxpayer must provide all records required to prepare the returns.



## Baltimore County Department Of Aging (BCDA)

### SUMMARY OF SERVICES

Any questions can be directed to  
Maryland Access Point of Baltimore County  
410-887-2594

People who are deaf, hard of hearing or have a speech disability use Relay or 711.

Web Site Address: [www.baltimorecountymd.gov/agencies/aging](http://www.baltimorecountymd.gov/agencies/aging)  
E-mail Address: [aginginfo@baltimorecountymd.gov](mailto:aginginfo@baltimorecountymd.gov)

## Advocacy Conference - 410-887-4200

Date: November 12, 2015

The annual Advocacy Conference is presented by the Baltimore County Consortium for Professional Education in the Field of Aging. This conference is for professionals as well as concerned citizens. The goal of the conference is to provide education on issues, trends and initiatives affecting older adults and persons with disabilities. CEU credits are provided. Please call for further information.

## Annual BCDA Run/Walk - 410-887-2040

Date: September 20, 2015

The ninth annual Get Ready! Get Set! Get Fit! 5K Run/Walk-1M Fun Walk promotes the importance of being physically fit at any age and raises funds to help support fitness centers and exercise programs in BCDA Senior Centers. This intergenerational event attracts participants of all ages and is perfect for serious runners as well as those out for a relaxing stroll. To register, visit [www.getreadygetsetgetfit5k.com](http://www.getreadygetsetgetfit5k.com).

## Baby Boomer/Senior Expo - 410-887-2002

Date: October 28-29, 2015

Baby Boomer/Senior Expo is an exciting information and resource exposition hosted annually by the Baltimore County Department of Aging. Through Expo, older adults, baby boomers, families, caregivers, persons with disabilities and professionals can learn about a wide variety of products and services which can enhance their lives. More than 295 exhibits feature the latest information on health care, finances, government services, leisure time activities, retirement housing and products to support living life to the fullest. Expo offers free health screenings, continuous entertainment, a silent auction, special feature areas, free gifts, prizes and more. Please call for more information, or visit the Expo website at [www.seniorexponline.com](http://www.seniorexponline.com).

## Center Connection Program - 410-887-2970

Center Connection, your "link to senior center independence," is a service operating in eight Baltimore County senior centers for residents age 60 and over who need assistance and support connecting to the activities and services provided by the senior center. Each potential participant must be independent in mobility and personal care needs. Once registered, the individual works with the center connection specialist to develop an activity schedule, taking into account each older adult's interests, abilities and needs. The center connection specialist helps the individual maximize their senior center experience by encouraging participation in classes, connecting them with other center members, registering for classes and participating in the Eating Together lunch program, while providing information and referrals to community resources as needed.

# SUMMARY OF SERVICES

## Community Outreach Program - 410-887-2594

This program connects Baltimore County residents age 60 and over to community resources. Outreach workers evaluate seniors' needs, assist with applying for benefits and services, and connect seniors to resources to help them remain independent in their homes and communities. Assistance is offered on both a short-term and long-term basis.

## CountyRide - 410-887-2080/FAX 410-887-8281

CountyRide is Baltimore County's para-transit service designed to serve county residents 60 years of age and over, persons with disabilities from age 18 - 59 and those living in the rural area of the county of any age. CountyRide does not provide transportation to nursing home residents or to daycare facilities. CountyRide is a demand response transportation service for medical and non-medical appointments, shopping shuttles and senior centers. Hours of telephone access to the office are 8:00 a.m. - 4:00 p.m., Monday - Friday. Interactive voice and web response system is available 24/7.

## Flu Inoculation Program - 410-887-2594

Flu and pneumonia inoculations are available at Senior Expo/Baby Boomer Expo and at 20 Baltimore County senior centers. To find a location near you, visit [www.baltimorecountymd.gov/agencies/aging/healtheducation](http://www.baltimorecountymd.gov/agencies/aging/healtheducation). Please check with your health insurance provider for information about coverage.

## Home Team Program - 410-887-4141

The Home Team is a community-based volunteer program in Baltimore County that provides friendly visits to Baltimore County seniors, age 60 years and older who are homebound, live alone, and are at a greater risk of living in isolation. Volunteer "friendly visitors" help seniors maintain a connection to other people and the community, foster new relationships and interests, improve emotional well-being, reduce feelings of loneliness, maintain a higher quality of life, and remain independent in their homes longer. To volunteer or receive friendly visits, please call 410-887-4141 or email [homeeteam@baltimorecountymd.gov](mailto:homeeteam@baltimorecountymd.gov).

## Loan Closet - 410-887-2594

This program lends equipment such as walkers, bath chairs, tub transfer benches and wheelchairs to Baltimore County residents age 60 and older. There is no fee although a refundable deposit may be required for some items. Donation of equipment in good condition is accepted on a limited basis. Please call to reserve or donate equipment. Limited hours.

## Nutrition Education - 410-887-2594

Nutrition education is offered regularly at sites where "Eating Together" meals are served. Nutrition education provides a basis for making informed choices and setting realistic nutritional goals.

## Publications - 410-887-2594

The Baltimore County Department of Aging publishes various booklets, directories and pamphlets for older adults, baby boomers, caregivers, persons with disabilities and professionals. Topics include: scams and frauds, nutrition, active aging, caregiving, grief/loss, health, housing, nursing homes, legal issues, financial topics, funeral planning, wellness and more. Call for more information.

## Senior Digest - 410-887-3050

Senior Digest is the Baltimore County Department of Aging's newspaper filled with useful information and entertaining articles on topics affecting older adults, baby boomers, caregivers, persons with disabilities and professionals in Baltimore County. The Digest is mailed to subscribers eight times a year for as little as \$5. The newspaper, which has a readership of 25,000, is also a powerful way to advertise to a targeted market throughout the County. Call for details about display advertisements, classified rates and subscription information.

## Senior Solutions Conference - 410-887-2002

**Date: May 7, 2015**

This conference is sponsored by the Baltimore County Department of Aging and the Commission on Aging for professionals in the field of aging. The focus of the conference corresponds with BCDA's annual initiative. CEU credits are provided. Please call for further information.

## Speakers Bureau - 410-887-2594

Speakers are available to discuss services and programs of the Department of Aging as well as issues that affect the older adult/disabilities population. The Department of Aging also participates in community events and health fairs.

## The Time Of Your Life Television Show - 410-887-2012

The Time of Your Life is the title of the BCDA's television program on Baltimore County Comcast Cable Channel 25. The show offers the latest information about services and programs available to Baltimore County older adults, baby boomers, their families, caregivers, persons with disabilities and professionals. It also provides information about contemporary topics as well as fun opportunities for entertainment, fitness, travel and recreation. Call Maryland Access Point of Baltimore County at 410-887-2594 to learn about the topics featured on the current show or view the show at [www.baltimorecountymd.gov/videos](http://www.baltimorecountymd.gov/videos); click on The Time Of Your Life. The show is available on the Internet with open captioning.

View the show on: Monday at 9:00 a.m., 2:30 p.m.; Tuesday at 2:30 p.m., 7:00 p.m.; Wednesday at 12:00 p.m., 6:00 p.m.; Thursday at 11:00 a.m., 9:00 p.m.; Friday at 12:00 p.m., 8:00 p.m.; Saturday at 1:00 p.m., 5:00 p.m., 9:00 p.m.; Sunday at 1:00 p.m., 5:00 p.m., 9:00 p.m.



# SUMMARY OF SERVICES

Programs exclusive to the  
**Baltimore City Health Department, Division of Aging and  
CARE Services**

## **SUMMARY OF SERVICES**

Web Site Address:

[www.health.baltimorecity.gov](http://www.health.baltimorecity.gov)

Email Address: [MAP.BCHD@baltimorecity.gov](mailto:MAP.BCHD@baltimorecity.gov)

Any questions may be directed to

**Maryland Access Point of Baltimore City  
410-396-2273**

### **Adults Evaluation and Review Services - 410-396-6006**

Adult Evaluation and Review Services will provide comprehensive evaluations to identify the needs of the medically, mentally, and functionally disabled adults who face the risk of premature and inappropriate institutionalization. The AERS team consists of a nurse, social worker, consulting psychiatrist and psychologist. The teams provide the individual with a face to face comprehensive evaluation, including medical/nursing, environmental and psychosocial assessment. The evaluation is conducted in the home setting or the individual's current location. Education regarding community resources and services are provided to individuals, families and care providers. Upon completion of the evaluation, the multidisciplinary team develops a plan of care, which recommends services needed to help the individual remain at home, or in the least restricted environment. Every effort is made to obtain appropriate services to address the needs of each individual evaluated. There is no charge for evaluations.

### **Baltimore City Health Department - 410-396-4398**

The Baltimore City Health Department offers and oversees services for: sexually transmitted infections, HIV/AIDS, family planning, maternal and infant health, immunizations, asthma, senior care, cancer screening, and lead poisoning prevention services, among others. Offers a variety of health programs and health services from maternal and children to young adults and seniors. Health care includes but not limited to prenatal care, dental, breast exams, flu shots, health screenings, etc.

### **Caregivers Program - 410-396-1337**

The Family Caregiver Program provides non-emergency and non-expedited financial assistance to caregivers to pay for respite or supplemental services. This assistance is meant to enhance existing support services and should be considered as assistance with the care of your loved one. Monies may be paid directly to you the caregiver, the care recipient, or vendors. The funds can be used to hire providers for respite services or to reimburse you for out-of-pocket expenses related to your role as a caregiver. Currently assistance is limited to \$300 per person annually (from date of processing). This assistance is subjected to the availability of funds. You or the person you are caring for must be a Baltimore City resident caring for disabled and older adults age 60 and over, as well as grandparents age 55 and older raising grandchildren age 18 and under.

### **Division of Aging and CARE Services – Special Events 2015 410-396-2273**

For special programs and educational workshops, please call Baltimore City MAP.

### **Elder Abuse Prevention Program - 410-396-3144**

Provides information and education on the signs and symptoms of elder abuse and promotes strategies for the prevention of abuse, neglect and exploitation of vulnerable adults.

### **Emergency Preparedness - 410-396-6188**

The Baltimore City Mayor's Office of Emergency Management (MOEM) will maintain the highest level of preparedness to protect Baltimore's citizens, workers, visitors, and environment from the impact of natural and man-made disasters. MOEM will prepare the City for emergencies, prepare the public for emergencies, and coordinate interagency response and recovery. To achieve this mission, MOEM will implement a comprehensive program of disaster mitigation, preparedness, response, and recovery. Educates citizens on being proactive in the event of a natural or man-made emergency and recruits volunteers to be trained to help their neighbors in an emergency.

### **Golden Age Clubs - 410-396-2920**

The Senior Citizens Division of the Baltimore City Department of Recreation and Parks provides comprehensive, life-enriching recreational activities for senior citizens residing in Baltimore City. In addition to providing support and assistance to 94 golden age clubs serving over 4,000 members, this Division sponsors a wide variety of city-wide programs and special events to Baltimore's older adults. Golden Age Clubs are conveniently located in all areas of the City, meeting in recreation centers, senior apartment buildings, schools and churches. Club membership is open to anyone 50 years of age and older and there is no charge to become a member.

### **Housing and Homeless Services - 410-396-4932**

Provides housing interventions for evictions as well locating alternative housing solutions. Provides assistance with utilities, taxes, and landlord issues. Homeless intervention includes assessments, placements, referrals, and resource linkage for benefits and entitlements to homeless older adults.

### **Language Interpreting Services, the Division of Aging and CARE Services - 410-396-2273**

Services utilize a language interpretation service to assure access to services for persons who are limited-English speaking.

### **Maryland Access Point - 410-396-2273**

To access information regarding services and benefits available to older adults, persons with disabilities, and caregivers, you may call the number listed above. A computerized database is used in order to provide a comprehensive listing of information. In-person consultations are also available. Persons are also provided with counseling to assist with long term care supports decision making.

### **Medical Assistance Personal Care - 410-396-4494**

Helps Medical Assistance eligible persons who are chronically ill or disabled and at risk of being institutionalized remain in their home. Registered nurse/ case manager monitors and assesses the applicant and develops a plan of care to meet the client's needs. The case monitor coordinates with the recipient a Personal Care Provider who assists the recipient with activities of daily living such as transferring, bathing, dressing, feeding and toileting; must have a doctor's authorization to qualify for services.

# Baltimore City Health Department

## Division of Aging & CARE Services

# TAXICARD® PROGRAM



### What is the TaxiCard Program?

**TaxiCard** is a transportation program that provides a monthly subsidy to eligible **Baltimore City residents age 60 and older and individuals with disability** under the age of 60 with a completed medical form.

### What is the Cost?

Participant cost is based upon income. Low (L) income under \$900.00 per month or Moderate (M) income over \$900.00 per month.

Payment Code "L"			Payment Code "M"		
Your Monthly Payment	+ CARE TaxiCard Subsidy	= Total Money added to your CARE TaxiCard	Your Monthly Payment	+ CARE TaxiCard Subsidy	= Total Money added to your CARE TaxiCard
\$6.00	\$19.00	\$25.00	\$12.00	\$13.00	\$25.00
\$12.00	\$38.00	\$50.00	\$24.00	\$26.00	\$50.00

### How Do I Register?

Call TaxiCard Customer Service Monday-Friday from 8am to 5pm at [410-664-1123](tel:410-664-1123) or visit our website [www.caretaxicard.com](http://www.caretaxicard.com)

#### Participating Cab Companies:

A.A. County Cab Connection    Checker Cab of AA County    Diamond Cab    Valley Cab  
 Arrow Cab    County Cab    Jimmy's Cab    Yellow-Checker Cab

TaxiCard can be used with participating taxicab companies for fare payment 24 hours per day, 7 days per week.



TAXICARD PROGRAM, 1501 Sulgrave Avenue, Suite 200 • Baltimore, MD 21209

## SUMMARY OF SERVICES

### Nutritional Education - 410-396-1337

Nutrition education is offered at Eating Together sites and other community venues. Nutrition education provides a basis for making informed choices and setting realistic nutritional goals.

### Senior Assisted Living Subsidy Program - 410-396-4932

Provide community-based housing subsidy for medically and financially eligible persons age 62 and older. Contract agreements are developed with assisted living managers to provide 24 hour care and supervision for the current subsidy payment of \$650.00 per month.

### Senior Care Program - 410-396-1605

Provide case management and support services to help older adults remain in their homes and in the community for as long as possible. Case management arranges, coordinates, and monitors service delivery. Support services are paid for by the program through contract providers; in-home care, adult day care, medical supplies, medications, and emergency response system.

### Senior Companion Program - 410-361-9405

The Senior Companion Program provides companionship to home-bound seniors with physical and mental health impairments. Senior Companions are volunteers age 60 years of age and older. They receive training to enhance their service and a small stipend. Senior Companions volunteer at volunteer stations twenty to twenty-five hours weekly.

### Taxi-Card Program/Taxi Access - 410-664-1123

Offers reduced cost taxi service for older adults and persons with disabilities. Participant pays a one time registration fee of \$5.00. For applicants over the age of 60 years old, a physician's statement is not required. The MTA Taxi Access II Service is available to MTA-certified Mobility customers who meet the eligibility requirements. Taxi Access II Service is not part of MTA Mobility Service, but rather a separate and distinct MTA service provided under contract by participating area taxicab and sedan companies. MTA Mobility does not guarantee the availability of a particular type of vehicle or pickup time. Customers deal directly with the taxi and sedan companies.

## Waxter Wisdom 2015

# 12 AFRICAN AMERICAN WOMEN

### who Changed OUR world

Join us as Baltimore City portrays 12 dynamic women who have influenced and shaped the world as we know it today. Free workshops will take place **each month at 10:00 a.m.**

### PROJECT TAKING CARE OF MOM AND DAD:

CAREGIVER ASSISTANCE INFORMATION WILL BE AVAILABLE AT ALL SESSIONS

Moms Mabley – January 14th	Harriet Tubman — July 8th
Constance Baker — February 11th	Shirley Chisholm — August 12th
Marian Anderson — March 11th	Ella Fitzgerald — September 9th
Mary Church Terrel — April 8th	Phillis Wheatley — October 21st
Althea Gibson — May 13th	Wilma Rudolph — November 18th
Maya Angelou — June 10th	Mahalia Jackson — December 9th

Lunch will be included following presentations.  
Seniors 60+ must preregister for lunch.  
All others \$5.00 contribution per meal.  
**Please call (410) 396-1324 to register.**



**Dr. Leana Wen**  
Commissioner of Health



**Arnold Eppel,**  
Division of Aging & CARE Services



**Mayor Stephanie Rawlings-Blaine**





WAXTER CENTER FOR SENIOR CITIZENS

1000 Cathedral Street • Baltimore Maryland 21201

## Baltimore County Department of Aging Targets Your Market

[www.baltimorecountymd.gov](http://www.baltimorecountymd.gov)

Need more visibility for your business or non-profit? Try investing in the Baltimore County Department of Aging's (BCDA) vendor and sponsorship opportunities. Enjoy the benefits of targeting your business services and or products to the largest growing demographic in our country. BCDA's five main affordable opportunities have an established reputation in attracting visibility and impact whether your market targets older adults, baby boomers, caregivers, families, persons with disabilities or professionals. Catch the attention of over 165,000 older adults residing in Baltimore County or the professionals who serve them.



**Senior Solutions Conference (May)** - a professional conference targeting 225 professionals



**Volunteer Recognition Luncheon (May Luncheon)/Community Resources 2016** - a dual opportunity which provides marketing presence at the Luncheon and listing(s) in BCDA's well-respect annual publication



**Advocacy Conference (November)** - a professional conference targeting 225 professionals



**Baby Boomer/Senior Expo (October)** - celebrating 28 years of providing 11,000 attendees with latest information and resources for living life along with powerful networking opportunities for professionals and business owners



**Get Ready! Get Set! Get Fit! - 5K RUN/1 M Walk (September)** - 1,200 intergenerational attendees supporting senior fitness centers and programs

*Our Specialty Is Customized Sponsorships To Meet Your Business Goals And Budget.*

For more information and pricing, e-mail [sponsorbcda@baltimorecountymd.gov](mailto:sponsorbcda@baltimorecountymd.gov) or call 410-887-2012.



**Sponsoring the Baltimore County Department of Aging....**

## **Let Me Count The Ways**

### **Senior Center Sponsorships**

**Grandparent/Grandchild Summer Camps - \$500 - \$5000**

**Senior Center Computer Labs - \$1,000 per computer**

**Senior Center Enhancements - \$500 - \$250,000**

*Improvements may be internal or external.*

**Senior Center Fitness Centers - \$5,000 - \$40,000**

*Recognition signage available.*

**Senior Center Fitness Centers Memberships - \$100 and up**

*A scholarship program for those unable to afford memberships.*

**Senior Center Programming - Special Events**

*Opportunities customized, please call 410-887-3655.*

**Senior Center Leadership Conference - \$250 -\$4,000**

**Miscellaneous Sponsorships**

**Flu Shot Clinics at multiple locations - call for details.**

**Loan Closet - \$100 and up**

**Department of Aging Training And Speakers**

*Customized per request.*

### **Additional Sponsorship/Partnership Opportunities**

Baltimore County Department of Aging develops various programs and activities throughout the year. If you would like to learn more about specific partnership/sponsorship opportunities or to customize a package specifically for your needs, please call **410-887-2012**. Make a difference by advertising with a mission with the Baltimore County Department of Aging.



## Sponsoring the Baltimore County Department of Aging....



## Let Me Count The Ways

### Product Sponsorships

**Orange Refrigerator Cards - \$10,000 - \$25,000**

**Shelf Stable Meals - \$33,000**

**“The F.I.L.L.E. - Sponsorship information is available upon request. This is a printed document to assist in organizing important information. Copyright of the product is available for \$250. The copyright purchases the printing right for 10,000 copies; printing cost is excluded from the copyright fee.**

### Publication Advertising/Sponsorships

**Baby Boomer/Senior Expo Program Guide - \$415 - \$1,495**

**Printed annually in October. Distribution 25,000.**

***Caregiver Connection Newsletter - \$1,500***

**Exclusive advertising in three issues annually; prints four issues annually. Distribution 5,000 plus.**

***Community Resources 2016 - \$725 - \$2,560***

**Annual publication with a distribution of 50,000 copies.**

**Ads range in size from a quarter to full page.**

**Consumer Reference Guides On A Variety of Topics - \$5,000 - \$30,000**

**A variety of books developed annually.**

**Senior Center Newsletters – Approximately \$20,000**

**Twenty monthly newsletters; 15,000 copies monthly.**

***Senior Digest - \$1,500 - \$12,000***

**Eight issues annually; readership 25,000.**

**Advertisements start at \$50 per issue.**



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- Feed your spirit
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